

A new marker in the HLA class I region is associated with the age at onset of IDDM

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Summary The (MHC) class II association with insulin-dependent diabetes mellitus (IDDM) is well documented. However, it is likely that genes within the MHC class III and the class I region also play a role in determining susceptibility to IDDM. In this study we have used a novel molecular probe to investigate the class I P3A and P3B loci of 179 patients with IDDM and 142 normal control subjects. A highly significant increase in the frequency of the class I P3 4.0;1.5 kilobase (kb) and 4.0;1.8;1.5 kb genotypes was found in patients compared to the control subjects (χ^2 46.8, 6 *df*, $p < 0.0001$). The association with the P3B 1.5 kb allele was strongly associated with the age at onset of diabetes, being present in 96.2%

of subjects who developed diabetes between the age of 10–20 years compared to 55.0 and 74.6% who developed diabetes before 10 years or after 20 years, respectively (χ^2 31.4, $p < 0.0001$). There was no evidence for linkage disequilibrium between the DQA1 and DQB1 loci and P3B suggesting that this is an independent association. In conclusion, these results suggest that genes in both the MHC class I and II regions confer susceptibility to IDDM and are related to the age at onset of the disease. [Diabetologia (1995) 38: 623–628]

Key words IDDM, major histocompatibility complex, immunogenetics, autoimmunity, HLA and disease.

Insulin-dependent diabetes mellitus (IDDM) is an autoimmune disease with a strong association to the serological markers HLA-DR3 and DR4 and to a lesser extent to HLA-B8, B15 and B18 [1–3]. Recent studies have shown that susceptibility is influenced by the substitution of an aspartic acid at position 57 of the DQB1 polypeptide chain, and the presence of an arginine residue at position 52 of the DQA1 polypeptide chain [4–6]. However, because of the strong disequilibrium across the (MHC) it is still unclear whether other loci may also contribute to the genetic background of this disease. For instance, it has previ-

ously been shown that the MHC class III region (complement C4, heat shock protein 70, tumour necrosis factor) may confer susceptibility to those individuals who are HLA-DR3/4 [7]. Recent serological and molecular typing of a large Finnish population suggests that the HLA-A alleles (MHC class I region) may be ‘anchors’ for disease-susceptibility haplotypes [8, 9]. Finally, whilst previous studies have shown that the MHC class II association is dependent upon the age at onset of IDDM very little is known about the class I region [10–13].

We have used new DNA probes to investigate the 2000 kb class I region that lies between the HLA-B and -A loci (Fig. 1). The class I region is largely unexplored, but cloning of large fragments of DNA in yeast artificial chromosomes (YAC), in conjunction with pulsed field gel electrophoresis, has physically mapped the HLA-B, C, A and other loci [14, 15]. This greatly facilitates the identification of disease susceptibility loci in this area using molecular probes. In this report we present results using a novel

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Abbreviations: kb, Kilobase; SSC, 0.3 mol/l sodium chloride, 0.3 mol/l sodium citrate; YAC, yeast artificial chromosome, *df*, degrees of freedom.

Table 1. Frequency (%) of MHC class I P3 genotypes in IDDM and normal control subjects

| Genotype (kb) | | Patients | Control subjects |
|------------------|-----------|------------------------|------------------|
| | | % (n) | % (n) |
| P3A locus | P3B locus | (n = 179) | (n = 142) |
| 4.0 | 1.8 | 7.3 ^a (13) | 22.5 (32) |
| 4.0 | 1.5 | 17.3 ^a (31) | 2.8 (4) |
| 4.0 | 1.8;1.5 | 34.1 ^a (61) | 18.3 (26) |
| 4.0;3.8 | 1.8 | 10.6 ^a (19) | 24.6 (35) |
| 4.0;3.8 | 1.5 | 3.3 (6) | 2.8 (4) |
| 4.0;3.8 | 1.8;1.5 | 24.0 (43) | 21.1 (30) |
| 3.8 | 1.8;1.5 | 0.6 (1) | 3.5 (5) |
| 3.8 | 1.8 | 2.2 (4) | 2.8 (4) |
| 3.8 | 1.5 | 0.6 (1) | 1.4 (2) |
| All 4.0 subjects | | 96.6 | 92.2 |
| All 1.5 subjects | | 79.9 ^b | 50.0 |

