

## Shift-coupling in continuous time

**Hermann Thorisson**

Science Institute, University of Iceland, Dunhaga 3, 107 Reykjavik, Iceland  
(e-mail: thoris@rhi.hi.is)

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**Summary.** The result linking shift-coupling to time-average total variation convergence and to the invariant  $\sigma$ -field is extended to continuous time and an analogous result established linking  $\varepsilon$ -couplings to smooth total variation convergence and to a smooth tail  $\sigma$ -field. Shift- and  $\varepsilon$ -coupling inequalities are presented.

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### 1 Introduction

Shift-coupling means coupling two stochastic processes in such a way that their paths eventually coincide up to a random time-shift. In discrete time shift-coupling has been linked to time-average total variation convergence and to the invariant  $\sigma$ -field  $\mathcal{I}$ , see Berbee [3], Greven [4] and Aldous and Thorisson [1]. This parallels the better known result linking zero-shift-coupling (coupling in such a way that the paths eventually coincide, without the random time-shift) to total variation convergence and to the tail  $\sigma$ -field  $\mathcal{T}$ , cf. Lindvall [6].

In the present paper we extend this to continuous time and also treat an issue that does not arise in discrete time: what happens when the random time-shift can be made arbitrarily small, i.e. when  $\varepsilon$ -couplings exist. This is known to imply weak convergence, see Asmussen [2]. Here we link  $\varepsilon$ -couplings to *smooth* total variation convergence and to a *smooth* tail  $\sigma$ -field  $\mathcal{S}$  lying in between  $\mathcal{I}$  and  $\mathcal{T}$ .

For both shift- and  $\varepsilon$ -coupling we introduce inequalities which play a similar key role for time-average and smooth total variation convergence as the standard coupling time inequality does for plain total variation con-

vergence. Applications to stationary processes, Markov processes, regenerative processes and processes with stationary cycles (Palm theory) are indicated.

## 2 Notation

Let  $(\Omega, \mathcal{F}, \mathbf{P})$  be a common probability space supporting all the random elements in this paper. Let  $Z = (Z_s)_{s \in [0, \infty)}$  and  $Z' = (Z'_s)_{s \in [0, \infty)}$  be stochastic processes on a Polish state space  $(E, \mathcal{E})$  with right-continuous paths. We shall regard  $Z$  and  $Z'$  as random elements in  $(H, \mathcal{H})$  where  $H$  is the set of all right-continuous functions  $z = (z_s)_{s \in [0, \infty)}$  from  $[0, \infty)$  to  $E$  and  $\mathcal{H}$  is generated by the projection mappings. For  $t \in [0, \infty)$  define the shifts  $\theta_t$  by  $\theta_t z = (z_{t+s})_{s \in [0, \infty)}$ . The total variation norm of a signed measure  $\nu$  is  $\|\nu\| = \text{mass of } |\nu|$ . For a measure  $\mu$  on  $\mathcal{H}$  and a sub- $\sigma$ -field  $\mathcal{A}$  of  $\mathcal{H}$  let  $\mu_{\mathcal{A}}$  denote the restriction of  $\mu$  to  $\mathcal{A}$ . Let  $U$  be a random variable which is uniformly distributed on  $[0, 1]$  and independent of  $Z, Z'$  and the shift-coupling  $(\hat{Z}, \hat{Z}', T, T')$  introduced below.

## 3 Inequalities

A pair of processes  $\hat{Z}$  and  $\hat{Z}'$  is a coupling of  $Z$  and  $Z'$  if  $\hat{Z}$  has the same distribution as  $Z$  and  $\hat{Z}'$  has the same distribution as  $Z'$ . An event  $C$  is a coupling event if  $\hat{Z} = \hat{Z}'$  on  $C$ . Then (obviously):

$$\|\mathbf{P}(Z \in \cdot) - \mathbf{P}(Z' \in \cdot)\| \leq 2\mathbf{P}(C^c). \quad (\text{coupling event inequality})$$

A random time  $T$  is a coupling time if  $\theta_T \hat{Z} = \theta_T \hat{Z}'$  on  $\{T < \infty\}$ . Clearly  $\theta_t \hat{Z}$  and  $\theta_t \hat{Z}'$  is a coupling of  $\theta_t Z$  and  $\theta_t Z'$  with coupling event  $\{T \leq t\}$  and thus it holds that: for  $t \in [0, \infty)$

$$\|\mathbf{P}(\theta_t Z \in \cdot) - \mathbf{P}(\theta_t Z' \in \cdot)\| \leq 2\mathbf{P}(T > t). \quad (\text{coupling time inequality})$$

