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Functional Status

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Definition

The ability to perform activities of daily living (ADLs) that are necessary to meet basic needs, fulfill social and community roles, and maintain health and well-being. These activities include, but are not limited to, walking, getting out of bed, cooking, bathing, and dressing. Functional

status may be influenced by physical impairment, symptoms, cognitive abilities (or deficits), moods, and health perceptions.

Cross-References

► [Activities of Daily Living \(ADLs\)](#)

References and Readings

American Thoracic Society Quality of Life Resource. Functional Status. (2007). <http://www.atsqol.org/sections/key-concepts/functional-status.html>. Accessed 10 Nov 2009.