



Mortality of women with ductal carcinoma in situ of the breast: a population-based study from the Girona province, Spain (1994–2013)

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Abstract

Purpose We aim to comprehensively describe the incidence and mortality trends of ductal carcinoma in situ (DCIS) in the Girona province, Spain (1994–2013) and to estimate the all-cause mortality excess risk of diagnosed women.

Methods Age-standardized rates of DCIS were estimated between 1994 and 2013. Standard mortality ratios (SMR) and absolute excess mortality were calculated overall and by tumor and patient characteristics. A sensitivity analysis was conducted excluding cases with a subsequent invasive breast cancer (sIBC).

Results Of the 641 women included, 56 died (follow-up time: 8.4 person-years). Between 1994 and 2013, a significant increase in incidence and decrease in mortality was identified among women aged between 50 and 69 years old. Neoplasms and circulatory system disease were the most common causes of death. No excess risk of death was found overall, except for women aged < 50 years (SMR = 3.44, 95% CI 1.85; 6.40) and those with a sIBC (SMR = 2.51, 95% CI 1.26; 5.02), risk that lessened when cases with sIBC were excluded. Patients with sIBC also showed an excess risk (SMR = 2.29, 95% CI 1.03; 5.10).

Conclusions Among women aged 50–69 years old, incidence of DCIS has significantly increased yet mortality has decreased. Overall, the all-cause mortality risk of women diagnosed with DCIS remains similar to that of the general population except for women diagnosed before age 50 and those with sIBC, who showed a significant increased risk. Differential management of these patients should be considered.

Keywords Ductal carcinoma in situ · Standardized mortality ratio · Incidence · Mortality · Spain

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Introduction

Ductal carcinoma in situ (DCIS) is a noninvasive breast cancer (BC) originating from the cells within the breast ducts. It consists of lesions that can go from low-grade and indolent to high-grade, aggressive tumors that can evolve to an invasive disease. It is regarded as the most common type of in situ BC (80–90%) [1]. Most DCIS are diagnosed by routine mammography. Indeed, its incidence has increased markedly since 1980 worldwide [2–4] mainly related to the spread use of opportunistic mammography and to the implementation of population-based screening programs [5–9]. It is estimated that over 20% of all screened detected BC are DCIS [5]. Upward trends have been reported in several regions, including in the Girona province (Spain) where a marked increase, especially among women aged 50–69 years old, was observed between 1992 and 1996, attributed to the spread in mammography use in the region [9].

The standard treatment for DCIS involves local breast-conservative surgery followed by radiotherapy (RT) or total mastectomy with/without endocrine therapy. The clinical benefit of early detection and treatment for DCIS remains unclear; therefore, the individualized treatment is a clinical challenge. Studies on the risks of death for women diagnosed with DCIS can help provide a better understanding of the disease and better inform current practice and treatment prescription. Most of the current evidence is on BC-specific survival and mortality [10, 11]. However, cause-specific mortality comparisons may be biased due to misclassification in the certified causes of death [12] and do not account for deaths indirectly related to the cancer or its treatment [13]. Competing causes of death and all-cause mortality would allow to overcome these limitations. Few studies have compared all-cause mortality rates of women with DCIS to the general population, most of which are in northern Europe [14–17] and the US [18]. Considering the possible differences in prevention plans, detection and treatment approaches between countries [19–22], it becomes relevant to provide evidence on all-cause mortality for patients diagnosed with a DCIS in regions where is not yet available, such as Southern Europe.

Hence, this study aimed to update the incidence and mortality trends for DCIS in the Girona province, North-Eastern Spain, between 1994 and 2013, and to explore whether women diagnosed with DCIS have an excess risk of all-cause death compared to the general population.

Methods

Data collection

Data were extracted from the population-based Girona Cancer Registry (GCR) containing data on the Girona province,

which covered a population of 371,622 women in July, 2013 [23]. The estimated completeness of the registry for all-sites combined was 95% in 2010–2012 [24].

