Ecological Functioning of the Seine River: From Long-Term Modelling Approaches to High-Frequency Data Analysis

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The copyright year of the original version of this chapter was corrected from 2019 to 2020. A correction to this chapter can be found at https://doi.org/10.1007/698_2020_667

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Abstract At the start of the PIREN-Seine program, organic pollution by the effluent of the Parisian conurbation was responsible for episodic anoxia in the lower Seine River, while nutrients from both point and diffuse sources are used to cause eutrophication, a nuisance for drinking water production from surface water and biodiversity. The implementation of the EU Water Framework Directive led to a drastic decrease of organic carbon, phosphorus and ammonium concentrations in surface waters starting in the early 2000s and to a reduction of the frequency and the amplitude of phytoplankton blooms. However, nitrate contamination from fertiliser-intensive agriculture continued to increase or at best levelled off, threatening groundwater resources and causing unbalanced nutrient ratios at the coastal zone where eutrophication still results in harmful algal blooms. High-frequency O₂ data combined with models, which have been developed for 30 years, can help discriminate the contribution of auto- vs. heterotrophic metabolism in the CO₂ supersaturation observed in the Seine River. Despite the impressive improvement in water quality of the Seine River, episodic crises such as summer low-flow conditions still threaten the good ecological status of both river and coastal waters. Modelling scenarios, including further wastewater treatments and structural changes in agriculture and future changes in hydrology under climate changes, provide the basis for a future vision of the ecological functioning of the Seine River network.

Keywords Aquatic continuum, Ecological functioning, Long-term socioecological study, Riverstrahler model, Scenarios

1 Introduction

The concept of ecosystem functioning lies at the root of ecological sciences [1, 2]. It was at the origin of the International Biological Program, which coordinated large-scale ecological and environmental studies during the 1964–1974 period. Regarding aquatic ecosystems, the first research efforts were devoted to stagnant systems (lakes, sandpit lakes, reservoirs) where discharged point sources (domestic and industrial) were recognised as a major cause of water quality alteration through eutrophication and organic pollution. Many comprehensive studies started at that time, showing, based on long-term whole-ecosystem experiments, the strict control of primary production by phosphorus [3, 4], while silica (Si) depletion occurring

with excess phosphorus (P) and/or nitrogen (N) limits the growth of siliceous algae such as diatoms, possibly leading to severe and undesirable ecosystem shifts [5].

Among the four-dimensional nature of lotic ecosystems [6], the longitudinal upstream–downstream dimension was the leading factor, inspired by the River Continuum Concept (RCC) describing the longitudinal auto- vs. heterotrophic metabolism pattern [7]. A river system can be considered as a network of connected river stretches of different stream orders [8], each characterised by a common scheme of ecological and biogeochemical processes, whose intensities depend on local hydro-morphological features and on inputs received from the upstream network and the watershed. The metabolism in each of the network's ecosystems is therefore dependent on its position in the network (its stream order for river stretches), and all ecosystems are collectively influenced by the water runoff flowing through the system as well as by the point and diffuse sources of nutrients originating from the watershed. At the outlet of the system, water and nutrients are exported to marine coastal zones, the functioning of which can be strongly influenced by these inputs.

Taking into account the role of connected stagnant ecosystems [9–11], as well as denitrification in riparian zones [12, 13], allows the investigation of the lateral dimension in the sense of water interactions with drained terrestrial parts of a watershed [6]. Whereas [14–17] investigated the vertical dimension, i.e. water and nutrient exchanges between aquifers and surface water [18, 19] in the context of a multi-scale view of stream–aquifer interfaces [20], the fourth dimension, which provides the time scale, has long been a major concern of the PIREN-Seine program, both in terms of past and future scenario analysis [21, 22].

The Seine River system is a textbook example illustrating this overall vision. It drains one of the most intensive agricultural areas in the world, as well as one of the largest European metropolises. The population is mostly concentrated along the main downstream stretch (seventh order), 150 km upstream from the beginning of the estuarine zone. Water quality problems related to urban organic pollution and eutrophication were very acute at the beginning of the PIREN-Seine program and have been largely repaired over the last few decades.

In this chapter we first provide a short summary of the methodologies used in our studies of the Seine River metabolism, based on a combination of field measurements and modelling approaches. We then describe the long-term changes in organic matter and nutrient contamination of the system, followed by a discussion on the metabolism of river ecosystems in terms of auto- and heterotrophy as well as gas production. Finally, a prospective view of the river functioning concludes the chapter.

