## A Maximal Inequality for Upcrossings of a Continuous Martingale

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Let $M_{t}$ be a continuous martingale, with $M_{0}=0$. Set $M_{t}^{*}=\sup _{s \leq t}\left|M_{s}\right|$, and let $\langle M\rangle_{t}$ be the increasing process associated with $M$ (the unique increasing process such that $M^{2}-\langle M\rangle$ is a local martingale). The classical BurkholderGundy inequality states that there exist universal constants $c_{p}, C_{p}$, such that

$$
\begin{equation*}
c_{p}\left\|M_{\infty}^{*}\right\|_{p} \leqq\left\|\langle M\rangle_{\infty}^{1 / 2}\right\|_{p} \leqq C_{p}\left\|M_{\infty}^{*}\right\|_{p}, \quad 0<p<\infty \tag{1}
\end{equation*}
$$

We shall summarise an inequality like (1) by saying that the quantities $M_{\infty}^{*}$ and $\langle M\rangle_{\infty}^{1 / 2}$ are equivalent.

It is natural to look for other functionals of $M$ which are equivalent to $M_{\infty}^{*}$. Let $L_{t}^{a}(M)$ be the local time of $M$ at $a$; we may, and shall, take $L_{t}^{a}(M)$ to be jointly continuous in ( $a, t$ ) - see [9]. In [2] it was shown that the quantity $L_{\infty}^{*}(M)=\sup L_{\infty}^{a}(M)$ is equivalent to $M_{\infty}^{*}$ and $\langle M\rangle_{\infty}^{1 / 2}$ : we have

$$
\begin{equation*}
c_{p}\left\|M_{\infty}^{*}\right\|_{p} \leqq\left\|L_{\infty}^{*}\right\|_{p} \leqq C_{p}\left\|M_{\infty}^{*}\right\|_{p} \tag{2}
\end{equation*}
$$

Now let $U_{t}(M, a, b)$ be the number of upcrossings made by $M$ across the interval $(a, b)$ in the time interval $[0, t]$, and let

$$
\begin{gathered}
U_{t}^{*}(M, \varepsilon)=\sup _{a} U_{t}(M, a, a+\varepsilon), \\
V_{t}(M)=\sup _{\varepsilon>0} \varepsilon U_{t}^{*}(M, \varepsilon) .
\end{gathered}
$$

In [1] it was shown that, for each $\varepsilon>0$,

$$
\begin{equation*}
c_{p}\left\|M_{\infty}^{*}\right\|_{p}-\varepsilon \leqq\left\|\varepsilon U_{\infty}^{*}(M, \varepsilon)\right\|_{p} \leqq C_{p}\left\|M_{\infty}^{*}\right\|_{p}, \tag{3}
\end{equation*}
$$

so that $\varepsilon U_{\infty}^{*}(M, \varepsilon)$ is very nearly equivalent to $M_{\infty}^{*}$. Also, M. Yor (private communication), proved that, for each $a$,

$$
\begin{equation*}
\left\|\sup _{\varepsilon>0} \varepsilon U_{\infty}(M, a, a+\varepsilon)\right\|_{p} \leqq C_{p}\left\|M_{\infty}^{*}\right\|_{p} \tag{4}
\end{equation*}
$$

In this paper we show that $V_{\infty}$ is equivalent to $M_{\infty}^{*}$.

[^0]Theorem 1. Let $M$ be a continuous local martinagale, with $M_{0}=0$. There exist universal constants $c_{p}, C_{p}, 0<p<\infty$, such that

$$
\begin{equation*}
c_{p}\left\|M_{\infty}^{*}\right\|_{p} \leqq\left\|V_{\infty}(M)\right\|_{p} \leqq C_{p}\left\|M_{\infty}^{*}\right\|_{p} . \tag{5}
\end{equation*}
$$

The left hand side of (5) is easy to prove. On the other hand, as $V_{\infty}(M)$ $+V_{\infty}(-M)$ is greater than each of $M_{\infty}^{*}, L_{\infty}^{*}(M)$ and $\langle M\rangle_{\infty}^{1 / 2}$, the right hand side is stronger than the right hand inequality in each of (1)-(4). For, by Lévy's downcrossing theorem, $L_{\infty}^{a}(M)=\lim _{\varepsilon \downarrow 0} \varepsilon U_{\infty}(M, a, a+\varepsilon)$, so that

$$
\begin{equation*}
L_{\infty}^{*}(M) \leqq V_{\infty}(M) \tag{6}
\end{equation*}
$$

