

# Effects of Baseline Blood Pressure and Low-Density Lipoprotein Cholesterol on Safety and Efficacy of Canagliflozin in Japanese Patients with Type 2 Diabetes Mellitus

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## ABSTRACT

**Introduction:** Sodium glucose co-transporter 2 inhibitors decrease hemoglobin A1c (HbA1c) and blood pressure (BP) and slightly increase low-density lipoprotein cholesterol (LDL-C) in patients with type 2 diabetes mellitus (T2DM). The effects of baseline BP and LDL-C on the safety and efficacy of canagliflozin in patients were analyzed post hoc in a phase III study.

**Methods:** Japanese patients with T2DM were classified by baseline systolic BP (SBP) of <130 or  $\geq 130$  mmHg, diastolic BP (DBP) of <80 or  $\geq 80$  mmHg, and LDL-C of <120 or  $\geq 120$  mg/dL. Canagliflozin was administered daily to patients for 52 weeks at doses of either 100 mg

( $n = 584$ ) or 200 mg ( $n = 715$ ). The effects of canagliflozin on the incidence of adverse events (AEs), BP, and LDL-C were evaluated.

**Results:** No clear differences were observed in overall safety among the subgroups classified by baseline SBP, DBP, or LDL-C, except for a slight imbalance in AEs associated with volume depletion with 200 mg of canagliflozin. The decrease in mean SBP and DBP was evident in subgroups with baseline SBP  $\geq 130$  mmHg and DBP  $\geq 80$  mmHg. Mean LDL-C was decreased in subgroups with baseline LDL-C  $\geq 120$  mg/dL at both canagliflozin doses, and they were slightly increased, but did not exceed 120 mg/dL in subgroups with baseline LDL-C <120 mg/dL. The changes in HbA1c and body weight from those observed at baseline were not different between subgroups classified by SBP, DBP, and LDL-C at either dose.

**Conclusion:** The present post hoc analysis indicates that canagliflozin is well tolerated irrespective of baseline BP and LDL-C in patients with T2DM.

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**Keywords:** Blood pressure; Canagliflozin; Low-density lipoprotein cholesterol (LDL-C); Sodium glucose co-transporter 2 (SGLT2) inhibitor; Type 2 diabetes mellitus; Volume depletion

## INTRODUCTION

Patients with type 2 diabetes mellitus (T2DM) often have comorbid hypertension and hypercholesterolemia. Comorbidities of these diseases synergistically increase the incidence rates of cerebrovascular and coronary heart diseases [1–4]. Integrated control of body weight, blood pressure (BP), and serum lipids in addition to blood glucose is essential for the treatment of diabetic patients to decrease the risk of cardiovascular (CV) events [5–7], because the goal of diabetes treatment is to improve quality of life and life span of diabetic patients to the same level as those of non-diabetics [8]. Sodium glucose co-transporter 2 (SGLT2) inhibitors are anti-diabetic agents that correct hyperglycemia by promoting urinary glucose excretion through the inhibition of glucose reabsorption in proximal tubules irrespective of the patient's insulin secretory capacity or insulin resistance. Because this underlying pharmacological mechanism is novel and clearly different from that of existing drugs, SGLT2 inhibitors may present a new treatment option for T2DM.

In various clinical trials in patients with T2DM, administration of SGLT2 inhibitors, including canagliflozin, resulted in a sustained decrease in hemoglobin A1c (HbA1c), body weights, and BP for long periods [9–14]. Recently, in the EMPA-REG OUTCOME trial (ClinicalTrials.gov identifier, NCT01131676), empagliflozin significantly reduced the rate of primary composite CV outcome and of death

from any cause in patients with T2DM at high CV risk [15]. It was the first evidence to assess the effects of SGLT2 inhibitor on CV outcome. The mechanisms behind the CV benefits of empagliflozin are multidimensional and involve established changes, such as decreasing HbA1c, losing body weight and lowering BP. On the other hand, BP-lowering effects of SGLT2 inhibitors may be mediated at least partly by its diuretic effect, and there is a concern of the risk of dehydration and hypotension. It has been reported that SGLT2 inhibitors increase low-density lipoprotein cholesterol (LDL-C) as a class effect [16, 17]. Although small increase in high-density lipoprotein cholesterol (HDL-C) was also observed in patients with T2DM, increase in LDL-C raises concerns of a CV risk [10].

Therefore, we investigated the influence of different baseline BPs and LDL-C (as CV risk factors) on the safety and efficacy of canagliflozin by post hoc analysis of data in a 52-week phase III study [13] in Japanese patients with T2DM.

## METHODS

### Study Design and Patient Population

The present post hoc subgroup analyses were conducted using the data obtained in a phase III study of canagliflozin in Japanese patients with T2DM (multicenter, open-label, and long-term administration) [13]. In this clinical study, canagliflozin was administered once daily for 52 weeks at 100 or 200 mg as monotherapy or as add-on therapy to other oral antihyperglycemic drugs (sulfonylurea, glinide,  $\alpha$ -glucosidase inhibitor, biguanide, thiazolidinedione, or dipeptidylpeptidase-4 inhibitor). The study was conducted in patients with T2DM whose

blood glucose was inadequately controlled with diet/exercise therapy alone or in combination with an oral antihyperglycemic drug for more than 12 weeks before screening. The complete inclusion and exclusion criteria are described in the original report [13]. The main inclusion criteria were (1) patients  $\geq 20$  years of age, (2) diagnosis of T2DM at least 3 months before the screening, and (3) HbA1c of  $\geq 7.0\%$  and  $\leq 10.0\%$  in monotherapy and of  $\geq 7.0\%$  and  $\leq 10.6\%$  in combination therapy. The main exclusion criteria were (1) systolic BP (SBP) of  $\geq 160$  mmHg and diastolic BP (DBP) of  $\geq 100$  mmHg during the run-in period, (2) estimated glomerular filtration rate (eGFR) of  $< 50$  mL/min/1.73 m<sup>2</sup> at the beginning of the run-in period, (3) urinary albumin-to-creatinine ratios of  $\geq 300$  mg/g creatinine, and (4) triglyceride of  $\geq 600$  mg/dL on the screening day.

This clinical study was conducted in compliance with Guideline for Good Clinical Practice and the Pharmaceutical Affairs Law in Japan. All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1964, as revised in 2013. Informed consent was obtained from all patients for being included in the study. This study is registered on ClinicalTrials.gov, identifier NCT01387737.

