Original article

Operating characteristics of pediatric continuous arteriovenous hemofiltration in an animal model

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Abstract. Continuous arteriovenous hemofiltration (CAVH) is an increasingly popular technique in the care of critically ill children. The operating characteristics of the available circuits are largely unknown. Prior to introducing CAVH into our pediatric intensive care unit, we investigated the performance of three CAVH circuits: CAVH with postfilter dilution, CAVH with prefilter dilution (CAVHpre) and CAVH with dialysis counterflow. Using a neonatal lamb model, we measured filter blood flow (Q_B) , ultrafiltrate rate (QU), arterial, venous and ultrafiltrate compartment pressures, oncotic pressure, plus urea levels in blood and ultrafiltrate fluid for the three CAVH circuit designs. Transmembrane pressure and urea clearance were calculated for various values of QB after varying a clamp on the arterial side of the circuit. The major finding, applicable to all circuits, was the wide variability of OB. Constant attention was required in order to obtain a consistent QB. Fluid clearance was effective with all three circuits. Urea clearance averaged 5-10 ml/min and was principally dependent on Q_U and independent of Q_B. The addition of dialysis counterflow did not increase urea clearance. The most convenient circuit we tested was CAVHpre, but the problem of unstable Q_B is common to all unpumped arteriovenous filtrate circuits. It is a major limiting factor in the practical application of this technology to critically ill children.

Key words: Hemofiltration – Continuous arteriovenous hemofiltration – Predilution – Transmembrane pressure – Hemodiafiltration – Pediatric hemofiltration

Introduction

Continuous arteriovenous hemofiltration (CAVH) has gained wide acceptance in the fields of pediatric critical care [1, 2] and pediatric nephrology [3]. Adult CAVH filters and circuits have been studied extensively [4], and much of this knowledge has been extrapolated for use in children. In an attempt to increase urea clearance, alternative circuits have been developed, including CAVH with predilution (prefilter dilution of blood, CAVH_{pre}) [5] and CAVH with counterflow dialysis (CAVHD) [6, 7]. These, subsequently, have also been applied to children [1, 8].

Pediatric

Nephrology

However, the small filter sizes and low filter blood flows (Q_B) associated with pediatric circuits might combine to produce functional characteristics that differ significantly from adult circuits. Although several pediatric case descriptions have been published [1, 8-10], to our knowledge the operating characteristics of various CAVH circuit designs have not been systematically studied in a pediatricsized animal model.

Prior to introducing this technology into our pediatric intensive care unit, we used a lamb model to investigate the performance of three separate circuit designs: CAVH with postfilter fluid replacement (CAVH_{post}), CAVH_{pre} and CAVHD.

Methods

The study was approved by the University Animal Care Committee.

Animal preparation. Five 4-week-old lambs (weight 12.5 ± 1.2 kg) were anesthetized with 10-15 mg/kg thiopental sodium i.v. After tracheotomy, the animals were connected to a Harvard ventilator. Anesthesia was maintained with halothane and nitrous oxide, ventilation was adjusted to maintain PO₂ between 100 and 150 mmHg and PCO₂ between 35 and 45 mmHg. Arterial and venous access was achieved with standard pediatric vascular catheters (Deseret, Sandy, Utah, USA) via femoral cutdown. Routine cannula size was 16 gauge (length 58 mm) unless otherwise stated. Each animal was given 200 units/kg heparin i.v. as a bolus, followed by an infusion of 20 units/kg per hour.

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Fig. 1. Combined plot of blood flow against filter inlet pressure for three sizes of arterial catheter [14 gauge \times 58 mm (\bigcirc), 16 gauge \times 58 mm (\bigcirc), 18 gauge \times 32 mm (\triangle)]. Venous catheter was 16 gauge for all readings



Fig. 2. Ultrasonic filter blood flow at 2-min intervals. Arrows denote gate clamp adjustments

Circuit preparation. Arteriovenous hemofiltration was performed using a pediatric hemofilter (membrane area 800 cm²) (Minifilter plus, Amicon, Beverly, Mass., USA) which had been flushed with 1 l normal saline containing 5,000 units heparin and primed with normal saline containing heparin 1 unit/ml. Pressure was measured with strain-gauge transducers (Gould, Oxnard, Calif., USA) at filter inflow (P_A), filter outflow (P_V) and in the ultrafiltrate compartment (P_U), then displayed on a multichannel recorder (HP 7758 B, Hewlett Packard, Waltham, Mass., USA). QB through the inflow tubing was measured with an ultrasonic Doppler flow probe (T201, Transsonic Systems, Ithaca, N. Y., USA) at the junction of the arterial line and circuit tubing. The probe had been calibrated for this tubing by pumping lamb's blood at 37° C into a graduated cylinder. Dialysis flow rate (QD), ultrafiltrate rate (Qu) and replacement fluid rate (QR) were set by high accuracy volumetric pumps (IVAC Corp, San Diego, Calif., USA).