As $U_{\infty}\left(M, 0, \sup _{s} M_{s}-\delta\right)=1$ for $0<\delta<\sup _{s} M_{s}$, we deduce that

$$
\begin{gather*}
\sup _{s} M_{s} \leqq V_{\infty}(M),  \tag{7}\\
M_{\infty}^{*} \leqq V_{\infty}(M)+V_{\infty}(-M) \tag{8}
\end{gather*}
$$

Finally, $\langle M\rangle_{\infty}=\int_{-\infty}^{\infty} L_{\infty}^{a}(M) d a \leqq 2 M_{\infty}^{*} L_{\infty}^{*}(M)$, and therefore, since $L_{\infty}^{*}(M)$ $\leqq V_{\infty}(-M) \wedge V_{\infty}(-M) \leqq \frac{1}{2}\left(V_{\infty}(M)+V_{\infty}(-M)\right)$, we have

$$
\begin{equation*}
\langle M\rangle_{\infty}^{1 / 2} \leqq V_{\infty}(M)+V_{\infty}(-M) \tag{9}
\end{equation*}
$$

Let $B_{t}$ be a Brownian motion with $B_{0}=0$, and let $\left(\mathscr{F}_{t}\right)$ be the usual filtration of $B$ - that is, the usual augmentation of the filtration $\sigma\left(B_{s}, s \leqq t\right)$. Our main tool in the proof of (5) is a decomposition of the path of $B$, which was also used in [1]. We define the skeleton of $B$ on the grid $2^{-m} \mathbb{Z}$, denoted $B^{(m)}$, as follows.

Set

$$
\begin{aligned}
\tau_{0} & =0 \\
\tau_{n+1} & =\inf \left\{t \geqq \tau_{n}:\left|B_{t}-B_{\tau_{n}}\right|=2^{-m}\right\}, \\
B_{r}^{(m)} & =B_{\tau_{r}} .
\end{aligned}
$$

Thus $B^{(m)}$ is a simple symmetric random walk on $2^{-m} \mathbb{Z}$.
It is intuitively clear, and was proved in Lemma 2.1 of [1] that, conditional on whether $B_{\tau_{n+1}}-B_{\tau_{n}}$ equals $+2^{-m}$ or $-2^{-m}$, the path $B_{\tau_{n}+t}-B_{\tau_{n}}, 0 \leqq t \leqq \tau_{n+1}$ $-\tau_{n}$, is independent of the process $B^{(m)}$.

Before stating the precise independence result we will use, we need some notation. Set $\mathscr{G}_{m}=\sigma\left(B^{(m)}\right)$. Let $a=k 2^{-m}, k \in \mathbb{Z}$, let $T_{y}=\inf \left\{s \geqq 0:\left|B_{s}\right|=y\right\}, N$ $=U_{T_{y}}\left(B, a, a+2^{-m}\right)$, and let $R_{1}, S_{1}, R_{2}, S_{2}, \ldots, R_{N}, S_{N}$ be the endpoints of the upcrossings $B$ makes from $a$ to $a+2^{-m}$ before time $T_{1}$. Thus we have

$$
\begin{aligned}
& B_{R_{i}}=a, \quad S_{i}=\inf \left\{t \geqq R_{i}: B_{t}=a+2^{-m}\right\}, \\
& a-2^{-m}<B_{t} \leqq a+2^{-m} \quad \text { for } R_{i} \leqq t \leqq S_{i}
\end{aligned}
$$

and the process $W_{t}^{i}=B_{R_{i}+t}-B_{R_{i}}$ is a Brownian motion started at 0 , and conditioned to hit $2^{-m}$ before $-2^{-m}$. Note that while the $S_{i}$ are stopping times,
the $R_{i}$ are not. Set

$$
\begin{equation*}
K_{i}^{m}(a)=L_{S_{i}}^{a}(B)-L_{R_{i}}^{a}(B)=L_{S_{i}-R_{i}}^{0}\left(W^{i}\right) \tag{10}
\end{equation*}
$$

