

ENFLURANE (ĒTHRANE<sup>°</sup>) AND ISOFLURANE (FORANE<sup>°</sup>):  
A COMPARISON WITH NINE GENERAL ANAESTHETICS  
ADMINISTERED WITH PASSIVE HYPERVENTILATION

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DURING THE INITIAL DEVELOPMENT of enflurane, it was observed that neuromuscular disturbances occurred.<sup>1</sup> This was attributed by us to an excessive depth of anaesthesia.<sup>2,3</sup> Later reports imputed hyperventilation and hypocarbia as the reason.<sup>4</sup> Extensive and careful examination of the subject, supported by analysis of electroencephalograms, indicated indeed that this was a possibility, but all inhalation anaesthetics cause EEG changes, some of which show patterns similar to those accompanied by neuromuscular twitching.<sup>5</sup> The clinical manifestation of the EEG effect does not appear with enflurane unless an excessive depth of anaesthesia is used. With isoflurane, clinical manifestations have not been reported and the EEG appearance indicates the possibility is less likely. Therefore, this study was directed primarily to determining whether passive hyperventilation caused appreciable cardiovascular or metabolic disturbances and delayed recovery with enflurane and isoflurane and, only incidentally, if clinical neuromuscular disturbances would appear at a depth of anaesthesia that provided surgical anaesthesia and muscular relaxation. Similar anaesthetic conditions were produced with nine other agents for comparison purposes. None of these ordinarily cause neuromuscular disturbances.

METHODS

Anaesthesia was administered to 22 large, healthy, male, mongrel dogs (17 to 32 kg) at approximately two-week intervals, employing the 11 agents shown in Table I for maintenance. Each agent was used at least ten times and each animal was anaesthetized with five or six different agents in a crossover design. A high protein diet was provided for one month prior to testing and during the intervals between tests. In each of the 115 experiments, an unpremedicated dog, fasted overnight, was first weighed; a 16-gauge plastic cannula was inserted in a fore-leg vein and 20 mg/kg of thiopentone (2 per cent) was administered slowly. The cannula was attached to a regulated infusion of 0.9 per cent saline. A cuffed tracheal tube was inserted without using a muscle relaxant and attached to an anaesthetic machine delivering 50 per cent N<sub>2</sub>O and 50 per cent O<sub>2</sub> with a Fink non-rebreathing valve. The animal was allowed to breathe spontaneously. A femoral artery was cannulated percutaneously and attached to a Statham strain

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<sup>°</sup>Trademark of Ohio Medical Products, Division of AIRCO Inc.

TABLE I

ANAESTHETIC AGENTS AND VAPOURISERS USED FOR 90 MINUTES FOLLOWING INDUCTION WITH THIOPENTONE (20 mg/kg I.V.) HYPERVENTILATION: TV = 15 ml/kg ~ 25/MIN

Agent	Peak Vapour* and Gas Concentration	Vapouriser†	Respirator
Methoxyflurane	0.5% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Pentec	Harvard
Chloroform	1.0% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Chlorotec	Harvard
Trichlorethylene	1.5% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Tritec	Harvard
Halothane	1.0% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Fluotec	Harvard
Halothane-Ether Azeotrope	3.5% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Fluotec	Harvard
Isoflurane	3.5% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Fluotec	Harvard
Enflurane	3.5% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Fluotec	Harvard
Diethyl Ether	10.0% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	E.M.O.	Etsten
Fluroxene	5.0% + 50% N <sub>2</sub> O + 50% O <sub>2</sub>	Vernitrol	Harvard
Innovar	1 ml/8 kg in 200 ml 0.9% saline I.V. in 60 min + 50% N <sub>2</sub> O + 50% O <sub>2</sub>		Harvard Harvard
Thiopentone	30 mg/kg in 200 ml 0.9% saline I.V. in 60 min + 50% N <sub>2</sub> O + 50% O <sub>2</sub>		Harvard

\*Attained in 30 minutes and maintained ~60 minutes.

