Comment on “Nutrient reference values for bioactives: new approaches needed? A conference report” (European Journal of Nutrition, April 2013, Volume 52, Issue 1 Supplement, pp 1–9)

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I have read this article with much interest and would like to provide some clarification. The abstract of this article notes that the US Food and Drug Administration (FDA) sets a labeling value for dietary fiber based on the Institute of Medicine (IOM) Adequate Intake (AI). In 1993, FDA established a Daily Value for dietary fiber (25 g) based on a report from the Life Sciences Research Office (LSRO) that was published in 1987 [1]. Although the IOM set an AI for dietary fiber in 2002 [2], the current Daily Value for dietary fiber continues to be based on the 1987 LSRO report.

References

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2. IOM (2002) Dietary reference intakes for energy, carbohydrate, fiber, fat, fatty acids, cholesterol, protein, and amino acids. National Academies Press, Washington, DC

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