

Diabetogenic Action of Alloxan-Like Compounds: The Effect of Dehydrouramil Hydrate Hydrochloride on Isolated Islets of Langerhans of the Rat

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Summary. Dehydrouramil hydrate hydrochloride (DHU) is an analogue of alloxan which retains the *in vivo* diabetogenic activity of alloxan but, in contrast to alloxan, is stable in aqueous media at physiological pH. Using rat islets of Langerhans, we have studied the acute effects of DHU on B cell function. Glucose-stimulated insulin release was markedly inhibited by DHU, the concentration of DHU giving 50% inhibition (I_{50}) was 1 mmol/l; this was lowered to 0.5 mmol/l when the islets were exposed to DHU for 5 min before elevation of glucose concentration. The basis for this change appeared to be a protective effect of glucose, since the inclusion of 3-O-methylglucose during pre-incubation with DHU also attenuated the subsequent inhibition of glucose-stimulated insulin release. The inhibitory effect on glucose-stimulated insulin release of a 5-min exposure to DHU persisted throughout a subsequent 120-min period in the absence of DHU. DHU also inhibited insulin release stimulated by mannose (20 mmol/l) or by 2-ketoisocaproate (20 mmol/l) with I_{50} of 1 and 0.5 mmol/l re-

spectively. Concentrations of DHU up to 1 mmol/l had no significant effect on islet glucose oxidation or ATP content; 5 mmol/l DHU did not affect the rate of glucose oxidation, but lowered the ATP content by 30% without pre-incubation and by 60% in islets pre-incubated for 5 min with DHU before addition of glucose. Inhibitory effects of DHU were also found on rates of incorporation of [³H]-leucine into insulin plus proinsulin and into total islet protein; however, these parameters were less sensitive to DHU than was insulin release. These effects of DHU were similar to those of alloxan. These data suggest that DHU is an important new tool for studying the mechanism of action of B cell cytotoxic agents; in addition, the fact that DHU is a potential metabolite of uric acid could have relevance to the aetiology of diabetes mellitus.

Key words: Dehydrouramil hydrate hydrochloride, alloxan, diabetes, islets of Langerhans, insulin secretion.

Although the selective destruction of B cells produced by alloxan has been a useful tool in diabetic research since its discovery [1], the precise way in which alloxan interacts with the B cell remains a matter for debate [2]. Over 30 years ago it was first suggested that an alloxan-like molecule could conceivably play a part in the aetiology of human diabetes [1]: in view of the chemical relationship of alloxan to uric acid, the possibility exists that alloxan or a structurally related compound could arise in the body consequent to some disturbance of purine or pyrimidine metabolism. The marked instability of alloxan in aqueous media at physiological pH (half-life at 37 °C is about 1 min) poses problems in investigations of such a biogenetic hypothesis for diabetes and also complicates study of the mechanism of action of alloxan. Recently, it was shown that, in common with

other nucleophiles, ureas, amides and ammonium salts react with the 5-carbonyl of alloxan to give the corresponding hemiaminal derivatives which are very much more stable than the parent alloxan but retain diabetogenic action *in vivo* [3]. A particularly potent derivative is 5-amino-5-hydroxy-2,4,6-pyrimidinetrione hydrochloride (dehydrouramil hydrate hydrochloride; DHU) whose structure is shown in Figure 1 [4, 5]. DHU is potentially formable from uric acid by known reactions

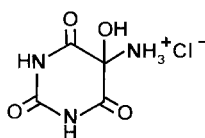


Fig. 1. Structure of dehydrouramil hydrate hydrochloride

Table 1. Effects of DHU on glucose-stimulated insulin release

DHU concentration (mmol/l)	Insulin release			
	Without pre-incubation		With pre-incubation	
	($\mu\text{U} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)	(% of control)	($\mu\text{U} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)	(% of control)
0	535 ± 40	100	686 ± 43	100
0.1	564 ± 71	105 ± 13	635 ± 70	93 ± 10
0.25	—	—	474 ± 55 ^a	69 ± 8
0.5	411 ± 66	77 ± 11	314 ± 46 ^c	46 ± 7
0.75	360 ± 30 ^b	67 ± 6	—	—
1.0	299 ± 24 ^c	56 ± 5	98 ± 11 ^c	14 ± 2
5.0	29 ± 5 ^c	5 ± 1	—	—

