Time-frequency analysis of heart rate variability during immediate recovery from low and high intensity exercise

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Unfortunately, the statistical differences for normalized low (LFP_{nu}) and high frequency power (HFP_{nu}) during a low intensity exercise (LI) session in Fig. 1 were reported incorrectly. Figure 1, as corrected, is shown below. Neither LFP_{nu} nor HFP_{nu} differed statistically between the stationary phases of the LI session, as correctly stated in the text.

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◀ **Fig. 1** Heart rate and the FFT derived heart rate variability indices during the stationary phases of the experiment, i.e. the sitting baseline (BL), during the exercise (EXE₇₋₁₀) and recovery (REC₇₋₁₀) minutes seven to ten. *LI* low intensity exercise, *HI* high intensity exercise, *HR* heart rate, *LFP* low frequency power, *HFP* high frequency power. Statistically significant difference compared to BL at ** $P < 0.01$ and *** $P < 0.001$, compared to EXE₇₋₁₀ † $P < 0.05$ and †† $P < 0.01$ and ††† $P < 0.001$