

## CONTINUOUS MONITORING OF SERUM IONIZED CALCIUM IN THE DOG DURING SODIUM CITRATE INFUSION USING AN EXTRACORPOREAL BLOOD SHUNT\*

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### ABSTRACT

The effect of sodium citrate infusion on the cardiovascular system was studied in six mongrel dogs. Serum ionized calcium concentration ( $[Ca^{++}]$ ) was monitored continuously using a Radiometer calcium selective electrode (Selectrode) in an extracorporeal blood shunt. Twelve, 24 and 48 mg · kg<sup>-1</sup> of sodium citrate were infused into each animal. These concentrations correspond to the maximum amount of citrate that would be received by a 70 kg man given 0.5, 1.0 and 2.0 units of CPD treated blood. Each of the solutions were infused over a 5-minute period to duplicate a fairly rapid rate of blood transfusion in man. The decrease in  $[Ca^{++}]$  along with blood pH and cardiovascular parameters were measured to determine the relationship between  $[Ca^{++}]$  and cardiovascular dynamics. The following parameters were analyzed: mean arterial pressure (MAP), heart rate (HR), stroke volume (SV), peripheral vascular resistance (PVR), cardiac output (CO), pulmonary arterial pressure (PAP), pulmonary wedge pressure (PWP),  $[Ca^{++}]$ , total calcium (Ca) and pH. Statistically significant decreases occurred in SV, MAP and CO. Decreases in serum  $[Ca^{++}]$  of  $7.7 \pm 1.0$  per cent,  $15.4 \pm 1.9$  per cent and  $33.6 \pm 3.6$  per cent were observed for the 12, 24 and 48 mg · kg<sup>-1</sup> sodium citrate solution infusions, respectively. The recovery time for the  $[Ca^{++}]$  to reach pre-infusion levels was  $7.3 \pm 0.4$  minutes,  $14.3 \pm 1.6$  minutes and  $21.3 \pm 1.4$  minutes, respectively, for the three solutions.

Our data show that significant degrees of hypocalcaemia and myocardial depression may accompany the infusion of citrate solutions. The degree of myocardial depression that we observed in healthy, unstressed animals was not a threat to life with the quantities of citrate we infused. However, in cases requiring larger blood transfusions, such as haemorrhagic shock or RH incompatibility, the cardiovascular system will be compromised considerably at the outset and further myocardial depression secondary to hypocalcaemia may result. The extracorporeal blood shunt proved to be a very simple, efficient and illustrative way of monitoring the level of  $[Ca^{++}]$  continuously in the circulatory system during citrate infusion.

THE IMPORTANCE OF SERUM ionized calcium concentration ( $[Ca^{++}]$ ) has been known for some time.<sup>1,2</sup> Its effects are well documented; on the cardiovascular system depressed myocardial contractility, shortened PQ interval, slight diminution of the QRS duration and prolongation of Q-T interval<sup>2-7</sup>; on the muscular system increased skeletal muscle excitability and positive Chvostek sign;<sup>6,8</sup> in the nervous system  $Ca^{++}$  influences passage of  $Na^+$  through the selective sodium channels in the axonal membrane.<sup>6</sup>

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Clinically, large changes in  $[Ca^{++}]$  often occur when a large volume of citrated blood is administered over a short period of time.<sup>9,10</sup>

In our study  $[Ca^{++}]$  was decreased in mongrel dogs by infusion of three concentrated standard solutions containing 12, 24 and 48 mg of sodium citrate per kg body weight. These concentrations correspond to the maximum amount of citrate that would be received by a 70 kg man given 0.5, 1.0 and 2.0 units of CPD-treated blood. Each of the solutions were infused over a five-minute period to duplicate a fairly rapid rate of blood transfusion in man. The decrease in  $[Ca^{++}]$  along with blood pH and cardiovascular parameters were measured to determine the relationship between  $[Ca^{++}]$  and cardiovascular dynamics.

