

## On the Origin of Hyperglycaemia in the Obese-Hyperglycaemic Mouse (*obob*): Effect of Diet on Blood Glucose and Serum Insulin in *obob* and Gold-Thioglucoese Obese Mice

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**Summary.** Obese-hyperglycaemic mice (*obob*), gold-thioglucoese obese (GTG-obese) and normal control mice were fed a high-carbohydrate and a carbohydrate-free diet. Blood glucose and serum insulin levels were influenced by the diet in all animals studied, but more so in the *obob* and GTG-obese. Blood glucose levels were equally raised in both types of obesity. Serum insulin of GTG-obese showed a marked elevation above normal but failed to reach the serum insulin levels of the *obob*. The blood glucose of *obob* and lean controls remained constant when fed the carbohydrate-free diet. Under these conditions, a trace amount of U-<sup>14</sup>C-glucose was injected intravenously. The rate of <sup>14</sup>C-glucose disappearance from the blood followed first-order kinetics and did not differ between *obob* and lean mice, suggesting a similar fractional rate of glucose uptake by tissues. The presence of a normal fractional rate of glucose extraction by the tissues of *obob*, together with their hyperglycaemia and a normal volume of glucose distribution suggests an increased absolute rate of tissue glucose uptake. This increase is likely to be due to the expanded mass of adipose tissue in these animals.

*L'origine de l'hyperglycémie chez la souris obèse-hyperglycémique (obob): Effet du régime sur le niveau de la glycémie et de l'insuline du sérum chez obob et chez la souris rendue obèse par aurothioglucoese*

**Résumé.** Un régime riche ou dépourvu d'hydrates de carbone a été donné à un groupe de souris obèse-hyperglycémique (*obob*), à un deuxième groupe de souris rendues obèses par aurothioglucoese (GTG-obèse) et à un groupe de témoins. La glycémie et l'insulinémie ont été modifiées par le régime chez tous les animaux et particulièrement chez les *obob* et GTG-obèses. Le niveau de la glycémie était élevé de façon égale chez les deux groupes de souris obèses. L'insulinémie des souris GTG-obèses était considérablement augmentée mais n'atteignait pas le niveau de l'insulinémie observée chez les *obob*. Le taux de glycémie des *obob* et des témoins est demeuré constant quand les animaux recevaient le régime dépourvu d'hydrates de carbone. A ce stade, nous avons injecté par voie intraveineuse une quantité traceuse de U-<sup>14</sup>C-glucose. La vitesse de disparition du traceur obéissait à une cinétique d'ordre un et était semblable chez les *obob* et les témoins,

suggérant ainsi que l'utilisation fractionnelle du glucose était semblable chez les deux groupes. L'existence d'une utilisation fractionnelle normale du glucose chez les *obob* jointe à l'hyperglycémie et à un volume normal de distribution du glucose suggère que l'utilisation absolue du glucose chez ces animaux est augmentée. Cette augmentation est vraisemblablement due à l'expansion du tissu adipeux chez les *obob*.

*Über die Ursache der Hyperglykämie bei der fett-süchtig-hyperglykämischen Maus (obob): Einwirkung der Diät auf die Blutglucose und das Serum Insulin bei obob und fett-süchtigem Goldthioglucoesmäusen*

