Impact of nutrition on muscle mass, strength, and performance in older adults: response to Scott and Jones

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Dear Editor,

We would like to thank Drs. Scott and Jones [1] for the interest shown in our manuscript.

The data presented by them further underscore the importance of nutrition in determining and maintaining muscle mass in older adults. We agree with the authors about the need for clinical trials to study the effects of intervention with various dietary nutrients in reducing and preventing sarcopenia.

References

1. Scott D, Jones G (2013) Impact of nutrition on muscle mass, strength, and performance in older adults. *Osteoporos Int*. doi:[10.1007/s00198-013-2510-7](https://doi.org/10.1007/s00198-013-2510-7)

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