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Kinetic masks: a new approach and device for dispersing biologically relevant fluids

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Abstract The controlled dispersion of fluids, particularly biologically relevant solutions in micro-volumes, is of high practical interest in biotechnology and medicine. Pharmaceutical test assays, for example, need a method for the fast and defined deposition of fluid samples. Most current micro-dispensing methods, i.e. contact-based pin printing, have problems such as time delays, limited dosing velocity, minimum volume or high interference that limit biological applications. Spraying techniques suffer from a lack of reproducibility; a defined deposition of samples on targets is not possible. Here, we introduce a new method for the parallel and spatially defined dispersion of many microvolumes that overcomes disadvantages of common microdispensers. The overall approach is that a fluid drop, produced by a droplet generator, falls on a free trajectory with a defined kinetic energy, and is split by a masking unit placed perpendicular to the flight direction into at least two smaller droplets (Zimmermann et al. in Method and device for dosing fluid media, WO/2002/102515, Germany, 2002). On the target, the resulting droplets form reproducible patterns, which are enlarged and scalable images of the grid pattern. Possible applications for this method are noncontact cell patterning, cell encapsulation, cryopreservation and fast mixing processes in micro-volumes. Here, we use

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this method for the direct and defined parallel positioning of cell suspensions on specific substrates, which can be useful for test assays, tissue engineering and cryopreservation.

1 Introduction

Modern life science and pharmaceutical and chemical research relies on high throughput techniques and high throughput screening methods. In particular, automation, miniaturisation and parallelisation decrease cost and sample volumes and allow faster analysis times (Lin et al. 2001; Gutmann et al. 2004; Chin et al. 2007). A key step is the dispersion of micro-volumes. Current micro-dispensing technologies (each with its own disadvantages for biologically relevant fluids) are bubble-jet printing (Okamoto et al. 2000; Allain et al. 2001; Cooley et al. 2002; Allain et al. 2004), piezoelectric actuators (Laurell et al. 1999; de Heij et al. 2003), stamping (Lin et al. 2001) and pneumatic actuators (Koltay et al. 2004). In pin printing technology, for example, pin reloading and the intermediate washing steps cause low dose rates and uncontrollable incubation times. To overcome the latter, multiple capillary systems were invented. However, they tend to be unreliable and have a minimum dispensed volume (Gutmann et al. 2004). These problems can be a hindrance with some reagents or assays.

In terms of handling biologically relevant fluids, the dispensing applications are usually limited to patterning small adhesive molecules, such as poly-L-lysine, or to protein micro-patterns that are generated to guide cell adhesion and growth (Roth et al. 2004; Gustavsson et al. 2007). No previous dispensing method is capable of defined parallel dispensing of cell suspensions.

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Dispensing cell suspensions requires the minimisation of shear and impact forces that might damage cells and well-defined deposition of drops with specific volumes (Thielecke et al. 2005).

To overcome the problems of uncontrollable incubation times and incapability of dispensing cells directly, we introduce the process of "kinetic masking". This new method allows the defined, fast, parallel and direct dispersing of biologically relevant fluids. This study describes the basic setup, applications and proof of concepts, as well as possibilities and limitations of this method.

2 Materials and methods

2.1 Setup

The setup is illustrated in Fig. 1a. A syringe pump (Sp 270, World Precision Instruments, Berlin, Germany) serves as a drop generator (see Fig. 1 flag 1). The pump's syringe contains the sample and is connected to a blunt cannula via either a Teflon tube with an inner diameter of 3.5 mm or an

Fig. 1 a Schematic

representation of the setup and principle of the method. A droplet of defined size is generated by a syringe pump (1)and a blunt cannula (2). The height of fall (distance d_1 , range 10-110 cm) determines the kinetic energy of the drop. To prevent draughts and contamination, the falling drop is protected by a plexiglass downpipe. Distance d_2 between the masking unit (3), that holds the grid (4), and the substrate, affects scaling of the resulting droplet pattern (see Fig. 4). d_2 can be varied from 1 to 20 cm. **b** Masking unit to hold grids (4) of different shapes and materials. c1 HDPE mask with different, easy exchangeable grids, produced by die casting with grid sizes from 200 to 1,200 µm. c2, c3 Metal (stainless steel 4301 VA, lasered) masks with grid size of 800 μ m (c2) and hole diameter of 1,000 µm, respectively

infusion tube (Heiland Med, Hamburg, Germany) with an inner diameter of 0.5 mm. Cannulas had inner diameters: 0.4, 1.2 or 2.7 mm (KNLL syringe needles, ILS, Stützenbach, Germany).