†Vapourisers calibrated and checked with gas chromatograph.

gauge and to a Grass polygraph through a 3-way stopcock to allow for blood sampling. ECG (lead II) was applied and recorded on the polygraph. A rectal telethermometer probe (Yellow Springs Instruments Co., Inc.) and a urinary catheter, attached to a calibrated trap, were also inserted. Following these preparations, venous and arterial blood samples were drawn for laboratory tests (control). A respirator was then attached in place of the reservoir bag on the gas machine (Table I). At this time the maintenance agent was begun. With the nine inhalation agents, the inhaled concentration was gradually increased to the maximum selected over the first 30 minutes and then maintained at this level for the remaining 60 minutes of the test. With the parenteral anaesthetics (thiopentone and Innovar) the infusion dose was given over the first hour and then saline only was administered for the remaining 30 minutes. Passive hyperventilation was provided by setting the ventilator at a tidal volume of 15 ml/kg body weight of the dog at a rate of approximately 25 per minute. All experiments were done in the morning during the summer months (June to August). The ambient temperature of the laboratory was kept warm (23° C to 25° C).

At the end of the test period, venous and arterial blood samples were drawn again and total urine output and saline infusion volumes were recorded. All anaesthetics were then turned off and pulmonary ventilation was assisted manually with 100 per cent oxygen until spontaneous respiration returned. Cannulas and recording instruments were then removed. When breathing was judged adequate, the tracheal tube was removed. The animal was then observed closely until it was awake, ambulant, and had a steady gait. Notes were kept of the rate of recovery and of clinical events such as shivering, gastrointestinal disturbances and ataxia.

#### LABORATORY PROCEDURES

An Instrumentation Laboratories, Inc., Model 113, pH/blood-gas analyzer was used to determine pH, PaCO<sub>2</sub> and PaO<sub>2</sub>, in anaerobically drawn, heparinized arterial

TABLE II  
SUMMARY OF CHANGES IN MEAN ARTERIAL BLOOD PRESSURE (TORR), HEART RATE (PER MINUTE), URINE OUTPUT (ml) AND 0.9 PER CENT SALINE (ml) ADMINISTERED DURING ADMINISTRATION OF GENERAL ANAESTHESIA WITH HYPERVENTILATION

Minutes					Saline in
	0	30	60	90	urine out
Methoxyflurane	*135	129	127	117	161
	†163	113	122	133	99
Chloroform	137	140	145	135	195
	125	109	123	130	102
Trichlorethylene	119	128	133	118	200
	124	105	122	129	76
Halothane	117	100	110	105	172
	119	104	125	127	111
HE Azeotrope	137	118	117	99	180
	133	96	105	108	71
Isoflurane	132	74	88	67	173
	145	110	110	111	71
Enflurane	137	100	111	99	164
	147	81	88	94	87
Diethyl Ether	134	139	140	135	230
	154	144	175	164	95
Fluroxene	137	146	143	139	200
	133	106	127	144	76
Innovar	128	103	113	104	247
	120	91	89	81	135
Thiopentone	139	130	142	151	248
	148	138	148	170	206

\*Mean arterial blood pressure (torr).

†Heart rate per minute.

blood. The same samples were used to determine oxygen saturation with a reflection oximeter made by American Optical Company (Model 10,800) and haematocrit was measured by a micromethod. Free-flowing arterial blood was collected to determine lactate and pyruvate by the method of Neville and Gelder.<sup>6</sup> Blood sugar, serum inorganic phosphorus, bilirubin, calcium, potassium, sodium, blood urea nitrogen, creatinine, transaminases and urinalysis were done by standard laboratory procedures. Biogenic amines were measured by methods described previously, using the Aminco-Bowman Spectrophotofluorometer with a fluoromicrophotometer.<sup>7,8</sup> Blood insulin levels were determined by an immunoassay method.<sup>9</sup>

## RESULTS

The control values of all the tests were influenced to some extent by the initial administration of thiopentone 20 mg/kg and 50 per cent nitrous oxide, but these effects were present in all the experiments and were undoubtedly small since the preparations usually consumed about 20 minutes, by which time any residual cardiovascular effects had probably disappeared. The hypoxaemia apparent in the "control" blood sample was corrected during passive hyperventilation.

