



Introduction to the Suicide Cases

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The following discussion of each suicide attempt includes a brief history of the particular suicide attempt and then an analysis of the suicide process using the conceptual considerations presented in the introduction. First, the long-term and medium-term concerns in which the suicide action is embedded are elaborated. Subsequently, the individual actions, partial actions and action steps as well as individual thoughts (cognitions), etc., which the patients describe in connection with their suicidal event are listed with a simplified designation as actions or cognitions. Thereafter, individual conceptually based problematic aspects of the respective suicidal action are discussed. These include the problems of action organization of the suicide process, the question of whether the suicide action was consciously prepared or spontaneously undertaken, problems of action monitoring processes, problems of action energizing, and the social embeddedness of suicide action. Following this, the interview of the suicidal person with the psychotherapists is reproduced in a number of joint actions, followed by a brief summary of the individual sections of the self-confrontation interview.