A shift-coupling of  $Z$  and  $Z'$  is a coupling  $\hat{Z}$  and  $\hat{Z}'$  and two random times  $T$  and  $T'$  such that  $\{T < \infty\} = \{T' < \infty\}$  and  $\theta_T \hat{Z} = \theta_{T'} \hat{Z}'$  on  $\{T < \infty\}$  (i.e. when  $T < \infty$  the paths coincide eventually, up to the time-shift  $T - T'$ ). Clearly  $U' = (U + (T' - T)/t)_{\text{mod } 1}$  is uniform on  $[0, 1]$  and independent of  $(\hat{Z}, \hat{Z}', T, T')$ . Thus  $\theta_{U't} \hat{Z}$  and  $\theta_{U't} \hat{Z}'$  is a coupling of  $\theta_{U't} Z$  and  $\theta_{U't} Z'$ . On  $C = \{T \leq U't < t - (T' - T)\}$  we have  $U' = U + (T' - T)/t$  which yields the last identity in:  $\theta_{U't} \hat{Z} = \theta_{U't-T} \theta_T \hat{Z} = \theta_{U't-T} \theta_{T'} \hat{Z}' = \theta_{U't+T'-T} \hat{Z} = \theta_{U't} \hat{Z}'$  on  $C$ . Now  $\mathbf{P}(C) = \mathbf{P}(U't \geq T \vee T')$  and the coupling event inequality yields: if there is a shift-coupling of  $Z$  and  $Z'$  with times  $T$  and  $T'$  then for  $t \in [0, \infty)$

$$\|\mathbf{P}(\theta_{U't} Z \in \cdot) - \mathbf{P}(\theta_{U't} Z' \in \cdot)\| \leq 2\mathbf{P}(T \vee T' > U't). \quad (\text{shift-coupling inequality})$$

An  $\varepsilon$ -coupling,  $\varepsilon > 0$ , of  $Z$  and  $Z'$  is a shift-coupling  $\hat{Z}$  and  $\hat{Z}'$  with times  $T$  and  $T'$  such that  $|T - T'| \leq \varepsilon$  on  $\{T < \infty\}$ . Clearly  $U' = (U + (T' - T)/h)_{\text{mod } 1}$  is uniform on  $[0, 1]$  and independent of  $(\hat{Z}, \hat{Z}', T, T')$ . Thus  $\theta_{t+U'h}\hat{Z}$  and  $\theta_{t+U'h}\hat{Z}'$  is a coupling of  $\theta_{t+U'h}Z$  and  $\theta_{t+U'h}Z'$ . On  $C = \{T \leq t, (T - T') \leq Uh < h - (T' - T)\}$  we have  $U' = U + (T' - T)/h$  which yields the last identity in:  $\theta_{t+U'h}\hat{Z} = \theta_{t-T+U'h}\theta_T\hat{Z} = \theta_{t-T+U'h}\theta_T\hat{Z}' = \theta_{t+(T'-T)+U'h}\hat{Z}' = \theta_{t+U'h}\hat{Z}'$  on  $C$ . Now  $\mathbf{P}((T - T') \leq Uh < h - (T' - T)) \geq 1 - \varepsilon/h$  which yields  $\mathbf{P}(C^c) \leq \mathbf{P}(T > t) + \varepsilon/h$ . Apply the coupling event inequality to obtain that: *if there is an  $\varepsilon$ -coupling of  $Z$  and  $Z'$  with times  $T$  and  $T'$  then for  $h, t \in [0, \infty)$*

$$\|\mathbf{P}(\theta_{t+U'h}Z \in \cdot) - \mathbf{P}(\theta_{t+U'h}Z' \in \cdot)\| \leq 2\mathbf{P}(T > t) + 2\varepsilon/h. \quad (\varepsilon\text{-coupling inequality})$$

The couplings are called successful if  $\mathbf{P}(T < \infty) = 1$  (for all  $\varepsilon > 0$  in the  $\varepsilon$ -coupling case) and then the above inequalities yield obvious limit results. In particular, if  $Z'$  is stationary then

$$\theta_t Z \rightarrow_{tv} Z', \quad \theta_{U_t} Z \rightarrow_{tv} Z' \quad \text{and} \quad \theta_{t+U_h} Z \rightarrow_{tv} Z' \quad \text{for } h > 0,$$

respectively, as  $t \rightarrow \infty$ .