TABLE III  
SUMMARY OF ALTERATIONS IN ARTERIAL BLOOD pH, BLOOD GASES, OXYGEN SATURATION AND HAEMATOCRIT DURING ADMINISTRATION OF GENERAL ANAESTHESIA WITH HYPERVENTILATION (TV = 15 ml/kg X 25)

	pH		Paco <sub>2</sub> mm Hg		Pao <sub>2</sub> mm Hg		O <sub>2</sub> Saturation %		Haematocrit %	
	*S ± S.E.	†E ± S.E.	*S ± S.E.	†E ± S.E.	*S ± S.E.	†E ± S.E.	*S ± S.E.	†E ± S.E.	*S ± S.E.	†E ± S.E.
Methoxyflurane	7.41 ± 0.02	7.55 ± 0.02	34 ± 2.0	21 ± 2.0	76 ± 2.5	215 ± 6.0	95	100	40 ± 1.8	39 ± 2.1
Chloroform	7.37 ± 0.01	7.46 ± 0.02	32 ± 1.2	19 ± 0.79	76 ± 3.4	248 ± 19.6	94	99	39 ± 1.2	40 ± 1.3
Trichloroethylene	7.47 ± 0.02	7.54 ± 0.01	35 ± 0.58	18 ± 0.64	65 ± 4.1	251 ± 11.7	91	100	35 ± 0.69	35 ± 0.96
Halothane	7.47 ± 0.02	7.59 ± 0.02	27 ± 1.7	17 ± 1.4	85 ± 2.1	193 ± 11.3	97	100	41 ± 1.6	39 ± 1.8
HE, Azeotrope	7.38 ± 0.01	7.58 ± 0.03	35 ± 0.90	16 ± 1.1	72 ± 2.4	196 ± 19.6	94	100	43 ± 0.38	40 ± 0.78
Isoflurane	7.38 ± 0.01	7.48 ± 0.02	35 ± 1.3	26 ± 2.3	72 ± 5.8	219 ± 22.5	92	99	40 ± 1.6	35 ± 1.1
Enflurane	7.40 ± 0.01	7.56 ± 0.02	35 ± 1.1	21 ± 0.95	58 ± 2.2	256 ± 18.8	90	100	43 ± 0.90	39 ± 0.97
Diethyl Ether	7.40 ± 0.02	7.41 ± 0.02	35 ± 0.74	24 ± 0.76	72 ± 2.6	253 ± 8.7	94	100	40 ± 0.68	50 ± 1.6
Fluroxene	7.42 ± 0.02	7.52 ± 0.03	34 ± 1.2	19 ± 1.1	61 ± 3.6	229 ± 13.0	90	100	42 ± 0.42	41 ± 1.3
Innovar	7.45 ± 0.01	7.60 ± 0.03	32 ± 2.0	20 ± 2.4	101 ± 13.6	205 ± 6.6	97	100	40 ± 1.1	37 ± 1.2
Thiopentone	7.45 ± 0.01	7.64 ± 0.02	32 ± 1.3	18 ± 0.59	86 ± 3.8	195 ± 7.0	97	100	39 ± 1.5	39 ± 1.6

\*S = Start.  
†E = End.  
‡ = Base Excess.

TABLE IV

SUMMARY OF ALTERATIONS IN BLOOD SUGAR, SERUM POTASSIUM AND SERUM INORGANIC PHOSPHORUS DURING ADMINISTRATION OF GENERAL ANAESTHESIA WITH HYPERVENTILATION (15 ml/kg  $\times$  25)