2 A Modelling Approach for a Comprehensive Understanding of the Ecological Functioning of the Seine River

The Riverstrahler model, first developed in the 1990s [23, 24], is still one of the few tools available to model nutrient cycling and ecological functioning at the scale of an entire drainage network based on the network's morphological characteristics (e.g. length and depth of the rivers), the hydro-meteorological conditions and the human activities in the watershed (point and diffuse pollution sources related to domestic and agricultural water usages). It combines a generic model that mimics ecological and biogeochemical processes (RIVE) with a water flow routing scheme through the drainage network partly based on its Strahler ordination [8] (Fig. 1a).

Starting from a conceptualisation with one community of phytoplankton taking up only N and P, and one bacterial community degrading organic matter, the RIVE model (www.fire.upmc.fr/rive) has gradually evolved over the last 30 years (Fig. 1b). Among the significant developments, the introduction of diatoms and silica uptake allowed us to specifically examine river primary production and oxygen production since diatoms are the dominant species in rivers, specifically in the Seine River [24]. Besides building up an organic stock mineralised by bacteria, phytoplankton is grazed by microzooplankton, which is also represented in the model [9]. Nitrifying bacteria and nitrification were additionally introduced for a realistic simulation of ammonium dynamics, a typical element of point sources [25–27], taking into account N_2O as an intermediate of nitrification [28]. Phosphorus, coming from both point and diffuse sources, was specifically studied for a parametrisation of its adsorption–desorption dynamics [29–31]. The model also includes a calculation of nutrient exchanges across the sediment–water interface as a result of a given sedimentation flux of organic material, taking into account organic matter degradation, oxygen consumption and N, P and Si processes, mixing in the interstitial and solid phases and accretion of the sedimentary column by inorganic matter sedimentation [15, 32, 33] (Fig. 1c).

Recent developments concern the introduction of inorganic forms of carbon and greenhouse gas emissions (carbon dioxide, CO_2 [34]; methane, CH_4 ; nitrous oxide, N_2O). The current version of RIVE comprises 30 state variables.

The RIVE model applied to the whole upstream–downstream network with the same parameters implies the recognition of the unicity of the kinetics formalisation of ecological processes, whatever the location in the network, a strong assumption that has proved realistic, not only along a land-to-sea continuum in a gradient of watershed sizes (the Seine River [23]; the Danube River [35]) but also in stagnant systems [9, 10] and in a variety of regions (sub-tropical [36]; subarctic [37]). The RIVE model also performs fairly well in the case of transitory events such as combined sewer overflows [38, 39]. For the study of urban systems, it is implemented in the ProSe model [32, 38, 40], which was used to study the pluriennial impact of transient events on the carbon and oxygen cycles [41, 42], as well as nutrients [27, 31, 43]. The implementation of RIVE in the ProSe model simulates

Fig. 1 Principles of the Riverstrahler model. (a) Representation of the river objects in Riverstrahler (basin; A axis, R reservoirs and ponds) following Strahler ordination [23]. (b) Conceptual framework of the Riverstrahler model implementation. (c) Schematic representation of RIVE processes (nitrification (nitrif), dissolution (disso), denitrification (denit), grazing, respiration (respi.), mortality, lysis and excretion, sedimentation (sedim) and erosion, aerobic degradation (aerob. degrad), outgassing and different variables (zooplankton (ZOO), phytoplankton (PHY), bacteria (BAC), nutrients (Nuts), organic carbon (OC), total alkalinity (TA) and dissolved inorganic carbon (DIC))

sediment processes properly [20, 44] as well as periphyton scouring [32], which are both key processes for a proper estimation of water quality [41, 42].

The Riverstrahler model requires a detailed description of the hydrographic network for which elementary basins (EBs), defined as portions of the watershed drained by a segment of river between two confluences or between a spring and the first confluence, are characterised by their slope, width and length and their position within the upstream–downstream scheme of river confluences, i.e. their stream order [8]. This structure of the Seine River’s drainage network was obtained from the IGN database (CarTHAgE[®]) and from an elevation model (50 m, <http://professionnels.ign.fr/bdalti>). According to the required resolution of the application,

the Riverstrahler model runs on an ensemble of connected objects, either basins, grouping EBs according to an idealised scheme of confluence of tributaries with average characteristics by stream order, or branches, with a detailed and exhaustive representation of the morphology at 1 km spatial resolution. Reservoirs and ponds are also taken into account with a description of their morphology (depth and surface area) and hydrology (water inflow and outflow).