#### 4 Maximality and equivalences

Let

$$\mathcal{T} = \bigcap_{t \in [0, \infty)} \theta_t^{-1} \mathcal{H}$$

be the tail  $\sigma$ -field. Applying the tail maximality result in discrete time (Proposition 11 in [1]) to the random sequences  $(\theta_n Z)_{n \geq 0}$  and  $(\theta_n Z')_{n \geq 0}$  yields that: *there exists a coupling of  $Z$  and  $Z'$  with coupling time  $T$  such that*

$$\|\mathbf{P}(Z \in \cdot)_{\mathcal{T}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{T}}\| = 2\mathbf{P}(T = \infty). \quad (\mathcal{T}\text{-maximal coupling})$$

Since

$$\|\mathbf{P}(Z \in \cdot)_{\mathcal{T}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{T}}\| \leq \|\mathbf{P}(\theta_t Z \in \cdot) - \mathbf{P}(\theta_t Z' \in \cdot)\| \leq 2\mathbf{P}(T > t)$$

this yields:

$$(1) \quad \|\mathbf{P}(\theta_t Z \in \cdot) - \mathbf{P}(\theta_t Z' \in \cdot)\| \rightarrow \|\mathbf{P}(Z \in \cdot)_{\mathcal{T}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{T}}\| \quad \text{as } t \rightarrow \infty.$$

This and the coupling time inequality yields that: *the following statements are equivalent*

- (a) *there exists a coupling of  $Z$  and  $Z'$  with a finite coupling time;*
- (b)  $\|\mathbf{P}(\theta_t Z \in \cdot) - \mathbf{P}(\theta_t Z' \in \cdot)\| \rightarrow 0$  as  $t \rightarrow \infty$ ;
- (c)  $\mathbf{P}(Z \in \cdot)_{\mathcal{T}} = \mathbf{P}(Z' \in \cdot)_{\mathcal{T}}$ .

Let

$$\mathcal{J} = \{A \in \mathcal{H} : \theta_t^{-1} A = A, t \in [0, \infty)\}$$

be the invariant  $\sigma$ -field. In Sect. 6 we prove that: *there exists a shift-coupling of  $Z$  and  $Z'$  with times  $T$  and  $T'$  such that*

$$\|\mathbf{P}(Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}\| = 2\mathbf{P}(T = \infty). \quad (\mathcal{J}\text{-maximal shift-coupling})$$

Since

$$\|\mathbf{P}(Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}\| \leq \|\mathbf{P}(\theta_{U_t} Z \in \cdot) - \mathbf{P}(\theta_{U_t} Z' \in \cdot)\| \leq 2\mathbf{P}(T \vee T' > U_t)$$

this yields:

$$\|\mathbf{P}(\theta_{U_t} Z \in \cdot) - \mathbf{P}(\theta_{U_t} Z' \in \cdot)\| \rightarrow \|\mathbf{P}(Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}\| \quad \text{as } t \rightarrow \infty.$$

This and the shift-coupling inequality yields that: *the following statements are equivalent*

- (a') *there exists a shift-coupling of  $Z$  and  $Z'$  with finite times;*
- (b')  $\|\mathbf{P}(\theta_{U_t} Z \in \cdot) - \mathbf{P}(\theta_{U_t} Z' \in \cdot)\| \rightarrow 0$  as  $t \rightarrow \infty$ ;
- (c')  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}} = \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}$ .

Define the *smooth tail  $\sigma$ -field* by  $\mathcal{S} = \sigma\{\mathcal{S}^\circ\}$  where  $\mathcal{S}^\circ$  is the following class of tail functions

$$\mathcal{S}^\circ = \{f \in \mathcal{F} : f(\theta_s z) \rightarrow f(z) \text{ as } s \downarrow 0, z \in H\}.$$