### METHOD

Six untreated male mongrel dogs weighing 15.5–29.0 kg were used in this study. Intravenous thiopentone 20–25 mg · kg<sup>-1</sup> was used for induc-

tion of anaesthesia and tracheal intubation. Anaesthesia was maintained with 1.5 per cent inspired concentration of halothane in 100 per cent oxygen. Mechanical ventilation was accomplished with a Siemens-Elema Servo-Ventilator Model 900B. A Siemens-Elema Model 930 carbon dioxide analyzer was used to maintain end-tidal carbon dioxide at 5.0–5.5 per cent ( $P_{aCO_2}$  4.26–4.66 kPa (32–35 mm Hg)). Lactated Ringer's solution, 5–8 ml · kg<sup>-1</sup>/hr, was given to the dogs throughout the study through a peripheral forelimb vein. A catheter was inserted into the femoral artery for continuous monitoring of blood pressure and periodic arterial blood sampling. A four lumen Swan-Ganz catheter was inserted through the right internal jugular vein and advanced to the pulmonary artery. These lines were connected to a Bentley Trantec Model 800 pressure transducer. A Tektronix Model 414 Dual Pass electrocardiogram (ECG) monitor/recorder was used for monitoring of ECG, heart rate (HR), mean arterial pressure (MAP) and pulmonary wedge pressure (PWP). An Edwards Model 9520 cardiac output computer was used to obtain cardiac output (CO) values by a thermal dilution technique.

An extracorporeal blood shunt (EBS) constructed out of a solid cylinder of polymethylmethacrylate was machined to accept three Radiometer electrodes (K401 reference electrode, G2040B glass pH electrode and a F2112 Ca calcium selective electrode [Selectrode]). Before the calcium selectrode and the K401 calomel reference electrode were placed in the EBS, the electrode's distal ends were both covered with a cuprophane dialysis membrane to prevent blood protein interference. This shunt is a straight through flow device having very little peripheral resistance and a dead space of 1 ml (Figure 1). The Calcium Selectrode was calibrated in standard solutions of CaCl<sub>2</sub> in 0.9 per cent NaCl ( $1 \times 10^{-2}$  M,  $5 \times 10^{-4}$  M and  $5 \times 10^{-5}$  M). The Selectrode could be calibrated either *in vitro* by the normal method using the above calcium standards in normal saline or in an *in vivo* setting with the Selectrode placed in the shunt and attached to the animal. This *in vivo* calibration was done at the appropriate temperature first by closing the two 3-way stopcocks (Figure 1) thus eliminating blood flow through the shunt. The shunt was then flushed with de-ionized water to clear excess blood from the lumen. Next the de-ionized water was eliminated by flushing the shunt with the appropriate calcium standard. The mv potential obtained from this calcium standard

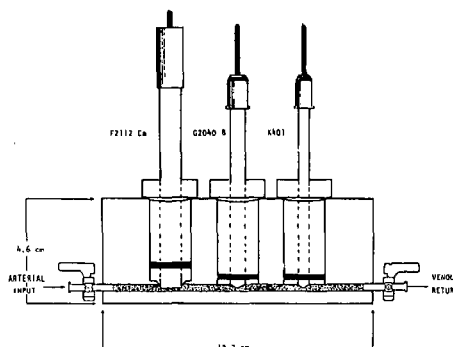


FIGURE 1 Diagrammatic representation of electrodes assembled in EBS showing height and length dimensions along with blood flow through shunt. A cuprophane dialysis membrane covered the distal ends of the Calcium Selectrode (F2112 Ca) and the calomel reference electrode (K401) to prevent blood protein interference.

was plotted on the Selectrode calibration chart which was constructed relating millivolt response (mv) to ionized calcium concentration. After this process the shunt could be flushed with the other two calcium standards and their individual mv responses entered on the Selectrode calibration chart to give a three point calibration curve. After the *in vivo* calibration was accomplished, the calcium standard was flushed from the lumen of the shunt with physiological saline and normal blood flow was resumed by re-opening the two 3-way stopcocks. The shunt pH electrode was calibrated with a 1 ml arterial blood sample which was analyzed on a Radiometer ABL-1 blood gas machine. Two digital Radiometer pH meters were used to monitor on-line  $[Ca^{++}]$  and pH values. The outputs from these two pH meters were recorded on a linear chart recorder. The shunt was placed between the dog's femoral artery and femoral vein. The dogs were anticoagulated with 3,000 units of heparin per kg and maintained with 1,000 units · kg<sup>-1</sup>/hr as needed.

Sodium citrate solutions were prepared containing 12, 24 and 48 mg · kg<sup>-1</sup> body weight in 31 ml of de-ionized water. The solutions were infused in random order through the peripheral forelimb vein with a Harvard infusion pump Model 975 at a rate of 6.2 ml/min over a total infusion time of five minutes. Cardiovascular parameters (ECG, HR, MAP, PWP and CO) and arterial blood samples (for serum  $[Na^+]$ ,  $[K^+]$  and total calcium) were obtained before each infusion and at intervals of 2, 5, 7, 10 and 20 minutes after the start of each infusion. The EBS was used for continuous monitoring of  $[Ca^{++}]$  levels.