**Zusammenfassung.** Fettsüchtig-hyperglykämische (*obob*), fettsüchtige Goldthioglucoese- (GTG-obese) und normale Kontrollmäuse erhielten einmal eine Diät mit hohem Kohlenhydratgehalt und zum anderen eine kohlenhydratfreie Diät. Bei allen Tieren wurde die Blutglucose und der Blutinsulinspiegel durch die Diät beeinflusst, am meisten aber bei den *obob* und GTG-obese Mäusen. Der Blutzuckerspiegel erhöhte sich bei beiden Fettsüchtigen in gleichem Maße. Die Insulinspiegel der GTG-Mäuse waren erhöht, erreichten aber nicht die Werte der *obob*-Mäuse. Während der Verabreichung der kohlenhydratfreien Diät blieben die Blutzuckerspiegel der *obob*- und der Kontrollmäuse konstant. Unter diesen Versuchsbedingungen wurde eine Spürdosis von <sup>14</sup>C-Glucose i.v. injiziert. Die Abbauraten der Blut-<sup>14</sup>C-Glucose folgten einer Kinetik erster Ordnung und wies keinen Unterschied zwischen *obob*- und Kontrollmäusen auf, was auf eine ähnliche fraktionierte Aufnahmerate der Glucose durch das Gewebe schließen läßt. Das Vorhandensein einer normalen fraktionierten Rate der Glucoseextraktion durch die Gewebe bei *obob*-Mäusen läßt im Zusammenhang mit der Hyperglykämie und einem normalen Verteilungsvolumen für Glucose eine erhöhte absolute Rate der Glucoseaufnahme durch die Gewebe vermuten. Die Erhöhung ist wahrscheinlich auf die große Fettmasse dieser Tiere zurückzuführen.

**Key-words:** *obob* mice, gold-thioglucoese obese mice, dietary, carbohydrate, hyperglycaemia, serum insulin, insulin resistance, glucose disappearance.

It is still unclear to what extent excessive food intake contributes to the hyperglycaemia of the obese-hyperglycaemic mouse (*obob*). Thus, the blood glucose returns to normal when *obob* are fasted even for a few hours [12]. Furthermore, although obese-hyperglycaemic mice (*obob*) show a normal response to small

amounts of oral glucose, the response is abnormal if they are given an amount of glucose proportional to their body weight [2].

Evidence against excessive food intake being solely responsible for the hyperglycaemia has been provided mainly by Mayer, who reported that mice rendered

obese by injection of gold-thioglucose, except for very old and obese animals, are normo-glycaemic despite an excessive food intake [13]. In addition, an increased rate of endogenous synthesis of glucose and activity of gluconeogenic enzymes has been reported in the *obob* [15, 16, 9]. It is therefore conceivable that the hyperglycaemia of the *obob* might result from an increased endogenous synthesis of glucose.

These two factors, i.e. excessive dietary intake of carbohydrates and endogenous production of glucose (via gluconeogenesis), were evaluated in the present study.

### Materials and Methods

**Animals:** The animals used in this study were purchased from the Jackson Memorial Laboratory (Bar Harbor, Maine) and consisted of male obese-hyperglycaemic mice (*obob*) and their lean littermates. All animals were brought into the laboratory at the age of 4 to 5 weeks and a week later a number of lean animals were injected intraperitoneally with a solution of gold-thioglucose<sup>1</sup> in water (60 mg/ml, 0.6 mg gold-thioglucose injected per g body weight). The actual experimental study began when all animals were 4 months of age. Fourteen obese-hyperglycaemic mice 14 lean littermates and 14 gold-thioglucose obese mice (GTG-obese) were subjected to a dietary experiment which is described below.

**I. Dietary experiment.** This experiment lasted 30 days and was divided into four periods, two control and two experimental, as follows.

#### *1st control period (1st to 5th day):*

All animals were fed a pellet mouse/rat diet (Teklad Inc., Monmouth, Ill.).

#### *1st experimental period (6th to 15th day):*

Lean, *obob* and gold-thioglucose obese mice (GTG-obese) were separated into two dietary groups. One group was fed a high-carbohydrate diet and the other a carbohydrate-free diet (Nutritional Biochemicals Corp., Cleveland, Ohio). There were thus six groups of animals (each consisting of seven mice) three of which were fed the high-carbohydrate and the other three the carbohydrate-free diet, both in powder form.

*2nd control period (16th to 20th day):* As in the first control period all animals were fed the pellet mouse/rat diet.

*2nd experimental period (21st to 30th day):* During this period the groups of the first experimental period were reversed and animals that had taken the high-carbohydrate diet were now fed the carbohydrate-free diet and vice-versa. Thus, each animal served as its own control for either of the two experimental diets.

<sup>1</sup> Generously donated by Dr. Tabachnick, Ph. D., Schering Corp., Bloomfield, N.J.