In Sect. 7 we show that: *if for each  $\varepsilon > 0$  there is an  $\varepsilon$ -coupling of  $Z$  and  $Z'$  with times  $T_\varepsilon$  and  $T'_\varepsilon$  then*

$$(2) \quad \|\mathbf{P}(Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}\| \leq 2 \liminf_{\varepsilon \downarrow 0} \mathbf{P}(T_\varepsilon = \infty);$$

that: *for each  $\varepsilon > 0$  there exists an  $\varepsilon$ -coupling of  $Z$  and  $Z'$  with times  $T_\varepsilon$  and  $T'_\varepsilon$  such that*

$$\|\mathbf{P}(Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}\| = 2 \sup_{\varepsilon > 0} \mathbf{P}(T_\varepsilon = \infty); \quad (\mathcal{J}\text{-maximal } \varepsilon\text{-couplings})$$

and that:

$$(3) \quad \|\mathbf{P}(\theta_{U_h} Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(\theta_{U_h} Z' \in \cdot)_{\mathcal{J}}\| \rightarrow \|\mathbf{P}(Z \in \cdot)_{\mathcal{J}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}\|, \quad h \downarrow 0.$$

Applying the  $\varepsilon$ -coupling inequality for (a'') $\Rightarrow$ (b''), (1) and (3) for (b'') $\Rightarrow$ (c''), and  $\mathcal{S}$ -maximality for (c'') $\Rightarrow$ (a''), yields that: *the following statements are equivalent*

- (a'') *for each  $\varepsilon > 0$ , there is an  $\varepsilon$ -coupling of  $Z$  and  $Z'$  with finite times;*
- (b'') *for each  $h > 0$ ,  $\|\mathbf{P}(\theta_{t+U_h} Z \in \cdot) - \mathbf{P}(\theta_{t+U_h} Z' \in \cdot)\| \rightarrow 0$  as  $t \rightarrow \infty$ ;*
- (c'')  $\mathbf{P}(Z \in \cdot)_{\mathcal{S}} = \mathbf{P}(Z' \in \cdot)_{\mathcal{S}}$ .

## 5 Comments

If  $Z$  and  $Z'$  are stationary then  $\mathbf{P}(Z \in \cdot) = \mathbf{P}(Z' \in \cdot)$  if and only if  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}} = \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}$ , due to the equivalence of (b') and (c').

For Markov processes the  $c$ -parts of the above equivalences are easily seen to be equivalent to  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}}$ ,  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}}$ ,  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}} = 0$  or  $1$ , respectively, for all initial distributions.

For wide-sense regenerative processes with spread-out inter-regeneration times it is well-known that (a) holds and thus (b) and (c), while if the inter-regeneration times are only non-lattice then (a'') holds and we obtain (b'') and (c''). If the inter-regeneration times have finite mean then we can choose  $Z'$  stationary and (b) becomes  $\theta_t Z \rightarrow_{tv} Z'$  as  $t \rightarrow \infty$  (which is well-known), and (b'') becomes  $\theta_{t+vh} Z \rightarrow_{tv} Z'$  as  $t \rightarrow \infty$ ,  $h > 0$ , which Glynn and Iglehart [5] recently established by renewal theoretic methods.

If  $Z$  is split by a point process into a stationary sequence of cycles and the conditional mean of the cycle lengths given the invariant  $\sigma$ -field of the cycles is finite then there exists a stationary process  $Z'$  such that (c') holds, see [9]. Thus (a') holds and (b') in the form  $\theta_{U_t} Z \rightarrow_{tv} Z'$ ,  $t \rightarrow \infty$ .

## 6 Proof of the existence of an $\mathcal{J}$ -maximal shift-coupling

Put  $\mathcal{J}_1 = \{A \in \mathcal{H} : \theta_1^{-1} A = A\}$  and assume that  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}_1} = \mathbf{P}(Z' \in \cdot)_{\mathcal{J}_1}$ . This implies  $\mathbf{P}((\theta_n Z)_{n \geq 0} \in \cdot) = \mathbf{P}((\theta_n Z')_{n \geq 0} \in \cdot)$  on the invariant  $\sigma$ -field of  $(H^\infty, \mathcal{H}^\infty)$ . By the equivalence result in discrete time (Corollary 16 in [1]) this yields the existence of a shift-coupling  $(\theta_n \hat{Z})_{n \geq 0}$  and  $(\theta_n \hat{Z}')_{n \geq 0}$  of  $(\theta_n Z)_{n \geq 0}$  and  $(\theta_n Z')_{n \geq 0}$  with finite (integer valued) times. Then  $\hat{Z}$  and  $\hat{Z}'$  is a shift-coupling of  $Z$  and  $Z'$  with the same finite times.

