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## Intravenous busulfan in adults prior to haematopoietic stem cell transplantation: a population pharmacokinetic study

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**Abstract** An IV form of busulfan (IV Bu) has recently become available for high dose conditioning regimen before haematopoietic stem cell transplantation (HSCT). This IV form is expected to reduce the high pharmacokinetic variability exhibited with oral busulfan and as a result, to better target the plasma area under the curve (AUC). Pharmacokinetics (PK) of IV Bu was investigated on 127 adult patients (333 PK administrations) who received  $0.8 \text{ mg} \cdot \text{kg}^{-1}$  of Bu as a 2-h infusion every 6 h over 4 days, followed by cyclophosphamide ( $60 \text{ mg} \cdot \text{kg}^{-1} \text{ day}^{-1} \times 2$ ). A retrospective population PK analysis was carried out to search for important predictive factors of IV Bu PK and to develop a limited sampling strategy (LSS) through Bayesian methodology. The analysis was conducted using the Non Linear Mixed Effect methodology and included a validation process on an independent data set. Adjusted Ideal Body Weight (AIBW) and Body Surface Area (BSA) were the best covariates to explain the inter-patient variability. The final inter-patient variability ( $\text{CV} = 16\%$ ) in IV Bu clearance ( $\text{Cl}_{\text{tot}}$ ) was estimated close to the intra-patient variability ( $\text{CV} = 13\%$ ). There was neither age-dependency nor gender effect. IV Bu  $\text{Cl}_{\text{tot}}$  was not affected by elevated hepatic enzymes or by co-administration of either fluconazole or acetaminophen, and was not altered in heavily pre-treated or pre-transplanted patients. Normalised  $\text{Cl}_{\text{tot}}$  based on either AIBW or BSA was comparable between normal and obese patients ( $\text{BMI} = 18\text{--}26.9 \text{ kg} \cdot \text{m}^{-2}$ ,  $> 26.9 \text{ kg} \cdot \text{m}^{-2}$ , respectively) whereas significant differences existed when based on either actual (ABW) or ideal body weight (IBW). As a consequence, no dose adjustment is required in obese patients when using a AIBW- or BSA-based dose calculation. A fixed dose of  $0.80 \text{ mg} \cdot \text{kg}^{-1}$  of AIBW or

$29 \text{ mg} \cdot \text{m}^{-2}$  of BSA yielded an average AUC of  $1,200 \text{ } \mu\text{M} \cdot \text{min}$ , with 80% of patients within the “therapeutic” AUC range of  $900\text{--}1,500 \text{ } \mu\text{M} \cdot \text{min}$ . Alternatively,  $0.80 \text{ mg} \cdot \text{kg}^{-1}$  based on either ABW or IBW for normal patients and on AIBW for obese patients would achieve the same performance. A limited sampling strategy based on a Bayesian methodology was developed and validated on an independent dataset: AUCs obtained from one to two samplings were demonstrated to be reliably estimated.

**Keywords** Busulfan · Haematopoietic · Stem cell transplantation · Pharmacokinetic study

### Introduction

Busulfan is an alkylating agent commonly used in preparative regimens prior to haematopoietic stem cell transplantation (HSCT) in treatment of various malignancies and inherited disorders. For several decades, only an oral form of busulfan (oral Bu) has been available. Oral Bu high-dose in combination with cyclophosphamide (Cy) has become a widely used chemotherapy-based conditioning regimen prior to both allogeneic and autologous bone marrow transplantations (BMT). A standard oral Bu schedule is  $1 \text{ mg/kg}$  administered every 6 h during 4 days. As most of cytotoxic drugs, oral Bu exhibits a narrow therapeutic index. Several investigators associated the serious side effects of Bu-based therapy with systemic exposure. High areas under plasma concentrations-versus-time curve (AUC) are known to increase the risk of severe related-regimen toxicities including hepatic veno-occlusive disease (VOD) [6, 8, 14, 15, 33]. Conversely, low Bu AUCs are correlated with an increased risk of graft rejection and leukaemic relapse. Several reports [2, 8, 14, 32] indicate that a Bu AUC of  $900\text{--}1,500 \text{ } \mu\text{M} \cdot \text{min}$  in adult patients receiving Bu q6h-based regimen prevents therapy failure without being associated with unacceptable severe toxicities or risk of developing VOD. PK of oral Bu were

