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Preliminary Study on Clinical Efficacy of Integrative Chinese and Western Medicine in Treating Severe Acute Respiratory Syndrome

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Objective: To explore the treatment of severe acute respiratory syndrome (SARS) by integrative Chinese and western medicine (ICWM), for elevating the clinical therapeutic level of SARS. **Methods:** By adopting the randomized controlled method, the clinical efficacy of treatment of patients with SARS, hospitalized from April 10, 2003 to May 20, 2003 in Ditan Hospital, Beijing was evaluated. All the patients were treated by western medicine according to the therapeutic program recommended by the SARS Coordinating Group, the Chinese decoction for clearing heat and removing dampness

was given additionally to the 35 patients in the treated group, but it was not given to the 30 patients in the control group. The therapeutic effect in the two groups was analyzed and compared. **Results:** The efficacy of treatment in the treated group was superior to that in the control group, in aspects of promoting the absorption of pulmonary inflammation and alleviating the inhibitory state of lymphocytes. **Conclusion:** Efficacy of SARS treatment with ICWM is better than that with western medicine alone.