^a Difference in frequency of genotypes between patients and controls; χ^2 46.8 (6 df), $p < 0.0001$, $p_c = 0.0009$. Odds ratios for the 4.0;1.5 and 4.0;1.8;1.5 kb P3B genotypes are 7.2 and 2.3, respectively;

^b vs frequency in control subjects χ^2 31.9, $p < 0.0001$. The P3 probe in conjunction with the Pst-I detects allelic fragments of 4.0, 3.8 (corresponding to the P3A locus), 1.8 and 1.5 kb of the P3B locus

Table 2. Frequency (%) of MHC class I P3 genotypes with respect to age at onset of IDDM

| Genotype (kb) | | Age at onset of diabetes (years) | | |
|------------------|-----------|----------------------------------|------------------------|------------------------|
| | | < 10 | 10–20 | > 20 |
| P3A locus | P3B locus | (n = 40) | (n = 80) | (n = 59) |
| 4.0 | 1.8 | 12.5 (5) | 2.5 (2) | 10.2 (6) |
| 4.0 | 1.5 | 7.5 ^a (3) | 20.0 ^b (16) | 20.3 ^c (12) |
| 4.0 | 1.8;1.5 | 27.5 ^a (11) | 38.7 (31) | 32.2 (19) |
| 4.0;3.8 | 1.8 | 30.0 ^a (12) | 1.2 (1) | 10.2 (6) |
| 4.0;3.8 | 1.5 | 5.0 (2) | 3.8 (3) | 1.7 (1) |
| 4.0;3.8 | 1.8;1.5 | 15.0 ^a (6) | 31.2 (25) | 20.3 (12) |
| 3.8 | 1.8;1.5 | 0.0 (0) | 1.2 (1) | 0.0 (0) |
| 3.8 | 1.8 | 2.5 (1) | 0.0 (0) | 5.1 (3) |
| 3.8 | 1.5 | 0.0 (0) | 1.2 (1) | 0.0 (0) |
| All 4.0 subjects | | 97.5 (39) | 97.5 (78) | 94.9 (56) |
| All 1.5 subjects | | 55.0 (22) | 96.2 ^d (77) | 74.6 (44) |

^a Difference in frequency of genotypes between the three groups; χ^2 31.4 (8 df), $p < 0.0001$, $p_c = 0.001$;

^b Odds Ratio 8.6; ^c Odds Ratio 8.8; ^d Odds Ratio 25.7

subgroups (χ^2 29.3 (8 df), $p < 0.0005$, $p_c = 0.001$). The 4.0;1.5 and 4.0;3.8;1.8;1.5 kb P3 genotypes were reduced in those patients with an age at onset of less than 10 years compared to the other two subgroups (22.5 vs 46.7 %, respectively). The 4.0;3.8;1.8 kb P3 genotype was markedly increased in the patient subgroup with the youngest age at onset compared to either of the other two patient subgroups (30.0 vs 1.2 and 10.2 %, respectively, χ^2 23.6, 3 df, $p < 0.0005$, $p_c = 0.006$). The P3B 1.5 kb allele was found in 96.2 % of patients who presented between the age of 10–

