Meta-analyses of lightweight versus conventional (heavyweight) mesh in inguinal hernia surgery

M. Miserez · R. J. Fitzgibbons Jr. · V. Schumpelick

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Meta-analyses are considered by many as the holy grail of evidence-based medicine. This invited comment shows that the methodology of performing a meta-analysis is of crucial importance for adequate interpretation of the pooled data. Despite some limitations in the different papers

published, the editors believe that the meta-analyses in this issue of *Hernia* add important information to the current debate of using heavyweight vs. lightweight (or large pore) meshes in open and laparoscopic inguinal hernia repair.

M. Miserez (✉)
Leuven, Belgium
e-mail: marc.miserez@uzleuven.be

R. J. Fitzgibbons Jr.
Omaha, USA

V. Schumpelick
Hamburg, Germany