Inhibition

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Synonyms

[Restraint](#); [Sublimation](#); [Suppression](#)

Definition

The blockage of an action, thought, or process. Inhibition may describe conscious or unconscious limitation or restriction of behavior or response, or the blockage of a particular psychological process. Inhibition regulates between conscious and unconscious or instinctual behaviors and thoughts. In physiology, inhibition describes a specific motor or physiological response being prohibited or dampened such as a muscle movement, or it may focus on the ability to stop an

effect of a binding ligand (neurotransmitter or hormone).

Cross-References

- ▶ [Consciousness](#)
- ▶ [Thalamic Gating](#)

References and Readings

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