Table 3. Frequency (%) of MHC class I P3B – class II DQA1 haplotypes

| P3B-DQA1 haplotype | Observed | | Expected | | chi-squared |
|--------------------|----------|------|----------|------|-------------|
| | n | Freq | n | Freq | |
| 1.5-0101 | 3 | 1.8 | 7.0 | 4.2 | 2.29 |
| 1.8-0101 | 11 | 6.6 | 7.0 | 4.2 | 2.29 |
| 1.5-0301 | 32 | 19.3 | 37.5 | 22.6 | 0.81 |
| 1.8-0301 | 43 | 25.9 | 37.5 | 22.6 | 0.81 |
| 1.5-0501 | 41 | 24.7 | 31.5 | 19.0 | 2.86 |
| 1.8-0501 | 22 | 13.2 | 31.5 | 19.0 | 2.86 |
| 1.5-X | 7 | 4.2 | 7.0 | 4.2 | 0.001 |
| 1.8-X | 7 | 4.2 | 7.0 | 4.2 | 0.001 |

X, Non-DQA1*0101, 0301 or 0501. 166 haplotypes were assigned in subjects who were homozygous at more than one locus

Table 4. Frequency (%) of MHC class I P3B – class II DQB1 haplotypes

| P3B-DQB1 haplotype | Observed | | Expected | | chi-squared |
|--------------------|----------|------|----------|------|-------------|
| | n | Freq | n | Freq | |
| 1.5-0201 | 46 | 28.4 | 37.5 | 23.1 | 1.93 |
| 1.8-0201 | 29 | 17.9 | 37.5 | 23.1 | 1.93 |
| 1.5-0301 | 6 | 3.7 | 9.0 | 5.6 | 1.0 |
| 1.8-0301 | 12 | 7.4 | 9.0 | 5.6 | 1.0 |
| 1.5-0302 | 20 | 12.3 | 21.5 | 13.3 | 0.1 |
| 1.8-0302 | 23 | 14.2 | 21.5 | 13.3 | 0.1 |
| 1.5-0501 | 2 | 1.2 | 6.5 | 4.0 | 3.12 |
| 1.8-0501 | 11 | 6.8 | 6.5 | 4.0 | 3.12 |
| 1.5-X | 7 | 4.3 | 6.5 | 4.0 | 0.04 |
| 1.8-X | 6 | 3.7 | 6.5 | 4.0 | 0.04 |

X, Non-DQB1*0201, 0301, 0302, 0501. 162 haplotypes were assigned in those subjects who were homozygous at more than one locus

20 years (Odds Ratio 25.7) compared to only 55 % of those presenting before the age of 10 years (Odds Ratio 1.2) (χ^2 31.4, $p < 0.0001$, $p_c = 0.001$). In contrast, 79.0 and 72.7 % of the subjects in these patient groups had either a DQB1*0201 or 0302 allele or both. Twelve of the 13 patients in the 10–20 years age at onset group who had neither a DQB1*0201 or 0302 allele possessed at least one P3B 1.5 kb allele compared to only one out of six patients in the group presenting before the age of 10 years. Only one patient in the 10–20 years age at onset group had neither the P3B 1.5 kb allele nor DQB1*0201 nor a 0302 allele.

The frequency of 166 P3B-DQA1 and 162 P3B-DQB1 haplotypes (Tables 3 and 4, respectively) was determined in those subjects who were homozygous at either the P3B, DQA1 or DQB1 loci. The expected haplotype frequencies were obtained from the allelic frequencies and used to calculate linkage between the P3B and either the DQA1 or DQB1 loci. Overall, there was no significant difference between the observed and expected P3B-DQA1 haplotypes (Table 3). There was a trend for the DQA1*0101 allele to be found more frequently with the P3B 1.8 kb allele and the DQA1*0501 allele to be present with

the P3B 1.5 kb allele. No trend was found with the DQA1*0301 allele. Table 4 shows a similar analysis of the P3B-DQB1 haplotypes. Again no significant difference was found between the observed and expected haplotype frequencies although the DQB1*0201 and DQB1*0501 alleles were found more frequently with the P3B 1.5 kb and P3B 1.8 kb alleles, respectively. The DQB1*0301 and DQB1*0302 alleles showed no evidence of preferentially associating with a particular P3B allele.

