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Trauma- and Stressor-Related Disorders

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Synonyms

[Adjustment](#); [Stress](#); [Trauma](#)

Definition

The trauma- and stressor-related disorders are a group of diagnoses in the *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.; *DSM-5*; American Psychiatric Association 2013). These diagnoses may be used to characterize a range of pathological reactions to a distinct traumatic or stressful experience. These disorders include reactive attachment disorder, disinhibited social engagement disorder, post-traumatic stress

disorder, acute stress disorder, and adjustment disorders.

See Also

- ▶ [Acute Stress Disorder](#)
- ▶ [Adjustment Disorders](#)
- ▶ [Disinhibited Social Engagement Disorder](#)
- ▶ [Posttraumatic Stress Disorder](#)
- ▶ [Reactive Attachment Disorder](#)
- ▶ [Stress](#)
- ▶ [Stress Management](#)

References and Readings

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Arlington: American Psychiatric Association Publishing.
- Casey, P. R., & Strain, J. J. (Eds.). (2015). *Trauma- and stressor-related disorders: A handbook for clinicians*. Arlington: American Psychiatric Association Publishing.