In the present analyses, patients were classified into subgroups according to their baseline BP or LDL-C: patients with baseline SBP  $< 130$  mmHg ( $S < 130$ ) and SBP  $\geq 130$  mmHg ( $S \geq 130$ ), patients with DBP  $< 80$  mmHg ( $D < 80$ ) and DBP  $\geq 80$  mmHg ( $D \geq 80$ ), and patients with LDL-C  $< 120$  mg/dL ( $L < 120$ ) and LDL-C  $\geq 120$  mg/dL ( $L \geq 120$ ). SBP  $< 130$  mmHg, DBP  $< 80$  mmHg, and LDL-C  $< 120$  mg/dL are the control target levels for SBP, DBP, and LDL-C in Evidence-based Practice Guideline

for the Treatment for Diabetes in Japan 2013 [8].

## Assessments

### Safety

Adverse events (AEs) were recorded throughout the study, as described in the original report [13], and the results for each subgroup are presented in this report. AEs were classified according to the System Organ Class and preferred term of MedDRA/J version 15.1 (Japanese Maintenance Organization, Tokyo, Japan). Drug-related AEs were defined as AEs in which a causal relationship with canagliflozin was not denied. We also evaluated the change of laboratory variables from baseline to week 52 (hemoglobin, hematocrit, aspartate transaminase (AST), alanine transaminase (ALT),  $\gamma$ -glutamyltranspeptidase ( $\gamma$ GTP), blood urea nitrogen (BUN), Na, K, Cl, Ca, Mg, and inorganic phosphate; eGFR; and heart rate) in each subgroup.

### Efficacy

Changes in HbA1c, fasting plasma glucose (FPG), and body weight from baseline to week 52 were assessed in each subgroup. The changes in SBP or DBP over the treatment period with the study drug and the change from baseline at week 52 were evaluated in each subgroup according to SBP or DBP categories. In addition, the proportion of patients whose SBP decreased to  $< 130$  mmHg and those in whom DBP decreased to  $< 80$  mmHg were determined in original  $S \geq 130$  and  $D \geq 80$  groups, respectively.

The changes in lipid parameters such as LDL-C, triglyceride, HDL-C, and LDL-C/HDL-C from baseline to week 52 and the changes in LDL-C over the treatment period with the study drug were assessed in each LDL-C subgroup. LDL-C was quantified using the direct method.

## Statistical Analysis

All the analyses were conducted for both doses of canagliflozin. Safety analyses were performed in the safety analysis set ( $N = 1299$ ), which comprised all patients excluding those who did not receive a dose of canagliflozin or who lacked safety data after starting the study drug. AEs were summarized as the number and percentage of patients with AEs. Laboratory variables were shown as the mean  $\pm$  standard deviation (SD) for the change from the baseline to week 52. Only patients with data at both baseline and week 52 or the relevant visit were included in the analyses of safety variables. Statistical analyses were not performed on the safety and laboratory variables between the subgroups.

Efficacy analyses were performed in the full analysis set ( $N = 1297$ ), which comprised all allocated patients, excluding those without T2DM, those not receiving a dose of the study drug, or those for whom efficacy data after starting the study drug administration was absent. The last observation carried forward method was used to impute missing data at week 52. The changes in HbA1c, FPG, body weight, SBP, DBP, LDL-C, triglyceride, HDL-C, and LDL-C/HDL-C from baseline to week 52 were analyzed using the one-sample  $t$  test. All statistical tests were performed two-sided at a 5% significance level. For all statistical analysis, SAS ver. 9.2 (SAS Institute Inc., Cary, NC, USA) was used.

## RESULTS

### Analysis in Subgroups Classified by Baseline BP

Patient characteristics of subgroups classified by baseline BP are shown in Table 1. In patients treated with 100 or 200 mg canagliflozin, the

number of patients in the  $S < 130$  subgroup was almost the same as that in the  $S \geq 130$  subgroup and the number of patients in the  $D < 80$  subgroup was slightly larger than that of the  $D \geq 80$  subgroup.

Table 2 summarizes the incidence rates of AEs. We have focused on AEs with  $\geq 2$  times difference in the incidence rate between subgroups. No clear difference was observed in the incidence rate of total AEs between subgroups classified by baseline SBP and DBP at both doses of canagliflozin. There were no clear differences in the incidence rates of serious AEs (SAEs) between subgroups in the 100 mg treated group. Whereas a higher incidence rate of SAEs was observed in  $S \geq 130$  subgroup at the 200 mg dose, the frequency of drug-related SAEs was low and similar between  $S \geq 130$  and  $S < 130$  subgroups [see Table S1 in the electronic supplementary material (ESM)]. The frequency of AEs leading to study discontinuation was low among subgroups. There was a difference in the incidence rates of urinary tract infection between the subgroups at 200 mg canagliflozin dose. The frequencies of urinary tract infection-related AEs were 4.0% and 0.3% in  $S < 130$  and  $S \geq 130$  subgroups, respectively, and 3.5% and 0.6% in  $D < 80$  and  $D \geq 80$  subgroups, respectively.

The incidence rate of volume depletion-related AEs was similar across subgroups at the 100 mg dose. In contrast, there was an imbalance in the AE incidences between subgroups classified by SBP and DBP at the 200 mg dose. The frequency of AEs was 2.9% and 1.2% in  $S < 130$  and  $S \geq 130$  subgroups, respectively, and 2.8% and 1.3% in  $D < 80$  and  $D \geq 80$  subgroups, respectively.

Volume depletion-related AEs occurred in 15 patients receiving the 200 mg dose. Of these, eight had mild postural dizziness: seven

