Erratum to: Strength training elevates HSP27, HSP70 and α B-crystallin levels in muscoli vastus lateralis and trapezius

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The author would like to correct errors in the original publication of the article. The corrected details are given below.

The corrected Table 3 caption should read as

Table 3 Percentage relative to pre-values (set to 100 %) of the cytosolic protein levels of HSP27, HSP70 and α B-crystallin in the m. trapezius (pars superior) and m. vastus lateralis for the 1L-3UB and the 3L-1UB groups

The fourth paragraph of the “Results” section should read as

...the only detected increase was for HSP27 in the cytosolic fraction after 2 weeks of training (Figs. 2, 3). In the vastus lateralis, the cytosolic levels of HSP27 increased by

54 ± 59 and 86 ± 69 % after 2 and 11 weeks compared to pre-values (both $p < 0.05$), while HSP70 increased by 65 ± 97 % (ns) and 46 ± 51 % ($p < 0.05$) after 2 and 11 weeks. α B-crystallin increased by 79 ± 100 % (ns; 2 weeks) and 84 ± 82 % ($p < 0.05$; 11 weeks).

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