Cohort selection

We restricted our analyses to women diagnosed with a histologically primary DCIS (ICD-O-3: D050–D059) between 1994 and 2013. Women with bilateral tumors and those diagnosed at time of death were excluded. For women with synchronous tumors ($n = 4$), only the tumor with the highest grade was included. Women were followed from the date of diagnosis until death or end of follow-up (31st December, 2014), whichever came first. Information on sIBC ($n = 31$) was collected, with follow-up until 31st December 2014.

We collected information relating to the patient (i.e., age at diagnosis), the tumor [i.e., grade, histological type, tumor size, and estrogen receptor (ER) expression], the type of treatment received (i.e., breast-conservative surgery, endocrine therapy or radiotherapy), the diagnostic method [i.e., whether it was detected through the “Programa de Detecció Precoç del Càncer de Mama” (PDPCM), the regional population-based breast cancer screening program], and whether there was a subsequent invasive breast cancer (sIBC). Age was classified as < 50 , 50–69 and > 69 years old, since 50–69 is the age band targeted by the PDPCM.

Statistical analysis

We estimated annual incidence and mortality rates, overall and by age group. All rates were age-standardized (ASR) using the European standard population. For the temporal trends, we used Joinpoint regression. Case counts were modelled as log-linear piece-wise functions of time with Poisson variance and a log-population offset (9), using the statistical software package Joinpoint Version 4.6.0. (10). The model fit and the number of joinpoints were assessed with the modified Bayesian information criterion. Significance was set at $p < 0.05$ and tested using the Monte Carlo Permutation method. The slope of each of the fitted log-linear functions defined the annual percentage change (APC) of that segment.

To measure the excess mortality we used standardized mortality ratios (SMRs) as the ratio between observed and expected deaths. The expected number of deaths was estimated from age-, sex- and calendar-year-specific mortality rates for the Girona province. Absolute excess mortality (AEM) was calculated as the absolute difference between the expected and observed deaths divided by the person-years at risk and multiplied by 1000. Results were stratified by tumor and patient characteristics, sIBC and method of

diagnosis (i.e., screening or opportunistic). For the latter, the analysis was restricted to women 50–69 years old diagnosed after 2000, as this is the eligible age range and year of implementation of the population-based screening program in the area. We also conducted a sensitivity analysis excluding women with a sIBC to determine the fraction of SMR potentially attributable to DCIS without a sIBC (Supplementary Material).

Mid-year population estimates and mortality rates were specific for the Girona province and obtained from the Institut d'Estadística de Catalunya, IDESCAT(6). Significance level was set at 95% confidence interval (95% CI). Analyses were conducted in Stata version 13 [25].

Results

Population characteristics

Between 1st January 1994 and 31st December 2013, 641 women were diagnosed with DCIs in the Girona province, northeastern Spain. Table 1 shows the clinical presentation, tumor characteristics, diagnostic method (i.e., screening or opportunistic diagnosis), and treatment choices of the patients by survival status.

Median age (interquartile range) at diagnosis was 54 (48;63) years. The majority of deceased women were diagnosed prior to 2002. Large tumors, i.e., ≥ 2 cm, were slightly more common among deceased women (41.2% vs. 29.1%), yet differences were not significant. Most women had tumors with a positive estrogen receptor profile (79.7%). The usage of routine screening tools among women within the elective age range for the routine screening program was similar to the usage of opportunistic screening, yet the proportion of opportunistic screening (83.3%) was significantly higher amongst deceased women (p value < 0.014). Most women underwent breast-conservative surgery (85.6 and 70.9%, respectively). The use of hormonal treatment and radiotherapy varied across the groups, both being less commonly applied to deceased women. Overall, 32 women suffered a sIBC of which 8 died during the follow-up period (p value: 0.001).

Incidence

Between 1994 and 2013, the incidence of DCIS significantly increased among women aged 50–69 years old (APC = 4.1, 95% CI 2.0; 6.3, p value < 0.05 , Fig. 1). No significant increment over time was observed among women aged under 50 or over 69 years old. According to the Jointpoint analysis, trends over time followed a unique pattern and no statistically significant change in the increment was found (i.e., absence of joint point).

