Syndromic Rhyme

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Dear Sir,

I am sending a Poem entitled “Syndromic Rhyme” for favor of publication in IJS. It shall serve to highlight the salient features of several syndromes and be helpful for quick reference.

Syndromic Rhyme

To gain attention, each syndrome tries,
Remember my features each one cries.
Abound they, in this castle of doors nine,
Whether it be yours or be it mine.
Let's begin with syndrome of Albright,
Polyostotic fibrous dysplasia is the plight.
Alports syndrome is X-Linked dominant,
Sensory neural deafness and nephritis are prominent.
Genomic instability is seen in syndrome of Bloom,
Over such patients risk of Neoplasia does loom.
Budd-Chiari syndrome also you find,
Brings hepatic vein thrombosis to the mind.
With Diarrhea and Bronchospasm, Carcinoid comes,
Due to 5HT and 5HIAA, active it becomes.
Of Systemic sclerosis, a variant is CREST,
A grave matter it is and not a jest.
Cushing and Conn's are the famous two,
Excess gluco and mineralocorticoids produce they do.
Says Crigler Najjar syndrome, forget me not,
Raising bilirubin unconjugated is my lot.

Gilbert's syndrome not to be left behind,
In it also, raised indirect bilirubin you find.
Dubin Johnson and Rotor's, Liver do involve,
Around bilirubin direct, their stories revolve.
Down's syndrome needs introduction none,
Trisomy 21 due to nondisjunction in parent one.
Good Pastures syndrome is good only in name,
Causing RPGN and Pulmonary hemorrhages is its aim.
Klinefelter's and Turners both for attention vie,
At their root, sex chromosome defects lie.
In Kartageners, Bronchiectasis is mainly seen,
Among ranks of immotile cilia placed it has been.
Loefflers syndrome is strange indeed,
Producing eosinophilia is its creed.
When enchondromas and haemangiomas are seen,
As Maffucci's syndrome called they have been.
Name of Marfan's syndrome as you call out,
Dissecting aneurysm comes to mind no doubt.
Meig's syndrome is also standing in line,
Ovarian tumour, pleural effusion and ascites benign.
MEN syndromes are of categories three,
To involve any endocrine they are free,
Mickulicz's and Sjogren's are, by nature autoimmune,
With salivary and lacrimal glands they commune.
Peutz-Jeghers is due to autosomal dominant defect,
Intestinal polyposis and melanotic pigmentation-the effect.
Reye's syndrome is another important one,
Encephalopathy and fatty change are its idea of fun.
Steven Johnson involves mucosa and the skin,
Erythema multiforme is its next of kin.
Zollinger Ellison is last but not the least,
Peptic ulcer and hyperacidity produces this beast.
Syndromes are endless, there is no dearth,
Ending with death while commencing at birth.

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