Now assume only  $\mathbf{P}(Z \in \cdot)_{\mathcal{J}} = \mathbf{P}(Z' \in \cdot)_{\mathcal{J}}$ . Let  $f$  be a bounded function in  $\mathcal{J}_1$  and define

$$f^{(1)}(z) = \int_0^1 f(\theta_s z) ds, z \in H.$$

It is readily checked that  $f^{(1)}$  is in  $\mathcal{J}$  which yields the second identity in  $\mathbf{E}[f(\theta_U Z)] = \mathbf{E}[f^{(1)}(Z)] = \mathbf{E}[f^{(1)}(Z')] = \mathbf{E}[f(\theta_U Z')]$ . Thus  $\mathbf{P}(\theta_U Z \in \cdot)_{\mathcal{J}_1} = \mathbf{P}(\theta_U Z' \in \cdot)_{\mathcal{J}_1}$  which due to the first part of this proof yields the existence of a shift-coupling  $\hat{Y}$  and  $\hat{Y}'$  of  $\theta_U Z$  and  $\theta_U Z'$  with finite times  $K$  and  $K'$ , say. Since  $(E, \mathcal{E})$  is Polish and the paths right-continuous there is a regular version of  $\mathbf{P}((Z, U) \in \cdot | \theta_U Z = \cdot)$  and thus we can (see Construction 1.1 in [7]) extend the underlying probability space to support a copy  $(\hat{Z}, V)$  of  $(Z, U)$  such that  $\theta_V \hat{Z} = \hat{Y}$ . Again extend the underlying probability space now to support a copy  $(\hat{Z}', V')$  of  $(Z', U)$  such that  $\theta_{V'} \hat{Z}' = \hat{Y}'$ . Then  $\hat{Z}$  and  $\hat{Z}'$  is a shift-coupling of  $Z$  and  $Z'$  with finite times  $V+K$  and  $V'+K'$ .

Finally, drop the assumption that  $\mathbf{P}(Z \in \cdot)_{\mathcal{G}} = \mathbf{P}(Z' \in \cdot)_{\mathcal{G}}$ . By the Lemma in [8] there is a component  $\mu$  of  $\mathbf{P}(Z \in \cdot)$  and  $\mu'$  of  $\mathbf{P}(Z' \in \cdot)$  such that

$$(4) \quad \mu_{\mathcal{G}} = \mu'_{\mathcal{G}} = \text{greatest common component of } \mathbf{P}(Z \in \cdot)_{\mathcal{G}} \text{ and } \mathbf{P}(Z' \in \cdot)_{\mathcal{G}}.$$

Due to  $\mu_{\mathcal{G}} = \mu'_{\mathcal{G}}$  and the middle part of this proof there are processes  $\hat{Y}$  and  $\hat{Y}'$  and finite random times  $S$  and  $S'$  such that  $\mathbf{P}(\hat{Y} \in \cdot) = \mu / \|\mu\|$ ,  $\mathbf{P}(\hat{Y}' \in \cdot) = \mu' / \|\mu\|$  and  $\theta_S \hat{Y} = \theta_{S'} \hat{Y}'$ . Let  $C$  be an event such that  $C$  is independent of  $\hat{Y}$  and  $\hat{Y}'$  and  $\mathbf{P}(C) = \|\mu\|$ . Put  $(\hat{Z}, \hat{Z}', T, T') = (\hat{Y}, \hat{Y}', S, S')$  on  $C$  while on  $C^c$  put  $T = T' = \infty$  and let

$$\mathbf{P}(\hat{Z} \in \cdot, \hat{Z}' \in \cdot; C^c) = (\mathbf{P}(Z \in \cdot) - \mu)(\mathbf{P}(Z' \in \cdot) - \mu') / (1 - \|\mu\|).$$

Then  $\hat{Z}$  and  $\hat{Z}'$  is a shift-coupling of  $Z$  and  $Z'$  with times  $T$  and  $T'$  and (4) yields the first step in

$$\|\mathbf{P}(Z \in \cdot)_{\mathcal{G}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{G}}\| = \|\mathbf{P}(Z \in \cdot)_{\mathcal{G}} - \mu_{\mathcal{G}}\| + \|\mathbf{P}(Z' \in \cdot)_{\mathcal{G}} - \mu_{\mathcal{G}}\| = 2\mathbf{P}(T = \infty).$$