All-cause mortality

Between 1994 and 2013, we observed a significant reduction in all-cause mortality rates only for women aged between 50 and 69 years old, with an APC of -9.0% (95% CI -12.1 ; -5.8 , Fig. 2). According to the Jointpoint analysis, trends over time followed a unique pattern and no statistically significant change in the trends was found.

Mean (SD) follow-up time was 8.4 (5.2) person-years (Table 1). During the study period, 56 women (8.7%) died. The most common causes of death reported in the death certificate were neoplasms ($n = 26$, 46.4%), with BC representing 14.3% of all cancer-related events followed by circulatory system diseases ($n = 12$, 21.4%) (Table 2). Neoplasms, and specifically neoplasms of the breast were the most common causes of death in all age groups. Most common other neoplasms were those from the digestive and female genitals. Circulatory system-related deaths were only remarkably high among women aged over 50 years old (26.1%).

Overall, women diagnosed with a DCIS showed no difference in all-cause mortality compared to the general population (SMR = 1.04; 95% CI 0.80; 1.36, Table 3). For most other categories the observed number of deaths was lower than the expected; however, these differences were not statistically significant except for age at diagnosis and presence of a sIBC. Women aged < 50 years old at diagnosis, showed a remarkable increased mortality ratio (SMR = 3.44; 95% CI 1.85; 6.40), which represented an AEM of four deaths compared to that expected for the area and study period. Similarly, women with a registered sIBC showed an increased risk of all-cause fatalities (SMR = 2.51; 95% CI 1.26; 5.02), which translated in almost 13 excess deaths. When patients with a sIBC were excluded (Table S2), the SMR in the youngest group decreased (SMR = 2.29; 95% CI 1.03; 5.10) (Table S2).

Discussion

Despite DCIS being associated with good prognosis, its exact impact on all-cause mortality remains unclear. The current population-based study provides updated incidence and mortality rates for DCIS and explores the SMR of women diagnosed with a DCIS between 1994 and 2013 in the Girona province, Spain.

Incidence

Our results showed no significant change in the incidence rate of DCIS among women aged under 50 or over 69 years old, between 1994 and 2013. However, there was a significant increase of 4.1% per year (95% CI 2.0; 6.3) in the incidence of DCIS among women aged 50–69 years old.

Table 1 Characteristics at diagnosis for all women in the cohort (1994–2013)

Characteristics	Total		Alive		Death		<i>p</i> value
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	
Person-years	5426.7		4955.9		470.8		
Follow-up time, mean (SD) years	8.4 (5.2)		8.5 (5.2)		8.4 (5.1)		0.930
Age, mean (SD) years	55.9 (11.3)		54.8 (10.3)		66.9 (14.4)		<0.005*
Age, median (Q1; Q3) years	54 (48; 63)		54.0 (48; 61)		69.5 (58; 77.5)		
Age group							
< 50 years old	185		175	30.0	10	17.9	<0.005*
50–69 years old	376		358	61.2	18	32.1	
> 69 years old	80		52	8.9	28	50.0	
Year at diagnosis							
1994–2002	204	31.8	162	27.7	42	75.0	<0.005*
2003–2013	437	68.2	423	72.3	14	25.0	
Grade							
I	57	8.9	54	36.5	3	37.5	0.001*
II	97	15.1	94	48.2	3	37.5	
III	103	16.1	101	23.1	2	25.0	
Unknown/unclassified	384	–	336	–	48	–	
Tumor size							
< 2 cm	100	69.4	90	70.9	10	58.8	0.171
≥ 2 cm	44	30.6	37	29.1	7	41.2	
Unknown/unclassified	537	–	458	–	79	–	
Estrogen receptor							
Positive	329	79.7	319	80.8	10	55.6	<0.005*
Negative	84	20.3	76	28.6	8	44.4	
Unknown/unclassified	228	–	190	–	38	–	
Breast conservative surgery							
Yes	539	84.4	500	85.6	39	70.9	0.002*
No	100	15.6	84	14.4	16	29.1	
Unknown/unclassified	2	–	1	–	1	–	
Endocrine treatment							
Yes	243	47.1	236	50.4	7	14.6	<0.005*
No	273	52.9	232	49.6	41	85.4	
Unknown/unclassified	125	–	117	–	8	–	
Radiotherapy							
Yes	240	51.7	233	55.6	7	15.6	<0.005*
No	224	48.3	186	44.4	38	84.4	
Unknown/unclassified	177	–	166	–	11	–	
Diagnostic method ^a							
Screening	185	49.7	182	51.4	3	16.7	<0.014*
Opportunistic	187	50.3	172	48.6	15	83.3	
Unknown	4	–	4	–	0	–	
Invasive relapse ^b							
Yes	32	5.0	24	4.1	8	14.3	0.001*
No	609	95.0	561	95.9	48	85.7	
Total	641		585		56		