	Blood Sugar (mg %)		Potassium (mEq/%)		Inorganic Phosphorus (mg %)	
	Start S.E.	End S.E.	Start S.E.	End S.E.	Start S.E.	End S.E.
Methoxyflurane	88 $\pm$ 2.6	97 $\pm$ 5.8	5.6 $\pm$ 0.08	4.7 $\pm$ 0.12	4.5 $\pm$ 0.22	4.3 $\pm$ 0.31
Chloroform	122 $\pm$ 12.0	132 $\pm$ 9.1	3.9 $\pm$ 0.09	3.2 $\pm$ 0.12	4.4 $\pm$ 0.27	4.6 $\pm$ 0.29
Trichlorethylene	116 $\pm$ 4.6	149 $\pm$ 7.1	3.9 $\pm$ 0.10	3.4 $\pm$ 0.09	4.3 $\pm$ 0.11	4.2 $\pm$ 0.15
Halothane	90 $\pm$ 2.8	101 $\pm$ 3.9	5.6 $\pm$ 0.11	4.4 $\pm$ 0.14	4.6 $\pm$ 0.18	3.5 $\pm$ 0.28
HE Azeotrope	104 $\pm$ 4.5	113 $\pm$ 4.6	4.4 $\pm$ 0.09	3.6 $\pm$ 0.08	4.1 $\pm$ 0.21	4.3 $\pm$ 0.28
Isoflurane	89 $\pm$ 2.2	103 $\pm$ 2.8	4.1 $\pm$ 0.07	3.6 $\pm$ 0.06	4.3 $\pm$ 0.32	5.3 $\pm$ 0.21
Enflurane	86 $\pm$ 1.9	93 $\pm$ 3.7	4.0 $\pm$ 0.15	3.6 $\pm$ 0.13	3.9 $\pm$ 0.21	4.4 $\pm$ 0.26
Diethyl Ether	104 $\pm$ 8.3	149 $\pm$ 15.6	3.8 $\pm$ 0.10	2.6 $\pm$ 0.12	3.8 $\pm$ 0.17	4.2 $\pm$ 0.26
Fluroxene	109 $\pm$ 5.6	136 $\pm$ 6.3	4.4 $\pm$ 0.10	3.4 $\pm$ 0.14	4.2 $\pm$ 0.26	3.7 $\pm$ 0.28
Innovar	86 $\pm$ 1.6	101 $\pm$ 8.5	5.6 $\pm$ 0.08	4.3 $\pm$ 0.21	4.3 $\pm$ 0.17	3.3 $\pm$ 0.33
Thiopentone	90 $\pm$ 1.3	97 $\pm$ 3.0	5.6 $\pm$ 0.11	4.6 $\pm$ 0.16	4.5 $\pm$ 0.20	3.3 $\pm$ 0.32

*Arterial Blood Pressure (torr), Pulse Rate/min, Electrocardiogram (ECG) and Urine Output (ml) - (Table II)*

Except with chloroform, trichlorethylene, diethyl ether, fluroxene and thiopentone, there was a progressive reduction in the arterial blood pressure. This effect was marked with isoflurane, probably due mainly to deep anaesthesia. The pulse rate decreased initially with all agents, but tended to recover or stabilize except with Innovar. No persistent arrhythmias occurred in lead 2 of the ECG. Premature ventricular contractions, nodal rhythms, or serious conduction abnormalities were virtually absent with all the agents. Urine output exceeded 60 ml. in every experiment indicating that, although passive hyperventilation is expected to ensure a high blood level of the anaesthetics, an antidiuretic effect was not evident and, with the two parenteral anaesthetics (Innovar and thiopentone), urine output was relatively high. Body temperature was reduced slightly ( $<1.5^{\circ}$  C) in most of the experiments. None of the animals developed neuromuscular twitching during or following the anaesthetics.

*Blood Gases, pH, Plasma Bicarbonate and Haematocrit (Table III)*

The control values showed a mild metabolic acidosis, probably due to fasting and a respiratory alkalosis induced by the combination of very light anaesthesia and the stimulation of the tracheal tube and arterial cannulation. During the experiments, respiratory alkalosis developed in every case, but significant changes in the metabolic component were only seen with diethyl ether, where the base deficit increased by 6 mEq/l. As expected, oxygen tension and percent saturation rose in all tests. The haematocrit remained essentially the same except with diethyl ether, which caused haemoconcentration.

*Blood Chemistry (Tables IV and V)*

No appreciable alteration occurred in the serum sodium, calcium, bilirubin, urea nitrogen, creatinine or transaminases. Serum potassium was reduced 15 to 20

TABLE V  
 SUMMARY OF ALTERATIONS IN LACTIC ACID, PYRUVIC ACID, L/P RATIO AND EXCESS LACTATE DURING ADMINISTRATION OF GENERAL ANAESTHESIA  
 WITH HYPERVENTILATION (15 ml/kg X 25)

