Congratulations...you have Poland's syndrome

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Received: 20 April 2011 / Accepted: 21 June 2011 / Published online: 12 July 2011
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Sir,

Poland's 'syndrome' is a congenital condition described by Alfred Poland in 1841 whilst studying medicine at Guy's Hospital [1]. The authors would like to stress that patients with Poland's features are a spectrum. Some may be mildly affected, whilst others may have several hallmark features affecting the whole of the upper limb and the chest wall as well as their psychological and functional sequelae [2]. Therefore, when patients are told they have Poland's syndrome, most of them are shocked, concerned and often go about trying to find out more information about their syndrome; yet, most patients with

Poland's features live entirely normal and fulfilling lives. Hence we humbly put forward the suggestion for our clinical colleagues to perhaps use the term 'Poland's features', which is not nearly as alarming as being told you have a syndrome.

References

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