Erratum to: Sustaining Health Behaviors Through Empowerment: A Deductive Theoretical Model of Behavior Change Based on Information and Communication Technology (ICT)

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Chapter “Sustaining Health Behaviors Through Empowerment: A Deductive Theoretical Model of Behavior Change Based on Information and Communication Technology (ICT)” in: J. Ham et al. (Eds.): *Persuasive Technology*, LNCS 10809,
https://doi.org/10.1007/978-3-319-78978-1_3

Figure 1 of the original version of the paper showed all arrows going into **General Self Efficacy** which is not what is referred to in the article. The corrected version of the figure shows an arrow from **Technological Tools** to **General Self Efficacy** and arrows from **Message Alignment with a Goal, Experientially Rewarding Content, Social Connection, and Community Support** to **Feeling Empowered**.

The updated online version of this chapter can be found at
https://doi.org/10.1007/978-3-319-78978-1_3

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J. Ham et al. (Eds.): PERSUASIVE 2018, LNCS 10809, p. E1, 2018.
https://doi.org/10.1007/978-3-319-78978-1_26