

Local cerebral blood flow as assessed by xenon stable computed tomography in child drowning

J. A. Hodak¹, S.J. Tilden³, S. D. Johnsen², T.J. Tarby² and B. P. Drayer¹

Sections of ¹Neuroradiology and ²Child Neurology, Barrow Neurological Institute at St. Joseph's Hospital and ³Section of Pediatric Intensive Care, Children's Health Center at St. Joseph's Hospital, Phoenix, Arizona, USA

Abstract. A comatose patient who nearly drowned was studied with xenon stable computed tomography (CT) to assess regional cerebral blood flow (rCBF) after a basic CT studied revealed bilateral lucencies in the basal ganglia. Xenon stable CT revealed increased rCBF in the lucent areas of the basal ganglia and previously unsuspected absence of flow in the posterior circulation. Xenon stable CT may be a more sensitive indicator of ischemic cerebral damage than basic CT.

changes in these instances include ischemic changes concentrated in the arterial boundary zones of the cerebral cortex and cerebellum and variable ischemic changes in the basal ganglia [2]. Experimental studies in dogs with anoxic injury resulted in ischemic damage to the neocortex, basal ganglia, thalamus, and cerebellum; these changes are thought to be due to a combination of decreased brain perfusion as well as lack of oxygen [2]. Little is known about regional cerebral blood flow (rCBF) alterations in patients suffering from anoxic or generalized ischemic hypoxia. Anatomically specific imaging techniques (e.g. CT, magnetic resonance imaging) provide a unique window to analyze neuropathologic alterations that occur in live patients and

Drowning is a leading cause of acute neurologic injury in children and results in both anoxic and stagnant hypoxia of the brain [1]. Neuropathologic

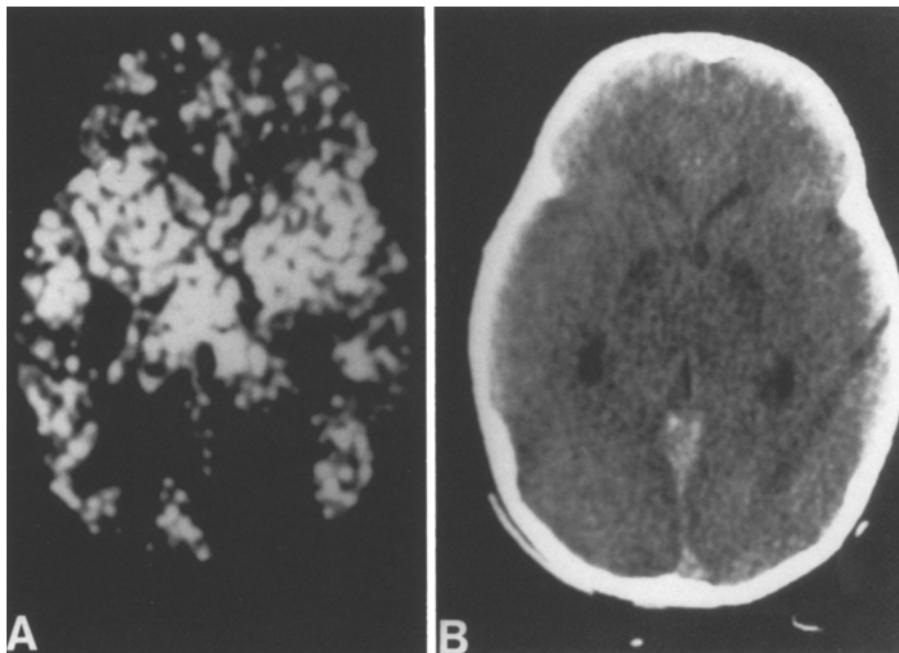


Fig. 1. A Xenon CT flow map showing bilaterally increased densities in the region of the globus pallidus and bilaterally decreased densities in the occipital region. These findings suggest hyperemia in the globus pallidus and decreased blood flow in the distribution of the posterior cerebral arteries. B CT scan at same level as flow map in Fig. 1 A showing decreased attenuation coefficients in the area of the globus pallidus bilaterally and no evidence of infarction in the regions of distribution of the posterior cerebral arteries



Fig. 2. CT scan 24 h after xenon study showing decreased densities, representing infarctions, in the regions of the globus pallidus and occipital cortex bilaterally

monitor these changes over time. We report here our findings in an 18-month-old near-drowning victim who had regional blood flow determinations using the nonradioactive xenon CT method for estimating rCBF [3].