Hydrological inputs are provided by the HYDRO database (<http://www.hydro.eaufrance.fr>), averaged at a daily time step and separated into surface runoff and baseflow, using Eckhardt's recursive filter [45]. Surface runoff and baseflow are generated using observed discharge time series at, e.g. 50–100 gauging stations for simulation periods ranging from 1 year [23, 46] to yearly contrasted hydrological conditions [47, 48] or plurennial time-windows [22, 49, 50].

The Seine basin comprises about 1900 wastewater treatment plants, each being georeferenced and characterised by the connected population and the type of treatment applied [51]. These data are provided by the Seine–Normandy database and are transformed into variables compatible with the model (nutrients and carbon under their specific forms [37, 52, 53]).

Diffuse sources enter the river through surface runoff and the baseflow. Mean annual nutrients and carbon concentrations are associated with each component of the water: N (nitrate, ammonium), P (total inorganic phosphorus, TIP), Si (dissolved and biogenic), suspended solids and organic and inorganic carbon. These concentrations differ according to major land use classes (cropland, permanent grassland, forests, urbanised areas) and lithological features, which are spatially determined using the Corine Land Cover database [54] and lithological information [51]. For nitrate, two approaches are available. The GRAFS approach [55, 56] calculates leaching fluxes and concentrations [57], for both surface runoff and baseflow, for each land use class, on the basis of regional agricultural statistics at the *département* level. The other approach mobilises complex physically based models: the STICS agronomic model and the MODCOU hydrogeological model [18, 58]. Inorganic carbon was recently added to the modelling approach [34, 59], the aquifer's lithology being a major controlling factor.

The Riverstrahler model calculates seasonal variations of water quality and ecological functioning for any tributary of the river system given point source and diffuse source forcings.

3 Long-Term Trends in Water Quality

3.1 *Changes in Organic Pollution from Urban Point Sources*

From about 11 million inhabitants in 1955, the population of the Seine basin had increased to 16 million in 2018 [51], with an uneven geographical distribution, with 75% concentrated in the Paris metropolis and along the main Seine branch from Paris to the estuary.

Fig. 2 Map of the Parisian conurbation indicating the WWTPs (blue circles and names in black, Seine Aval [SAV] previously Achères), the pretreatment plants (purple) and the storage tunnels/basins (orange and green), as provided by SIAAP. The four high-frequency O_2 monitoring stations are also indicated (red). Paris and conurbation *départements* (grey)

The history of domestic Paris wastewater management since the beginning of the twentieth century, marked by technical choices for sewage management (Fig. 2), is that of a race between increasing wastewater production and treatment capacity. Farmland application, the destination of nearly all the collected sewage in 1900, was rapidly insufficient to absorb the volumes produced. At the end of the 1960s, around 60% of the wastewater collected was discharged into the river without any treatment, leading to oxygen depletion and fish mortality (the species richness was reduced to only three species in 1970 [60]). The first biological wastewater treatment plant was impounded in 1940 in Achères, 70 km downstream of the Paris city centre. Sanitation centralisation started with the construction of large wastewater collectors from 1954 to 1972. In 1970, most raw waters reached the Seine River through large spillways in Clichy, 30 km downstream of Paris. Changes in sanitation strategy were implemented in three steps [60]:

- Development of the largest European WWTP in Achères (nowadays called Seine Aval, SAV) from 1940 until the 1980s
- Construction of new WWTPs to increase treatment capacities until the 1990s
- Since then, deployment of new processes of wastewater treatment for achieving complete removal not only of carbon but also of nitrogen and phosphorus

All these improvements favoured the recolonisation of the aquatic environment by fish populations: today 32 fish species are found in the Seine River stretch crossing Paris and its conurbation [61].

Fig. 3 Long-term trajectories 1955–2015: (a) of collected and treated volumes in the SIAAP stations of the Paris conurbation, (b) of BOD load for the volume treated (source; SIAAP). *NB* the decrease in collected wastewater (after 2005 in (a)) stems from a decrease in domestic water use

Data on wastewater volumes in the Paris agglomeration show the increase of the amount of water collected and treated in WWTPs before discharge into the river system (Fig. 3a). The volume treated represents the polluting wastewater volume and can be expressed in biological oxygen demand (BOD_{5d}) (Fig. 3b).

