Manoj Ramachandran: Basic orthopaedic science, the Stanmore guide

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Basic Orthopaedic Sciences is a great book for trainees in Trauma and Orthopaedics, especially targeting those revising for the FRCS Orth examination.

The book is divided into 29 chapters covering aspects of biomechanics, biomaterials, microbiology, histology, function, immunology, pharmacology, statistics, physics of imaging techniques, and kinesiology as relevant to the subject of orthopaedics all of them written or co-written by experts in the topic. Based on the authoritative 'Stanmore course' run by the Royal National Orthopaedic Hospital,

the book contains enough information to serve as a concise textbook while its emphasis is on revision. All chapters contain a box with potential viva questions. This allows the reader to assess instantly if the main concepts have been understood. It is easy to read and very enjoyable. I recommend this book to any Orthopaedic trainee or curious medical student.

Conflict of interest statement This is to confirm that there are no conflicts of interest.

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