Results are given as mean ± SEM. For each condition, five batches of five islets were studied. For experiments without pre-incubation, islets were incubated for 2 h with 20 mmol/l glucose and in the absence or presence of DHU at the concentrations given. In experiments with pre-incubation, islets were incubated with or without DHU for 5 min in the absence of glucose before addition of glucose: incubation was then continued for 2 h. ^a $p < 0.05$; ^b $p < 0.01$; ^c $p < 0.001$

shown in Figure 2. It has been shown in vivo that persistent hyperglycaemia was established within 30 min of a single dose of DHU (75 mg/kg) and morphological changes were found which in rapidity and magnitude were greater than with an equivalent dose of alloxan [5]. The present study is the first investigation of the action of DHU in vitro: we demonstrate that DHU is a potent inhibitor of acute insulin release from islets of Langerhans and document effects of DHU on other parameters of islet function.

Materials and Methods

Materials

DHU was synthesized as described previously [5]. Collagenase and albumin were supplied by Sigma, London, UK and all radiochemicals were from the Radiochemical Centre, Amersham, Bucks, UK. Other chemicals of the purest available grade were from British Drug Houses, Poole, Dorset, UK. Rat insulin standard was a gift from Dr. AJ Moody, Novo Research Laboratories, Copenhagen, Denmark.

Preparation of Islets of Langerhans

Islets were prepared by a collagenase method [6] from the pancreases of male Wistar rats fed ad libitum on standard laboratory diet (E. Dixon & Sons, Ware, Herts, UK). Islets were harvested by a wire-loop under a dissecting microscope and incubated in bicarbonate medium [7] as described below. Two different protocols were used to test the effects of DHU. In the first, incubation was carried out for 120 min with the stimulant stated and in the presence or absence of various concentrations of DHU. In the second, islets were preincubated for 5 min with or without DHU before addition of stimulant: incubation was then continued for 120 min.

Insulin Release

Batches of five islets were incubated at 37 °C in 0.6 ml bicarbonate medium containing 2 g/l of albumin and the additions stated in the

Table 2. Inhibition of glucose-stimulated insulin release by DHU: effects of 3-0-methylglucose and of limited exposure to DHU

	Pre-incubation conditions		Incubation conditions			Insulin release ($\mu\text{U} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)
	DHU (1 mmol/l)	3-0-methyl-glucose (20 mmol/l)	DHU (1 mmol/l)	3-0-methyl-glucose (20 mmol/l)	Glucose (20 mmol/l)	
Experiment 1						
	—	—	—	—	+	589 ± 84
	+	—	+	—	+	45 ± 6
	+	+	+	+	+	313 ± 28
	—	+	—	+	+	543 ± 35
Experiment 2						
	—	—	—	—	+	443 ± 18 (4)
	+	—	—	—	+	32 ± 3 (4)
	+	+	—	—	+	245 ± 30
	—	+	—	—	+	465 ± 56

In experiment 1, islets were pre-incubated for 5 min and then incubated for 2 h with the additions shown. In experiment 2, islets were washed after the incubation period. Results are given as mean ± SEM for five batches of islets except where otherwise stated

text or tables. Insulin released into the medium was measured by a charcoal-binding radioimmunoassay [8] using rat insulin as standard.

Insulin Biosynthesis

The rates of biosynthesis of insulin plus proinsulin and of total protein were measured by incubation of islets with [4,5-³H]-leucine as previously described in detail [9].