Tables 5 and 6 show the frequency of class I P3 genotypes in 126 subjects where HLA-A and HLA-B serological typing was carried out. There was a trend for the HLA-A1 and -A2 antigens to be found more frequently with those P3 genotypes containing the P3B 1.5 kb allele (Table 5). In contrast, of the 25 subjects who were HLA-A3, only one was homozygous for the P3B 1.5 kb allele whilst 14 were homozygous for the P3B 1.8 kb allele. Table 6 shows the frequency of HLA-B7, -B8 and -B12 with respect to P3 genotypes. Fourteen out of 21 subjects who were HLA-B7 were homozygous for the P3B 1.8 kb allele; none were homozygous for the P3B 1.5 kb allele (Table 6). Homozygosity for the P3B 1.8 kb allele was found in 24 of 46 HLA-B12 positive subjects whilst 0 of 46 were homozygous for the P3B 1.5 kb allele. Finally, only 2 of 25 HLA-B8 positive subjects were homozygous for the P3B 1.8 kb allele compared to 10 of 25 homozygous for the 1.5 kb allele. There were insufficient numbers to analyse the P3B genotypes with other HLA antigens.

Discussion

We have identified a new marker within the MHC class I region which is strongly associated with IDDM and age at onset of this disease. The P3B locus is located approximately 650 kb telomeric of HLA-B in a newly-explored area of the class I region. Previous studies have suggested that the class III region may harbour disease susceptibility loci and it has been suggested that the tumour necrosis factor (TNF) - HLA-B sub-region to be of particular importance [7, 19, 20]. However, this is the first study using molecular typing to investigate the region telomeric of HLA-B and our results have extended the area which may contain susceptibility genes. Whilst the P3B locus does not itself encode a protein, a novel member of a multiple copy gene family which codes for polypeptide sequences distinct from class I has previously been mapped in close proximity to it [21]. Recently, a gene coding for a putative GTP-binding protein HSR1 as well as tubulin-B have also mapped close to HLA-E and the P3B locus [22, 23]. The HLA-E locus is less than 100 kb telomeric of P3B (Fig. 1) and whilst its function is still unknown it has been shown to be capable of binding peptides, al-

Table 5. Relationship of MHC class I P3 genotypes to HLA-A antigen

| P3 Genotype (kb) | | HLA-A antigen | | | | | |
|------------------|---------|---------------|------|--------|------|--------|-------|
| P3A | P3B | HLA-A1 | | HLA-A2 | | HLA-A3 | |
| | | + | - | + | - | + | - |
| 4.0 | 1.5 | 17.4 | 3.7 | 11.9 | 5.1 | 0.0 | 10.9 |
| 4.0 | 1.8 | 15.2 | 23.8 | 17.9 | 23.7 | 32.0 | 17.8 |
| 4.0 | 1.8;1.5 | 15.2 | 17.5 | 17.9 | 15.2 | 20.0 | 15.8 |
| 4.0;3.8 | 1.5 | 4.3 | 1.2 | 1.5 | 3.4 | 4.0 | 2.0 |
| 4.0;3.8 | 1.8 | 17.4 | 25.0 | 22.4 | 25.4 | 24.0 | 23.8 |
| 4.0;3.8 | 1.8;1.5 | 28.3 | 18.8 | 20.9 | 20.3 | 20.0 | 20.8 |
| | Other | 2.2 | 10.0 | 7.5 | 6.9 | 0.0 | 8.9 |
| (n) | | (46) | (80) | (67) | (59) | (25) | (101) |