## 7 Proof of (2), (3) and the existence of $\mathcal{S}$ -maximal $\varepsilon$ -couplings

Put

$$v = \mathbf{P}(Z \in \cdot)_{\mathcal{G}} - \mathbf{P}(Z' \in \cdot)_{\mathcal{G}},$$

$$v^{(h)} = \mathbf{P}(\theta_{U_h} Z \in \cdot)_{\mathcal{G}} - \mathbf{P}(\theta_{U_h} Z' \in \cdot)_{\mathcal{G}}$$

and

$$f^{(h)}(z) = h^{-1} \int_0^h f(\theta_s z) ds$$

for  $h > 0$ , bounded  $f$  in  $\mathcal{T}$  and  $z \in H$ . Note that  $f^{(h)}$  is in  $\mathcal{S}^o$  and that if  $f$  is in  $\mathcal{S}^o$  then  $f^{(h)} \rightarrow f$  pointwise as  $h \downarrow 0$ .

From the  $\varepsilon$ -coupling inequality and (1) we deduce

$$\|v^{(h)}\| \leq 2 \liminf_{\varepsilon \downarrow 0} \mathbf{P}(T_{\varepsilon} = \infty), h > 0.$$

It is readily checked that  $\|v^{(h)}\|$  is continuous in  $h$  and increases as  $h$  goes to 0 through  $h = 2^{-n}$  which yields

$$\lim_{h \downarrow 0} \|v^{(h)}\| = \sup_{h > 0} \|v^{(h)}\|.$$

Thus (2) and (3) follow if we can establish that

$$(5) \quad \|v_{\mathcal{G}}\| = \sup_{h > 0} \|v^{(h)}\|.$$

For that purpose take an  $A \in \mathcal{S}$  such that  $\|v_{\mathcal{S}}\| = 2v(A)$  and fix an  $\varepsilon > 0$ . There is an  $n \geq 1$ , a Borel subset  $B$  of  $(-\infty, \infty)^n$  and functions  $f_1, \dots, f_n$  in  $\mathcal{S}^o$  such that  $\int |1_A - 1_B(f_1, \dots, f_n)| d|v| \leq \varepsilon$ . Thus there is a continuous function  $g$  from  $(-\infty, \infty)^n$  to  $[0, 1]$  such that  $\int |1_A - f| d|v| \leq 2\varepsilon$  where  $f = g(f_1, \dots, f_n)$ . Clearly this  $f$  is in  $\mathcal{S}^o$  which implies  $f^{(h)} \rightarrow f$  pointwise as  $h \downarrow 0$ . Hence there is an  $h > 0$  such that  $\int |1_A - f^{(h)}| d|v| \leq 3\varepsilon$ . Since  $\varepsilon > 0$  is arbitrary and

$$\|v^{(h)}\| = 2 \sup_{f \in \mathcal{T}, 0 \leq f \leq 1} \int f^{(h)} d|v|$$

this yields

$$\|v_{\mathcal{S}}\| \leq \sup_{h > 0} \|v^{(h)}\|.$$

The converse holds since  $f \in \mathcal{T}$  implies  $f^{(h)} \in \mathcal{S}$ , and (5) is established.

It only remains to prove the  $\mathcal{S}$ -maximality result. For each  $h > 0$  there is a coupling  $\hat{Y}$  and  $\hat{Y}'$  of  $\theta_{Uh}Z$  and  $\theta_{Uh}Z'$  with a coupling time  $S_h$  such that  $\mathbf{P}(S_h = \infty) = \|v^{(h)}\|/2$ . Extend the underlying probability space (see Construction 1.1 in [7]) to support a copy  $(\hat{Z}, V)$  of  $(Z, U)$  such that  $\theta_{Vh}\hat{Z} = \hat{Y}$ . Again extend the underlying probability space now to support a copy  $(\hat{Z}', V')$  of  $(Z', U)$  such that  $\theta_{V'h}\hat{Z}' = \hat{Y}'$ . Then  $\hat{Z}$  and  $\hat{Z}'$  is an  $h$ -coupling of  $Z$  and  $Z'$  with times  $T_h = Vh + S_h$  and  $T'_h = V'h + S_h$ . Now  $\mathbf{P}(T_h = \infty) = \mathbf{P}(S_h = \infty) = \|v^{(h)}\|/2$  and a reference to (5) completes the proof.

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