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Temazepam

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Generic Name

Temazepam

Brand Name

Restoril

Class

Anxiolytics; sedative/hypnotics

Proposed Mechanism(s) of Action

Binds to benzodiazepine receptors at the GABA-A ligand-gated chloride channel. Inhibitor effects in sleep centers of the brain theoretically produce sedative effects.

Indication

Short-term treatment of insomnia

Off-Label Use

No common other use

Side Effects

Serious

Respiratory depression, rare hepatic and/or renal dysfunction, and blood dyscrasia

Common

Sedation, fatigue, memory problems, dizziness, slurred speech, disinhibition, anxiety, and rebound insomnia

References and Readings

Physicians' desk reference (71st ed.) (2017). Montvale: Thomson PDR.

Stahl, S. M. (2007). *Essential psychopharmacology: The prescriber's guide* (2nd ed.). New York: Cambridge University Press.

Additional Information

Drug interaction effects. http://www.drugs.com/drug_interactions.html

Drug molecule images. <http://www.worldofmolecules.com/drugs/>

Free drug online and PDA software. www.epocrates.com

Free drug online and PDA software. www.medscape.com

Gene-based estimate of drug interactions. http://mhc.daytondc.com:8080/cgi_bin/ddiD4?ver=4&task=getDrugList

Pill identification. http://www.drugs.com/pill_identification.html