Islet ATP Content

The islet content of ATP was measured by a luciferase method after incubation of islets under various conditions in the presence or absence of DHU as detailed elsewhere [10].

Islet Glucose Oxidation

Batches of ten islets were incubated with [U-¹⁴C]-glucose under the conditions stated and glucose oxidation measured as the formation of ¹⁴CO₂. The technique has been previously described in detail [11].

Statistical Analysis

Data are given as mean ± SEM and the differences were analysed with Student's t-test.

Results

Effects of DHU on Insulin Release

The stimulatory effect of glucose (20 mmol/l) on insulin release was inhibited by the simultaneous presence of DHU (Table 1). Significant inhibition was achieved with 0.5 mmol/l DHU and the concentration of DHU giving 50% inhibition (I_{50}) was approximately 1 mmol/l. Pre-incubation of islets with DHU for 5 min

Table 3. Effects of DHU on insulin release stimulated by 2-ketoisocaproate or mannose

DHU concentration (mmol/l)	Mannose (20 mmol/l)	2-Ketoisocaproate (20 mmol/l)	Insulin release	
			($\mu\text{U} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)	(% of control)
0	+	-	260 ± 27	100
0.25	+	-	212 ± 16	81 ± 8
0.5	+	-	209 ± 12	72 ± 6
1.0	+	-	125 ± 12 ^a	48 ± 5
5.0	+	-	37 ± 8 ^a	14 ± 3
0	-	+	194 ± 12	100
0.25	-	+	119 ± 15	63 ± 7
0.5	-	+	100 ± 10 ^b	51 ± 5
1.0	-	+	27 ± 6 ^b	14 ± 3

Results are given as mean ± SEM. For each condition, five batches of five islets were incubated with mannose or 2-ketoisocaproate in the absence or presence of DHU for 2 h. ^a $p < 0.01$; ^b $p < 0.001$

Table 4. Effects of DHU on the biosynthesis of insulin plus proinsulin and of total islet protein

DHU concentration (mmol/l)	Incorporation of [³ H]-leucine into islet protein and insulin plus proinsulin (dpm)			
	Without pre-incubation		With pre-incubation	
	Insulin + proinsulin	Total protein	Insulin + proinsulin	Total protein
0	8143 ± 758	81987 ± 6219	7097 ± 605	71426 ± 4273
0.1	8292 ± 397	77979 ± 5799	6343 ± 703	77466 ± 8618
0.5	7181 ± 678	80490 ± 5579	5383 ± 333 ^a	69423 ± 5045
1.0	6521 ± 476	82392 ± 5100	4353 ± 188 ^b	58510 ± 2729 ^a
5.0	782 ± 180 (7) ^c	27645 ± 2530 ^c	315 ± 136 (6) ^c	15769 ± 3321 ^c

Results are given as mean ± SEM for eight batches of seven islets except where indicated otherwise. dpm: disintegrations per minute. ^a $p < 0.05$; ^b $p < 0.01$; ^c $p < 0.001$

Table 5. Effects of DHU on islet glucose oxidation and ATP content

DHU concentration (mmol/l)	Without pre-incubation		With pre-incubation	
	Glucose oxidation (pmol · islet ⁻¹ · h ⁻¹)	ATP content (pmol/islet)	Glucose oxidation (pmol · islet ⁻¹ · h ⁻¹)	ATP content (pmol/islet)
0	36.7 ± 4.0 (12)	9.5 ± 0.2 (14)	35.5 ± 7.7 (16)	8.9 ± 0.3 (8)
0.1	35.4 ± 4.2 (10)	10.3 ± 0.4 (16)	34.9 ± 9.7 (16)	9.2 ± 0.5 (8)
0.5	37.8 ± 5.2 (10)	9.9 ± 0.1 (16)	34.2 ± 6.0 (16)	8.1 ± 0.4 (8)
1.0	43.5 ± 4.6 (12)	9.6 ± 0.6 (15)	33.2 ± 10.6 (16)	8.0 ± 0.7 (8)
5.0	42.3 ± 3.9 (12)	6.7 ± 0.4 (15) ^a	38.3 ± 9.3 (15)	3.5 ± 0.2 (8) ^a

