Appendix D
HISTORY TEMPLATE

BASIC SCHEME

CHIEF COMPLAINT:

HISTORY OF PRESENT ILLNESS:
Onset
Position/posture
Previous history
Progression
Quality
Radiating
Severity
Temporal factors
Treatment
Understanding

Aggravating
Alleviating
Associated symptoms

Etiologies
Risk factors
Complications

How has illness affected your life
Support systems
Worries, fears
Expectations

PAST MEDICAL HISTORY:
Hospitalization (time, tx, recovery)
Medical illnesses (time, tx, recovery)
Injuries (time, tx, recovery)

MEDICATIONS:
drug name, dose, route, frequency

ALLERGIES:

IMMUNIZATIONS:

SOCIAL HISTORY:
☐ **Living arrangement, marital**
☐ **Support system** ☐ Hobbies

☐ **ADLs** ☐ **IADLs**
☐ Education ☐ **Occupation**

☐ **Smoking** ☐ **Alcohol**
☐ **Illicit drugs** ☐ Diet

FAMILY HISTORY:
Father **Mother**
Siblings Children
☐ **Cancer** ☐ **Heart disease**
☐ Diabetes ☐ Genetic disease

REVIEW OF SYSTEMS

CONSTITUTIONAL:
☐ **Weight Δ** ☐ **Energy**
☐ **Fever, chills** ☐ **Night sweats**
☐ Appetite Δ ☐ Sleep
☐ Mood Δ

HEAD AND NECK:
☐ **Vision Δ** ☐ **Diplopia Δ**
☐ Smell ☐ Rhinorrhea
☐ Sinusitis ☐ Epistaxis
☐ **Hearing Δ** ☐ Discharge
☐ Tinnitus ☐ Vertigo
☐ Sore throat ☐ Teeth
☐ Tongue ☐ Oral lesions
☐ **Neck pain** ☐ Neck mass

CARDIAC:
☐ **Chest pain** ☐ **Dyspnea**
☐ **Syncope** ☐ **Palpitations**
☐ **Orthopnea** ☐ **PND**
☐ **Claudication** ☐ **Leg edema**
☐ Murmurs ☐ Hypertension
☐ Rheumatic fever

RESPIRATORY:
☐ **Dyspnea** ☐ **Cough**
☐ **Sputum** ☐ **Hemoptysis**
☐ **Pleuritic chest pain**

GASTROINTESTINAL:
☐ **Dysphagia** ☐ Odynophagia
☐ **Heartburn** ☐ Reflux
☐ **N&V** ☐ **Hematemesis**
☐ **Melena** ☐ **Abd pain**
☐ **Diarrhea** ☐ **Constipation**
☐ **Bowel habits** ☐ **Hematochezia**
☐ Bloating ☐ Flatus
☐ Pale stool ☐ Jaundice
☐ Hemorrhoid

GENITOURINARY:
☐ **Dysuria** ☐ **Frequency**
☐ **Urgency** ☐ Hesitancy
☐ **Incontinence** ☐ Slow stream
☐ **Hematuria** ☐ Nocturia
☐ Discharge
☐ Libido ☐ **Impotence**

RHEUMATOLOGIC:
☐ **Joint pain, swelling, redness**
☐ **AM stiffness** ☐ **Back pain**
☐ Myalgia ☐ Arthralgia
☐ Skin rash ☐ Raynaud's
☐ Dry eyes ☐ Dry mouth
☐ Oral ulcers ☐ Hair loss
☐ Photosensitivity
☐ Psoriasis ☐ IBD

OBS/GYN:
☐ **Menarche age** ☐ LMP
☐ Cycle regular ☐ Period length
☐ Periods freq. ☐ Period volume
☐ **Menopause age** ☐ HRT
☐ **Abnormal bleeding**
☐ **No. of preg.** ☐ Difficult preg.
☐ **Contraception** ☐ STDs
☐ Vaginal dryness or discharge
☐ Dyspareunia

BREASTS:
☐ **Masses** ☐ Swelling
☐ **Nipple discharge**
☐ Pain
☐ Self breast exam

ENDOCRINE:
☐ **Polydipsia** ☐ Polyphagia
☐ **Polyuria** ☐ Galactorrhea
☐ **Heat or cold tolerance**

NEUROPSYCHIATRIC:
☐ **Unconscious** ☐ **Syncope**
☐ **Vertigo** ☐ Dizziness
☐ Memory loss ☐ Dysphasia
☐ Head trauma ☐ Strokes
☐ **Headaches** ☐ **Seizures**
☐ **Weakness** ☐ **Paresis**
☐ Clumsiness ☐ Balance/gait

☐ **Depression** ☐ Suicidal
☐ **Anxiety** ☐ Previous ψ hx

SKIN:
☐ **Rashes** ☐ **Lumps**
☐ Pruritus ☐ Pigment Δ

REMARKS:

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