Even though almost 100% of the wastewater collected is currently treated, the combined sewer system still discharges significant amounts of raw water into the river system during large rainfall events. Such short-term events typically last 1–20 h (90% in less than 10 h) and can lead to fast, temporary decreases in oxygen concentrations in the receiving river of up to $\sim 2 \text{ mgO}_2 \text{ L}^{-1}$ at low flow [62].

ProSe has simulated the effect of these successive changes in the sewage system since the 1970s on oxygen fluxes in the main branch of the Seine River downstream of Paris during low-flow conditions (Table 1). Metabolism (production and respiration; see Sect. 3 for further detail) is calculated in terms of oxygen budgets for the 1970s, 1980s and 2012 and for a prospective scenario that considers the full treatment and the smooth release over time of combined sewer overflows (CSOs). Emissions for the 1970s and 1980s were characterised based on average water discharges and concentrations of sediments, ammonium and BOD monitored by the SIAAP in 1969–1971 and 1979–1981, respectively. These data are available for major WWTP effluents of the Paris conurbation and in the largest spillways for untreated wastewater, located in Clichy and Achères (Fig. 2).

For low-flow conditions, outside of algae bloom periods, changes in the conurbation's sewage management have had little effect on primary production but clear impacts on ecosystem respiration (Table 1). In the 1970s, the Seine River system was highly heterotrophic upstream of the SAV WWTP, due to the release of large volumes of organic matter in Clichy. In 1980, $\sim 95\%$ of the wastewater was piped towards Achères, out of which almost 90% was treated before emission. This significantly helped improve oxygen conditions upstream of the WWTP, reducing net oxygen consumption by almost one order of magnitude. However, heterotrophic respiration downstream increased by 50%. The continuous improvements in treatment capacity and technology since the 1990s have significantly improved oxygen

Table 1 Oxygen budgets simulated with the ProSe model for 2012 low-flow conditions (30 consecutive driest days), with typical wastewater emissions from the 1970s and 1980s, real emissions from 2012 and a scenario with full treatment of all collected waters

	Oxygen fluxes (tonnes O ₂ day ⁻¹)	Period/scenario			
		1970	1980	2012	2012 smoothed CSOs
Paris-SAV (77 km)	Photosynthesis	8.0	8.8	8.0	8.3
	Autotrophic respiration	−1.7	−1.7	−1.6	−1.6
	Heterotrophic respiration	−89.0	−14.0	−9.4	−8.4
	Benthic respiration	−12.0	−4.0	−3.3	−2.4
	NEP	−95.0	−11.2	−6.3	−4.1
	Reaeration	68.0	13.0	12.0	15.0
SAV-Poses (142 km)	Photosynthesis	73.0	69.0	67.0	73.0
	Autotrophic respiration	−18.0	−17.0	−16.0	−18.0
	Heterotrophic respiration	−72.0	−106.0	−34.0	−31.0
	Benthic respiration	−57.0	−59.0	−19.0	−19.0
	NEP	−74.0	−113.0	−2.0	5.0
	Reaeration	149.0	191.0	37.0	47.0

NEP = net ecosystem production = photosynthesis + total ecosystem respiration

conditions along the entire river stretch. Simulations further show that increasing treatment capacity to totally prevent combined sewer overflows during rain events would reduce the total ecosystem respiration upstream of SAV, where most of the large overflows occur, and would possibly lead to slightly autotrophic conditions downstream of SAV.

The rest of the Seine basin experienced a similar evolution of wastewater management, although delayed by several decades. Nowadays, the Seine basin comprises about 1900 WWTPs [51] with rather efficient organic matter and phosphorus treatments. The largest of them (>10,000 inhab equivalent) are equipped with N treatment units.

Oxygen and ammonium longitudinal profiles are determined based on 50-year data series available along the lower Seine River, historically impacted by the city of Paris (Fig. 4). The profiles shown in Fig. 4 stand for rather low water situations (150–280 m³ s⁻¹) currently observed from mid-spring to mid-autumn, with low dilution capacity of point source pollution that actively metabolised by microorganisms. In the 1970s, two areas were subject to oxygen deficits, one immediately downstream of the Paris conurbation (50–100 km) and the other 200 km downstream, at the entrance of the fluvial estuary.