(+) and (-) denote presence or absence of either HLA-A1, HLA-A2 or HLA-A3

Table 6. Relationship of MHC class I P3 genotypes to HLA-B antigen

| P3 Genotype (kb) | | HLA-B antigen | | | | | |
|------------------|---------|---------------|-------|--------|-------|---------|------|
| P3A | P3B | HLA-B7 | | HLA-B8 | | HLA-B12 | |
| | | + | - | + | - | + | - |
| 4.0 | 1.5 | 4.8 | 9.5 | 36.0 | 2.0 | 0.0 | 13.7 |
| 4.0 | 1.8 | 33.3 | 18.1 | 4.0 | 24.0 | 23.9 | 18.7 |
| 4.0 | 1.8;1.5 | 23.8 | 16.2 | 28.0 | 15.9 | 15.2 | 20.0 |
| 4.0;3.8 | 1.5 | 0.0 | 2.9 | 4.0 | 1.0 | 0.0 | 2.5 |
| 4.0;3.8 | 1.8 | 28.6 | 20.0 | 4.0 | 27.1 | 28.3 | 18.7 |
| 4.0;3.8 | 1.8;1.5 | 9.5 | 24.8 | 24.0 | 20.9 | 19.6 | 22.5 |
| | Other | 0.0 | 8.6 | 0.0 | 9.1 | 13.0 | 3.7 |
| (n) | | (21) | (105) | (25) | (101) | (46) | (80) |

(+) and (-) denote presence or absence of either HLA-B7, HLA-B8 or HLA-B12

beit inefficiently [24], although it does not appear to be polymorphic. It is highly likely that in the future other genes will also be found in this region. Fortunately, organisation of the class I region is rapidly being established which will enable new markers to be developed. The MHC class I region has also been implicated in studies investigating the autoimmune destruction of the islet beta-cells. Hyperexpression of MHC class I molecules on the surface of islets as well as the presence of cytotoxic T cells within the lesion have been reported [25]. In addition, Japanese patients with IDDM with HLA-A24 have a complete loss of beta-cell function and an acute onset of the disease [26, 27].

The results obtained confirm and extend previous reports suggesting that the class I as well as the class II region contributes to the genetic susceptibility to IDDM [1, 8, 9]. The P3B 1.5 and 1.8 kb alleles showed no significant linkage with the class II DQA1 or DQB1 alleles suggesting that it is an independent marker. There was an excess of the P3B 1.5 kb allele in those subjects who did not have the

class II susceptibility alleles DQB1*0201 or DQB1*0302 and developed diabetes between the age of 10–20 years. These findings were reversed in those patients diagnosed before the age of 10 years where there was an excess of the class II DQB1*0201 and DQB1*0302 alleles. The results in the 10–20 year age group are similar to the results reported in a Finnish population where patients who are unable to form a ‘diabetes-susceptibility’ DQ heterodimer tend to have two copies of a HLA-A allele associated with IDDM [9]. This suggests that the influence of the class I or II susceptibility loci varies according to age at onset of the disease – the class II region being important in early childhood and the class I region in older groups. Further, IDDM in young children who are HLA-DR3/DR4 is characterised by reduced residual beta-cell function, a clinical remission of short duration and impaired metabolic control [10, 13]. This group also has higher titre insulin and islet cell antibodies compared to those who develop the disease at a later age. Consequently, it is likely that there are different environmental triggers in each of these groups. For instance, evidence is accumulating that early exposure of an infant to cow’s milk proteins and solids can increase the risk of IDDM [28, 29]. This environmental trigger may be important in young children whilst those who develop diabetes at a later age may have been exposed to additional environmental factors. It is tantalising to suggest that those subjects who develop diabetes at an early age have an autoimmune response which is driven by the humoral arm of the immune system. In contrast, in those individuals who develop diabetes at a later age the anti-islet-cell response is dominated by the cellular arm of the immune system. Alternatively, the results may reflect different rates of disease progression which is determined by genes in both the MHC class I and II regions [30]. Studies of immunological changes during the ‘pre-diabetic’ period have shown variability in the rate of progression to IDDM. Further studies are now required to address these points and map precisely the association with the class I region.

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