The composition of the three diets is shown in Table 1. The carbohydrate content of the high-carbohydrate diet was less than that of the pellet mouse/rat diet (47.0 v. 55.7%). Food intake was measured daily and the average food intake was derived for individual mice during each control and experimental period. Animals were weighed on the first and last day of the four dietary periods and body weight changes during these periods were determined.

Glucose and insulin were determined on whole

Table 1. *Diet composition (by weight)*

	Pellet	High Carbohydrate	Carbohydrate-free
% carbohydrate	55.7	47.0	0.0
% protein	24.7	20.0	36.0
% fat	6.5	6.0	20.0
% minerals	6.1	4.0	4.0
% fibre	3.3	23.0	40.0
cal/g	3.44	3.22	3.22

blood and serum respectively. Blood was withdrawn from the ophthalmic venous plexus under light ether anaesthesia. Glucose was estimated on the last day of each control period and on the middle and last day of each experimental period on 20  $\mu$ /blood, using a commercially available method (Glucostat, Worthington, Biochem. Corp., Freehold, N.J.). The two blood glucose values of each experimental period were pooled for each animal.

Serum immunoreactive insulin (IRI) was determined on the last day of each period using a previously published adaptation [2] of the double-antibody immunoassay of Hales and Randle [7].

**II. Rate of glucose disappearance from the circulation in *obob* and lean control mice fed a carbohydrate-free diet.** To test the variability of blood glucose in *obob* and lean mice an experiment was performed in which 12 male *obob*, four months old, and an equal number of lean control mice were divided into three groups. One of these groups was fed *ad libitum* the pellet mouse/rat diet (*vide supra*) before and during the experiment. The second group was fed a similar diet but was fasted the night before and also during the experiment. The third group had free access to the carbohydrate-free diet for a period of four days before and during the experiment. 20  $\mu$ /blood was withdrawn from animals for blood glucose estimation five times in the course of 6½ h, the first blood sample having been obtained at 9:00 a.m. No glycosuria was present in any of the animals fasted overnight or fed the carbohydrate-free diet. In this experiment it was found (see Results) that while on a carbohydrate-free diet blood glucose showed little variation and, therefore, in the absence of exogenous carbohydrates, the rate of glucose disappearance from the circulation was equal to that

of endogenously produced glucose entering the blood stream. A tracer amount of radioactive glucose was injected intravenously into obese-hyperglycaemic and lean control mice under these conditions of constancy of blood glucose, and the rate of disappearance of  $^{14}\text{C}$ -glucose was measured.

The experiment involving determination of the rate of U- $^{14}\text{C}$ -glucose from the circulation of obese-hyperglycaemic mice (*obob*) and their lean littermates was performed as follows:

## Results

The order in which the two experimental diets were fed had no effect on the variables measured, i.e. mean food intake, body weight, blood glucose and serum insulin levels. Similarly, these variables did not differ between the two control periods. Accordingly, the data were pooled for animals in each of the three groups (i.e. lean, *obob* and gold-thioglucoese obese mice) on the same diet.

Table 2. Food intake, body weight, blood glucose and serum insulin (mean  $\pm$  SEM) in lean, *obob* and GTG-obese mice, fed a standard pellet, a high-carbohydrate and a carbohydrate-free diet. Numbers in parentheses show numbers of observations