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extensively studied in both adults and children. Busulfan (Bu) is mainly eliminated through the liver [12, 13, 16] where it is converted into inactive metabolites by a glutathione-reductase-dependent mechanism involving glutathione-S-transferase enzymes [7, 27]. Renal elimination of Bu is limited; a mere 2% of the unchanged drug is excreted in urine [9, 20]. The magnitude of inter-patient variation associated with oral Bu apparent clearance (Cl/F) was estimated as high as 10-fold and more [15, 18, 20]. Patients' characteristics and treatment co-factors were examined to better understand this huge variability. Body size parameters such as Actual Body Weight (ABW), Body Surface Area (BSA), Ideal Body Weight (IBW), and Adjusted Ideal Body Weight (AIBW) have been correlated with Bu Cl/F [11, 30]. Age, obesity, diseases' specific variations, hepatic dysfunctions and drug–drug interactions might have contributed to the variability of oral Bu PK. Even when taking these factors into account, a PK-guided dose adjustment is still recommended to control the variability of oral Bu AUC. The unpredictable bioavailability of oral Bu [4, 22] prompted the development of an intravenous form of busulfan. This IV form of Bu in combination with Cy has been investigated during several clinical trials as pre-transplantation conditioning therapy in patients undergoing allogeneic and autologous HSCT for haematological cancers. During these studies, IV Bu doses were administered at a fixed dosing of  $0.8 \text{ mg}\cdot\text{kg}^{-1} \text{ q.i.d.}$  over 4 days. A 2-h infusion was selected in order to mimic the PK profile of oral Bu. PK data were collected from all the patients at several administrations. A population pharmacokinetic analysis using the Non Linear Mixed Effect methodology was performed from the pooled data. This retrospective analysis was aimed mainly at assessing both inter-patient and inter-dose variabilities, and defining dosing guidelines by searching relevant covariates that influence the Bu exposure. The other objective was to develop and then to validate a Limited Sampling Strategy (LSS) that will enable to determine the Bu AUC based on a very small number of plasma samples per patient.

## Material and methods

### Patients and dosing schedule

Data were obtained from 127 patients, including 103 patients from two phase II pivotal studies performed during the clinical development of IV Bu in USA between June 1996 and November 1997. Sixty-one and 42 patients were prepared for allogeneic and autologous transplants, respectively. Allogeneic patients were reported in a previous publication by Andersson et al. [1]. Autologous patients participated to a similar study. The remaining 24 patients were enrolled in three studies subsequent to the two-phase II pivotal trials. In all the trials, IV Bu was first administered over 4 days and followed by a 2-day therapy of cyclophosphamide at

$60 \text{ mg}\cdot\text{kg}^{-1}$  daily. Transplantation was completed after one-day rest. The busulfan injection consisted of Bu ( $6 \text{ mg}\cdot\text{ml}^{-1}$ ) dissolved in dimethylacetamide (DMA, 33%, v/v) and polyethylene glycol-400 (PEG400, 67% v/v). The IV Bu dose was diluted in normal saline or 5% dextrose to approximately 0.5 mg/ml and infused via a controlled-rate infusion pump through a central catheter. Bu was administered intravenously at  $0.8 \text{ mg}\cdot\text{kg}^{-1}$  over 2 h every 6 h for 16 doses. Sixty-eight percent of patients were dosed based on Ideal Body Weight (IBW), 23% on Actual Body Weight (ABW) and 9% on Adjusted Ideal Body Weight (AIBW). The following formulae were used to calculate IBW and AIBW [11]:

- Ideal body weight (IBW) :

$$\text{IBW (kg; men)} = 50 + 0.91 \times (\text{height} - 152)$$

$$\text{IBW (kg; women)} = 45 + 0.91 \times (\text{height} - 152)$$

with height expressed in cm.

- Adjusted ideal body weight (AIBW):

$$\text{AIBW (kg)} = \text{IBW} + 0.25 \times (\text{ABW} - \text{IBW})$$

with IBW and ABW expressed in kg.

No dose adjustment was made during the whole Bu therapy and phenytoin was administered as seizure prophylaxis.

### Sampling and Bu determination

Plasma samples were collected following the first (day 1) and the ninth (day 2) doses at pre-infusion, 0.25, 0.5, 0.75 h after the start of the infusion, 5 min before the end of infusion and 0.25, 0.5, 1.0, 2.0, 3.0, and 4 h after the end of infusion. For dose 13 (day 3), samples were collected at pre-dose (before the start of infusion) and just before the end of infusion. Most samples were drawn from a peripheral IV line. All Bu concentrations were determined at a central laboratory using a validated Gas Chromatography method with Mass Selective detection (GC-MS) [34]. The limit of detection of the assay method was  $62.5 \text{ ng}\cdot\text{ml}^{-1}$  and the within-run and between-run coefficients of variation were always below 10%.

### Population pharmacokinetic model development

The population model development was carried out by Non linear Mixed Effect modelling, using the First Order With Conditional Estimation (FOCE) method within the NONMEM program (version 5.0) [3]. A covariate-free PK model (basic model) was first developed to best describe the concentration-time profiles of IV Bu. A one or a two-compartment pharmacokinetic model with a first order elimination from the central compartment was assessed. Inter-individual as well as inter-occasion variabilities (variability between doses 1, 9 and 13) were introduced into the model as exponential error models. Residual variability was described using an additive error model.