The masking unit is connected to the drop generator by a downpipe of clear Plexiglas (10, 20, 40, 60 or 110 cm length; 6 cm inner diameter), allowing every stage of the process to be observed by a high-speed video camera (SpeedCam Visario LT400, Weinberger Vision, Erlangen, Germany). The downpipe was treated with a commercial anti-static spray. The light sources are two ultra-high performance lamps (ILP-1, Olympus, Hamburg, Germany) and are sufficient for exposure rates up to 4,000 frames per second.

The masking unit (see Fig. 1b), which consists of a mount and masks, was designed and produced by Climaco Formenbau (St. Ingbert, Germany). The masks are either stainless steel (4301 VA perforated by laser, see Fig. 1c2, c3) or die-cast high-density polyethylene (HDPE produced by Climaco, see Fig. 1c1). The slot in the mount and the matching die-cast masks are tight fitting, so that the desired grid can be selected with one movement of the thumb and grid's position is automatically identical.



A feature of the HDPE masks is that one side of the grid's bar surface is plane, whereas the other side is slightly rounded. Typically, the grids are 350 (metal) to 500 (HPDE) μ m thick. Figure 1 cl shows a HDPE mask with six grids of different sizes (holes are 200–1,200 μ m in 200 μ m steps), another mask offers grids with different, non-regular structures (picture not shown). The mount is polyoxymethylene (Delrin[®]), a biocompatible thermoplastic adequate for high-precision components, due to its high stiffness, low friction coefficient and excellent dimension stability in a wide temperature range. For easy cleaning and sterilisation, the mount is made as two pieces, which can be screwed together.

The target mount holds a 10 cm diameter Petri dish and can be positioned automatically (accurate to 10 μ m) by a computerised control panel (Cimrex 12, Beijer Electronics, Stuttgart, Germany). A metallic mirror (Laser 2000, Wessling, Germany) mounted below the dish at 45° gives the camera an additional worm's eye view of the process. The high-speed videos are captured by Visart software (Weinberger Vision, Erlangen, Germany) and processed with IrfanView, ImageJ and Adobe Photoshop CS2. The target dish is in a humid environment to prevent dehydration and cell death.

Initial experiments were performed with ultra-pure water (Nanopure Diamond Water System; (Werner, Reinstwassertechnik, Leverkusen, Germany) dyed with trypan blue (Sigma, Schelldorf, Germany) or phenol red (AppliChem, Darmstadt, Germany) to improve contrast.

2.2 Alginates and cross-linking solution

Ultra-high viscosity alginates of clinical grade (Grohn et al. 1997; Hillgärtner et al. 1999) were prepared from the dried algae *Lessonia nigrescens* and *Lessonia trabeculata*, harvested at the Chilean coast and processed at Biozentrum Universität Würzburg. They were dissolved at 0.35 or 0.7% in isoosmolar 0.9% NaCl (Merck, Darmstadt, Germany). To reduce the viscosity of the high-quality alginates by breaking long polysaccharide chains, the solutions were exposed to ultrasound for 3–15 min at Biozentrum Universität Würzburg.

Alginate was cross-linked (Zimmermann et al. 2007) with 20 mM BaCl₂ (Sigma, Schelldorf, Germany), 115 mM NaCl and 5 mM histidine (Merck, Darmstadt, Germany) in ultra-pure water.

2.3 Cell culture

Murine fibroblast cells (L929 cell line) were obtained from DSMZ (Braunschweig, Germany) and cultivated with Dulbecco's modified Eagle media (Gibco, Invitrogen, Karlsruhe, Germany) comprising 10% foetal bovine serum

and 1% Gentamycin in standard conditions (37°C, 5% CO_2).