	Lactate mM/l		Pyruvate mM/l		L/P Ratio		Excess Lactate mM/l
	Start S.E.	End S.E.	Start S.E.	End S.E.	Start S.E.	End S.E.	
Methoxyflurane	1.207±0.089	3.547±0.396	0.110±0.008	0.261±0.028	11.1±0.37	13.7±0.48	0.641
Chloroform	0.755±0.110	1.647±0.177	0.082±0.011	0.163±0.021	9.3±0.61	10.5±0.58	0.173
Trichlorethylene	0.935±0.096	2.431±0.318	0.103±0.010	0.166±0.019	9.1±0.33	14.6±0.62	0.942
Halothane	1.366±0.121	4.678±0.592	0.139±0.011	0.309±0.030	9.8±0.37	14.9±0.67	1.623
HE, Azeotrope	1.180±0.175	3.032±0.497	0.130±0.017	0.198±0.019	8.4±1.3	15.0±1.3	1.361
Isoflurane	0.917±0.075	2.375±0.312	0.122±0.012	0.186±0.017	7.9±0.58	12.7±1.4	0.940
Enflurane	1.085±0.054	2.444±0.244	0.115±0.006	0.234±0.019	9.5±0.24	10.5±0.71	0.215
Diethyl Ether	0.692±0.110	6.283±0.712	0.095±0.012	0.280±0.034	7.0±0.35	22.6±0.74	4.307
Fluroxene	1.168±0.078	3.520±0.334	0.124±0.009	0.231±0.021	9.5±0.20	15.3±0.45	1.344
Innovar	1.201±0.095	2.485±0.372	0.114±0.009	0.183±0.025	10.6±0.21	13.5±0.51	0.520
Thiopentone	1.278±0.101	2.457±0.227	0.112±0.009	0.170±0.014	11.5±0.34	14.3±0.50	0.514

TABLE VI  
SUMMARY OF EFFECTS OF GENERAL ANAESTHESIA WITH HYPERVENTILATION ON BIOGENIC AMINES AND PLASMA INSULIN

	Histamine ( $\mu\text{g/l}$ )		Serotonin ( $\mu\text{g/l}$ )		Plasma insulin ( $\mu\text{U/l}$ )		Total epinephrine and norepinephrine ( $\mu\text{g/l}$ )	
	S $\pm$ SE	E $\pm$ SE	S $\pm$ SE	E $\pm$ SE	S $\pm$ SE	E $\pm$ SE	Start	End
Methoxyflurane	29 $\pm$ 9	24 $\pm$ 12	671 $\pm$ 119	454 $\pm$ 74			1.4	1.2
Chloroform	19 $\pm$ 1	19 $\pm$ 1	442 $\pm$ 57	613 $\pm$ 48			2.6	2.8
Trichloroethylene	21 $\pm$ 1	17 $\pm$ 1	448 $\pm$ 61	469 $\pm$ 81			2.6	2.9
Halothane	20 $\pm$ 5	31 $\pm$ 18	557 $\pm$ 121	371 $\pm$ 80			1.8	3.9
HE Azeotrope	25 $\pm$ 2	31 $\pm$ 18	499 $\pm$ 47	603 $\pm$ 71			1.4	2.0
Isoflurane	19 $\pm$ 1	19 $\pm$ 2	607 $\pm$ 27	647 $\pm$ 129	10 $\pm$ 2	7 $\pm$ 2	1.8	3.1
Enflurane	25 $\pm$ 2	21 $\pm$ 3	792 $\pm$ 99	812 $\pm$ 120	8 $\pm$ 1	9 $\pm$ 3	1.7	1.2
Diethyl Ether	21 $\pm$ 2	18 $\pm$ 1	417 $\pm$ 71	418 $\pm$ 70			2.0	4.6
Fluroxene	22 $\pm$ 2	18 $\pm$ 2	657 $\pm$ 63	679 $\pm$ 59			2.7	1.2
Innovar	39 $\pm$ 6	32 $\pm$ 6	711 $\pm$ 143	506 $\pm$ 77			1.2	1.3
Thiopentone	34 $\pm$ 4	29 $\pm$ 4	956 $\pm$ 228	409 $\pm$ 104			2.5	2.0

S = Start.  
E = End.  
SE = Standard error of mean.

