Definition and Importance of Psychosexual Care

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Up until recently, psychosexual problems may have been dealt with on a ‘medical basis,’ with a quantitative assessment of erectile dysfunction alone [1]. This would not have included patient self-perception, self-esteem, or involving their partner as part of the process [2]. Current studies indicate a much broader aspect needs to be taken [3]. Also included are addressing self-esteem, sexual confidence, physical impact and effect on relationships [4]. Men may also grieve as part of this process [5]. Modern psychosexual care should take that into account [6]. The area of psychosexual care needs to be further developed [7]. In conclusion, a strong psychosexual pathway can address areas of care which would otherwise cause significant issues.

References

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