TABLE I  
SODIUM CITRATE AND ITS EFFECTS ON CARDIOVASCULAR PARAMETERS AND SERUM [Ca<sup>++</sup>]

Sodium citrate	CO (l/min)	MAP (torr)	HR	SV (ml)	PVR (l/min/torr)	Shunt [Ca <sup>++</sup> ] (mmol/l)	Time (mins)
Range	(1.70-3.50)	(57-110)		(15-35)	(.0220-.0510)	(0.65-1.15)	
Control	100%	100%	114 ± 16	100%	100%	0.8 (100%)	
12 mg	98.7 ± 1.9%	95.9 ± 1.9%*	115 ± 17	98.1 ± 1.5%*	104 ± 3.3%	92.3 ± 1.0%*	7.3 ± .4*
24 mg	94.5 ± 1.7%*	90.8 ± 4.0%*	115 ± 20*	95.0 ± 2.8%*	103 ± 3.0%	84.6 ± 1.9%*	14.3 ± 1.6*
48 mg	82.9 ± 3.3%*	81.9 ± 4.5%*	116 ± 19	80.2 ± 6.3%*	99.6 ± 2.8%	66.4 ± 3.6%*	21.3 ± 1.4*

\*Statistically significant,  $p < 0.05$

All numbers represent the mean value ± one standard deviation. N = 6.

A paired data t-test was used for statistical analysis and a probability of  $p < 0.05$  was considered statistically significant.

#### RESULTS

Results from the infusion of 12, 24 and 48 mg · kg<sup>-1</sup> sodium citrate and the effects it had upon the CO, MAP, HR, SV, PVR and [Ca<sup>++</sup>] along with the time required to eliminate sodium citrate from the dog's circulatory system can be seen in Table I.

##### *Infusion of 12 mg · kg<sup>-1</sup> sodium citrate*

Serum [Ca<sup>++</sup>] began to fall 30 to 60 seconds after beginning the citrate infusion. The [Ca<sup>++</sup>] level continued to fall throughout the infusion and reached an average minimum of 0.74 ± 0.01 mmol per litre; one standard deviation (92.3 ± 1.0 per cent of control). The [Ca<sup>++</sup>] level began to rise soon after the citrate infusion was stopped. MAP fell to 95.9 ± 1.9 per cent of control. Cardiac output remained relatively constant at 98.7 ± 1.9 per cent of control. Changes in SV, PVR, PAP, PWP and serum [Na<sup>+</sup>] and serum [K<sup>+</sup>] were not statistically significant. The blood pH fell an average of 0.014 pH units during the infusion. The mean time for the return of [Ca<sup>++</sup>] to the pre-infusion value following completion of the infusion was 7.3 ± 0.4 minutes. As the [Ca<sup>++</sup>] returned to normal, the other measured values also returned to their pre-infusion levels.

##### *Infusion of 24 mg · kg<sup>-1</sup> sodium citrate*

After infusing 24 mg · kg<sup>-1</sup> of sodium citrate, the [Ca<sup>++</sup>] reached an average minimum level of 0.67 ± 0.015 mmol per litre (84.6 ± 1.9 per cent of control). Paralleling this decrease were falls in CO to 94.5 ± 4.0 per cent of control, SV to 95.0 ± 2.8 per cent of control and MAP to 90.8 ± 4.0 per cent of control. Changes in PVR, MAP, PWP, [Na<sup>+</sup>] and [K<sup>+</sup>] were not statistically significant.

The blood pH decreased an average of 0.0184 units during the infusion. The recovery time for [Ca<sup>++</sup>] following the citrate infusion was 14.3 ± 1.6 minutes. All other values returned to control levels as [Ca<sup>++</sup>] recovered.

##### *Infusion of 48 mg · kg<sup>-1</sup> sodium citrate*

Following the infusion of 48 mg · kg<sup>-1</sup> of sodium citrate [Ca<sup>++</sup>] averaged 0.53 ± 0.03 mmol/litre (66.4 ± 3.6 per cent of the pre-infusion value). Cardiac output, SV and MAP decreased to 82.9 ± 4.5, 80.2 ± 6.3 and 81.9 ± 4.5 per cent of control, respectively. The blood pH decreased an average of 0.022 pH units during the infusion, returning to base-line after the infusion was completed. The recovery time for [Ca<sup>++</sup>] was 21.3 ± 1.4 minutes. The cardiovascular parameters returned to pre-infusion levels concurrently.