TABLE VII

RECOVERY OF SPONTANEOUS RESPIRATION (SR) AND STEADY AMBULATION (SA) IN MINUTES (MEAN) AFTER 90 MINUTES OF PASSIVE HYPERVENTILATION (INDUCTION WITH 20 mg/kg THIOPENTONE)

Maintenance Anaesthetics	Approx. "mac"	S.R. (min)	S.A. (min)	Total recovery time (min)
Methoxyflurane 0.5% + 50% N <sub>2</sub> O	2	23	30	53
Chloroform 1.0% + 50% N <sub>2</sub> O	3	18	55	73
Trichlorethylene 1.5% + 50% N <sub>2</sub> O	4	21	71	92
Halothane 1.0% + 50% N <sub>2</sub> O	2	22	25	47
Halothane-Ether azeotrope 3.5% + 50% N <sub>2</sub> O	4	35	59	94
Isoflurane 3.5% + 50% N <sub>2</sub> O	3	35	66	101
Enflurane 3.5% + 50% N <sub>2</sub> O	2	24	39	63
Diethyl Ether 10.0% + 50% N <sub>2</sub> O	3	8	68	76
Fluroxene 5.0% + 50% N <sub>2</sub> O	1	19	42	61
Innovar 1 ml/8 kg	—	20	22	42
Thiopentone 30 mg/kg	—	27	34	61

per cent with all the anaesthetics. Blood sugar always rose, the largest changes occurring with diethyl ether, fluroxene and trichlorethylene. Changes in serum inorganic phosphorus were variable and not significant. Diethyl ether was the only anaesthetic that caused an appreciable rise in the lactate/pyruvate ratio and production of excess lactate. The alterations observed with enflurane and isoflurane were small and of the same order as in our previous comparative studies when the pulmonary ventilation provided isocarbic conditions.<sup>10,12</sup>

#### *Biogenic Amines and Plasma Insulin (Table VI)*

There were no significant changes in biogenic amines and plasma insulin, although there was a trend to an elevated plasma histamine with halothane. Serotonin values varied considerably but were in general lower than previously observed with isocarbic pulmonary ventilation or with hypoxia.<sup>12,13</sup> The changes in the catecholamine estimations were insignificant except with halothane and diethyl ether but, as noted in other studies,<sup>10</sup> they were too small to be clinically important.

#### *Recovery from Anaesthesia (Table VII)*

Resumption of spontaneous breathing after anaesthesia with passive hyper-ventilation was discontinued usually took 20 to 35 minutes except with diethyl ether, which usually took less than 10 minutes. Full recovery to steady ambulation usually took an hour or more. Steady ambulation returned late after isoflurane, probably because of the potent muscle relaxant effect of this anaesthetic. Recovery was especially slow after trichlorethylene, halothane-ether azeotrope and isoflurane and was attributed mainly to the deep level of inhalation anaesthesia that was used. Shivering during recovery was seen after six experiments; three after halothane-ether azeotrope, one after fluroxene and two after diethyl ether. Although the laboratory data did not show exceptional differences, the animals were "groggy" for a considerable time after chloroform and diethyl ether and the dogs usually did not take food until the day after these anaesthetics. Several of these animals were given a dextrose-in-water infusion intravenously during the postoperative period to ensure full recovery. Once recovered after



halothane, isoflurane and enflurane, the dogs returned essentially to normal activity. They ate solid food and drank water. After the remaining anaesthetics, the dogs were normal within a few hours. The time to awakening was not specifically recorded or compared among these or with our previous tests because different "MAC" concentrations were used. The main factor in our choice of the concentration administered was to ensure survival of the dog after each experiment so that all agents could be compared. It was therefore expected that time of awakening would vary, as did the recovery of steady ambulation (Table VII). The 22 dogs survived all of the tests and were in good clinical condition throughout the series.

### DISCUSSION

Passive hyperventilation is so widely used for treatment of a variety of clinical syndromes that are associated with severe respiratory depression due to primary disease of the lungs or secondary to cardiac, renal, brain and neurological disorders, that those who have feared its possible deleterious effect on cerebral blood flow or myocardial contractility hardly acknowledge this problem now, as long as an excess oxygen tension is not maintained in the lungs and arterial blood and the ventilator cycling is adjusted so as to minimize obstruction of venous return to the heart.<sup>14</sup>