**Table 1** Demographics and baseline characteristics of patients in subgroups classified by baseline BP

Dose	Characteristics	Total	SBP		DBP	
			<130 mmHg	≥130 mmHg	<80 mmHg	≥80 mmHg
100 mg	Number of patients	584	295	289	334	250
	Sex*					
	Male	421 (72.1)	206 (69.8)	215 (74.4)	220 (65.9)	201 (80.4)
	Female	163 (27.9)	89 (30.2)	74 (25.6)	114 (34.1)	49 (19.6)
	Monotherapy*	127 (21.7)	67 (22.7)	60 (20.8)	72 (21.6)	55 (22.0)
	Combination therapy*	457 (78.3)	228 (77.3)	229 (79.2)	262 (78.4)	195 (78.0)
	With diabetic complications*†	176 (30.1)	82 (27.8)	94 (32.5)	103 (30.8)	73 (29.2)
	With hypertension*	315 (53.9)	105 (35.6)	210 (72.7)	144 (43.1)	171 (68.4)
	With antihypertensive agents*	202 (34.6)	77 (26.1)	125 (43.3)	105 (31.4)	97 (38.8)
	Concomitant antihypertensive					
	ACE*	22 (3.8)	8 (2.7)	14 (4.8)	11 (3.3)	11 (4.4)
	ARB*	167 (28.6)	64 (21.7)	103 (35.6)	86 (25.7)	81 (32.4)
	Diuretic*	16 (2.7)	4 (1.4)	12 (4.2)	4 (1.2)	12 (4.8)
	With dyslipidemia*	445 (76.2)	220 (74.6)	225 (77.9)	244 (73.1)	201 (80.4)
	Age (years)‡	57.5 [10.7]	56.6 [10.8]	58.5 [10.5]	59.1 [10.7]	55.4 [10.3]
	Duration (years)‡	6.45 [5.93]	6.48 [6.26]	6.43 [5.59]	7.16 [6.19]	5.50 [5.44]
	Body weight (kg)‡	70.44 [15.56]	68.80 [15.51]	72.12 [15.46]	66.70 [14.76]	75.45 [15.22]
	Body mass index (kg/m <sup>2</sup> )‡	25.89 [4.65]	25.26 [4.58]	26.52 [4.65]	25.01 [4.43]	27.05 [4.69]
	HbA1c (%)‡	8.05 [0.88]	8.09 [0.91]	8.01 [0.85]	8.09 [0.93]	8.00 [0.81]
	FPG (mg/dL)‡	158.9 [35.3]	157.1 [35.3]	160.8 [35.3]	157.2 [35.9]	161.3 [34.5]
eGFR (mL/min/1.73 m <sup>2</sup> )‡	85.1 [18.5]	85.1 [18.2]	85.0 [18.8]	85.4 [18.0]	84.7 [19.2]	
200 mg	Number of patients	715	378	337	395	320
	Sex*					
	Male	503 (70.3)	263 (69.6)	240 (71.2)	248 (62.8)	255 (79.7)
	Female	212 (29.7)	115 (30.4)	97 (28.8)	147 (37.2)	65 (20.3)
	Monotherapy*	253 (35.4)	145 (38.4)	108 (32.0)	154 (39.0)	99 (30.9)
	Combination therapy*	462 (64.6)	233 (61.6)	229 (68.0)	241 (61.0)	221 (69.1)
	With diabetic complications*†	211 (29.5)	98 (25.9)	113 (33.5)	110 (27.8)	101 (31.6)
	With hypertension*	375 (52.4)	128 (33.9)	247 (73.3)	164 (41.5)	211 (65.9)
	With antihypertensive agents*	238 (33.3)	96 (25.4)	142 (42.1)	126 (31.9)	112 (35.0)

**Table 1** continued

Dose	Characteristics	Total	SBP		DBP	
			<130 mmHg	≥130 mmHg	<80 mmHg	≥80 mmHg
	Concomitant antihypertensive					
	ACE*	30 (4.2)	9 (2.4)	21 (6.2)	12 (3.0)	18 (5.6)
	ARB*	196 (27.4)	82 (21.7)	114 (33.8)	108 (27.3)	88 (27.5)
	Diuretic*	12 (1.7)	4 (1.1)	8 (2.4)	7 (1.8)	5 (1.6)
	With dyslipidemia*	538 (75.2)	282 (74.6)	256 (76.0)	298 (75.4)	240 (75.0)
	Age (years) <sup>‡</sup>	57.9 [11.1]	56.3 [11.3]	59.6 [10.6]	59.4 [11.3]	55.9 [10.5]
	Duration (years) <sup>‡</sup>	5.99 [5.67]	6.03 [5.85]	5.95 [5.47]	6.54 [6.14]	5.32 [4.96]
	Body weight (kg) <sup>‡</sup>	69.74 [14.64]	69.05 [15.01]	70.51 [14.20]	66.34 [13.65]	73.94 [14.76]
	Body mass index (kg/m <sup>2</sup> ) <sup>‡</sup>	25.74 [4.37]	25.33 [4.45]	26.19 [4.25]	24.87 [4.09]	26.81 [4.49]
	HbA1c (%) <sup>‡</sup>	8.09 [0.86]	8.08 [0.87]	8.10 [0.86]	8.04 [0.86]	8.15 [0.87]
	FPG (mg/dL) <sup>‡</sup>	159.0 [34.4]	161.1 [35.9]	156.7 [32.6]	157.3 [34.9]	161.1 [33.8]
	eGFR (mL/min/1.73 m <sup>2</sup> ) <sup>‡</sup>	85.6 [18.2]	86.7 [18.2]	84.4 [18.1]	84.3 [18.0]	87.2 [18.2]

ACE angiotensin-converting enzyme inhibitor, ARB angiotensin II receptor blocker, BP blood pressure, DBP diastolic blood pressure, eGFR estimated glomerular filtration rate, FPG fasting plasma glucose, HbA1c hemoglobin A1c, SBP systolic blood pressure

\* Data are presented as the *n* (%) of patients

† Diabetic nephropathy, diabetic neuropathy, and diabetic retinopathy

‡ Data are presented as the mean [standard deviation]

patients with postural dizziness were in the  $S < 130$  and  $D < 80$  subgroups. Four had mild or moderate dehydration: two patients were with  $S < 130$  and  $D < 80$  and two patients were with  $S \geq 130$  or  $D \geq 80$  subgroups (data not shown).

The incidence of other AEs including hypoglycemia (including both symptomatic and asymptomatic hypoglycemia), genital infections, osmotic diuresis, and skin and subcutaneous tissue disorders was similar across subgroups. The incidence rate of CV-related AEs was also similar between subgroups at both doses, and moderate lacunar infarction and mild increase of creatine phosphokinase occurred in one event each at 100 and 200 mg, respectively, and were classified as drug-related CV events.

Changes in laboratory variables from baseline to week 52 were similar across subgroups (see Table S2 in the ESM). Hematocrit and BUN increased across subgroups. No changes from baseline in electrolytes (Na, K, Cl, Ca, Mg, and inorganic phosphate) and heart rate were observed in any subgroups at both canagliflozin doses.