Percentages are given over the non-missing values. *p* values are estimated for the whole sample

**p* < 0.05

^aFigures for age group 50–69 years old only, as this is the target age for the regional population-based screening program (i.e., PDPCM)

^bFollow-up until 31st December 2014

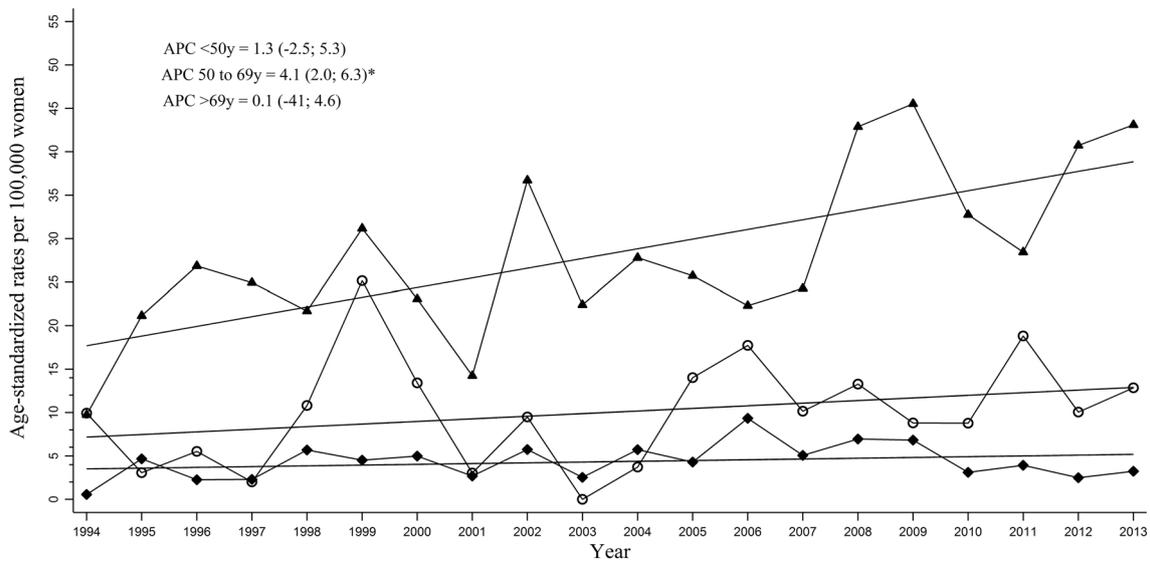


Fig. 1 Age-standardized annual incidence rates of DCIS among women aged <50 (black diamond), 50–69 (black triangle) and >69 years old (white circle). Dotted lines for linear trend. *Significant trend (*p* value <0.05)

