Erratum

On page 45, first line, «a nuclear recoil E» should read «a nuclear recoil $E_{\rm R}$ ».

On page 52, two lines above fig. 46, «scattering off a nucleus» should read «scattering off nuclei».

On page 53, 19th line from bottom, «is equal to one-half» should read «is equal to»; in the following line, «elastic-scattering cross-section» should read «WIMP elastic-scattering cross-section».