The Riverstrahler modelling approach is able to reproduce the major trends observed. It indicates that the first oxygen deficits were linked to the heterotrophic degradation of the organic load discharged by the SAV WWTP, while the second was caused by the autotrophic nitrification of the ammonium load discharged at the same location but oxidised after a 150 km transit, which corresponds to the time required by the nitrifying bacteria to build up a large enough population [25, 26, 28].

Fig. 4 Longitudinal profiles of oxygen (left) and ammonium (right) concentrations along the lower Seine River (0 km at Paris). Black dots are observations; coloured lines are simulations by the Riverstrahler model for two levels of water flow. Time periods are shown from top to bottom (from the oldest to the most recent)

At this time discharged ammonium led to concentrations up to 8–10 mg N-NH₄ L⁻¹ downstream of SAV, decreasing to 2 mg N-NH₄ L⁻¹ in the estuary (Fig. 4). Oxygen depletion immediately downstream of Paris occurred until the early 1990s, when the proportion of treated effluent increased (Fig. 3a). Oxygen depletion farther in the estuary was only interrupted by the implementation of a nitrification treatment in the SAV WWTP in 2007. All these efforts had a very positive effect on the oxygenation of the river, which today can boast a good ecological status with respect to oxygen concentrations [62].

Exactly as simulated in Garnier et al. [28], nitrifying treatment, implemented in WWTPs since 2007, considerably lowered the ammonium discharged in the river (a tenfold decrease) [27] and favoured full reoxygenation of the estuary (Fig. 4) [29]. In addition, molecular methods show that ammonia-oxidising bacteria (AOB), (*Nitrosomonas oligotropha* and *Nitrosomonas ureae-like bacteria*), introduced by the WWTP effluents, survived and actively participated in in-river NH₄ oxidation far downstream of the WWTP outflow [27, 63].

Although such changes in water treatment were mandatory [64, 65], the studies carried out as a part of the PIREN-Seine program have helped decision-makers over the past 30 years.

3.2 Long-Term Nutrient Contamination and Algal Growth

As seen above, improved water treatments reduced ammonium levels and increased oxygenation of the lower Seine River (Fig. 5). Although water treatments have also efficiently reduced phosphates since the mid-1990s, phytoplankton blooms (>100 µg Chl a L⁻¹) still occurred until 2005, causing nuisance for the drinking water production and producing, after bloom decline, large organic loadings, which contributed to oxygen depletion [66].

A reduction of phosphorus load by a factor 10, reached only after 2005, has been necessary to significantly decrease algal growth and avoid eutrophication. Nowadays, algal blooms as high as observed 20 years ago have disappeared. Despite these spectacular improvements, the Seine River remains fragile. For example, low summer water curtails the dilution of point source pollutions, increasing nutrient concentrations above growth limitation levels. Additionally, malfunctioning of WWTPs for maintenance purposes occasionally occurs, possibly accentuating temporary degradation of water quality [29].

While point source reductions led to a significant reduction of ammonium and phosphate pollution, nitrate from diffuse agricultural sources steadily increased from an average of winter month concentrations of about 3 mgN-NO₃ L⁻¹ in 1971 to 6.3 mgN-NO₃ L⁻¹ in 2011, i.e. more than 3 mgN-NO₃ L⁻¹ over 40 years. The recent trend is towards stabilisation, and even a decrease in the recent years, although NO₃ concentrations peaked again at 8 mgN-NO₃ L⁻¹ during the mild and dry 2017 winter (Fig. 5).

Fig. 5 Long-term variations in observed concentrations of water quality (1971–2017) at the outlet of the Seine basin (Poses): oxygen, nitrate, ammonium, phosphates, dissolved silica, phytoplankton biomass (in chlorophyll a, *Chla*)

Regarding silica, also diffuse but originating from the natural rock weathering process, its concentrations oscillated around 3.8 mg Si L^{-1} over the last 50 years. Distinct periods of Si depletion are observed corresponding to uptake by diatoms during blooms. In agreement with the observation of a strong reduction of blooms after 2007, these silica depletions have been much less pronounced in recent years than they were 20 years ago [24] (Fig. 5).

Suspended matter dynamics (not shown) did not change significantly over the period, except for a decrease during low flow, from 20 mg L^{-1} until the mid-2000s to less than 10 mg L^{-1} in recent years. This change might be due to the decrease in phytoplankton biomass and the implementation of grass strips for stream protection from erosion and pollution, rendered compulsory in 2005. River navigation is the main contributor for maintaining particles in suspension during low flow through a release of energy into the system [44]. The evolution of fluvial traffic since the 2000s must therefore be taken into account to balance the effect of grass strip implementation.