Current dosing practice involves a calculated Bu dosing based on different body-size parameters such as Actual Body Weight (ABW), Ideal Body Weight (IBW), Adjusted Ideal Body Weight (AIBW) and Body Surface Area (BSA). As a consequence, the respective influence of each of the body size parameters on IV Bu PK was evaluated using univariate NONMEM analyses. Direct linear relationships between body size parameter and  $Cl_{tot}$  were modelled [e.g.  $Cl_{tot} = \theta_1 \cdot BSA$ ]. Each influence on  $Cl_{tot}$  was assessed from the improvement of fit between basic (covariate-free model) and tested model (with only one parameter) and its ability to explain the inter-patient variability. NONMEM calculates the Objective Function Value (OFV), which is a “goodness of fit” statistics. Any drop in OFV by more than 6.63 and 10.83 denotes an improved fit at  $p < 0.01$  and  $p < 0.001$ , respectively.

The best “body size index model” was then selected and used to screen the influence of the other covariates (i.e. age, gender, biochemistry variables, prior chemotherapy, concomitant drugs, prior transplant and type of graft). They were alternatively included into the selected “body size index model” and those significantly improving the fit ( $p < 0.01$ ) were subsequently entered into the model. Finally, the model was re-assessed using a backward elimination procedure. The modelling process was also guided by graphical approaches, plotting empirical Bayes estimates of PK parameters versus each covariate.

#### Impact of obesity on IV Bu clearance

Differences in normalised  $Cl_{tot}$  (from each parameter: ABW, IBW, AIBW or BSA) among categories of weights were evaluated. According to Body Mass Index (BMI), four weight categories were defined: underweight ( $BMI < 18 \text{ kg}\cdot\text{m}^{-2}$ ), normal ( $BMI \text{ } 18\text{--}26.9 \text{ kg}\cdot\text{m}^{-2}$ ), obese ( $BMI \text{ } 27\text{--}35 \text{ kg}\cdot\text{m}^{-2}$ ) and severely obese ( $BMI > 35 \text{ kg}\cdot\text{m}^{-2}$ ). BMI was calculated as  $\text{Weight (kg)}/\text{Height}^2(\text{m}^2)$  [11].

A first analysis was based on group comparisons using either one-way analyses of variance (ANOVA) or the equivalent non-parametric tests (Kruskal Wallis test). Then, a NONMEM modelling approach was used in order to confirm the first analysis. The impact of obese and severely obese covariates was tested on each body size index model: a decrease in OFV higher than 6.63 ( $p < 0.01$ ) confirmed a significant improvement of fit. An example of model equation was:  $Cl_{tot} = \theta_1 \cdot ABW \cdot (1 + \theta_2 \text{ Obese}) (1 + \theta_3 \text{ Severely Obese})$  where obese and severely obese covariates were coded as 1 for obese or severely obese patients, otherwise zero.

#### Final model qualification and limited sampling strategy development

Final model equations and limited sampling strategies were assessed from a dataset never used for model

development. This new validation dataset consisted of 24 patients (34 PK administrations: 12 at dose 1 and 22 at dose 9) enrolled in the three studies mentioned above. The final model was re-fitted on this validation dataset, and the resulting model parameters were compared to the initial ones from the training set ( $n = 103$  patients); the model was qualified if there was no significant differences (Wald’s test) between both sets of model parameters.

Once the model qualified, several schedules of LSS were generated (i.e. one to three sampling per dose and per patient). Empirical Bayes estimates of  $AUC_{inf}$  (dose 1) and  $AUC_{ss}$  (dose 9) from sparse sampling data were compared to the actual ones from full sampling data. Of note, the AUCs were calculated from the final population PK model developed from the training dataset. Mean prediction error as a measure of bias and Root Mean Square Error (RMSE) as a measure of precision were used to compare the various limited sampling designs. The best design required no significant bias to zero and the best precision (lowest RMSE value).

## Results

### Data

Concentrations data versus sampling time are presented on Fig. 1. The analysed dataset consisted of 2,207 concentrations from 103 patients and 299 administrations (PK data were missing from three and seven patients at doses 9 and 13, respectively). All patients were treated for haematological malignancies: 44 (43%) had lymphoma, 33 (32%) had acute leukaemia, 17 (16%) had chronic myelogenous leukaemia and 9 (9%) had a myelodysplastic syndrome. Body size parameters as well as the other demographic and biochemical characteristics recorded just before the Bu/Cy conditioning regimen are summarised in Table 1. Chemotherapy before Bu administration was received by 97 patients, 21 (20%) had received at least four prior chemotherapy courses (from