Ever since Geddes and Gray popularized the application of passive hyperventilation in anaesthesia to reduce or eliminate the use of anaesthetic vapours and to permit complete reliance on nitrous oxide and profound skeletal muscle relaxation by muscle relaxant drugs, their conclusion that it is both harmless and conducive to good operating conditions has been challenged repeatedly.<sup>15-23</sup> They believe that the hyperventilation helps to ensure complete analgesia and unconsciousness (hypnosis) during even the most stimulating surgical procedures, and recovery is rapid.<sup>24,25</sup> Contradictory evidence remains substantially questionable clinically despite laboratory studies that might point to evanescent reduction in cerebral perfusion,<sup>21</sup> hypotension, delay in recovery from anaesthesia,<sup>23</sup> pathognomonic alterations in the flicker-fusion test<sup>19</sup> and increased fixed acids in the blood.<sup>17</sup>

Even if a surgical depth of anaesthesia is added to nitrous oxide with an inhalation or parenteral agent, but without muscle relaxants, the changes we observed in the electrocardiogram and in cardiovascular dynamics and metabolic functions were not substantially different from those seen with isocarbic-controlled pulmonary ventilation,<sup>10,12</sup> and agree with earlier reports.<sup>26-29</sup> Myocardial oxygen consumption<sup>30-32</sup> is probably decreased with several inhalation anaesthetics currently in wide use (halothane, enflurane, methoxyflurane and with Innovar) (Table VIII). No clinical signs of persistent cerebral effects from passive hyperventilation and hypocarbia were observed, such as slow recovery, tetany, ataxia, in spite of administering deep surgical anaesthesia, even with enflurane and isoflurane.

### SUMMARY AND CONCLUSIONS

Studies were carried out on 22 large, male, mongrel dogs at two-week intervals, in a crossover design, to determine the metabolic, blood-gas and cardiovascular

TABLE VIII

COMPARATIVE EFFECT OF PASSIVE HYPERVENTILATION ON MYOCARDIAL OXYGEN REQUIREMENT DURING SURGICAL ANAESTHESIA AS REFLECTED BY THE HEART RATE  $\times$  SYSTOLIC BLOOD PRESSURE (BEGINNING TO END OF TEST)

Anaesthetics administered with 50% N <sub>2</sub> O after induction with 20 mg/kg thiopentone		% Change in O <sub>2</sub> consumption
Methoxyflurane	0.5%	-29
Chloroform	1.0%	+3
Trichlorethylene	1.5%	+3
Halothane	1.0%	-4
HE Azeotrope	3.5%	-41
Isoflurane	3.5%	-61
Enflurane	3.5%	-52
Diethyl ether	10.0%	+7
Fluroxene	5.0%	+10
Innovar	1 ml/8 kg	-45
Thiopentone	30 mg/kg	+26

effects, and the rate of recovery to steady ambulation from a surgical depth of general anaesthesia administered with passive hyperventilation. To prepare the animal, induction of anaesthesia was accomplished with 20 mg/kg body weight of 2 per cent thiopentone, tracheal intubation and inhalation of 50 per cent nitrous oxide and oxygen. After attachment of recording equipment and drawing of control blood samples, a respirator was attached to the anaesthetic circuit to provide passive hyperventilation by providing pulmonary ventilation of 15 ml/kg body weight at the rate of approximately 25 cycles per minute for 90 minutes, adding an anaesthetic concentration of methoxyflurane, chloroform, trichlorethylene, halothane, halothane-ether, azeotrope, isoflurane, enflurane, diethyl ether, or fluorexene from an out-of-circuit calibrated vapourizer. Thiopentone and Innovar were also tested and were given by an intravenous drip infusion. Nitrous oxide 50 per cent was given with 50 per cent oxygen with all the maintenance agents. No muscle relaxants were used and no stimulants were administered at the end of the test period.

The data support the advantages of passive hyperventilation which have been reported. Full oxygenation is maintained; mild respiratory alkalosis is generally safe with particular respect to the incidence of ventricular arrhythmias and effect on myocardial contractility (as judged by the lack of appreciable hypotension); metabolic acidosis does not occur except with diethyl ether; excess lactate accumulation is no greater than with isocarbic pulmonary ventilation and is negligible except with diethyl ether. Myocardial oxygen consumption is probably not increased with halogenated anaesthetics except with fluorexene, chloroform and trichlorethylene. The hypotension that occurred with some of the anaesthetics (~30 per cent) is an inherent effect of a surgical depth of general anaesthesia on the peripheral vascular resistance and occurs also with the non-depolarizing skeletal muscle relaxants. Full recovery after anaesthesia with passive hyperventilation is not delayed significantly, since deep general anaesthesia was not greatly prolonged. Recovery of spontaneous respiration was rapid after diethyl ether