	lean			<i>obob</i>			GTG-obese		
	Pellet	High CHO	No CHO	Pellet	High CHO	No CHO	Pellet	High CHO	No CHO
Food intake (g/day)		5.0 $\pm$ 0.1 (14)	3.9 $\pm$ 0.1 (14)		5.6 $\pm$ 0.3 (14)	4.5 $\pm$ 0.1 (14)		5.3 $\pm$ 0.2 (14)	4.8 $\pm$ 0.3 (14)
Body weight (g)	28.9 $\pm$ 0.6 (28)	29.8 $\pm$ 0.6 (14)	28.2 $\pm$ 0.5 (14)	58.9 $\pm$ 1.0 (28)	57.6 $\pm$ 0.7 (14)	58.8 $\pm$ 1.2 (14)	44.9 $\pm$ 1.0 (28)	44.6 $\pm$ 0.8 (14)	45.0 $\pm$ 0.9 (14)
Blood glucose (mg/100 ml)	144.2 $\pm$ 3.7 (28)	132.5 $\pm$ 4.3 (14)	121.6 $\pm$ 2.5 (14)	178.8 $\pm$ 6.6 (28)	163.6 $\pm$ 7.9 (14)	149.7 $\pm$ 9.2 (14)	176.2 $\pm$ 5.6 (28)	179.7 $\pm$ 10.0 (14)	153.6 $\pm$ 5.4 (14)
Serum Insulin ( $\mu\text{U/ml}$ )	43 $\pm$ 5 (28)	56 $\pm$ 12 (14)	33 $\pm$ 7 (14)	1515 $\pm$ 166 (28)	1600 $\pm$ 320 (14)	732 $\pm$ 144 (14)	473 $\pm$ 77 (28)	464 $\pm$ 124 (14)	139 $\pm$ 49 (14)

Eight male obese-hyperglycaemic mice (*obob*) four months of age and an equal number of lean control mice, were fed the carbohydrate-free diet for a period of four days, at the end of which a fixed volume (0.2 ml) of a trace amount of U- $^{14}\text{C}$ -glucose in saline (5  $\mu\text{g/ml}$ , spec. activity 0.3  $\text{mei/mM}$ , the Radiochemical Centre, Amersham, England) was injected rapidly into the tail vein. Thus, each mouse received approximately 1  $\mu\text{g}$  of radioactivity and 60  $\mu\text{g}$  glucose. At 5, 10, 15, 20 and 30 min following the injection, 20  $\mu\text{l}$ /blood was taken from each animal for determination of blood glucose radioactivity.  $^{14}\text{C}$ -glucose in the blood was determined by an adaptation of the method of Delisle and Fritz [6] as follows: the blood was deproteinized with 3 ml of  $\text{ZnSO}_4/\text{Ba}(\text{OH})_2$  and an aliquot (1.5 ml) of the filtrate was mixed with 0.5 g of a mixed bed resin (AG 501—X8, 20—50 Mesh, Bio Rad Laboratories, Richmond, Cal.), pre-equilibrated with 0.5 ml of a glucose solution, 250 mg/ml. The mixture was incubated for 90 min at 37°C in a shaking metabolic incubator. After centrifugation, 1 ml of the clear supernatant was pipetted into 10 ml of Bray's scintillator [1] and counted in a Nuclear-Chicago Liquid scintillation spectrometer using channel's ratio to correct for quenching. The data of dpm versus time were subjected to covariance analysis after logarithmic transformation of dpm, and the best fitting straight regression line was calculated separately for *obob* and lean mice [17].

A summary of these pooled data is shown in Table 2. While on the high-carbohydrate diet the daily food consumption was approximately the same for the three groups of animals. Lean mice, however, consumed significantly less quantities of the carbohydrate-free diet than the two obese groups ( $p < 0.001$ ). Obese-hyperglycaemic and gold-thioglucoese obese mice consumed similar quantities of either experimental diet. The lower caloric intake of lean animals on the carbohydrate-free diet was accompanied by a small but significant decrease in body weight compared with their weight on the high-carbohydrate diet ( $p < 0.01$ ). There was no other, statistically significant, diet-effect on the animal's body weight.

This relative lack of effect of carbohydrate content of the diet on the animal's body weight was in contrast to its marked effect on the blood glucose and serum insulin levels. Thus, the carbohydrate-free diet caused a significant decrease of the blood glucose and serum insulin in all three groups of animals. The blood glucose and serum insulin levels of the lean animals were significantly lower than those of either groups of obese mice. In addition, blood glucose level was almost identical in *obob* and gold-thioglucoese obese mice fed the same diet, but serum insulin was significantly higher in the former (Table 2).