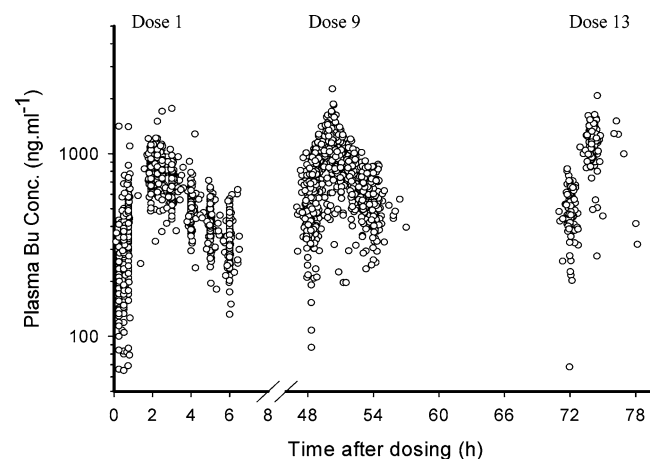


Fig. 1 Plasma IV Bu concentration versus time plot

**Table 1** Patient characteristics

	Mean $\pm$ SD	Range
<i>Demographic</i>		
ABW (kg)	79.5 $\pm$ 18.7	41–125
AIBW (kg)	69.3 $\pm$ 11.2	47.2–95.1
IBW (kg)	65.8 $\pm$ 10.8	41.4–91.9
BSA (m <sup>2</sup> )	1.94 $\pm$ 0.259	1.40–2.50
BMI (kg m <sup>-2</sup> )	26.9 $\pm$ 5.83	15.3–46.9
Age (years)	39.2 $\pm$ 11.4	19.0–64.0
Gender (M/F)	60/43	
<i>Biochemistry</i>		
Serum creatinine (mg dl <sup>-1</sup> )	0.848 $\pm$ 0.225	0.30–1.50
Clcr* (ml min <sup>-1</sup> )	126.6 $\pm$ 46.2	51.4–363.4
Serum albumin (g l <sup>-1</sup> )	3.49 $\pm$ 0.491	2.40–4.70
Total bilirubin (mg dl <sup>-1</sup> )	0.512 $\pm$ 0.240	0.10–1.70
Alcaline phosphatase (IU l <sup>-1</sup> )	98.0 $\pm$ 54.9	37.0–333
Lactate dehydrogenase (IU l <sup>-1</sup> )	460.6 $\pm$ 262.2	111–1743
Serum glutamyl pyruvate transaminase (IU l <sup>-1</sup> )	42.4 $\pm$ 38.7	8.0–215

\* Creatinine clearance calculated according to the Cockcroft and Gault formulae

four to eight courses), 36 (35%) had prior radiotherapy (from one to five courses), and 11 (11%) had prior transplants. When sufficient occurrences were available (at least 10% of patients), the impact of concomitant drugs on IV Bu Cl<sub>tot</sub> was evaluated. The following associated drugs were tested: acetaminophen (18% of patients), fluconazole (13%) and anti-emetics 5-HT3 antagonists, mainly ondansetron (72%).

### Population model development

A one-compartment model with first order elimination was suitable to describe concentrations versus time profiles. Concentrations below the limit of quantification were observed 15 min after the start of infusion (on the first dose) in about one third of patients. This was explained by the infusion of the hold-up volume not pre-filled with the IV Bu solution. This delayed Bu infusion was modelled by introducing a lag compartment into the model, which resulted in high improvement of fit (drop in OFV > 1,000).

Body size parameters (BSA and ABW) were similarly and highly correlated with the Bu volume of distribution (V<sub>c</sub>). The best fit was obtained when V<sub>c</sub> was modelled as a power function of ABW:  $V_c = \theta_2 \cdot ABW^{\theta_1}$ , where  $\theta_1$  and  $\theta_2$  represent the slope and the intercept of the equation, respectively. The intercept was not different from 1 and the slope was 0.87. Consequently, the equation was simplified as  $V_c = ABW^{\theta_1}$ . This last model yielded a reduction for inter-individual variability in V<sub>c</sub> from 24% (covariate-free model) to 13% (power function model).