Results are given as mean ± SEM for the number of batches of islets in parentheses. The glucose concentration was 20 mmol/l during all incubations, which were for 2 h. ^a $p < 0.001$

in the absence of glucose markedly enhanced the inhibitory effects of DHU, I_{50} being reduced to 0.5 mmol/l. The inhibitory effect of pre-incubation with 1 mmol/l DHU was markedly attenuated by the presence of 3-O-methylglucose (20 mmol/l) during the pre-incubation and incubation periods (Table 2). Table 2 also shows that when islets pre-incubated with 1 mmol/l DHU for 5 min were washed to remove inhibitor before incuba-

tion with glucose, the inhibition was not diminished, i. e. inhibition was irreversible. However, the protective effect of 3-O-methylglucose was still apparent with this protocol. Insulin release stimulated by mannose or by 2-ketoisocaproate was also inhibited by DHU (Table 3).

Effects of DHU on Insulin Plus Proinsulin and Total Protein Biosynthesis

The effects of DHU on the incorporation of [³H]-leucine into total islet protein and into insulin plus proinsulin in the presence of 20 mmol/l glucose are shown in Table 4. Without preincubation, concentrations of DHU up to 1 mmol/l produced no significant inhibition of protein or insulin plus proinsulin biosynthesis. At a concentration of 5 mmol/l, however, DHU inhibited markedly both parameters, reducing insulin plus proinsulin biosynthesis by over 90% and total protein biosynthesis by 66%. Pre-incubation for 5 min with DHU in the absence of glucose increased the inhibitory potency so that significant inhibition of both parameters was seen with 1 mmol/l DHU (39% inhibition of insulin plus proinsulin and 18% inhibition of total protein synthesis) and the effects of 5 mmol/l DHU were augmented (insulin plus proinsulin biosynthesis was essentially abolished and total protein synthesis was inhibited by 78%).

Effects of DHU on Islet Metabolism (Table 5)

The rate of formation of ¹⁴C₂ from [U-¹⁴CO₂]glucose by islets at a glucose concentration of 20 mmol/l was not significantly affected by DHU at concentrations up to 5 mmol/l whether or not islets were pre-incubated with DHU. Islet ATP content was unaffected by DHU at concentrations up to 1 mmol/l but was decreased significantly by 5 mmol/l DHU; the latter effect was enhanced by pre-incubation with DHU in the absence of glucose.

Comparison with Effects of Alloxan

The effects of DHU were compared with those of alloxan. Alloxan inhibited insulin release stimulated by 20 mmol/l glucose and the inhibition was accentuated if the islets were pre-incubated with alloxan before addition of glucose (Table 6). The dose-dependence was similar to that found for DHU. Insulin and protein biosynthesis were also inhibited by alloxan. Significant inhibition required 1 mmol/l alloxan in the absence of pre-incubation but less than 0.5 mmol/l in islets pre-incubated with alloxan. Islet glucose oxidation and ATP content were unaffected by alloxan at concentrations up to 1 mmol/l whether or not the islets were pre-incubated with the drug; for islets pre-incubated with 5 mmol/l alloxan, ATP content and glucose oxidation rate were decreased by 38% and 45%, respectively. Table 7 shows that, as for DHU, the inhibitory effect of