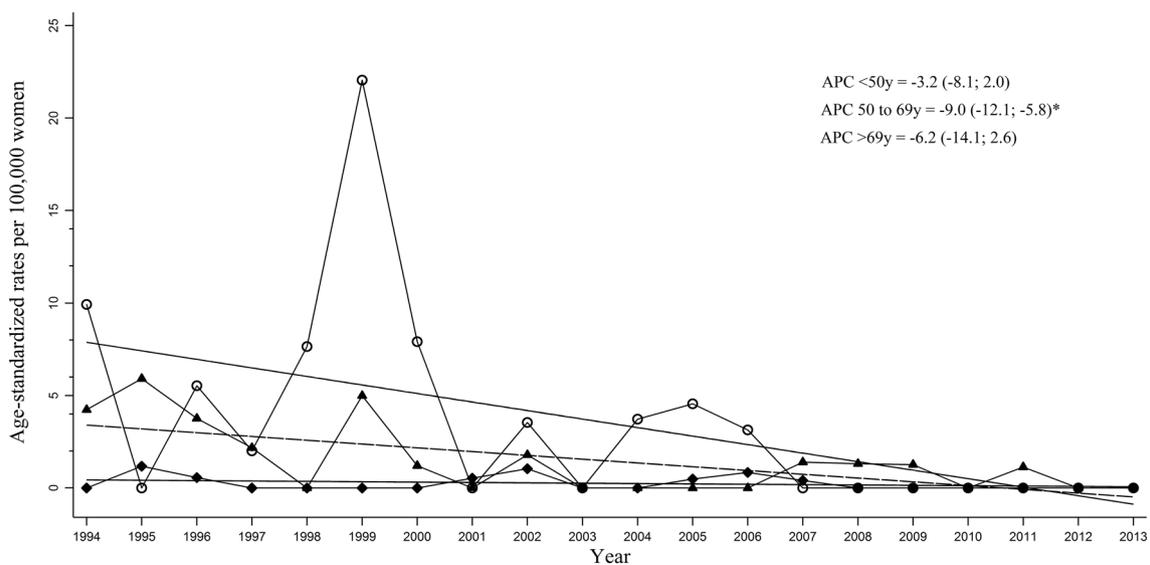


Fig. 2 Age-standardized annual mortality rates of DCIS among women aged <50 (black diamond), 50–69 (black triangle) and >69 years old (white circle). Dotted lines for linear trend. *Significant trend (*p* value <0.05)

This age band corresponds to that targeted by the national population-based screening program, the PDPCM [26]. This program was introduced in 2000 and widely implemented all over the region in 2002. Similar upwards trends have been observed worldwide for the last decades and associated with the usage of mammography [4–8]. The participation on routine screenings had previously been reported by Puig-vives et al. [9] to be associated with an increased detection rate and thus, increased incidence in the Girona province, especially between 1992 and 1996.

Between 1997 and 2007, they observed a 2.0% increase per year (95% CI – 1.8; 6.0), yet this was not significant. According to Roman et al. (2013), screen-detected DCIS in Spain increased at a steady 2.5% per year (95% CI 1.3; 3.8) between 1992 and 2006. No plateau effect has been yet described in later years and thus, it is plausible that the detection rate has not yet reached a saturation point and continues to contribute to increase the incidence rates of DCIS in the region. This would be supported by recently published data on the evaluation of the PDPCM

Table 2 Causes of death as reported in the death certificate

Cause of death	Total		< 50 years old		≥ 50 years old		Observed ICD-10 code
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	
Neoplasms	26	46.4	9	90.0	21	45.7	
Breast cancer	8	14.3	4	40.0	4	8.7	C509; D430; D489
Other tumors	18	32.1	5	50.0	18	39.1	C159; C189; C20; C259; C349; C499; C539; C56; C719; C859; C917; C959
Circulatory system diseases	12	21.4	0	0	12	26.1	I10; I119; I219; I340; I509; I639; I64; I678
Miscellaneous ^a	6	10.7	1	10.0	5	10.9	A419; B182. F019; X495
NS disease	3	5.4	0	0	3	6.5	G309; G952
Respiratory system diseases	3	5.4	0	0	3	6.5	J449; J841; J988
Digestive system diseases	3	5.4	0	0	3	6.5	K509; K746
Genitourinary system	2	3.6	0	0	2	4.3	N189; N19
Total	56	100.0	10	100.0	46	100.0	

NS nervous system

^aIncludes codes of different nature with only one patient each

in the Girona province for the 2014–2015 cycle, which has reached the highest ever registered coverage and participation rates since its implementation, i.e., 81.86% and 71.39%, respectively [27]. Our study, with 7 years more worth of data than in Puig-vives et al. [9], may have been able to capture these trends (Figs. 1 and 2).