During CAVH_{post}, ultrafiltrate was not pumped but drained passively into a container. On these occasions, Q_U was measured by timed collection into a graduated cylinder.

For each circuit design, blood flow was varied with a clamp on the arterial limb. After a 10-min stabilization period, blood samples were taken from the filter inflow and outflow ports. These were analyzed for hematocrit, urea and oncotic pressure (by depression of freezing point). Simultaneous ultrafiltrate samples were also taken and analyzed for urea concentration. Urea clearance was calculated as:

$$Clearance_{Urea} = \frac{Urea_{Filtrate}}{Urea_{Plasma}} \times Q_{Filtrate}$$

Transmembrane pressure (P_{TM}) was calculated for filter inlet and outlet using the following equations:

$$P_{TM}(inlet) = (P_A - P_U) - \pi_A$$
$$P_{TM}(outlet) = (P_V - P_U) - \pi_V$$

where π_A and π_V are inflow and outflow oncotic pressures, respectively.

Study design. CAVH_{post}: to assess the relationship between Q_B and urea clearance, blood flow was varied while ultrafiltrate was collected passively into a container positioned 100 cm below the filter. Replacement fluid (Ringer's lactate) was given into the venous limb at a rate that replaced ultrafiltrate production ($Q_U = Q_R$). Urea clearance and Q_U were measured over a wide range of Q_B. The effect of arterial catheter size on the circuit characteristics was also studied by altering P_A and measuring Q_B with three sizes of arterial catheter (14-gauge × 58 mm length, 18-gauge × 32 mm length).

 $CAVH_{pre}$: for this circuit, ultrafiltrate flow was controlled by volumetric pump at three predetermined levels (200, 400 and 600 ml/h). Replacement fluid was added to the arterial limb so that Q_R was equal to Q_U . For each Q_U , urea clearance was measured at different blood flow rates. Arterial and venous catheters were both 16 gauge.

CAVHD: ultrafiltrate flow was controlled at a constant rate of 1,000 ml/h using a volumetric pump. Replacement fluid was added to the venous limb at three flow rates (200, 400, 600 ml/h). Dialysate (Dianeal 1.5%, Baxter Corp. Mississauga, Ontario, Canada) was "pumped" through the filtrate compartment at 800, 600 and 400 ml/h (so that $Q_U = Q_R + Q_D = 1,000$ ml/h). For each of the three flow settings, urea clearance was measured at different blood flow rates. Arterial and venous catheters were both 16 gauge.

The order of sequence of circuit design was chosen randomly for each animal.

Statistics. All values are expressed as mean plus or minus one standard deviation. Comparison between groups was made by ANOVA. Graphical regression lines were calculated by the method of least squares. Comparison between actual slopes of regression lines and slope of zero was made by *t*-test with a 5% level of significance.

Results

All animals survived the duration of the experiment and in no case was early termination of filtration required. No filter clotting or rupture was noted.

CAVHpost

The general relationship between pressure in the arterial tubing and blood flow is shown in Fig. 1. Although the highest values for Q_B were obtained with the largest catheter (14 gauge), there was no clear difference between the three catheters at lower flow rates. A finding common to all three circuits was marked sensitivity of Q_B to factors such as catheter position, tension on the circuit or slight kinking of the tubing. A representative tracing of Q_B is shown in Fig. 2. Stable flow rates could often only be achieved by constant attention. Decreases in Q_B were paralleled by decreases in circuit blood pressures.

Urea levels measured in blood and ultrafiltrate fluid were usually very similar, consequently urea clearance was almost identical to ultrafiltrate rate. As filter blood flow increased, passive Q_U, and consequently urea clearance, also increased (Fig. 3).

Mean P_{TM} varied from 59 to 110 mmHg (mean 87.4±11.3 mmHg) over the range of blood flow rates



Fig. 3. Passive ultrafiltrate rate (top) and urea clearance (bottom) plotted against filter blood flow for the continuous arteriovenous hemofiltration with postfilter dilution (CAVH_{post}) circuit design

studied. It decreased by 5% - 7% from filter inlet to outlet. P_{TM} at the filter outlet remained positive as it did during CAVH_{pre} and CAVHD, i.e., neither pressure equilibrium nor reverse filtration occurred.

CAVHpre

Over the range of flows studied, urea clearance was independent of Q_B (Fig. 4). Urea levels in blood and ultrafiltrate were again very similar so that urea clearance was numerically identical to Q_U . For the three values of Q_R an Q_U that were used (10, 6.7, 3.3 ml/min), the corresponding mean values for urea clearance were 9.4 ± 0.8 ml/min, 6.6 ± 0.7 ml/min and 3.2 ± 0.9 ml/min (Fig. 5).