The variation of blood glucose with time in the three dietary groups of lean mice was small. Similarly, blood

glucose changed little in *obob* fed the carbohydrate-free diet or fasted overnight, but showed marked variation in *obob* fed the standard pellet diet (Fig. 1). The mean standard deviation derived from the standard deviations of

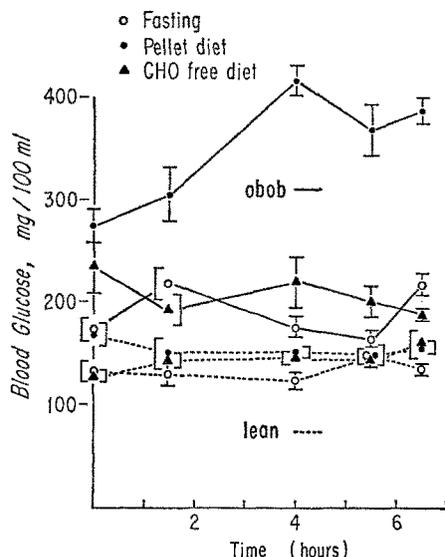


Fig. 1. Variability of blood glucose concentration in *obob* and lean control mice, fed a standard pellet diet, a carbohydrate-free diet, or following an overnight fast. Each point is the mean of four animals. Vertical lines indicate standard error of mean.

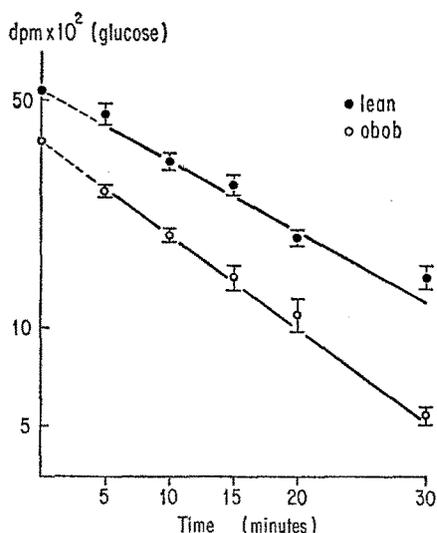


Fig. 2. Disappearance rate of a trace amount of U-<sup>14</sup>C-glucose injected intravenously into *obob* and lean control mice. Each point is the mean of eight animals. Vertical lines indicate standard error of mean.

the mean blood glucose of each mouse was greatest in mice fed the pellet diet, but did not differ significantly between mice fed the carbohydrate-free diet or fasted overnight ( $p > 0.05$ ). This was true for both *obob* and lean mice. While on a carbohydrate-free diet the dis-

appearance of a trace amount of <sup>14</sup>C-glucose from the circulation of both obese and lean mice approached first-order kinetics, and the F-ratio for non-parallelism of the two regression lines [17] failed to achieve statistical significance ( $p = 0.2$ ). These data suggest that the apparent rate of glucose disappearance from the circulation is proportional to its concentration, and that the proportionality constant is the same in lean and obese-hyperglycaemic mice (Fig. 2).

### Discussion

The present data fail to support the contention made by Mayer that hyperglycaemia characterizes mice with metabolic obesity and is not encountered in animals with regulatory obesity [13]. In the present experiments, obese-hyperglycaemic and gold-thioglucose obese mice had similar blood glucose levels, regardless of nutritional status. Serum insulin was raised in both *obob* and GTG-obese mice and was markedly decreased on feeding the carbohydrate-free diet. The raised serum insulin levels of the GTG-obese mice in association with their hyperglycaemia implies the presence of insulin resistance. These data, then, are in basic agreement with earlier reports indicating increased levels of both glucose and insulin in mice with gold-thioglucose-induced obesity [10, 5], and also with reports suggesting the presence of insulin resistance in adult rats with electrolytic lesions in the ventromedial nucleus of the hypothalamus [11, 8]. The blood glucose levels were similar in *obob* and GTG-obese mice despite much higher insulin levels in the former suggesting a greater degree of insulin resistance in the *obob* compared with GTG-obese mice. This, however, should be expected if, as suggested by previous studies, insulin resistance is secondary to obesity [3]. The obese-hyperglycaemic mice used in the present studies were considerably heavier than the GTG-obese mice and the average value of their carcass fat was 39.5 g compared with 25.3 in the gold-thioglucose obese mice [4].

