Edward Aull, MD: The Parent's Guide to the Medical World of Autism

Future Horizons, Inc 2013, ISBN 978-1-935274-89-6, \$19.95 (soft cover)

Luis F. Escobar¹

Published online: 5 November 2016
© Springer Science+Business Media New York 2016

“Parents Guide to the Medical World of Autism” is the first edition of a wonderful book by Dr. Edward Aull, behavioral pediatrician. It is a soft cover volume masterfully published by Future Horizon Inc. In the preface, Dr. Temple Grandin refers to Dr. Aull's work as essential reading for every parent who has a child on the spectrum of Autism.

Dr. Aull aims to provide families that face the diagnosis of Autism with a tool to understand the disease and the treatments and medications available to them. It is clear that the vast experience in the treatment of autism related disorders by Dr. Aull provides invaluable information to understand the need of medical treatment. The objectives planned in this book are of extreme importance. Very few books provide a down to earth source to parents. The author meets his objective well.

Although this book is written with parents of affected children with autism in mind, it is important to recognize that the information provided may be useful to general

pediatricians interested in the treatment of Autism. Behavioral pediatrician may find this book of extreme use when dealing with parental counseling.

Dr. Aull discusses the diagnosis and possible causes of autism. He reviews the evaluation process and treatment options. The material presented on pharmacotherapy used in autism is fascinating and extremely useful. The reader would be able to understand how comorbidity such as Anxiety and ADHD is linked to Autism Spectrum disorders. This book is written in very easy to read language which makes it attractive to the reader. Careful concern has been placed to avoid technical language that may be confusing to the lay person.

Congratulations is in order, Dr. Aull has achieved a tremendous accomplishment. It is clear that many families would benefit from this wonderful publication. We look forward to future editions of this excellent book.

✉ Luis F. Escobar
lfescoba@stvincent.org

¹ Medical Genetics and Neurodevelopmental Center, Peyton Manning Childrens Hospital, 8402 Harcourt Rd, # 300, Indianapolis, IN 46262, USA