HbA1c, FPG and body weight were significantly decreased from baseline to week 52 of treatment with canagliflozin in all subgroups (Table 3). The decreases in mean SBP and DBP from the baseline at 52 weeks were larger in  $S \geq 130$  and  $D \geq 80$  subgroups than those in  $S < 130$  and  $D < 80$  subgroups, respectively (Table 3). The decreases in mean SBP and DBP in  $S \geq 130$  and  $D \geq 80$  subgroups were sustained from 4 to 52 weeks after

**Table 2** Treatment-emergent AEs

Dose		Total	SBP		DBP		LDL-C		
			<130 mmHg	≥130 mmHg	<80 mmHg	≥80 mmHg	<120 mg/dL	≥120 mg/dL	
100 mg	Numbers of patients	584	295	289	334	250	296	288	
	Patients with ≥1 AE	478 (81.8)	246 (83.4)	232 (80.3)	274 (82.0)	204 (81.6)	244 (82.4)	234 (81.3)	
	Patients with ≥1 SAE	30 (5.1)	14 (4.7)	16 (5.5)	20 (6.0)	10 (4.0)	18 (6.1)	12 (4.2)	
	Withdrawals because of an AE	20 (3.4)	11 (3.7)	9 (3.1)	13 (3.9)	7 (2.8)	12 (4.1)	8 (2.8)	
	Death	2 (0.3)	1 (0.3)	1 (0.3)	1 (0.3)	1 (0.4)	0 (0.0)	2 (0.7)	
	Hypoglycemia								
	Hypoglycemia*	44 (7.5)	18 (6.1)	26 (9.0)	24 (7.2)	20 (8.0)	28 (9.5)	16 (5.6)	
	Asymptomatic hypoglycemia*	54 (9.2)	30 (10.2)	24 (8.3)	36 (10.8)	18 (7.2)	31 (10.5)	23 (8.0)	
	Serious hypoglycemia*	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	
	Genital infection (male) <sup>†‡</sup>	3 (0.7)	1 (0.5)	2 (0.9)	2 (0.9)	1 (0.5)	2 (0.9)	1 (0.5)	
	Genital infection (female) <sup>†¶</sup>	14 (8.6)	9 (10.1)	5 (6.8)	10 (8.8)	4 (8.2)	8 (10.3)	6 (7.1)	
	Urinary tract infection <sup>#</sup>	19 (3.3)	8 (2.7)	11 (3.8)	12 (3.6)	7 (2.8)	8 (2.7)	11 (3.8)	
Volume depletion <sup>§</sup>	7 (1.2)	4 (1.4)	3 (1.0)	4 (1.2)	3 (1.2)	4 (1.4)	3 (1.0)		
200 mg	Osmotic diuresis**	35 (6.0)	19 (6.4)	16 (5.5)	19 (5.7)	16 (6.4)	21 (7.1)	14 (4.9)	
	Skin and subcutaneous tissue disorders <sup>††</sup>	76 (13.0)	44 (14.9)	32 (11.1)	54 (16.2)	22 (8.8)	40 (13.5)	36 (12.5)	
	CV events <sup>††</sup>	7 (1.2)	4 (1.4)	3 (1.0)	5 (1.5)	2 (0.8)	3 (1.0)	4 (1.4)	
	Numbers of patients	715	378	337	395	320	345	370	
	Patients with ≥1 AE	592 (82.8)	316 (83.6)	276 (81.9)	333 (84.3)	259 (80.9)	279 (80.9)	313 (84.6)	
	Patients with ≥1 SAE	32 (4.5)	9 (2.4)	23 (6.8)	15 (3.8)	17 (5.3)	13 (3.8)	19 (5.1)	
	Withdrawals because of an AE	30 (4.2)	12 (3.2)	18 (5.3)	18 (4.6)	12 (3.8)	12 (3.5)	18 (4.9)	



Table 2 continued

Dose	Total	SBP		DBP		LDL-C	
		<130 mmHg	≥130 mmHg	<80 mmHg	≥80 mmHg	<120 mg/dL	≥120 mg/dL
Death	3 (0.4)	0 (0.0)	3 (0.9)	1 (0.3)	2 (0.6)	2 (0.6)	1 (0.3)
Hypoglycemia							
Hypoglycemia*	44 (6.2)	23 (6.1)	21 (6.2)	23 (5.8)	21 (6.6)	19 (5.5)	25 (6.8)
Asymptomatic hypoglycemia*	63 (8.8)	32 (8.5)	31 (9.2)	43 (10.9)	20 (6.3)	29 (8.4)	34 (9.2)
Serious hypoglycemia*	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Genital infection (male) <sup>†‡</sup>	3 (0.6)	3 (1.1)	0 (0.0)	2 (0.8)	1 (0.4)	3 (1.2)	0 (0.0)
Genital infection (female) <sup>†¶</sup>	25 (11.8)	14 (12.2)	11 (11.3)	15 (10.2)	10 (15.4)	6 (7.0)	19 (15.1)
Urinary tract infection <sup>#</sup>	16 (2.2)	15 (4.0)	1 (0.3)	14 (3.5)	2 (0.6)	8 (2.3)	8 (2.2)
Volume depletion <sup>§</sup>	15 (2.1)	11 (2.9)	4 (1.2)	11 (2.8)	4 (1.3)	12 (3.5)	3 (0.8)
Osmotic diuresis**	44 (6.2)	29 (7.7)	15 (4.5)	22 (5.6)	22 (6.9)	24 (7.0)	20 (5.4)
Skin and subcutaneous tissue disorders <sup>††</sup>	87 (12.2)	45 (11.9)	42 (12.5)	49 (12.4)	38 (11.9)	33 (9.6)	54 (14.6)
CV events <sup>‡‡</sup>	13 (1.8)	8 (2.1)	5 (1.5)	8 (2.0)	5 (1.6)	6 (1.7)	7 (1.9)

Data are presented as the *n* (%) of patients

*AE* adverse event, *CV* cardiovascular, *DBP* diastolic blood pressure, *LDL-C* low-density lipoprotein cholesterol, *SAE* serious adverse event, *SBP* systolic blood pressure

\* Events that occurred during the follow-up period were not included. Hypoglycemia was defined as the presence of typical hypoglycemia symptoms irrespective of the blood glucose. Asymptomatic hypoglycemia was defined as a blood glucose of ≤70 mg/dL in the absence of typical hypoglycemic symptoms

† Percentages are calculated for male and female separately

‡ Includes balanoposthitis, posthitis, and balanitis

¶ Includes vulvovaginal candidiasis, vulvovaginitis, genital infection fungal, vaginal infection, genital candidiasis, and vulvitis

# Includes cystitis, urinary tract infection, and pyelonephritis

§ Includes postural dizziness, syncope, dehydration, orthostatic hypotension, hypotension, and blood pressure decreased

\*\* Includes micturition urgency, nocturia, polyuria, urine output increased, dry mouth, polydipsia, and thirst

†† Includes diabetic ulcer, rash and urticaria

‡‡ Includes increased creatine phosphokinase, lacunar infarction, stroke, carotid arterial stenosis, acute myocardial infarction, and myocardial infarction