Influence of body size parameters was further investigated on Cl<sub>tot</sub>. Body size models for Cl<sub>tot</sub> are reported in Table 2. There were no large differences between the body size index Cl<sub>tot</sub> models, and the inter-individual variability ranged from 16.2% to 19.6% depending on the model. Nevertheless, the best improvement of fit (the highest drop in OFV) and the minimal inter-individual variability were obtained with the BSA-based model (see

**Table 2** Body-size models

Models	Equation	OFV <sup>o</sup>	Inter-individual variability in IV Bu Cl <sub>tot</sub>
BSA model	Cl <sub>tot</sub> (l.h <sup>-1</sup> ) = 5.96.BSA	22,614	16.2%
ABW model	Cl <sub>tot</sub> (l.h <sup>-1</sup> ) = 0.148.ABW	22,637	19.6%
IBW model	Cl <sub>tot</sub> (l.h <sup>-1</sup> ) = 0.176.IBW	22,656	19.3%
AIBW model	Cl <sub>tot</sub> (l.h <sup>-1</sup> ) = 0.167.AIBW	22,632	16.7%

<sup>o</sup>OFV objective function value produced by NONMEM

Table 2). The inter-individual variability in Cl<sub>tot</sub> decreased from 22% (covariate-free model) to 16% (BSA model). BSA model parameters are reported in Table 3. All the other covariates were separately inserted into the BSA-based model; however there was no further improvement of fit (decrease in OFV < 6.63). Patient's biochemistry characteristics, gender, age, prior transplant, previous chemotherapies and/or radiotherapy showed no significant correlation with Bu Cl<sub>tot</sub>. Concomitant drugs (fluconazole, acetaminophen and the 5HT-3 antagonists) had no influence.

### Final model qualification and limited sampling strategy

Patients' characteristics were similar between the validation ( $n = 24$  patients) and the training datasets ( $n = 103$  patients). Age, BSA and ABW in the validation dataset ranged from 14.3 years to 64 years, 1.41 m<sup>2</sup> to 2.44 m<sup>2</sup>, and 43.3 kg to 115 kg, respectively.

The stability of the final model was demonstrated through the similarity of model parameters obtained from either the training or the validation dataset (see Table 3).

Bias and precisions of AUC calculations of each tested LSS are reported in Table 4. The best result was obtained with a two-sampling strategy (15 min and 4 h after end of infusion) (see Fig. 2); i.e. no significant bias and better precision (lower RMSE value). Using this

**Table 3** Final parameters of BSA-based model

Dataset		Training set ( $n=103$ )		Validation set ( $n=24$ )	
		Parameter	SE (%)	Parameter	SE (%)
Cl ( $l \cdot h^{-1}$ )	$\theta 1$ .BSA	5.96	2	5.91	5
Vc (l)	ABW $\theta 2$	0.870	1	0.902	1
Lag time—K12 ( $h^{-1}$ )	$\theta 3$	70.2	35	NE	NE
Inter-individual variability (IIV)	IIV_Cl	16%	23	23%	34
	IIV_Vc	13%	24	15%	30
	IIV_K12	300%	22	NE	NE
Inter-dose variability	IDV_Cl	13%	19	10%	38
Correlation ClvsVc		0.53	33	0.61	53
Residual ( $ng \cdot ml^{-1}$ )		79.2	10	69.5	12

NE not estimated

SE standard error (%)

LSS, the absolute prediction error was  $< 10\%$  in 30 out of the 34 evaluated administrations whereas it was  $< 14\%$  in the four remaining administrations. A one-sampling strategy (early sample collected 30 min to 1 h after the end of infusion) also provided acceptable results without any significant bias and with a good precision (RMSE  $< 10\%$ ). When using only one sample but later-collected (from 4 h to 6 h after dosing), the bias was significantly different from zero and the precision was poor in some patients (absolute prediction error  $> 20\%$ ).

#### Impact of obesity on IV Bu clearance

This analysis was conducted combining the training and the validation datasets ( $n=127$  patients). There were six underweight (BMI  $< 18 \text{ kg} \cdot \text{m}^{-2}$ ), 71 normal (BMI:  $18\text{--}26.9 \text{ kg} \cdot \text{m}^{-2}$ ), 39 obese (BMI:  $27\text{--}35 \text{ kg} \cdot \text{m}^{-2}$ ) and 11 severely obese (BMI  $> 35 \text{ kg} \cdot \text{m}^{-2}$ ) patients.

Comparisons of normalised  $Cl_{tot}$  among categories of weight are reported in Table 5. No significant difference among weight groups was illustrated when IV Bu  $Cl_{tot}$  was normalised using either BSA or AIBW, whereas ABW and IBW-based normalisation showed statistically significant differences ( $p < 0.01$ ) between normal and obese, and normal and severely obese patients.  $Cl_{tot}/ABW$  was 11% lower in obese and 28% lower in severely obese patients than in normal

patients.  $Cl_{tot}/IBW$  was 13% higher in obese and 24% higher in severely obese patients than in normal patients. These results were confirmed with the population modelling approach. When included into the BSA or AIBW body size models, the obese and severely obese covariates did not improve the fit, while these covariates showed a significant improvement of fit ( $p < 0.01$ ) when included into the ABW or the IBW model.