Since the conditioning of $W^{i}$ does not affect the value of $L^{0}\left(W^{i}\right)$, by Tanaka's formula we have $E K_{i}^{m}(a)=E L_{S_{i}-R_{i}}^{0}\left(W^{i}\right)=2^{-m}$. Lemma 2.1 of [1] states that $W^{i}$ is independent of $\mathscr{G}_{m}$, and thus we have $E\left(K_{i}^{m}(a) \mid \mathscr{G}_{m}\right)=2^{-m}$. Hence, if $A$ is any $\mathscr{G}_{m}$ measurable random variable with range $2^{-m} \mathbb{Z}$, we have

$$
\begin{equation*}
E\left(K_{i}^{m}(A) \mid \mathscr{G}_{m}\right)=2^{-m}, \quad 1 \leqq i \leqq U_{T_{1}}\left(B, A, A+2^{-m}\right) . \tag{11}
\end{equation*}
$$

(Note that $U_{T_{1}}\left(B, A, A+2^{-m}\right)$ is $\mathscr{G}_{m}$ measurable.)
Proposition 2. For each $x>0$

$$
P\left(V_{T_{1}}(B)>x\right) \leqq \frac{1}{x} 4 E L_{T_{1}}^{*}(B)
$$

Proof. Let

$$
Z_{m}=\max _{a \in 2^{-m} \mathbb{Z}} U_{T_{1}}\left(B, a, a+2^{-m}\right)
$$

and let $A_{m}$ be the smallest $a$ at which this maximum is attained: $Z_{m}$ and $A_{m}$ are both $\mathscr{G}_{m}$ measurable. Let $x>0$ be fixed, and let

$$
N=\inf \left\{m \geqq 0: Z_{m}>2^{m} x\right\}
$$

so that $N$ is a stopping time $/\left(\mathscr{G}_{m}\right)$.
Now

$$
\begin{aligned}
L_{T_{1}}^{*}(B) & \geqq 1_{(N<\infty)} L_{T_{1}}^{A_{N}}(B) \\
& \geqq 1_{(N<\infty)} \sum_{i=1}^{Z_{N}} K_{i}^{N}\left(A_{N}\right) .
\end{aligned}
$$

Hence

$$
\begin{aligned}
E L_{T_{1}}^{*}(B) \geqq E & {\left[\sum_{m=0}^{\infty} 1_{(N=m)} \sum_{i=1}^{Z_{m}} K_{i}^{m}\left(A_{m}\right)\right] } \\
= & E\left[\sum_{n=0}^{\infty} 1_{(N=m)} \sum_{i=1}^{Z_{m}} E\left(K_{i}^{m}\left(A_{m}\right) \mid \mathscr{G}_{m}\right)\right] \\
& \quad \text { as } Z_{m},\{N=m\} \text { are } \mathscr{G}_{m} \text { measurable } \\
=E & {\left[\sum_{m=0}^{\infty} 1_{(N=m)} Z_{m} 2^{-m}\right] \quad \text { by (11) } } \\
=E & 1_{(N<\infty)} 2^{-N} Z_{N} \\
\geqq & x P(N<\infty)
\end{aligned}
$$

Thus $P\left(\sup _{m} 2^{-m} Z^{m}>x\right) \leqq x^{-1} E L_{T_{1}}^{*}(B)$. To conclude the proof, we note the pathwise inequalities

$$
\begin{gathered}
U_{T_{1}}^{*}\left(B, 2^{-m}\right) \leqq \max _{a \in 2^{-(m+1) \mathbb{Z}}} U_{T_{1}}\left(B, a, a+2^{-(m+1)}\right), \\
V_{T_{1}}(B) \leqq 2 \sup _{m \geqq 0} 2^{-m} U_{T_{1}}^{*}\left(B, 2^{-m}\right)
\end{gathered}
$$

which together imply that $V_{T_{1}}(B) \leqq 4 \sup _{m \geqq 0} 2^{-m} Z_{m}$.
We now use some standard machinery for proving martingale inequalities to deduce Theorem 1. The following lemma is due to Lenglart, Lepingle and Pratelli [7], and is given here in the slightly improved form used in [3]. Here $\left\|B_{T}\right\|_{\infty}=\operatorname{ess} \sup \left|B_{T}\right|$.
Lemma 3. Let $A_{t}$, $B_{t}$ be two previsible increasing processes, with $A_{0}=B_{0}=0$. Suppose there exists $q>0, a>0$ such that, for every couple of stopping times $S$, $T$, with $S \leqq T$,

$$
E\left(A_{T}-A_{S}\right)^{q} \leqq a\left\|B_{T}\right\|_{\infty}^{q} P(S<T)
$$

Then for every moderate function $F$, there exists a constant $C_{F}$ depending only on $a$ and $F$, such that

$$
E F\left(A_{T}\right) \leqq C_{F} E F\left(B_{T}\right) \quad \text { for all stopping times } T .
$$

In particular,

$$
\left\|A_{T}\right\|_{p} \leqq C_{p}\left\|B_{T}\right\|_{p} \quad 0<p<\infty
$$

Proof of Theorem 1. The left hand side of (5) is an immediate consequence of (6) and the left hand side of (2).