#### DISCUSSION

Changes in total calcium were insignificant as compared to changes in [Ca<sup>++</sup>]. The changes that we observed in [Ca<sup>++</sup>] are presumably due to formation of a complex of [Ca<sup>++</sup>] with citrate. Slight decreases in pH which accompanied citrate infusions were much too small to account for the changes in [Ca<sup>++</sup>].<sup>11</sup> In addition, there was a nearly linear relationship between the amount of citrate infused and the percentage decrease in [Ca<sup>++</sup>]. The degree of reduction in [Ca<sup>++</sup>] that we observed with citrate infusion correlates well with previously reported values for comparable doses of citrate.<sup>3,12-14</sup> Continuous monitoring of the [Ca<sup>++</sup>] level allowed us to observe and define the transient nature of [Ca<sup>++</sup>] depression following a citrate infusion. A typical response obtained from one of our dogs relating drops in serum ionized calcium concentration to citrate infusion and the time required for citrate to be eliminated from the animal's circulatory system can be seen in Figure 2. This response of lowering serum

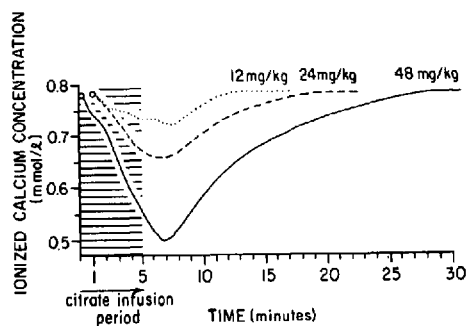


FIGURE 2 Typical drops in serum ionized calcium during five-minute infusions of  $12 \text{ mg} \cdot \text{kg}^{-1}$ ,  $24 \text{ mg} \cdot \text{kg}^{-1}$  and  $48 \text{ mg} \cdot \text{kg}^{-1}$  of sodium citrate along with the time required for sodium citrate to be cleared from the dog's circulatory system.

ionized calcium concentration due to citrate infusion in this animal was similar to results obtained in other laboratory dogs during equivalent citrate infusions. Previous papers have stated that the changes were indeed brief.<sup>5,9,10,14</sup> Our data show the amount of  $[\text{Ca}^{++}]$  depression that may be expected during citrate infusion and defines the time period necessary for elimination of citrate.

Our data support and verify the findings of others<sup>3,4,7</sup> showing the importance of  $[\text{Ca}^{++}]$  as a mediator of cardiovascular dynamics. The cardiovascular depression that resulted from decreased  $[\text{Ca}^{++}]$  levels appeared to have a site of action mainly in the myocardium. Changes in peripheral vascular resistance were small and not statistically significant. The reduction in CO was due to a similar reduction in SV as HR did not vary significantly when  $[\text{Ca}^{++}]$  levels changed. These observations correlate well with the known mechanism of action of  $[\text{Ca}^{++}]$  as a mediator of excitation-contraction coupling in muscle beds.<sup>7</sup> The decrease in MAP was due mainly to this decrease in CO as PVR remained constant.

Our data show that significant degrees of hypocalcaemia and myocardial depression may accompany the infusion of citrated solutions, in contrast with Kahn, *et al.*<sup>15</sup> who suggest that depression of  $[\text{Ca}^{++}]$  is devoid of clinical significance. The degree of myocardial depression that we observed in healthy unstressed animals was not a threat to life with the quantities of citrate we infused. However, in cases requiring larger blood transfusions, such as haemorrhagic shock<sup>16</sup> or Rh incompatibility,<sup>17</sup> the cardiovascular system may be compromised consid-

erably at the onset and further myocardial depression secondary to hypocalcaemia may result.

Conventional methods currently being used in establishing the level of  $[\text{Ca}^{++}]$  within the circulatory system are: (1) drawing periodic anaerobic blood samples and having them analyzed using an ion selective electrode or flame photometer or (2) monitoring the electrocardiographic tracing, noting the prolongation of the Q-T interval using the Bassett formula.<sup>18</sup> An alternate method proposed in this paper is to monitor the level of  $[\text{Ca}^{++}]$  continuously within the circulatory system by using a calcium ion selective electrode in an extracorporeal blood shunt.

Problems associated with periodic blood sampling involve a degree of uncertainty, especially if there are long intervals between samples, or after the infusion of large quantities of blood.<sup>15</sup> The complete picture of the transient nature of changes in ionized calcium would not be seen with periodic blood sampling as it is with continuous monitoring using the extracorporeal blood shunt.