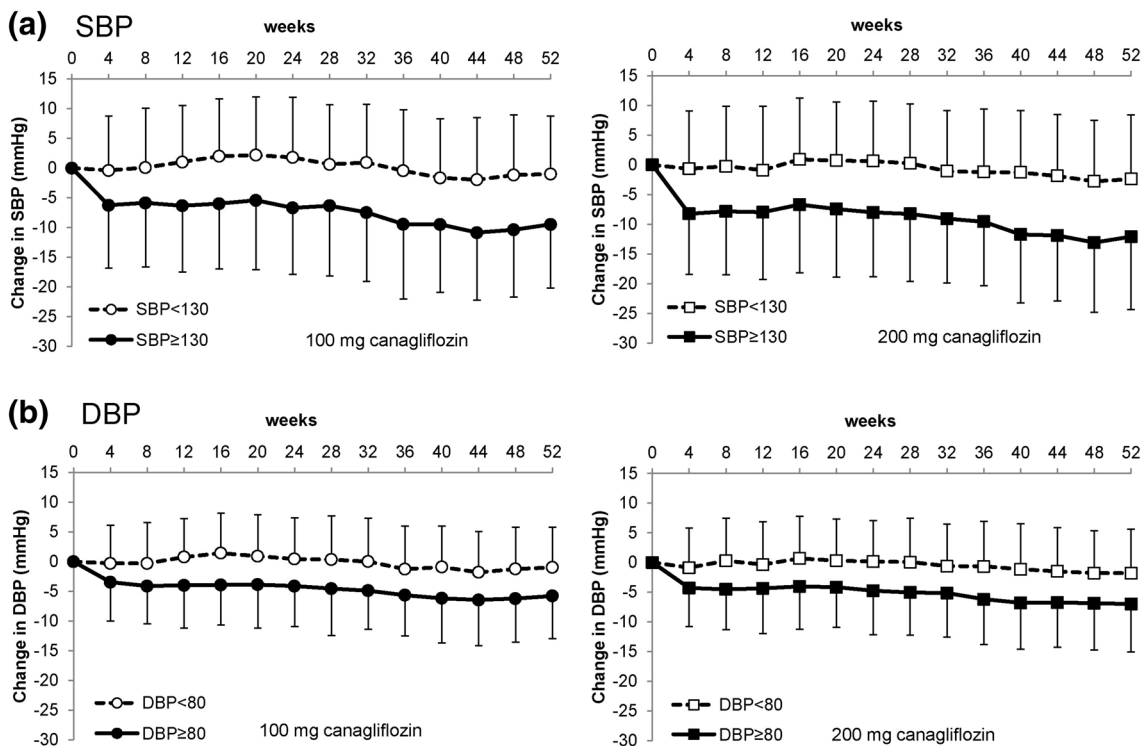
**Table 3** Effects on blood glucose, body weight, and BP in subgroups classified by baseline BP

Dose	Total	SBP		DBP	
		<130 mmHg	≥130 mmHg	<80 mmHg	≥80 mmHg
100 mg					
HbA1c (%)					
Number of patients	584	295	289	334	250
Baseline	8.05 [0.88]	8.09 [0.91]	8.01 [0.85]	8.09 [0.93]	8.00 [0.81]
Week 52	7.11 [0.76]	7.13 [0.71]	7.09 [0.80]	7.11 [0.72]	7.12 [0.81]
Change from baseline at week 52	-0.94 [0.77]	-0.95 [0.75]	-0.92 [0.79]	-0.98 [0.77]	-0.88 [0.77]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
FPG (mg/dL)					
Number of patients	583	295	288	334	249
Baseline	158.9 [35.3]	157.1 [35.3]	160.8 [35.3]	157.2 [35.9]	161.3 [34.5]
Week 52	129.3 [27.9]	127.9 [26.6]	130.7 [29.2]	127.4 [26.0]	131.7 [30.2]
Change from baseline at week 52	-29.7 [34.2]	-29.3 [36.0]	-30.1 [32.4]	-29.8 [35.5]	-29.6 [32.5]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
Body weight (kg)					
Number of patients	584	295	289	334	250
Baseline	70.44 [15.56]	68.80 [15.51]	72.12 [15.46]	66.70 [14.76]	75.45 [15.22]
Week 52	67.76 [15.35]	66.26 [15.33]	69.29 [15.24]	64.09 [14.65]	72.67 [14.91]
Change from baseline at week 52	-2.68 [2.51]	-2.54 [2.44]	-2.83 [2.59]	-2.61 [2.31]	-2.78 [2.76]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
SBP (mmHg)					
Number of patients	584	295	289	334	250
Baseline	128.87 [13.10]	118.29 [8.11]	139.67 [6.94]	123.00 [12.27]	136.73 [9.58]
Week 52	124.11 [13.01]	117.51 [11.24]	130.84 [11.11]	119.80 [12.38]	129.86 [11.54]
Change from baseline at week 52	-4.76 [11.43]	-0.78 [10.25]	-8.83 [11.14]	-3.19 [11.10]	-6.86 [11.53]
Paired <i>t</i> test	<0.001	0.192	<0.001	<0.001	<0.001
DBP (mmHg)					
Number of patients	584	295	289	334	250
Baseline	77.76 [9.60]	73.07 [8.41]	82.54 [8.30]	71.18 [6.55]	86.54 [4.79]
Week 52	74.89 [9.87]	72.30 [9.36]	77.52 [9.69]	70.22 [8.44]	81.11 [8.04]
Change from baseline at week 52	-2.87 [7.49]	-0.77 [7.43]	-5.02 [6.92]	-0.96 [7.06]	-5.43 [7.30]
Paired <i>t</i> test	<0.001	0.077	<0.001	0.013	<0.001

**Table 3** continued

Dose	Total	SBP		DBP	
		<130 mmHg	≥130 mmHg	<80 mmHg	≥80 mmHg
200 mg					
HbA1c (%)	713	377	336	394	319
Number of patients					
Baseline	8.09 [0.86]	8.08 [0.87]	8.10 [0.86]	8.04 [0.86]	8.15 [0.87]
Week 52	7.04 [0.69]	7.00 [0.67]	7.09 [0.72]	7.01 [0.67]	7.08 [0.72]
Change from baseline at week 52	-1.05 [0.76]	-1.08 [0.72]	-1.01 [0.80]	-1.03 [0.75]	-1.07 [0.78]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
FPG (mg/dL)					
Number of patients	711	376	335	393	318
Baseline	158.9 [34.4]	161.1 [35.9]	156.5 [32.6]	157.2 [34.9]	161.0 [33.8]
Week 52	124.9 [22.6]	123.8 [21.5]	126.2 [23.7]	122.5 [20.5]	128.0 [24.6]
Change from baseline at week 52	-34.0 [30.7]	-37.3 [29.9]	-30.3 [31.3]	-34.8 [29.8]	-33.0 [31.8]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
Body weight (kg)					
Number of patients	713	377	336	394	319
Baseline	69.73 [14.66]	69.02 [15.02]	70.53 [14.22]	66.30 [13.65]	73.97 [14.77]
Week 52	66.66 [14.34]	65.87 [14.49]	67.56 [14.13]	63.20 [13.13]	70.94 [14.63]
Change from baseline at week 52	-3.07 [2.79]	-3.16 [2.66]	-2.97 [2.92]	-3.10 [2.68]	-3.03 [2.92]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
SBP (mmHg)					
Number of patients	713	377	336	394	319
Baseline	128.48 [13.00]	118.59 [8.44]	139.58 [6.76]	122.43 [12.14]	135.95 [9.76]
Week 52	122.00 [13.37]	116.51 [11.94]	128.17 [12.15]	117.91 [13.04]	127.05 [11.98]
Change from baseline at week 52	-6.48 [12.56]	-2.09 [10.83]	-11.41 [12.55]	-4.52 [11.95]	-8.91 [12.89]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001
DBP (mmHg)					
Number of patients	713	377	336	394	319
Baseline	77.97 [9.92]	73.59 [8.83]	82.88 [8.70]	70.82 [6.65]	86.79 [4.90]
Week 52	74.05 [9.76]	71.68 [9.22]	76.72 [9.68]	69.24 [8.15]	80.01 [8.18]
Change from baseline at week 52	-3.91 [8.11]	-1.91 [7.26]	-6.16 [8.42]	-1.58 [7.26]	-6.79 [8.19]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001	<0.001