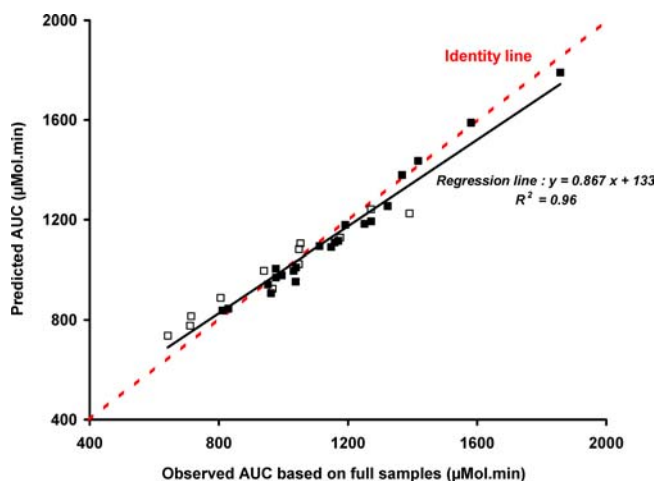
#### Discussion

This population PK study on IV Bu was performed on a representative adult population treated with standard BuCy regimen prior to haematopoietic stem cell transplantation. Previous studies were carried out in an attempt to explain the large variability of oral Bu that is known to be extensively metabolised by the liver [11, 12, 15] through the glutathione (GSH) conjugation pathway. Literature indicates that alteration of the liver function could affect the elimination of oral Bu. From a population PK analysis on 74 patients, Sandstrom et al. [28] found that the clearance of oral Bu was reduced in patients with elevated alkaline phosphatases (ALP). Another study by Hassan M et al. [18] showed high oral Bu concentrations in a patient with elevated liver transaminases. In our study, neither ALP above the upper normal limits nor elevated SGPT affected the total body clearance of IV Bu.

**Table 4** Prediction of  $AUC_{inf}$  (first dose) and  $AUC_{ss}$  (dose 9) using limited sampling strategies

Limited sampling strategy	Sampling time after dosing <sup>o</sup>					
	2 h 15 min and 6 h (%)	2 h 30 min (%)	3 h (%)	4 h (%)	5 h (%)	6 h (%)
Bias mean prediction error	-0.32	-0.90	-0.94	+3.7*	+7.0*	+10.4*
SE ( $CI_{95\%}$ )	[-2.3 to 1.7]	[-3.3 to 1.5]	[-3.3 to 1.4]	[0.7 to 6.6]	[3.2 to 11]	[5.3 to 15]
RMSE	5.9	7.1	6.9	9.4	13	18

\* Significant bias to zero with student t-test<sup>o</sup> Sampling strategies included a trough concentration at dose 9



**Fig. 2** Predicted AUC based on two-samples (2.5 h and 6 h) versus observed AUC based on the full samples set. *Empty squares* are doses 1 and *solid squares* are dose 9. *Dotted line* is the identity line and *solid line* is the regression line

Elevated serum creatinine or low creatinine clearance was not correlated with IV Bu  $Cl_{tot}$ , which was expected since oral Bu renal elimination is known to be very limited [9, 20].

Concerns on drug interactions with oral Bu were reported in literature data [25]. To prevent seizure either phenytoin or benzodiazepine is frequently associated with Bu-based therapy. Phenytoin is known to be a strong hepatic enzymes inducer [23] although no impact on glutathione-S-transferases has been reported. Therefore, the real impact of phenytoin on Bu metabolism remains a controversial issue. Some authors [19, 28] suggested that patients with phenytoin presented a significantly higher oral Bu clearance than patients with benzodiazepines, and that the impact of phenytoin was increasing over the treatment period:  $Cl/F$  calculated at the last oral Bu administration was increased by 20%. On the other hand, Embree et al. [10] did not observe any induction of oral Bu  $Cl/F$  when comparing phenytoin with diazepam groups. In our study, all patients but one received phenytoin as seizure prophylaxis and therefore comparative analysis was impossible. Nevertheless, should an induction have occurred during the treatment period IV Bu clearance would have increased from dose 1 to dose 13. Conversely, the average IV Bu clearance tended to be slightly lower at dose 9

( $Cl = 11.2 \pm 2.74 \text{ l}\cdot\text{h}^{-1}$ ) and dose 13 ( $Cl = 11.1 \pm 2.64 \text{ l}\cdot\text{h}^{-1}$ ) than at dose 1 ( $Cl = 12.6 \pm 3.04 \text{ l}\cdot\text{h}^{-1}$ ). Therefore, an induction is unlikely when phenytoin is concomitantly administered with IV Bu for 4 days.