3.3 *Modelling Nutrients and Phytoplankton Biomass*

Long-term simulations with Riverstrahler match the observations (Fig. 6 for 1984–1990 [50] and 2007–2012 [29]). Once their formulations have been defined and parameters determined based on experimental field and lab studies, no further adjustment is carried out, and the comparison between simulations and observations constitutes a validation test for the model.

Temporally refined simulations performed with the ProSe model across the Paris urban area over the 2007–2012 period also validate the formalisms of the RIVE model [27, 41, 42], even at the second order with a geostatistical analysis [31, 43, 44]. Discrepancies between observations and simulations raise new scientific questions, either on an incomplete representation of processes in the model or on the accuracy of the forcing data (diffuse and point sources) or even on the quality of the observed data [43].

4 **River Metabolisms: Autotrophy, Heterotrophy and CO₂ Saturation**

The metabolism of any ecosystem is well characterised by the intensity of their two basic functions of autotrophy and heterotrophy, i.e. photosynthesis and respiration, which directly interact with the carbon and oxygen cycles. In river systems, according to the RCC [7], a distinct longitudinal pattern is predicted with ecosystem metabolism shifting from dominant heterotrophy in small rivers receiving most of their energy from allochthonous organic matter from the watershed to autotrophy in

Fig. 6 Riverstrahler simulations of water quality (1987–1990 and 2010–2013) at the outlet of the Seine basin (Poses). Simulations (lines) are compared to the observations (dots). From top to bottom: discharge, nitrate, ammonium, phosphates, dissolved silica and phytoplankton (in chlorophyll *a* concentrations)

large rivers favourable to phytoplankton development and again to heterotrophy in estuaries, where organic matter accumulation and increased depth and turbidity reduced the possibility of photosynthesis. While this scheme is valid for pristine or slightly human-impacted rivers, it is largely affected by anthropogenic nutrient and organic matter contamination [67]. Downstream of the Paris urban area, Europe's largest WWTP's outflows into the Seine River can contribute up to one-third of the total river discharge during extreme low-flow periods.

4.1 High-Frequency Analysis of Oxygen Data Along the Main Seine Stem

Dissolved oxygen was long used as an indicator of quality for streams and rivers, mainly based on threshold values, e.g. the well-known concentration of $4 \text{ mgO}_2 \text{ L}^{-1}$ under which aquatic life slows down [68]. Classically, dissolved oxygen data are also used to calibrate biogeochemical models [22, 41]. Since the 2010s, there has been considerable development of numerical routines for direct quantification of metabolism from high-frequency dissolved oxygen monitoring [69, 70], constituting a functional indicator of river ecological functioning.

High-frequency monitoring of dissolved oxygen has been carried out since the 1990s by the SIAAP (Syndicat Interdépartemental pour l'Assainissement de l'Agglomération Parisienne) given the MeSeine monitoring network (see Fig. 2). Sensors were first based on polarographic electrodes (Evita Oxy 4150) [71] and since the 2010s on optodes (LDO Hach Lange, LXV416.99.20001) [72], which allows for more stable and robust measurements. High-frequency oxygen data are available at four stations downstream of Paris and upstream and downstream of the SAV wastewater treatment plant, for two periods: 2002–2004 and 2015–2017. Data typically exhibited a marked seasonal cycle, with low oxygen concentrations (undersaturation) during summer. The seasonal dynamics is first controlled by the temperature dependence of oxygen solubility and second by the increase of microbial activity with temperature [73]. From a minimum concentration around 2 mg L^{-1} during 2002–2004, the situation has been significantly improved over the last 15 years. Oxygen concentrations are now above the 4 mg L^{-1} threshold.

Sub-hourly oxygen measurements at pluriennial scales show typical seasonal patterns and circadian cycles allowing for the calculation of ecosystem metabolism [69, 70, 74, 75]. The quantification of the daily metabolism at a monitoring station is based on the analysis of oxygen circadian variations, from which values of ER (ecosystem respiration, defined as negative), GPP (gross primary production) and NEP (net ecosystem production; $\text{NEP} = \text{GPP} + \text{ER}$) are deduced. Each term ranged from 1 to $30 \text{ gO}_2 \text{ m}^{-2} \text{ day}^{-1}$ following a seasonal cycle with the lowest values in winter and the highest in summer, within a range similar to values found in isolated eutrophic ponds [74] but slightly higher than those found in freshwaters for low and high Strahler orders [15, 41, 69, 76, 77].