Mean P_{TM} varied from 37 to 295 mmHg (mean 215±160 mmHg) over the range of blood flows studied. It decreased by 5%-10% over the length of the filter.

CAVHD

Over the range of flows studied, urea clearance was independent of Q_B (Fig. 5). Ultrafiltrate urea levels were much lower than simultaneous blood levels because of the diluting effect of dialysis. The addition of dialysis counterflow did not increase the urea clearance which, in keeping with CAVH_{pre}, was only dependent on the ultrafiltrate rate. For each of the three values of Q_R studied (10, 6.7, 3.3 ml/min), the corresponding mean urea clearance were



Fig. 4. Urea clearance plotted against filter blood flow using the CAVH predilution (CAVH_{pre}) circuit at three levels of ultrafiltrate flow [replacement fluid rate (Q_R) = ultrafiltrate rate = 200 (\bigcirc), 400 (\square), 600 (\triangle) ml/h]. No regression line slope was significantly different from zero (slope for $Q_R 200$, P = 0.18)



Fig. 5. Urea clearance plotted against filter blood flow for three combinations of Q_R (200, 400, 600 ml/h) and dialysis flow ($Q_D = 800, 600, 400 \text{ ml/h}$). \triangle , $Q_R 600 / Q_D 400$; \Box , $Q_R 400 / Q_D 600$; \bigcirc , $Q_R 200 / Q_D 800$

 9.4 ± 0.5 ml/min, 7.3 ± 0.5 ml/min and 3.7 ± 0.3 ml/min. These did not differ significantly from the clearances achieved during CAVH_{pre} using the same values of Q_R (ANOVA, P > 0.05). P_{TM} varied from 69 to 601 mmHg (mean 271 ± 190 mmHg). It decreased by 3%-5% across the filter.

Discussion

This study was undertaken to determine the functional characteristics of arteriovenous filtration circuits in a pediatric-sized animal model. Our general aim was to assess the suitability of this technology for a pediatric intensive care unit.

Values of Q_U and clearances in this study were similar to those described in previous clinical reports [1, 2]. Our main finding however, applicable to all circuit designs, was the wide variability of Q_B following small disturbances in the circuit. Some clinical studies reported on blood flow rates achieved [1] but did not use continuous flow monitoring. In this study, changes in the angle of the intravascular



Fig. 6. Ultrafiltrate compartment pressures plotted against blood flow at three different ultrafiltrate pump rates (\Box , 200 ml/h; \oplus , 400 ml/h; \triangle , 600 ml/h) during CAVH_{pre}. The lowest recommended pressure is -500 mmHg

cannulae as they entered the skin or apparently minor kinking of some portion of the tubing was followed by a rapid decrease in blood flow and filtration pressure. Constant attention was required in order to obtain consistent values of Q_B (see Fig. 2). In clinical practice, the situation would probably be worse because the driving pressure across the filter is often low due to the cardiovascular instability of the pediatric population that requires dialysis.

Although continuous flow monitoring by a Doppler flow probe is not a common practical option, an approximation of filter flow can be obtained by monitoring arterial and venous pressures (Fig. 1). In the absence of flow or pressure monitoring, early changes in Q_B are missed and the first sign of decreased filter flow is often significant filter coagulation with decreased ultrafiltrate formation. Controlling Q_U by pump would initially remove the dependence of urea clearance on Q_B. This however only applies as long as low Q_B has not yet led to filter clotting and to unacceptably high filtrate fraction and filtrate compartment pressure. Figure 6 illustrates the relationship between Q_B and ultrafiltrate pressures and shows that high ultrafiltrate demand and low Q_B can combine to cause excessively negative ultrafiltrate compartment pressures.

Some improvement in the flow variability was achieved by interposing flexible tubing between the cannulae and the more rigid circuit tubing. However, the only permanent solution to the problem is to control the blood flow using a roller pump [11]. In our opinion, the flow instability of unpumped arteriovenous filtration circuits is a major limiting factor in the practical application of this technology to critically ill children.

The main value of CAVH is in controlling fluid overload. The technique's ability to clear soluble substances from the blood is limited by the maximum achievable Q_U . A urea clearance of 5 ml/min is possible with the CAVH_{post} circuit while values of 10–15 ml/min can be obtained with the CAVH_{pre} circuit at high negative P_{TM} . While this range may maintain urea levels in small children with normal metabolic rates, it is probably insufficient for larger hypercatabolic patients.