For cell suspension experiments, the adherent mouse fibroblasts were removed and concentrated to 2E + 6 cells/ml, then diluted 1:1 with alginate solution, cryoprotective solution [dimethyl sulfoxide (DMSO) or trehalose in culture medium] or culture medium.

For three-dimensional (3D) encapsulation, the kinetic mask product of 1 ml alginate–cell mix was directed into a tank containing a cross-linking solution. After 20 min of incubation, the capsules were removed by centrifugation and surplus BaCl₂ solution removed by three washes with PBS (Invitrogen, Karlsruhe, Germany). Vitality tests were performed immediately by fluorescence staining with ethidium bromide and fluorescein diacetate (Nikon fluorescence microscope Eclipse TE 300).

In 2D encapsulation, one droplet of a cell-alginate mixture was spotted by kinetic masking onto a target Petri dish pre-coated with 0.01% polylysine in PBS. The resulting droplet pattern was carefully overlaid with cross-linking solution, incubated for 20 min at RT and washed with PBS. The vitality of the encapsulated cells was determined by fluorescence staining. For comparison, 2D encapsulation studies were also performed with a Nanoplotter (NP2; GeSim, Dresden, Germany) (Ehrhart et al. 2007).

Some HDPE masks were treated with oxygen plasma (low pressure) in a "nano" system from Diener Electronic (Nagold, Germany) for 60–90 s to change the surface characteristics.

3 Results

3.1 System handling

In the case of ultra-pure water, dyed with trypan blue, cannulas with inner diameters of 0.41, 1.2 and 2.7 mm produce drops with 1.8, 2.4 and 2.8 mm diameter. For water (viscosity ~ 1 mPa s), even small fall heights are sufficient for kinetic masking. More viscous media require larger falls. For example, a 0.35% alginate solution (sonicated 15 min) has a viscosity of 7 mPa s in case of *L. trabeculata* and a viscosity of 6 mPa s in case of *L. nigrescens*. These can pass the mask after a fall of 110 cm.

3.2 Masking process

Figure 2a shows a drop split by a metal mask (round holes of 1,000 µm diameter) in lateral view. The instant when the drop first hits the mask is taken as time zero ($t_0 = 0$ ms). The drop passes through the grid with rather little broadening and separates into several liquid tubes (see Fig. 2a3).

Fig. 2 a Characteristics of a drop division by a metal round hole mask (see a1) recorded by a high-speed video camera at 4,000 frames per second in lateral view (grid size $800 \mu m$, d1 20 cm, cannula inner diameter 1.2 mm). b Plot of the position of the leading edge of a drop (3.1 mm diameter, 20 cm fall) before impact and the leading edge of the central tube afterwards. c Plot of the radial flow of a masked drop



The number of tubes is the number of holes through which the drop actually passed and depends on drop diameter and grid pitch. The tubes curve outward and spread away from the centre of impact, with the outer ones deflected more than the inner.

The passage of a 1.8 mm diameter water drop from $d_1 = 20$ cm through a metal mask (round hole, see Fig. 1c3) gives a tube angle α of 91° at time t = 6.25 ms. Increasing the height to 40 cm gives an angle α of 77° at t = 2.5 ms. The angles were measured at the times when the tips of the liquid tubes reached the same z-position. With a HDPE grid (size 800 µm), 1.8 mm drop and $d_1 = 40$ cm, the angle was 85°.

Figures 2a, 3 and 4 show the tubes breaking into microdroplets (with volumes ranging from picolitres up to about 0.3 μ l), with the leading ones tending to be larger than the trailing ones. Droplet formation usually starts at about 3.5 ms and the tubes also appear to straighten at about this time. Before attaining their final spherical shape, many droplets can be seen to be rotating and/or oscillating.

Experiments with plasma-treated surfaces (oxygen) showed reduced contact angles of water on the masks (reduction from 87.73° to 3.49°), but revealed no obvious changes in the masking process.

3.3 Reproducibility of the separating process

Figure 3 illustrates the high reproducibility of tube formation and Fig. 4 that of the final droplet pattern. For a reproducible pattern, the impact point must be controlled (compare Fig. 2a, where the impact point seems to be on the land of a grid, with Fig. 3a, where the impact is over a hole). But, as long as the impact point remains constant (as in Fig. 3), tube formation and thus the final droplet pattern on the substrate are identical.

