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O.K.U. Spine 3

American academy of orthopaedic surgeons

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2006, 400 PP, SOFTCOVER ■ ISBN 10: 0-89203-354-1 ■ ISBN 13 : 978-0-89203-354-6

OKU (Orthopaedic Knowledge Update) Spine 3 is a book written by the American Academy of Orthopaedic Surgeons (AAOS) for educational purposes. This heavy book (526 pages) is well done and very useful for everybody involved in spine. It is a wonderful tool for teaching spine and to understand what, why, when and who because all specialities concerned (not only orthopaedic surgery but also physical medicine, rehabilitation, anaesthesia, radiology, neurology, neurosurgery,

rheumatology and internal medicine) are represented. The text is divided into five main sections :

- basics of spine care (anatomy, physical examination)
- diagnostic testing and outcomes assessment)
- management of acute and chronic spine-related pain

■ evaluation and treatment of specific adult disorders (degenerative disease, deformity and trauma), paediatric spine

■ and the latest update on new and future trends in osteobiologics and device technology.

75 contributors participated to the 75 chapters for an overview of our speciality, and finally the result is good ! ■

BOOK REVIEW BY PIERRE KEHR

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