Case report

An 18-month old boy was found after submersion in a bucket of water for approximately 10 min. This apneic and asystolic child was successfully resuscitated. On admission to the hospital, he was comatose and flaccid with a Glasgow coma score of 3. His pupils were initially nonreactive, but became sluggishly reactive by six hours after admission. Twenty-four hours after admission, the child had a CT scan which was normal. A Richmond bolt was placed to monitor intracranial pressure. Initial intracranial pressure was 5 torr with an increase over the next 24 h to 14 to 17 torr. He remained comatose with sluggishly reactive pupils bilaterally and occasional spontaneous gasps while on a ventilator.

A rCBF determination was performed following the inhalation of 35% nonradioactive xenon in oxygen in the intubated child after informed parental consent. A General Electric 9800 CT scanner was used. The blood flow study showed normal to increased flow in the basal ganglia with markedly decreased rCBF in the occipital cortex bilaterally (Fig. 1 a). However, a non-enhanced CT study obtained just prior to the rCBF mapping, revealed bilateral lucencies in the globus pallidus and obliteration of the basilar cisterns (Fig. 1 b). The patient's condition remained stable during the study. An end-tidal CO₂ analyzer (Hewlett-Packard, Co., Waltham, Mass) was used to maintain the end-tidal pCO₂ at 33 torr. The patient's intracranial pressure during the study varied from 15 to 18 torr.

The patient's pupils became nonreactive and dilated with an elevation of intracranial pressure to 50 torr approximately 8 h after the rCBF study. The intracranial pressure remained elevated despite therapeutic intervention. A subsequent CT scan defined bilateral occipital infarction in the distribution on the posterior

cerebral arteries (Fig. 2) as predicted by the regional blood flow study performed one day earlier. The patient was pronounced brain dead on the following day and life support was terminated.

Discussion

Determination of local cerebral blood flow in this patient with severe acute anoxic brain injury demonstrated that hypodense regions in the basal ganglia on computed tomography were not due to hypoperfusion, but rather post-ischemic edema [4]. Paradoxically, normal or increased perfusion was present in this region, presumably due to loss of vasoconstriction and local lactic acidosis (Fig. 2). Conversely there was a marked decrease in blood flow to the occipital cortex bilaterally on the xenon enhanced CT study before changes were evident on the conventional CT study (Fig. 1).

In a study of CT abnormalities in children with profound hypoxic-ischemic events, Fitch et al. found abnormalities in the basal ganglia in five of fourteen patients; low density lesions occurred in two patients and hemorrhagic infarction in three [5].

The findings in this patient are consistent with the hypothesis that anoxic injury to the basal ganglia results in edema and "luxury perfusion" in this area. With extensive brain edema, expansion of brain volume occurs which may compress large cerebral arteries (e.g. posterior cerebral aa.), reduce their blood flow, and cause areas of zonal necrosis.

Because of the decline in the patient's clinical status following the study, a concern regarding the safety of xenon use arises. Although xenon at high concentrations is an anesthetic agent, at lower concentrations, such as used in this study, it is associated with a low incidence of adverse effects [6]. Arterial blood gas determinations before and after the study revealed no evidence of hypoxia, hypercapnia, or acidosis.

A functional study (xenon CT rCBF) may be more sensitive and an earlier indicator of ischemic damage than a morphologically based examination (nonenhanced CT). This should prove important for the early initiation of therapy to potentially prevent more catastrophic sequelae.

This case illustrates that comatose patients from near-drowning may have ischemia and hyperemia in the same anoxic brain regions. The determination of rCBF by the xenon enhanced CT method may be more sensitive than anatomic imaging for the early detection of herniation and occipital infarction. The xenon CT technique has the advantage of greater anatomic specificity as well as wide accessibility when compared to functional radionuclide studies using emission computed tomography.

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- Received: 17 November 1986; accepted: 10 June 1987
- Dr. S. J. Tilden
Section of Pediatric Intensive Care
Children's Health Center
St. Joseph's Hospital
Phoenix, AZ 85013
USA
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