We found that when Q_U was pump controlled urea clearance was independent of blood flow, down to values

as low as 15 ml/min, and was principally dependent on Q_U . The major determinant of solute clearance is the Q_U which, in turn, is principally dependent on the characteristics of the ultrafiltrate volumetric pump and the maximum negative P_{TM} that the filter can tolerate. Using the IVAC pump, the maximum flow rate is 1,000 ml/h, which limits the achievable urea clearance to 16.7 ml/min. We found that ultrafiltrate flow rates greater than 600 ml/h (10 ml/min) generated negative pressures in the ultrafiltrate compartment below -500 mmHg (Fig. 6). This was close to the maximum permitted for this particular filter design [12]. For a given value of Q_U , we also found that a reduction in Q_B was associated with an increase in P_{TM} (Fig. 6).

The calculated urea clearance during $CAVH_{pre}$ describes filter clearance only, as blood for urea was taken at the filter inlet. In order to determine the net urea clearance as seen by the animal during $CAVH_{pre}$, blood has to be sampled proximal to the dilution port.

It is interesting to note that the addition of dialysis countercurrent to the basic CAVH circuit did not increase the expected urea clearance. Our study animals were not uremic, and a higher urea gradient across the filter could arguably have led to a measurable increase in clearance by enhancing crossfilter diffusion. Hiyama et al. [13] used hemofiltration in uremic dogs and noted that addition of dialysis did not improve clearance. Zobel et al. [1] observed increases in urea clearance when adding dialysis, but used filters of 3-10 times the surface area than the pediatric filter tested here. In this study, even at low values of O_D urea did not equilibrate across the filter. Thus, higher dialysis flows were unlikely to have improved diffusion. These findings are probably due to the limitation of diffusive transport imposed by the small filter surface area. There was no difference between the urea clearances achieved at equal Qu between CAVHpre and CAVHD. The dialysis circuit added extra complexity without any measurable benefit.

The most convenient circuit that we tested was $CAVH_{pre}$. The use of accurate volumetric pumps to control Q_R and Q_U means that net fluid loss can be closely monitored. If high ultrafiltrate pressures are accepted, then a urea clearance of approximately 10 ml/min can be achieved with a small pediatric filter. However, the problems of unstable blood flow and low driving pressure still exist. Close monitoring of pre- and postfilter pressures can provide some early warning of decreased blood flow but the best solution might be to develop continuous venovenous hemofiltration devices for children.

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Literature abstracts

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Normokalaemic pseudohypoaldosteronism is present in children with acute pyelonephritis

J. Rodriguez-Soriano, A. Vallo, M.J. Quintela, R. Oliveros, and M. Ubetagoyena

The present study demonstrates that renal tubular unresponsiveness to aldosterone, without associated hyperkalaemia, is present in children with acute pyelonephritis. We studied 32 children with a diagnosis of acute pyelonephritis established by high fever, flank pain/tenderness, increased blood levels of C-reactive protein and significant *Escherichia coli* growth in the urine culture. Renal tubular function tests and determinations of plasma renin activity and aldosterone concentration were performed at diagnosis (study 1), after three days of iv gentamycin (study 2) and after 21 days of antibiotic therapy (study 3). Findings were com-

pared to those present in 32 normal children of similar age. Despite normal plasma potassium concentration, fractional potassium excretion and transtubular potassium concentration gradient were significantly decreased in studies 1 and 2, becoming normal in study 3. Decreased renal potassium excretion coexisted with increased values for plasma renin activity and aldosterone concentration. In study 3 these hormones remained elevated only in patients with scarred kidneys. The functional alteration present in acute pyelonephritis may be directly caused by the interstitial inflammation or be mediated by some *E. coli* endotoxin.

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Escherichia coli virulence factors and ^{99m} TC-dimercaptosuccinic acid renal scan in children with febrile urinary tract infection

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Correlation of virulence factors of *Escherichia coli* with renal inflammation documented by ^{99m}Tc-dimercaptosuccinic acid renal scan was undertaken in 59 children with febrile urinary tract infections to identify more accurately the role of bacterial virulence factors in the development of pyelonephritis. P fimbriae were present in 63% of isolates from the positive scan group and 83% of those from the negative scan group (P = 0.126). Multivariate regression analysis showed no significant role for established *E. coli* virulence factors in the development of pyelonephritis. The *pap* genome was independently associated with negative scan (P < 0.007) and with the absence of reflux (P = 0.031). *E. coli* pyelonephritogenic clone 16:K1:H6 was isolated from negative scan patients and did not produce hemolysin. We conclude that P fimbriae are important in the development of febrile urinary tract infection regardless of the level of infection. Virulent *E. coli* clones described in prior Scandinavian urinary tract infection studies were not common causes of pyelonephritis in our patient population.