Erratum

The article "Stress management through progressive relaxation" by F.J. McGuigan, which appeared in the *International Journal of Stress Management* Vol. 1, No. 2, April 1994, contained an error. The caption for Fig. 4 on p. 210 should read as follows:

Fig. 4. The lower trace indicates the presentation of a question followed by an event marker indicating an answer. The event in the upper trace is an involuntary eye response, from a horizontal electrode placement, that occurred as the subject was silently answering the question in the positive (from McGuigan and Pavek, 1972).