(<10 minutes) but took approximately 30 minutes (means of 18 to 35 minutes) with the other agents. Steady ambulation usually took approximately 45 minutes longer (means of 25 to 71 minutes) due to muscle weakness after isoflurane, enflurane and methoxyflurane and a prolonged hypnotic effect of the other agents. Neuromuscular disturbances did not occur with enflurane or isoflurane in any of the tests in spite of fairly deep anaesthesia and induction of hypocarbia.

On the basis of these animal experiments, there appear to be no obvious disadvantages to the employment of moderate passive hyperventilation for surgical anaesthesia with inhalational or parenteral anaesthetics.

#### RÉSUMÉS ET CONCLUSIONS

Les expériences ont été effectuées sur 22 gros chiens mâles, à deux semaines d'intervalle, selon un mode répétitif et croisé (crossover). Elles visaient à déterminer les effets métaboliques et les répercussions sur les gaz sanguins et le système cardiovasculaire de l'anesthésie générale chirurgicale combinée à l'hyperventilation passive. La rapidité de l'éveil et la récupération d'une ambulation stable ont été également étudiées. L'induction de l'anesthésie et la préparation de l'animal ont été effectuées au moyen de thiopental 20 mg/kg, intubation endotrachéale, inhalation de 50 pour cent de protoxyde d'azote et d'oxygène. Après mise en place des systèmes d'enregistrement et de prélèvement des échantillons sanguins de contrôle, un respirateur était branché dans le circuit d'anesthésie et réglé de façon à assurer durant 90 minutes une hyperventilation passive (volume courant de 15 ml/kg et une fréquence de 25/minute). Une concentration anesthésique de méthoxyflurane, chloroforme, trichloréthylène, halothane, halothane azéotrope-éther, isoflurane, diéthyl éther, ou fluroxène, était administrée à l'aide d'un vaporisateur calibré, situé hors du circuit. Le thiopental ou l'innovar ont été également testés, en perfusion continue. Tous ces agents anesthésiques ont été donnés avec un mélange de 50 pour cent oxygène-protoxyde d'azote. Les chiens n'ont reçu ni relaxants musculaires, ni stimulants à la fin des expériences.

Les données confirment les avantages déjà reportés de l'hyperventilation passive. Une pleine oxygénation est maintenue; l'alcalose respiratoire modérée représente une technique généralement sûre, en particulier en regard de l'incidence des arythmies ventriculaires et de l'effet sur la contractilité myocardique reflétés par l'absence d'hypotension appréciable; il ne se produit pas d'acidose métabolique, ni d'accumulation excessive de lactates, en comparaison avec la ventilation isocarbique (excepté avec l'éther diéthylique). La consommation d'oxygène myocardique n'augmente probablement pas avec les agents halogénés (le fluroxène, le chloroforme, et le trichloréthylène exceptés).

L'hypotension notée avec certains des agents testés (environ 30 pour cent est due à l'action de l'anesthésie générale chirurgicale sur les résistances périphériques; elle se voit aussi avec les relaxants musculaires non dépolarisants. L'éveil complet après l'anesthésie avec hyperventilation passive n'est pas retardé de façon significative, et l'anesthésie générale profonde n'est pas nettement prolongée. La reprise de la ventilation spontanée est rapide avec le diéthyl éther (moins de 10 minutes) mais demande environ 30 minutes avec les autres agents (durées de 18 à 35

minutes). Le retour à une ambulation stable demande environ 45 minutes de plus (valeurs de 21 à 71 minutes) en raison de faiblesse musculaire après isoflurane, enflurane et méthoxyflurane et à cause de l'effet hypnotique prolongé avec les autres agents. On n'a pas observé de troubles neuromusculaires avec l'enflurane et l'isoflurane malgré l'anesthésie profonde et l'hypocarbie induite.

Les expériences animales n'ont donc pas révélé de désavantage évident à l'usage de l'hyperventilation passive modérée dans l'anesthésie chirurgicale avec des agents d'inhalation ou intraveineux.

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