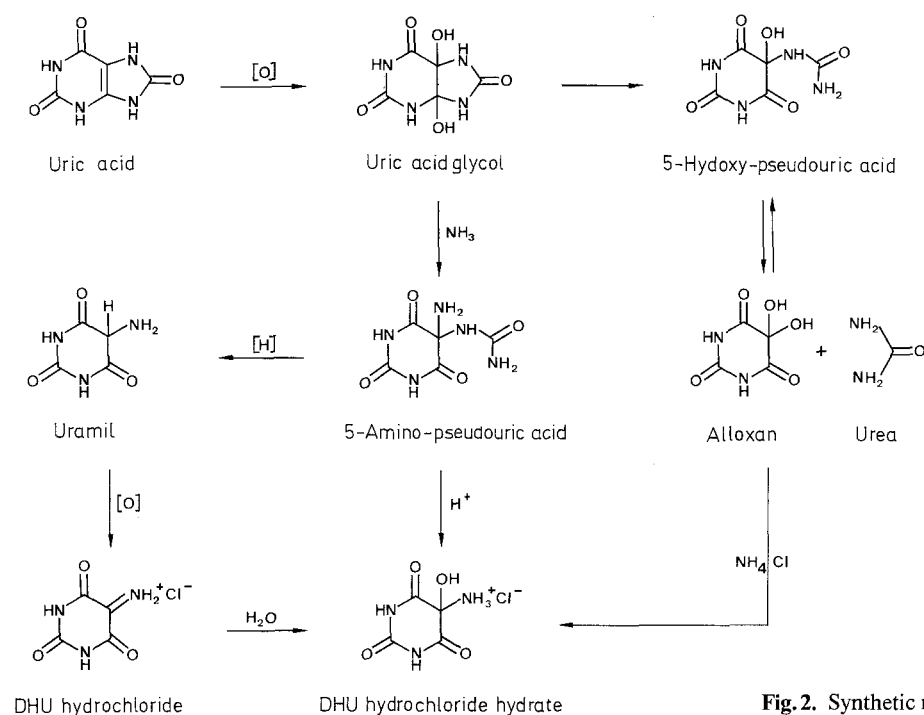


Fig. 2. Synthetic routes to dehydrouramil hydrate hydrochloride

Table 6. Effects of alloxan on islet function

Alloxan (mmol/l)	Pre-incubation	Insulin release ($\mu\text{U} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)	Insulin + proinsulin biosynthesis (dpm)	Total protein biosynthesis (dpm)	ATP content (pmol/islet)	Glucose oxidation ($\text{pmol} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)
0	–	522 ± 44 (5)	6204 ± 789 (8)	80994 ± 5815 (8)	11.8 ± 0.9 (8)	36.9 ± 4.4 (5)
	+	579 ± 66 (5)	8582 ± 987 (8)	77854 ± 6378 (8)	9.3 ± 0.3 (15)	37.7 ± 4.3 (5)
0.5	–	348 ± 31 (5) ^a	5450 ± 1185 (8)	84607 ± 12027 (8)	11.8 ± 0.3 (8)	31.4 ± 4.3 (5)
	+	55 ± 6 (5) ^b	819 ± 185 (8) ^b	38560 ± 2714 (8) ^b	8.6 ± 0.5 (16)	31.8 ± 1.9 (6)
1	–	39 ± 5 (5) ^b	2609 ± 647 (8) ^b	63030 ± 7703 (8) ^b	9.9 ± 1.6 (8)	36.2 ± 0.6 (5)
	+	–	335 ± 127 (8) ^b	32041 ± 4763 (8) ^b	8.5 ± 0.5 (16)	30.1 ± 3.1 (6)
5	–	25 ± 3 (5) ^b	0 ^b	30025 ± 8138 (8) ^b	6.4 ± 0.5 (8) ^b	20.7 ± 4.3 (5) ^b
	+	39 ± 5 (5) ^b	0 ^b	24306 ± 4160 (8) ^b	5.8 ± 0.4 (16) ^b	20.9 ± 2.6 (5) ^b

Data are given as mean ± SEM for the number of batches of islets in parentheses. dpm: disintegrations per minute. ^a $p < 0.01$; ^b $p < 0.001$

alloxan on glucose-stimulated insulin release could be reversed by 3-0-methylglucose.