The number of tubes (e.g. Fig. 3) equals the number of grid holes penetrated by the drop and the number of major spots in the resulting droplet pattern (see Fig. 4). The liquid tubes break into a multitude of droplets, but the flight vector of droplets from the same liquid tube is nearly identical, so that they finally merge again on the substrate.

The resulting droplet's volume and size mainly depend on the sample itself and on the metrics of the mask.

3.4 Reproducibility and scaling of the resulting pattern

Figure 4a1–c1 shows photographs of droplet patterns. The spot patterns of different runs using the same parameter set can be overlaid. Examples for the three different parameter



different runs with equal parameters at the same time t, each of a kinetically masked ultra-pure water drop. The drops were generated by cannulas with an inner diameter of 0.4 and 1.2 mm, respectively and separated through a metal round hole grid in (**a**) and a metal square grid in (**b**). The exposures illustrate the high reproducibility of the process

Fig. 3 a, b Frames of three

sets are shown in Fig. 4 and the reproducibility is remarkable.

The grids used for Fig. 4 were regular and the main droplets in each pattern are equidistant. The parameters of Fig. 4a, b differ only in d_2 , the distance between masking unit and target, which allows the whole pattern to be scaled up and down. However, the relationship between spot separation and d_2 is not linear.

Also, the initial drop size affects the resulting pattern. Figure 4a, c has the same d_2 , but Fig. 4a used a 1.8 mm drop and gave a spot-spot distance of about 0.75 cm, whereas Fig. 4c used a 2.8 mm drop and the separation was about 0.55 mm.

The outer spots, particularly, are elongated along the radius from the centre of the pattern. This is also the projection of the flight vector of the liquid tube.

To yield reproducible droplet patterns, it is crucial to ensure a clean drop breakaway and a central impact on the grid. If these conditions are not met, the resulting pattern can have outlying minor spots (e.g. black in Fig. 4c2). The minor spots also tend to lie along the radii.

3.5 Applications

3.5.1 Masking of cell suspensions

Dispensing cell suspensions with the kinetic mask yields excellent cell vitality, even at large fall distance $(d_1 = 110 \text{ cm})$ and small mask holes (HDPE mask with 200 µm holes). With all combinations of height and mask, cell viability exceeded 99% when droplets were gathered from the target by pipette and a vitality test performed. Cells could also be cultivated in the droplet pattern. However, not all cells pass through the mask; some remain in the liquid, clinging to the mask.

3.5.2 Encapsulation

3D encapsulation of cell–alginate mix in general yields cell vitalities of at least 95%. This excellent viability depends to some extent on the fact that the cell suspension is mixed in a 1:1 ratio with the alginate solution. Centrifugation and resuspension of cells in pure alginate reduce vitality to 85%. As shown in Fig. 5a, the capsules resulting from cross-linking cell-containing alginate with a viscosity of 7 mPa s vary in size from 300 to 2,000 μ m (maximum diameter) and have somewhat irregular shapes. The inset in Fig. 5a shows a fluorescently stained capsule. The cells appear to be distributed randomly with no preferred regions.

Figure 5b shows a 2D encapsulation of cells in ultrasonically treated 0.7% *L. trabeculata* alginate solution (treatment duration: 6 min, viscosity: 32 mPa s). The pattern was produced by a metal grid (hole size 800 µm) and intercepted on a poly-L-lysine treated Petri dish; the initial drop gained its kinetic energy from a 60 cm fall and the resulting main spots are about 2,000 μ m (maximum diameter). Comparison experiments were performed by spotting cells with a NanoPlotter on a similar dish. The patterns were cross-linked in BaCl₂ solution. The inset of Fig. 5b1 shows that the viability of encapsulated cells after kinetic masking is very high. It varies from 85 to 98% in the single droplets. In contrast, cells spotted with the plotter were not vital (not shown). The inset in Fig. 5b is a live–dead stain of a single droplet produced by kinetic masking (2D encapsulation). A single droplet produced by the Nanoplotter shows only red cells, and the vitality is always 0%.