Missing data at week 52 were imputed using last observation carried forward method. Data are shown as mean [standard deviation]  
*DBP* diastolic blood pressure, *FPG* fasting plasma glucose, *HbA1c* hemoglobin A1c, *SBP* systolic blood pressure



**Fig. 1** Changes in SBP (a) and DBP (b) over time in subgroups classified by BP. Each *point* and *bar* represent mean and standard deviation, respectively. *BP* blood pressure, *DBP* diastolic blood pressure, *SBP* systolic blood pressure

administration of canagliflozin at both doses (Fig. 1; Table 3). In  $S \geq 130$  subgroups, the proportions of patients whose SBP decreased to  $<130$  mmHg were 43.6% and 57.1% after the 52-week administration at 100 mg and 200 mg doses, respectively. In  $D \geq 80$  subgroups, the proportions of patients whose DBP decreased to  $<80$  mmHg were also 42.0% and 47.3% at 100 and 200 mg doses, respectively. The BP-lowering effect of canagliflozin was not affected by combined treatment of antihypertensive agents at baseline (data not shown).

**Analysis in Subgroups Classified by Baseline LDL-C**

Patient characteristics of subgroups classified by baseline LDL-C are shown in Table 4. The

number of patients was almost the same in each subgroup.

Table 2 summarizes the AEs in each subgroup. No differences were observed in the incidence rate of total AEs and SAEs in both subgroups at either dose of canagliflozin. No differences were observed in the incidence rate of AEs resulting in study discontinuation. The frequency of female genital infection in AEs was 7.0% and 15.1% in  $L < 120$  subgroup and  $L \geq 120$  subgroup at the 200 mg dose, respectively, whereas it was similar between  $L < 120$  and  $L \geq 120$  subgroups at the 100 mg dose (Table 2).

Of 15 patients with volume depletion-related AEs at the 200 mg dose, 12 and 3 were in  $L < 120$  and  $L \geq 120$  subgroups, respectively. Of the 12 volume depletion-related AEs in the

**Table 4** Demographics and baseline characteristics of patients in subgroups classified by baseline LDL-C

Dose Characteristic	100 mg			200 mg		
	Total	LDL-C		Total	LDL-C	
		<120 mg/dL	≥120 mg/dL		<120 mg/dL	≥120 mg/dL
Number of patients	584	296	288	715	345	370
Sex*						
Male	421 (72.1)	218 (73.6)	203 (70.5)	503 (70.3)	259 (75.1)	244 (65.9)
Female	163 (27.9)	78 (26.4)	85 (29.5)	212 (29.7)	86 (24.9)	126 (34.1)
Monotherapy*	127 (21.7)	57 (19.3)	70 (24.3)	253 (35.4)	114 (33.0)	139 (37.6)
Combination therapy*	457 (78.3)	239 (80.7)	218 (75.7)	462 (64.6)	231 (67.0)	231 (62.4)
With diabetic complications*†	176 (30.1)	90 (30.4)	86 (29.9)	211 (29.5)	104 (30.1)	107 (28.9)
With hypertension*	315 (53.9)	166 (56.1)	149 (51.7)	375 (52.4)	171 (49.6)	204 (55.1)
With dyslipidemia*	445 (76.2)	214 (72.3)	231 (80.2)	538 (75.2)	242 (70.1)	296 (80.0)
Concomitant antihyperlipidemic agent						
Statin*	191 (32.7)	132 (44.6)	59 (20.5)	215 (30.1)	146 (42.3)	69 (18.6)
Age (years)‡	57.5 [10.7]	58.5 [10.9]	56.5 [10.3]	57.9 [11.1]	58.5 [10.7]	57.2 [11.4]
Duration (years)‡	6.45 [5.93]	6.91 [6.45]	5.99 [5.33]	5.99 [5.67]	6.42 [6.37]	5.59 [4.91]
Body weight (kg)‡	70.44 [15.56]	69.75 [15.74]	71.16 [15.37]	69.74 [14.64]	69.44 [14.94]	70.02 [14.38]
Body mass index (kg/m <sup>2</sup> )‡	25.89 [4.65]	25.53 [4.72]	26.25 [4.56]	25.74 [4.37]	25.37 [4.29]	26.08 [4.43]
HbA1c (%)‡	8.05 [0.88]	8.04 [0.89]	8.06 [0.87]	8.09 [0.86]	8.06 [0.85]	8.12 [0.87]
FPG (mg/dL)‡	158.9 [35.3]	156.4 [34.0]	161.5 [36.6]	159.0 [34.4]	157.2 [32.6]	160.7 [36.0]

FPG fasting plasma glucose, LDL-C low-density lipoprotein cholesterol, HbA1c hemoglobin A1c

\* Data are presented as the *n* (%) of patients

† Diabetic nephropathy, diabetic neuropathy and diabetic retinopathy

‡ Data are presented as the mean [standard deviation]

*L* < 120 subgroup, 7 had mild postural dizziness and 4 had dehydration (data not shown).

No clear differences were observed in the incidence rates of other AEs and drug-related AEs between the subgroups classified by baseline LDL-C (Table 2 and Table S1). Changes of laboratory variables from baseline to week 52 were similar between subgroups at both doses of canagliflozin (see Table S3 in the ESM).