Discussion

DHU can be formed chemically from uric acid. It retains the diabetogenic action of alloxan and is more potent than alloxan in vivo [4, 5] but is considerably more stable in aqueous solution than alloxan, showing no tendency to undergo rapid rearrangements involving nitrogen shift [4]. Thus, in the present experiments, we found that it was essential to prepare alloxan solutions immediately before use in order to see inhibitory effects, whereas solutions of DHU showed no loss of activity even after several hours.

The mechanism of action of alloxan has been exten-

Table 7. Protective effect of 3-0-methylglucose against the inhibition of glucose-stimulated insulin release by alloxan

Pre-incubation conditions		Incubation conditions			Insulin release ($\mu\text{U} \cdot \text{islet}^{-1} \cdot \text{h}^{-1}$)
Alloxan (0.5 mmol/l)	3-0-methylglucose (20 mmol/l)	Alloxan (0.5 mmol/l)	3-0-methylglucose (20 mmol/l)	Glucose (20 mmol/l)	
Experiment 1					
–	–	–	–	+	662 ± 49
+	–	+	–	+	113 ± 19
+	+	+	+	+	297 ± 19
–	+	–	+	+	678 ± 34
Experiment 2					
–	–	–	–	+	443 ± 18
+	–	–	–	+	37 ± 11
+	+	–	–	+	445 ± 58
–	+	–	–	+	464 ± 56

Results are given as mean ± SEM for five batches of five islets. The protocols were similar to those given in the legend to Table 2

sively studied [2]. The reaction of alloxan with amino-acids (the Strecker reaction) has been considered as has chelation of metal ions. Most evidence, however, has been adduced in favour of (a) reaction with important sulphhydryl groups in the B cell [12] and (b) generation of toxic free radicals [13, 14]. A model incorporating both the latter two mechanisms has been proposed [15]. The problem is complicated by uncertainty regarding the precise relationship between the acute effect of alloxan on insulin release *in vitro* and its chronic action in destroying B cells. Moreover, the basis for the relative specificity of alloxan for B cells is not apparent. The present study shows that DHU, a stable analogue of alloxan, produces a spectrum of acute effects on the B cell similar in many respects to that of alloxan itself. First, the release of insulin was more sensitive to DHU than other parameters tested; substantial inhibition of glucose-stimulated insulin release was achieved at a concentration (1 mmol/l) of DHU that did not affect islet glucose oxidation or ATP content. Thus, a derangement of energy metabolism is not the primary cause for impairment of insulin release. Second, the impairment of release was not limited to that stimulated by glucose. Third, inhibition was manifest after a short exposure and persisted throughout subsequent incubation in the absence of inhibitor. Fourth, the presence of glucose or 3-O-methylglucose during the first 5 min of exposure of islets to DHU afforded protection against the inhibitory effect of DHU. The similarity of these responses of the islets to DHU to those seen with alloxan is clear both from the literature [2] and from our own studies with alloxan reported here.

In vivo, DHU was reported to be more potent than alloxan. However, the *in vitro* studies presented here show that the two drugs are of similar potency on the parameters tested. We ascribe this difference between the *in vivo* and *in vitro* findings to the relative stability of DHU and alloxan. The present studies have been confined to acute actions which require exposure of the islets to the drug for 5 min or less. Despite its instability compared to DHU, alloxan is sufficiently stable to exert its acute effects. *In vivo*, on the other hand, the hyperglycaemia and B-cell necrosis studied also involve the chronic action of the drugs to destroy B cells; for the relatively slow onset of these effects the greater stability of DHU may enhance its potency relative to alloxan.

Further studies with DHU should clarify the mechanism by which alloxan-like cytotoxic agents interact with the B cell. In addition, the present findings offer a new perspective on the biogenetic hypothesis for the aetiology of diabetes mellitus. The possible formation of DHU from uric acid *in vivo* merits investigation.

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