3.5.3 Cryopreservation

Figure 5c displays the setup for cryopreservation experiments using kinetic masking. Instead of the computerised target mount, a Petri dish was located centrally underneath the mask floating on liquid nitrogen in a dewar. High-speed video shows that the droplets reach the target dish at slightly different times (data not shown). Freezing rate can be estimated by examining the frames. Large droplets are entirely frozen in about 60 ms, which corresponds to a rate between about 800 and 1,200°C/min. Smaller droplets freeze faster than larger ones and the tiny droplets produced by the 200 µm HDPE grid freeze even before they reach the surface. The shoulder in the vertical temperature profile (Fig. 5d) corresponds to the top of the dewar, and the grid at 10 cm above the nitrogen surface is only about 1.6°C below ambient air temperature. Work is in progress to develop suitable cryo-protocols for cells.

3.5.4 Mixing of micro-volumes

Figure 5e1, e2 displays the effect of a wet grid on the masking process of an ultra-pure water drop, dyed with phenol red, and how this can be useful in biotechnology. A dry mask divides the drop normally (Fig. 5e1). A mask wetted with ultra-pure water intensely dyed with trypan blue seems to mix the solutions and have a drastic effect on the masking process.

4 Discussion

4.1 The mask process

The masking process is clearly complex and the possibility of an analytical or, probably, even a numeric solution, is being revised. This discussion is, therefore, limited to an estimation of the magnitude of some of the quantities involved.





The sizes of the initial drops produced by different cannulas follow closely the equation based on the work of Heertjes et al. (1971). The velocities, measured just before impact, are as expected from the height of fall. Table 1 shows the dependence of terminal fall velocity on drop size. Even at the greatest height of fall, the impact velocity (~4.6 m/s) is only a small fraction of the terminal velocity of the smallest (1.8 mm) drops. A 1.8 mm drop, after a short (100 mm) fall, has kinetic energy of ~ 30×10^{-7} J and, if pure water, a surface energy of ~ 12×10^{-7} J. However, for most combinations of drop size and fall height reported here, the surface energy is a smaller fraction of the total initial energy.

The video frames presented here generally cover a period of ~ 10 ms. In this time, the force of gravity will cause a droplet to move by only ~ 0.5 mm, and air resistance at sub-terminal velocities will have an even smaller effect. The motion during the impact itself is, therefore, primarily governed by inertia, viscosity and interfacial tension.

Figure 2b plots the position of the leading edge of a drop (3.1 mm diameter, 20 cm fall) before impact and the leading edge of the central tube afterwards. The velocity of the leading edge is very nearly constant. However, the trailing edge of the tube moves much more slowly. The initial drop traverses its own diameter in ~ 1.5 ms, but the tail of the tube may take ~ 8 ms to emerge from the mask.

Fig. 5 a Photograph of a Petri dish containing microcapsules produced by the process of kinetic masking. Inset shows a typical single capsule with fluorescence-stained cells. **b** 2D encapsulation: Petri dish containing alginate-cell droplet pattern produced by kinetic masking with a metal grid (size 800 µm). Inset shows a typical single capsule with fluorescence-stained cells. c Photograph of the kinetic masking setup used for the cryopreservation experiments. d Measured temperature gradient above the liquid nitrogen surface (setup see c). e High-speed video exposures of a masking process with a dry (e1) and a wetted (e2) metal grid to the same time point. The masking process of the wet grid is retarded and of very different characteristics



Immediately after impact, the drop spreads on the top surface of the mask (in the case of this drop, the horizontal diameter increased about 22% to a maximum of 0.75 ms, although the liquid was visible in holes further away from the centre). This radial flow must be responsible for the outlying tubes being angled away from the centre. It is likely that the liquid is forced through the holes obliquely at this stage without wetting part of the surface (Fig. 2c inset). If this is true, then the aspect ratio (hole diameter/mask thickness) would be an important parameter. The spreading seems to be complete in about the time taken for the initial drop to travel its own diameter, which may explain the curvature of the tubes during this period, as flows are hardly likely to be constant. At this time, the residual hemispheric form of the drop disappears and vertical and horizontal velocities on the upper surface of the mask fall to low values. However, the liquid is still visible above the mask for a much longer time. It may be that after the initial impact, liquid is pulled through the holes by the momentum of the leading part of the tube. Certainly, the emerging tubes are much straighter during this subsequent period. Figure 5e2 shows a drop impacting on a wet grid. It displays