To establish the right hand side, it is enough to show that, for any stopping time $T$,

$$
\begin{equation*}
\left\|V_{T}(B)\right\|_{p} \leqq C_{p}\left\|B_{T}^{*}\right\|_{p} . \tag{12}
\end{equation*}
$$

For, by the Dubins-Schwarz theorem [4], any continuous martingale $M$ is the time change of a stopped Brownian motion, and the quantities $V(M)$ and $M^{*}$ are preserved under time change.

By scaling the Brownian motion $B_{t}$, we have $V_{T_{y}}(B)=y V_{T_{y}}(B / y) \sim y V_{T_{1}}(B)$. By Proposition 2, $E\left(V_{T_{1}}(B)\right)^{1 / 2}=c<\infty$, and therefore $E\left(V_{T_{y}}(B)\right)^{1 / 2}=c y^{1 / 2}$. Hence, if $T$ is any stopping time, setting $y=\left\|B_{T}^{*}\right\|_{\infty}$, we have $T \leqq T_{y}$, and so $E V_{T}(B)^{1 / 2} \leqq c y^{1 / 2}=c\left\|B_{T}^{*}\right\|_{\infty}^{1 / 2}$.

Now let $S \leqq T$ be two stopping times, $Q=\left.P\right|_{(S<T)}$, and $\tilde{B}_{t}=B_{S+t}-B_{S}$. Then

$$
V_{T}(B) \leqq V_{S}(B)+V_{T-S}(\tilde{B})+B_{T}^{*} 1_{(S<T)},
$$

and so

$$
\begin{aligned}
& E\left(V_{T}(B)-V_{\mathrm{S}}(B)\right)^{1 / 2} \leqq E\left[\left(V_{T-S}(\tilde{B})+B_{T}^{*}\right)^{1 / 2} 1_{(S<T)}\right] \\
& \quad \leqq E^{Q}\left(V_{T-S}(\tilde{B})^{1 / 2}\right) P(S<T)+\left\|B_{T}^{*}\right\|_{\infty}^{1 / 2} P(S<T) \\
& \quad \leqq\left(c\left\|\tilde{B}_{T-S}^{*}\right\|_{\infty}^{1 / 2}+\left\|B_{T}^{*}\right\|_{\infty}^{1 / 2}\right) P(S>T) \\
& \quad \leqq(1+2 c)\left\|B_{T}^{*}\right\|_{\infty}^{1 / 2} P(S<T) \quad \text { as } \tilde{B}_{T-S}^{*} \leqq 2 B_{T}^{*} .
\end{aligned}
$$

Applying Lemma 3 we obtain (12), which completes the proof of the Theorem.

Remarks. 1. The proof of Theorem 1 also gives (5) for moderate functions $F$ :

$$
c_{F} E F\left(M_{\infty}^{*}\right) \leqq E F\left(V_{\infty}(M)\right) \leqq C_{F} E F\left(M_{\infty}^{*}\right) .
$$

2. Although (5) is stronger than the $L^{*}$ inequality (2), its proof rests on the finiteness of $E L_{T_{1}}^{*}(B)$, and proving this is the hard part of the $L^{*}$ inequality. It may be done either by using the Ray-Knight theorem [6, 8], as in [2], or by using the Garsia-Rodemich-Rumsey lemma [5], as in [3, Cor 5.2.1]. A direct proof of (5) would of course also establish (2), via (6), and it is possible that some variation of the method of Proposition 2 would yield such a proof. For each fixed $a=k 2^{-m}$, the process $Y_{n}^{a}=2^{-n} U_{T_{1}}\left(B, a, a+2^{-n}\right)$ is a martingale, which converges to $L_{T_{1}}^{a}(B)$, and this is essentially the method used by Yor to obtain (3). However, the process $\max _{k} Y_{m}^{k 2-m}$ is not a martingale, and appears to have quite complicated behaviour.

Acknowledgements. It is a pleasure to thank M. Yor and R. Gundy for several discussions on this topic. In particular, it was M. Yor who first suggested looking at the "double supremum", and who, by proving (4) made (5) seem plausible.

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[^0]:    * This paper was partly written while the author was visiting the University of British Columbia