Mortality

Our results only showed a significant change in mortality trends among women aged between 50 and 69 years old (APC = −9%; 95% CI −12.1; −5.8). Treatment has been related to mortality likelihood [15, 28] and thus, changes over time in treatment choices and protocols [28] could have impacted on mortality trends. The lack of significance in the trends of any group except for women aged between 50 and 69 years old could reflect the impact on survival of early detection through the participation to the routine mammography screening program. With the improvements in radiological and pathological assessment there has been a decrease in the number of unrecognized invasive BC infiltrations—linked to especially poor survival prognosis—at DCIS diagnosis. In addition, the extended implementation of screening programs has been related to an increment in over diagnosis [29, 30]—i.e., the diagnosis of a lesion that will never cause symptoms or death during a patient's lifetime. This is magnified if adherence to screening programs is high, as reported in a meta-analysis of intention-to-treat randomized control trials conducted by Jacklyn et al. [31]. Finally, adherence to screening programs has also been positively associated with women with more health-conscious behaviors, with less comorbidities and from higher socio-economic classes; the health screen effect [32–34].

All these could explain the significant negative trends in all-cause mortality rates observed only among women aged 50–69 years old. The lower risk of all-cause death among women diagnosed through screening compared to the general population, yet not significant, further supports this finding. The magnitude of the risk estimate and its lack of significance could be partially attributed to the associated risk of physical, psychological and financial harm due to overdiagnosis and treatment that has been associated with mammography use [30, 35].

Overall, women diagnosed with DCIS in our study did not show an increased risk of death. Treatment benefits could partially explain these results as evidence suggest improvements in survival for certain treatment choices [36]. However, no significant difference in the risk of death was observed across treatment branches. This is in line with other studies reporting no differences in survival and mortality for radiotherapy, endocrine therapy and conservative breast surgery use [37, 38]. In addition, treatment choices are highly linked to patient and tumor characteristics [39] and so, it is impossible to know from the data the extent to which the low risk of death among women diagnosed with DCIS is a consequence of the treatment choice or reflects the relatively benign nature of the disease—or both. Small tumor size has been associated with reduced mortality risk [40]; however, we did not find any significant effect. Seemingly, risk of death across ER expression profile tumors did not differ from that expected in the general population. These findings oppose those reported by Narod et al. [37] who showed shift in the survival curves towards an increase in the risk of death for ER-positive BC patients 10 years after diagnosis [37]. However, we have a small sample size and a large prevalence of missing/unclassified values.

Table 3 Standardized Mortality Ratios (SMRs) of DCIS patients

	Person-year	Obs deaths	Exp deaths	SMR	95% CI	AEM
Age at diagnosis						
< 50	1716.9	10	2.9	3.44	(1.85; 6.40)	4
50–69	3153.7	18	21.4	0.84	(0.53; 1.33)	–1
> 69	556.1	28	29.2	0.96	(0.66; 1.39)	–2
Size						
> 2 cm	1021.9	10	12.40	0.8	(0.43; 1.50)	–2
≥ 2 cm	452.3	7	9.58	0.7	(0.35; 1.53)	–6
Unknown	3967.9	39	31.65	1.2	(0.90; 1.69)	2
Grade						
I	379.7	3	2.4	1.26	(0.41; 3.90)	2
II	613.2	3	4.5	0.66	(0.21; 2.05)	–2
III	617.2	2	3.7	0.54	(0.13; 2.15)	–3
Unknown	3831.9	48	43.0	1.12	(0.84; 1.48)	1
Estrogen receptor						
Positive	2087.3	10	13.6	0.74	(0.40; 1.37)	–2
Negative	594.2	8	9.6	0.83	(0.42; 1.67)	–3
Unknown	2760.6	38	30.4	1.25	(0.90; 1.72)	3
Surgery						
Yes	4224.7	39	37.6	1.04	(0.76; 1.42)	0
No	1206.6	16	15.7	1.02	(0.62; 1.66)	0
Unknown	10.8	1	0.3	3.19	(0.45; 22.65)	64
Hormonal treatment						
Yes	1466.8	7	8.4	0.83	(0.40; 1.75)	–1
No	3151.3	41	34.7	1.18	(0.87; 1.60)	2
Unknown	8239.4	8	10.5	0.76	(0.38; 1.53)	0
Radiotherapy						
Yes	1804.4	7	10.2	0.69	(0.32; 1.44)	–2
No	2457.2	38	30.6	1.24	(0.90; 1.71)	3
Unknown	1180.5	11	12.8	0.86	(0.48; 1.55)	–2
Second invasive breast tumor						
No	5073.27	48	50.4	0.95	(0.72; 1.26)	0
Yes	368.80	8	3.2	2.51	(1.26; 5.02)	13
Detection method ^a						
Screening	1109.02	3	5.72	0.52	(0.17; 1.63)	–2
Opportunistic	931.34	53	47	1.13	(0.86; 1.48)	6
Unknown	20.94	0	0.90	–	–	–43
Total	5319.7	56	53.6	1.04	(0.80; 1.36)	0