The present data also indicate that the nutritional status influences blood glucose more in obese-hyperglycaemic than in lean mice. Thus, *obob* respond to an overnight fast and to a carbohydrate-free diet by a marked decrease of blood glucose. Despite this decrease, however, the blood glucose level of the *obob* is still higher than that of the lean littermates. These findings are in basic agreement with previous reports showing an increased sensitivity of the blood glucose of the *obob* to fasting [12]. In this context, an overnight fast and feeding a carbohydrate-free diet are basically similar in their effects on body glucose homeostasis, in that blood glucose is derived from endogenous synthesis in both. It is of interest, therefore, that there was no significant difference in the blood glucose of the *obob* mice fasted overnight or those fed a carbohydrate-free diet.

Two main findings do not support the hypothesis that increased caloric intake is solely responsible for the hyperglycaemia of *obob* and GTG-obese mice. First, while on the high-carbohydrate diet, food intake was comparable in lean and obese mice and yet, blood glucose levels were significantly higher in the obese animal. Second, following overnight fast and when fed a carbohydrate-free diet, *obob* mice still displayed a mild but significant hyperglycaemia. It can, thus, be argued that the allegedly increased gluconeogenic capacity of the *obob* mice [15, 16, 9] might be responsible for the hyperglycaemia of these animals when fasted overnight or fed a carbohydrate-free diet. However, under these two conditions the blood glucose was shown to be constant, implying that the rate of glucose entry into the blood stream was equal to that of glucose removal by the tissues. Thus, an increased rate of glucose entry into the blood stream (resulting from increased gluconeogenesis) will lead to normoglycaemia if accompanied by a comparable rise in the rate of glucose disappearance from the blood. If tissues, however, fail to increase the uptake of glucose, the blood glucose will rise until a new steady-state is achieved.

Elucidation of the mechanism involved in the production of hyperglycaemia of the obese-hyperglycaemic mice is provided by the present experiment involving the administration of a trace amount of  $^{14}\text{C}$ -glucose to mice fed a carbohydrate-free diet. The fractional rate of glucose-loss to the tissues was similar in *obob* mice and lean controls. This, in face of a normal volume of glucose distribution [2] and of a raised blood glucose level in the *obob* mice, suggests a greater absolute rate of glucose uptake by the tissues. Such an increased rate should be expected in these animals due to their expanded body mass. The tissues of the *obob* mice, however, are capable of maintaining a normal fractional rate of glucose extraction at the expense of a marked increase in serum insulin since, even on a carbohydrate-free diet, there is a 20-fold increase of circulating immunoreactive insulin concentration<sup>2</sup>.

Thus, on a carbohydrate-free diet (and possibly after an overnight fast) blood glucose and serum insulin levels in the *obob* mice stabilize at levels allowing an optimal rate of glucose extraction by their expanded adipose tissue. The contrast between glucose-insulin homeostasis in human diabetics and obese-hyperglycaemic mice is obvious, since in the former the absolute glucose uptake by the tissues is normal and the fractional is low [18, 14], whereas in the *obob* mice the fractional glucose uptake is maintained at a normal level. Thus, fasting hyperglycaemia in human diabetes is caused by a failure of tissues to maintain a normal fractional rate of glucose uptake, whereas the hyperglycaemia of obese-hyperglycaemic mice, subjected to overnight fast or to a carbohydrate-free diet, appears to be a consequence of their expanded adipose tissue, which is also respon-

sible for their insulin resistance [3]. In both cases the hyperglycaemia represents a compensatory physiological response. Obese-hyperglycaemic mice could become euglycaemic only by increasing the fractional rate of glucose extraction above normal. Such an increase, however, would require a further rise in the already elevated serum insulin levels, and might have the undesirable effect of suppressing the production of endogenous glucose [20]. These data, thus, are consistent with previous observations that hyperglycaemia, hyperinsulinaemia, and insulin resistance in the obese-hyperglycaemic mice are secondary to obesity [2, 3].

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<sup>2</sup> In the present discussion the assumption is made that the insulin of the *obob* mice is of normal biological activity [19].

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