Anti-fungal imidazole prophylaxis is commonly used in BMT patients. Although the involved mechanism is unclear, some authors [5, 21, 26] suggested an impact of imidazole compounds on oral Bu metabolism. In our study 13 patients received IV Bu with fluconazole. No impact was demonstrated on IV Bu clearance, confirming the results from oral Bu and fluconazole obtained by Buggia et al. [5]. In her study, it was observed that itraconazole significantly increased the plasma exposure of oral Bu. In our study only one patient received itraconazole during the whole IV Bu therapy. Although no formal conclusion could be drawn with one case data it is worth noting that this patient presented a constant IV Bu AUC of 1,111, 1,185 and 1,154  $\mu\text{M}\cdot\text{min}$  at doses 1, 9 and 13, respectively. These AUC values were within the therapeutic range of 900–1,500  $\mu\text{M}\cdot\text{min}$  and were comparable to those from other patients. It has also been suggested that metronidazole decreased oral Bu  $Cl/F$  [26]. In our study, the only patient receiving metronidazole the first 2 days of the IV Bu therapy had a standard  $AUC_{inf}$  at dose 1 of 1,082  $\mu\text{M}\cdot\text{min}$ .

Although there is no mention in literature of any case of interaction with oral Bu, acetaminophen could be suspected for its ability to decrease the glutathione levels in blood and tissues [30]. In our study, 19 patients received acetaminophen with no modification of IV Bu clearance.

Prior transplant and chemotherapies are risk factors of developing VOD. Since Bu exposure is a determinant of VOD, the impact of these covariates was investigated. However, the IV Bu clearance was not altered in patients who received 4–8 courses of prior chemotherapies ( $n = 21$ ) and/or underwent prior transplant ( $n = 11$ ).

Among the tested covariates, only body size parameters showed significant correlations with IV Bu  $Cl_{tot}$ . BSA and AIBW were the best determinants to explain the inter-individual variability, followed with ABW and IBW. The impact of obesity was investigated on each of the body size index models (i.e. BSA, AIBW, ABW and IBW models). Obesity had no impact on BSA and AIBW models whereas a significant influence was demonstrated on ABW and IBW models.  $Cl_{tot}/ABW$  was respectively 11 and 28% lower in obese and severely obese patients than in normal ones (see Table 5). Similar

**Table 5** Busulfan  $Cl_{tot}$  in underweight ( $BMI < 18 \text{ kg}\cdot\text{m}^{-2}$ ), normal ( $BMI = 18\text{--}26.9 \text{ kg}\cdot\text{m}^{-2}$ ), obese ( $BMI = 27\text{--}35 \text{ kg}\cdot\text{m}^{-2}$ ) and severely obese patients ( $BMI > 35 \text{ kg}\cdot\text{m}^{-2}$ )

	Underweight	Normal	Obese	Severely obese
n	6	71	39	11
$Cl_{tot}/BSA$ ( $\text{ml}\cdot\text{min}^{-1}\cdot\text{m}^{-2}$ )	$94.1 \pm 22.8$	$98.9 \pm 18.5$	$100.3 \pm 21.5$	$89.4 \pm 17.4$
$Cl_{tot}/AIBW$ ( $\text{ml}\cdot\text{min}^{-1}\cdot\text{kg}^{-1}$ )	$2.48 \pm 0.633$	$2.72 \pm 0.550$	$2.87 \pm 0.617$	$2.82 \pm 0.450$
$Cl_{tot}/ABW$ ( $\text{ml}\cdot\text{min}^{-1}\cdot\text{kg}^{-1}$ )	$2.95 \pm 0.667$	$2.63 \pm 0.533$	$2.33 \pm 0.517^*$	$1.88 \pm 0.383^*$
$Cl_{tot}/IBW$ ( $\text{ml}\cdot\text{min}^{-1}\cdot\text{kg}^{-1}$ )	$2.35 \pm 0.633$	$2.75 \pm 0.567$	$3.10 \pm 0.667^*$	$3.40 \pm 0.467^*$

\* Significant difference ( $p < 0.05$ ) compared with normal patients (Kruskal Wallis test)

conclusions were reached by Gibbs et al. [10] who studied oral Bu PK from a database of 279 adults: respectively 12% and 21% lower in obese and severely obese than in normal patients when oral Bu clearance was normalized to ABW, and no differences when oral Bu clearance was normalized to BSA or AIBW. From the above, should normal and obese patients be administered the same dose, the Bu dose (oral and IV) calculation must be done on either BSA or AIBW. In other words no dose adjustments are required in obese patients when using BSA or AIBW method of dose calculations. However, dose adjustment is needed when dose calculation is based on ABW or IBW. Consequently, BSA or AIBW calculated dosing should be favoured for easy practice. From the developed models (see Table 2), a  $29 \text{ mg}\cdot\text{m}^{-2}$  of BSA or a  $0.80 \text{ mg}\cdot\text{kg}^{-1}$  of AIBW IV Bu dose would achieve a plasma exposure of about  $1,200 \mu\text{M}\cdot\text{min}$ , the median value of the therapeutic window [ $900\text{--}1,500 \mu\text{M}\cdot\text{min}$ ]. Nevertheless, many centres are still using ABW in normal patients, unless there are some concerns about obesity. In such a case, to ensure that all patients receive an equivalent dose level ( $0.80 \text{ mg}\cdot\text{kg}^{-1}$ ), the dosing calculation should be based on ABW and on AIBW in normal and obese patients ( $\text{BMI} > 27 \text{ kg}\cdot\text{m}^{-2}$ ), respectively.