HbA1c, FPG, and body weight significantly decreased from baseline to week 52 of treatment

with canagliflozin in both subgroups (Table 5). In *L* < 120 subgroup, LDL-C slightly increased but did not exceed 120 mg/dL after a 52-week administration of either dose (Table 5; Fig. 2). This LDL-C increase was maintained until week 52. On the other hand, LDL-C in *L* ≥ 120 subgroup slightly decreased from baseline after administrations of canagliflozin at both doses (Table 5). Triglyceride decreased from baseline to week 52, except for *L* < 120 subgroup at the 100 mg dose. HDL-C increased after the 52-week administration to a similar extent in

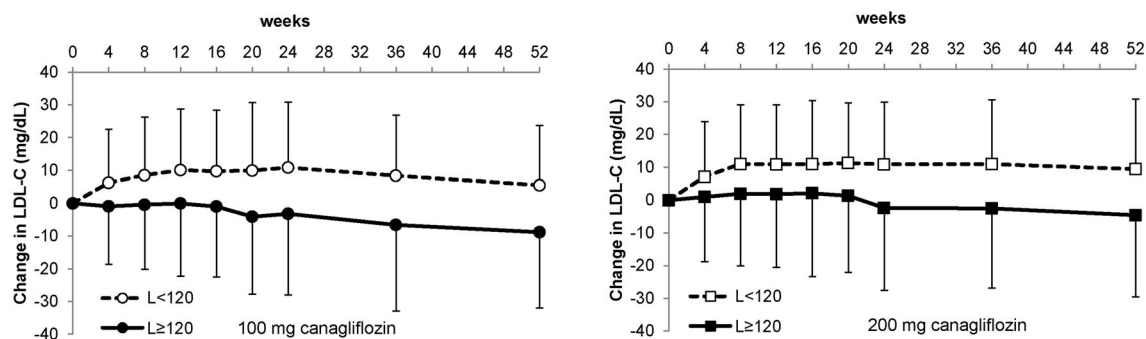
**Table 5** Effects on blood glucose, body weight, and lipids in subgroups classified by baseline LDL-C

Dose	100 mg		200 mg	
	Total		Total	
	LDL-C <120 mg/dL	≥120 mg/dL	LDL-C <120 mg/dL	LDL-C ≥120 mg/dL
HbA1c (%)				
Number of patients	584	296	288	713
Baseline	8.05 [0.88]	8.04 [0.89]	8.06 [0.87]	8.09 [0.86]
Week 52	7.11 [0.76]	7.07 [0.71]	7.16 [0.80]	7.04 [0.69]
Change from baseline at week 52	-0.94 [0.77]	-0.97 [0.76]	-0.90 [0.78]	-1.05 [0.76]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001
FPG (mg/dL)				
Number of patients	583	295	288	711
Baseline	158.9 [35.3]	156.4 [34.0]	161.5 [36.6]	158.9 [34.4]
Week 52	129.3 [27.9]	127.6 [21.7]	131.0 [33.1]	124.9 [22.6]
Change from baseline at week 52	-29.7 [34.2]	-28.8 [29.1]	-30.6 [38.9]	-34.0 [30.7]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001
Body weight (kg)				
Number of patients	584	296	288	713
Baseline	70.44 [15.56]	69.75 [15.74]	71.16 [15.37]	69.73 [14.66]
Week 52	67.76 [15.35]	67.17 [15.56]	68.37 [15.13]	66.66 [14.34]
Change from baseline at week 52	-2.68 [2.51]	-2.58 [2.57]	-2.79 [2.45]	-3.07 [2.79]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001
LDL-C (mg/dL)				
Number of patients	584	296	288	713
Baseline	120.0 [28.8]	97.5 [15.0]	143.2 [19.6]	122.1 [28.7]
Week 52	118.9 [27.9]	103.2 [21.4]	134.9 [24.5]	124.1 [30.0]
Change from baseline at week 52	-1.1 [1.9]	-6.7 [13.6]	-9.3 [15.1]	-8.0 [18.7]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001

Table 5 continued

Dose	100 mg		200 mg	
	Total	LDL-C	Total	LDL-C
	<120 mg/dL	≥120 mg/dL	<120 mg/dL	≥120 mg/dL
Change from baseline at week 52	-1.2 [22.9]	5.8 [19.7]	2.1 [24.0]	8.7 [21.0]
Paired <i>t</i> test	0.220	<0.001	0.022	<0.001
HDL-C (mg/dL)				
Number of patients	584	296	713	345
Baseline	53.7 [12.7]	53.8 [13.7]	53.8 [13.1]	53.9 [14.3]
Week 52	58.0 [14.4]	58.0 [15.3]	58.4 [14.6]	59.4 [15.8]
Change from baseline at week 52	4.3 [7.8]	4.2 [8.6]	4.7 [7.7]	5.4 [7.8]
Paired <i>t</i> test	<0.001	<0.001	<0.001	<0.001
LDL-C/HDL-C				
Number of patients	584	296	713	345
Baseline	2.356 [0.784]	1.926 [0.558]	2.400 [0.789]	1.965 [0.592]
Week 52	2.173 [0.779]	1.909 [0.747]	2.262 [0.794]	1.948 [0.685]
Change from baseline at week 52	-0.182 [0.567]	-0.017 [0.578]	-0.138 [0.500]	-0.017 [0.408]
Paired <i>t</i> test	<0.001	0.613	<0.001	0.441
Triglyceride (mg/dL)				
Number of patients	583	295	711	343
Baseline	143.6 [94.4]	144.2 [107.7]	152.4 [105.8]	153.0 [125.1]
Week 52	131.9 [106.3]	137.4 [126.0]	130.7 [95.0]	128.6 [96.2]
Change from baseline at week 52	-11.7 [103.7]	-6.9 [121.8]	-21.7 [96.8]	-24.4 [105.8]
Paired <i>t</i> test	0.007	0.335	<0.001	<0.001

Missing data at week 52 were imputed using last observation carried forward method. Data were shown as mean [standard deviation]  
 FPG fasting plasma glucose, *HbA1c* hemoglobin A1c, *HDL-C* high-density lipoprotein cholesterol, *LDL-C* low-density lipoprotein cholesterol



**Fig. 2** Change in LDL-C over time in subgroups classified by LDL-C. Each *point* and *bar* represent mean and standard deviation, respectively. *LDL-C* low-density lipoprotein cholesterol

these subgroups. LDL-C/HDL-C was unchanged in  $L < 120$  subgroup, but it slightly decreased in  $L \geq 120$  subgroup at both canagliflozin doses.