Likewise, problems associated with ECG monitoring arise in defining and measuring the Q-T interval from some chart recordings, especially if the T wave is sloped at the onset. As observed in our study, the  $\Delta\text{Q-T}$  interval from control  $[\text{Ca}^{++}]$  levels to those of hypocalcaemic conditions were very slight and often unnoticeable from an ECG strip run at 25 cm/sec.

The EBS performed very well when placed in an *in vivo* setting. However, it also had problems. The major disadvantage was the need to maintain a high level of heparin within the circulatory system to prevent the initiation of blood clotting when blood components came into contact with the thrombogenic shunt. The average total level of accumulated heparin in our laboratory animals was approximately 6,000 units in a five-hour period. Electrode drift was also somewhat of a problem, but could be reduced or eliminated by periodic recalibration.

Another problem that may restrict the use of the EBS to laboratory animals is its surgical attachment. Although the EBS was not directly intended for use in patients but to illustrate and define the transient nature and levels of ionized calcium that may be present during transfusion conditions, its use in clinical situations should not be entirely ruled out since its surgical attachment is similar to an arterial-venous fistula seen in kidney dialysis patients.

## SUMMARY

The extracorporeal blood shunt\* with its ion selective calcium electrode proved to be a very simple, efficient and illustrative way of continuously monitoring the transient level of  $[Ca^{++}]$  in the circulatory system of laboratory animals during citrate infusion. Using the extracorporeal blood shunt levels of  $[Ca^{++}]$  could establish the hypocalcaemic state of the animal's body without using mathematical formulas or drawing numerous blood samples.

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\*Additional research is being done in co-operation with the Department of Bioengineering at the University of Utah using intravascular miniature ChemFET (chemical field effect transistor) electrodes to monitor ionized calcium, potassium and hydrogen ion activity continuously.

## RÉSUMÉ

Six chiens de sang mêlé ont servi à l'étude du retentissement de la perfusion de citrate de soude sur le système cardiovasculaire. La concentration sérique du calcium ionisé ( $Ca^{++}$ ) a été monitorée de façon continue avec une électrode sélective au calcium fabriquée par Radiometer (Selectrode) placée dans un shunt extracorporel. Du citrate de soude aux doses de 12, 24 et 48  $mg \cdot kg^{-1}$  a été perfusé à chaque animal. Ces concentrations équivalent à la quantité maximale de citrate que reçoit un homme de 70 kg lorsqu'il est transfusé avec 0.5, 1.0 et 2.0 unités de sang. Chacune des solutions a été injectée sur une période de cinq minutes de façon à imiter une transfusion rapide de sang chez l'humain. La baisse de  $Ca^{++}$  ainsi que les paramètres acidobasiques et cardiovasculaires ont été mesurés pour déterminer la relation entre  $Ca^{++}$  et la dynamique cardiovasculaire. Les paramètres suivants ont été analysés: la pression artérielle moyenne, la fréquence cardiaque, le volume d'éjection, la résistance vasculaire périphérique, le débit cardiaque, la pression artérielle pulmonaire, la pression capillaire pulmonaire, le  $Ca^{++}$ , le calcium total (Ca) et le pH. Des baisses significatives sont survenues pour le volume d'éjection, la pression artérielle moyenne et le débit cardiaque. Des diminutions dans le  $Ca^{++}$  sérique de  $7.7 \pm 1.0$  pour cent,  $15.4 \pm 1.9$  pour cent et de  $33.6 \pm 36$  pour cent ont été observés lors de la perfusion de 12, 24 et 40  $mg \cdot kg^{-1}$  respectivement. Le

temps nécessité pour le retour du  $\text{Ca}^{++}$  au niveau antérieur à la perfusion a été de  $7.3 \pm 0.4$  minutes,  $14.3 \pm 1.6$  minutes et  $21.3 \pm 1.4$  minutes respectivement pour les trois solutions.

Ces données montrent qu'un degré significatif d'hypocalcémie et de dépression myocardique peut accompagner la perfusion de solutions citratées. Le degré de dépression myocardique observé chez les animaux en santé et non soumis au stress n'a jamais causé de menace à la vie lors de l'injection des quantités de citrate mentionnées. Cependant, lorsque plusieurs transfusions sont requises, comme dans le choc hémorragique ou l'incompatibilité RH et que le système cardiovasculaire peut être sérieusement compromis au départ, une dépression myocardique secondaire à l'hypocalcémie peut se surajouter. Le shunt sanguin extracorporel s'est avéré un moyen simple, efficace et démonstratif de monitorer les niveau de  $\text{Ca}^{++}$  du système circulatoire pendant la perfusion de citrate.