From studied data, IV Bu clearance normalized to ABW or BSA appeared to be not significantly different between normal and underweight patients. These results suggested that ABW- or BSA-dosing calculation should be recommended in underweight patients without any further dose adjustment. However, due to the small number of patients in this group ( $\text{BMI}$  from  $15.3 \text{ kg}\cdot\text{m}^{-2}$  to  $17.7 \text{ kg}\cdot\text{m}^{-2}$ ), further analyses are needed on a larger sample size to reach a clear conclusion.

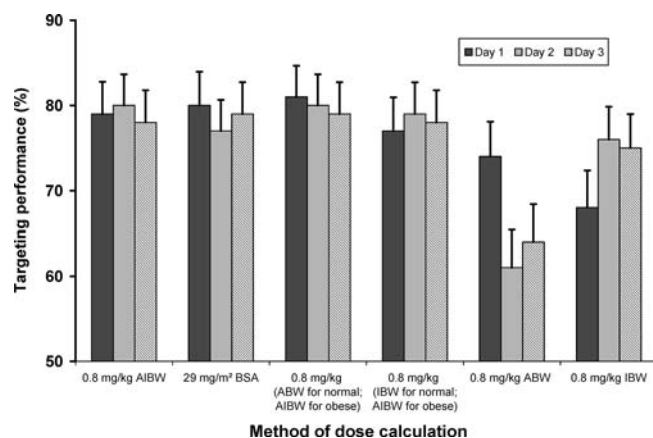
The AUC targeting performance to achieve the therapeutic window was simulated for several methods of dosing calculation (see Fig. 3). About 80% of the 127 patients would be within the targeted AUC range following IV Bu administration of either  $29 \text{ mg}\cdot\text{m}^{-2}$  of BSA or  $0.80 \text{ mg}\cdot\text{kg}^{-1}$  of AIBW. The same performance would be obtained with  $0.80 \text{ mg}\cdot\text{kg}^{-1}$  of ABW or IBW

in normal patients, and with  $0.80 \text{ mg}\cdot\text{kg}^{-1}$  of AIBW in obese patients ( $\text{BMI} > 27 \text{ kg}\cdot\text{m}^{-2}$ ).  $0.80 \text{ mg}\cdot\text{kg}^{-1}$  of ABW or IBW in all patients resulted in lower performance. Of clinical importance, the mathematical simulation suggested that ABW-based dosing in obese patients would result in plasma over-exposure (44% of AUCs from  $1,500 \mu\text{M}\cdot\text{min}$  to  $2,173 \mu\text{M}\cdot\text{min}$ ) likely to increase the risk of regimen-related toxicities, whilst the IBW-based dosing would result in an under-exposure (17% of AUCs from  $536 \mu\text{M}\cdot\text{min}$  to  $900 \mu\text{M}\cdot\text{min}$ ) likely to enhance the risk of graft failure.

The population analysis estimated an inter-dose variability of about 13% in the  $\text{Cl}_{\text{tot}}$  of IV Bu, which was in line with earlier reports on IV Bu using either different formulations [17, 29] or the same one [1, 24]. As a consequence, the AUC is expected to be reproducible all along the treatment. The consistency of AUC over administrations is illustrated by a constant targeting performance (80% of patients within the target AUC) throughout the PK control of doses 1, 9 and 13 (see Fig. 3).

A limited sampling strategy using Bayesian methodology was developed. A reliable AUC estimated from two plasma concentrations (15 min after the end of infusion, and just before the next administration) is validated. Acceptable estimation of AUC remains possible when using only one plasma concentration within the first hour post-infusion. A later plasma concentration ( $> 3 \text{ h}$  post-dosing) is less informative.

In conclusion, this population PK analysis demonstrated that body size parameters were the only significant determinants in the pharmacokinetics of IV Bu. BSA and AIBW best explained the inter-individual variability. Dosing based on the above mentioned body size parameters does not necessitate adjustment in obese and severely obese patients. This paper provides limited sampling strategies based on one or two plasma concentrations per patient and per administration for further investigations on IV Bu pharmacokinetics and pharmacokinetic/pharmacodynamic relationships.



**Fig. 3** Percent of patients within the targeted AUC from [ $900$  to  $1500 \mu\text{M}\cdot\text{min}$ ] using different methods of dose calculation

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