## DISCUSSION

Hypertension and hypercholesterolemia are common comorbid conditions in many patients with T2DM [18], and canagliflozin affects BP and lipid parameters. Therefore, in this report, we examined the safety and efficacy of canagliflozin in post hoc subgroup analyses in which patients were classified subgroups of different baseline of BP and LDL-C using data from a 52-week randomized open-label study in Japanese patients with T2DM [13]. In the present subgroup analyses, the total incidence of AEs and drug-related AEs was not generally different between BP and LDL-C subgroups. There were some imbalances in incidence rates of AEs between the subgroups according to SBP, DBP, or LDL-C at the 200 mg dose. The incidence rate of urinary tract infections or volume depletion-related AEs was frequent in  $S < 130$  and  $D < 80$  subgroups at 200 mg dose. In the LDL-C subgroup analysis, occurrence of volume depletion-related or female genital infection-related AEs was frequent in the  $L < 120$  or  $L \geq 120$  subgroups, respectively, at the 200 mg dose. However, AEs related to

urinary tract infections, volume depletion, or female genital infections occurred with other SGLT2 inhibitors at an incidence rate of approximately 0–7.4%, 0–4.4%, or 0–22.2%, respectively [19–25]. Therefore, the incident rates of canagliflozin-associated AEs in this study were within the expected range for SGLT2 inhibitors. The reasons for the difference in the incidence of urinary infections or female genital infection-related AEs between subgroups at 200 mg doses are unknown, and there is no evidence which have shown the association between urinary tract infections and BP, or between female genital infections and LDL-C.

The incidence of volume depletion-related AEs was evident at 200 mg, particularly in the  $S < 130$ ,  $D < 80$ , and  $L < 120$  subgroups. Baseline characteristics of 15 patients with volume depletion-related AEs were age of 38–72 years old and eGFR of 62–104 mL/min/1.73 m<sup>2</sup>. No patients received loop diuretics and the time to the first AEs varied over the study period. Eight of 15 patients were with SBP <130 mmHg and LDL-C <120 mg/dL and 8 patients were with DBP <80 mmHg and LDL-C <120 mg/dL. On the other hand, volume depletion-related AEs did not occur in patients with SBP  $\geq$ 130 mmHg and LDL-C  $\geq$ 120 mg/dL. The reason for the high frequency of volume depletion-related AEs



in the patients in the lower BP or LDL-C subgroups at 200 mg dose is unclear. With regard to BP, it is possible that the patients with volume depletion-related AEs in the lower BP subgroups might be susceptible to the diuretic effects of canagliflozin; however, there were insufficient data to discuss this. A previous study has shown that canagliflozin increased the incidence rate of volume depletion in elderly patients (>75 years old), patients with eGFR <60 mL/min/1.73 m<sup>2</sup>, and those on diuretic therapy [26], which do not correspond to the baseline characteristics of the patients with volume depletion-related AEs in the present study. Although volume depletion should be carefully considered in elderly patients, patients with renal impairment, and those receiving loop diuretic therapies, the severity of the volume depletion-related AEs was mild in the patients in the present study.

Efficacy was similar in the overall group and subgroups, except for BP in the SBP and DBP subgroups and lipid profiles in the LDL-C subgroups. In overall patients, canagliflozin slightly reduced SBP and DBP from baseline. The changes in SBP and DBP from baseline were evident in the  $S \geq 130$  subgroups after starting treatment with canagliflozin at the 100 mg and 200 mg doses. These results are consistent with a report of more evident decreases in mean BP with SBP  $\geq 140$  mmHg than in the overall population after a 26-week administration of canagliflozin [27]. In the  $S \geq 130$  and  $D \geq 80$  subgroups at both doses, >40% of patients achieved SBP <130 mmHg and DBP <80 mmHg at 52 weeks. In addition, the BP-lowering effect of canagliflozin was independent of combined treatment with antihypertensive agents at baseline. According to the guidelines for treatment of T2DM, the target level of BP control is SBP <130 mmHg and DBP <80 mmHg in patients with diabetes

[8]. Therefore, the results indicate that canagliflozin is beneficial in the treatment of patients with T2DM with hypertension.

Although there were no changes in LDL-C in the overall patients, LDL-C over those observed at baseline increased in the  $L < 120$  subgroups and decreased in the  $L \geq 120$  subgroup at both 100 and 200 mg canagliflozin. The present study, baseline LDL-C in the  $L < 120$  subgroups at both 100 and 200 mg canagliflozin were 97.5 and 99.1 mg/dL, respectively, was consistent with previous reports: dapagliflozin or empagliflozin increased LDL-C in patients with baseline LDL-C between 90 and 110 mg/dL [16]. The change in LDL-C was observed at 4 weeks of initiation of treatment although the mean LDL-C did not reach 120 mg/dL throughout the treatment period. HDL-C in the overall,  $L < 120$ , and  $L \geq 120$  subgroups similarly increased. The triglyceride were decreased in the overall and  $L \geq 120$  subgroup at the 100 mg dose and the overall,  $L \geq 120$ , and  $L < 120$  subgroups at the 200 mg dose. The effects of canagliflozin on lipid metabolism may be mediated through urinary caloric loss by SGLT2 inhibition. Although further investigation is necessary to clarify the mechanism on lipid metabolism, it should be stressed that canagliflozin did not increase the risk of LDL-C elevation in  $L \geq 120$  subgroup. Indeed, empagliflozin was associated with small increases in LDL-C in the EMPA-REG OUTCOME trial; however, CV risk was reduced in the empagliflozin treated group, as compared with placebo group [15].

The limitations of the study are described as follows: (1) this 52-week study was conducted in an open-label manner and the present results are derived from post hoc sub-analyses of the original data and (2) the study scale and treatment period were insufficient to evaluate risks of CV events for antidiabetic agents. To

assess the effect of canagliflozin on the CV risk, the CANVAS (CANagliflozin cardioVascular Assessment Study; ClinicalTrials.gov identifier, NCT01032629) clinical trial is now in progress in patients with high risk of heart diseases [28]. The effects of SGLT2 inhibitors on the risk of CV events should be further evaluated.

## CONCLUSIONS

This post hoc analysis indicates that canagliflozin at 100 and 200 mg reduces HbA1c, FPG, body weight, and triglyceride, and increases HDL-C across subgroups classified according to baseline SBP, DBP, and LDL-C in a 52-week phase III study in Japanese patients with T2DM. Reduction in BP was evident in  $S \geq 130$  and  $D \geq 80$  subgroups. LDL-C was decreased in the  $L \geq 120$  subgroup and was slightly increased but did not exceed 120 mg/dL in the  $L < 120$  subgroup. No clear differences were observed in overall safety among the subgroups except for a slight difference in AEs associated with volume depletion, mainly postural dizziness, with 200 mg of canagliflozin. Therefore, canagliflozin is well tolerated irrespective of baseline BP and LDL-C in patients with T2DM.

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