Obs deaths observed deaths, *Exp deaths* expected deaths, *SMR* standardized mortality ratios, *95% CI* 95% confidence interval, *AEM* absolute excess mortality

^aOnly women diagnosed from 2000 onwards and aged 50–69 were included as this is the time period and age range the population-based screening program operates within

Women aged < 50 years old had 3.44 (95%: 1.85; 6.40) times increased risk of dying compared to the general population (AEM = 4) adding to the evidence of an excess mortality especially high among the youngest groups [15, 32, 37]. In addition, this group did not show a significant improvement in the mortality trends over the study period. Women aged less than 50 years old have been shown to present with more aggressive tumors [41], yet there was no significant difference in tumor characteristics by age

group (Table 1). It is known that DCIS with invasive micro infiltrations clinically unrecognizable are common among young women [17]. Invasive infiltrations are considered an important risk factor of death after DCIS diagnosis [42]. This is supported by our results which showed a 2.5-fold increase in the risk of death in women with a sIBC. Young women have been reported to develop sIBC up to twice more often than women aged ≥ 40 years old [41, 43, 44]. In our cohort, the proportion of sIBC was slightly

higher among the youngest patients (5.4% vs. 2.7%, data not shown). These differences were not significant, yet this may be explained by the small size of our population. To further explore this hypothesis, we conducted a sensitivity analysis excluding women with a secondary sIBC (Table S2) and found a substantial risk decrease (SMR = 2.29; 95% CI 1.03; 5.10), suggesting that part of the increased risk of death in young women reported in the main analysis may be attributable to a second sIBC. Finally, hereditary cancer syndromes are associated with early onset of cancers as well as an increased risk of other cancer types such as of the digestive tract and female genitals [43, 45]. This could explain the excess risk reported among young women and the higher prevalence of deaths from neoplasms other than breast (50 vs. 40%) in this group.

In our cohort, circulatory system-related events were the second most frequent cause of death after cancer, representing a 21.4% of all deaths. Most non-neoplasm related deaths occurred among women aged over 50 years old and could be associated with comorbidities, as these are more common in advance stages of life [46]. However, numerous studies assessing competing causes of death highlight a concerning increase in death by causes other than BC [16, 28]. Radiotherapy has been sometimes linked to long-term severe complications including increased morbidity associated with heart and lung disease [47–49], yet evidence remains controversial.

To the author's knowledge, this is the first population-based study in Southern Europe comparing all-cause mortality rates of patients diagnosed with DCIS to the general population. Other strengths of our study include its population basis and the wide variety of tumor characteristics assessed. Limitations of the study include the impossibility to evaluate BC recurrences and second tumors other than BC, the lack of completeness in numerous variables despite the exhaustive retrospective revision of all clinical histories, the lack of lifestyle and behavioral information, and the small size of our population. While our results should be further studied in larger cohorts of women, they can be regarded as a valuable estimate of mortality risk of an area from the Southern European setting and emphasize the importance of differential counselling of younger and older women diagnosed with DCIS.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

Ethical approval This study was in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Informed consent The Epidemiology Unit and Girona Cancer Registry (GCR) is a statistical unit part of the Pla estadístic de Catalunya approved to produce official estimates of cancer incidence and mortality. The GCR studies are exempt of informed consent as they involve large datasets, are retrospective and observational, characteristics that make consent impractical to collect. Nonetheless, security measures are taken accordingly in order to protect patient confidentiality.

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