Table 1 The surface energy is area $\times [\sigma - T \times (d\sigma/dT)]$ where σ is the surface tension and *T* the absolute temperature

Diameter (mm)	Volume (µl)	Area (mm ²)	Surface energy $(J \times 10^7)$	Terminal velocity (m/s)	$k (s^{-1})$
3	14.1	28.3	33.4	268	0.0366
1	0.524	3.14	3.70	29.8	0.329
0.3	0.0141	0.283	0.334	2.68	3.66
0.1	0.000524	0.0314	0.037	0.298	32.9

 $k = 6\pi\eta r/m = g/v_t$ is the reciprocal of the stopping time of the particle. Where η is the viscosity of air, r the drop radius, m the drop mass, g the acceleration due to gravity and v_t the terminal velocity. The values have been taken from standard tables

a typical splash crown (absent in dry grids) and the emerging tubes are nearly vertical. Clearly, the spreading processes are quite different in the wet and dry cases.

The initial drop has energy $\sim 370 \times 10^{-7}$ J, of which about 90% is kinetic. It is possible to make rough estimates of the total tube kinetic energy (60–100 × 10⁻⁷ J), tube surface energy (90–140 × 10⁻⁷ J) and surface energy of the water–mask interface (<20 × 10⁻⁷ J). The water– mask interface is, therefore, a minor term in the overall energy balance, and it is not surprising that modifying the mask surface had no apparent effect on the process.

The straightening of the leading curved part of the tube cannot be attributed purely to surface tension. The surface area of a toroidal segment is identically equal to that of a straight cylinder of the same (tube) radius and volume. So, surface tension will drive the segment towards a spherical form, without a tendency to pass through an intermediate straight form. The straightening is likely to arise from a combination of surface tension and the velocity gradient that exists along the tube.

The fragmentation of a jet (with length > perimeter) into droplets is a well-known phenomenon and experience suggests that high viscosity will tend to stabilise the jet.

Whilst gravity and air resistance are of little consequence during the mask impact, they are important during the subsequent flight of the droplets. Fig. 5c illustrates the likely range of trajectories for droplets of different sizes and initial velocities, initially moving at 30° to the vertical. The curvature and spread of the lines is almost certainly the cause of the non-linearity of pattern scaling and the elongation of final spots, which become marked when masktarget distance exceeds about 2 cm.

4.2 Experimental setup

The major factor affecting reproducibility seems to be the impact point of the drop on the grid. The anti-static precautions seem to be adequate, but the addition of heat filters for the lighting should reduce convection currents in the downpipe and help to control impact point. Also, protection of the target area from draughts should improve reproducibility.

The metallic grids seem to induce less curvature of the liquid jets than do the HDPE ones. However, this might be a consequence of aspect ratio, rather than material. Further experiments with various materials and geometries are needed.

Embedding cells in a matrix (similar to 19) might protect them, although shear forces increase with the viscosity of the medium and conditions would have to be carefully controlled. The influence on masking processes with liquids of a viscosity far above that of water has not been examined yet.

Kinetic masking is the first method that is capable of direct defined and parallel dispensing of cell suspensions, and can be used to generate arrays of micro-cell reactors. The process of masking has no major effect on the vitality of L929 cells, although there is some apparent loss of cells. The degree of loss varies with the medium, but never exceeds half. Further experiments will clarify at which point of the system this loss occurs.

Kinetic masking is limited by the viscosity of the samples and the homogeneity of the resulting droplets. Nevertheless, especially for biologically relevant solutions, this method has clear advantages. The high reproducibility and defined droplet patterns are improvements over spraying techniques. In summary, we introduced an efficient and low-cost dispenser for biologically relevant fluids, especially cell suspension, with promising applications in biotechnology, biology and medicine.

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