For the two periods and all the stations, NEP is on average negative in this urbanised sector, indicating heterotrophic functioning, which is fully consistent with previous estimates [41, 69, 78]. NEP seasonal variability is more intense during the 2002–2004 period than during the 2015–2017 period, due to the reduction in algal development and its respiration and to a reduction of bacterial heterotrophic respiration following the decrease in organic matter emissions from WWTPs (Fig. 3).

The spatial and temporal dynamics of metabolism along the reach and between the two periods studied are characterised in terms of average daily metabolism for each entire period (Fig. 7). During 2002–2004, the absolute value of ER and GPP increased continuously from upstream to downstream, roughly doubling metabolism

Fig. 7 Average intensity of daily metabolism during 2002–2004 and 2015–2017 for the four stations studied (with Suresnes upstream to Méricourt downstream). GPP, ER (a) and NEP (b) are in $\text{g O}_2 \text{ m}^{-2} \text{ day}^{-1}$. Metabolism is calculated for a reaeration coefficient $k_{600} = 2 \text{ m/day}$ and a mixing depth $Z_{\text{mix}} = 5 \text{ m}$

intensity from Suresnes to Méricourt and hence a similar trend for NEP. These increases indicate substantial input of allochthonous organic carbon from this highly populated area, especially downstream of Bougival, and production of autochthonous algal organic carbon.

During the 2015–2017 period, the metabolism intensity still increased from Suresnes to Andrésey (Fig. 7), even though ER and GPP intensities are three times lower than during the 2002–2004 period (Fig. 7). However, between Andrésey and Méricourt, ER and GPP intensities decreased, because allochthonous carbon inputs had already been mineralised upstream and autochthonous algal biomass had been reduced.

On average, there is a two- to threefold decrease in ER and GPP metabolism intensity between the two periods, underlining the positive and significant impact of the evolution of treatments in the SAV WWTP, as well as in all other smaller plants. Indeed, between the two periods, the pressure exerted on the lower Seine River by the Paris conurbation was divided by three. This decrease is in agreement with the decrease in BOD load (see above) for all the SIAAP WWTPs, as well as with total phosphorus and ammonium loads from SAV, which were reduced by factors of 3.4 and 4.4, respectively, over the 15-year time span.

4.2 *CO₂ Supersaturation in the Seine River: Carbon Sources, Fate and Budget*

Several aquatic carbon sources and processes are in use. Besides in-stream autotrophy and heterotrophy, inputs of dissolved inorganic carbon (including carbon dioxide) from the basin contribute to supersaturation of CO_2 in the river with respect to atmospheric concentrations.

Long-term data from the Water Agency and from the SIAAP allow the reconstruction of partial pressure of CO_2 (pCO_2) and of the biodegradable organic loadings since 1970 [34]. Going back to the 1970s, pCO_2 is estimated given the

pH, water temperature and total alkalinity [34]. Because the lower Seine is the most impacted sector of the river, $p\text{CO}_2$ values were compared upstream of Paris and downstream at Poses (the outlet of the river). Upstream of Paris, $p\text{CO}_2$ oscillated around 4,000 ppm during the 1970–2015 period. A maximum supersaturation of 10,000–12,000 ppm was reached downstream of Paris during the period of maximum organic pollution (1985–2000). BOD emitted from WWTPs indeed followed the exact same pattern as $p\text{CO}_2$ [34] and therefore directly contributed to the CO_2 budget through direct outflows in the river system. Improvements of wastewater treatments in WWTPs therefore had a positive effect not only on water quality in terms of oxygenation, nutrients and eutrophication (see Fig. 5) but also on $p\text{CO}_2$ and hence on CO_2 emissions by the river network.

To determine diffuse sources, values from the ADES database (www.ades.eaufrance.fr, last accessed on 2018/11/05) and our own $p\text{CO}_2$ measurements in piezometers were used. Data provided at the scale of the whole Seine basin were grouped by water body units according to the lithology and stratigraphy [34, 59].

In-river CO_2 concentrations simulated with Riverstrahler match the CO_2 estimated with the Water Agency database [34, 79] (Fig. 8). The values in the Marne River, a major tributary of the Seine River upstream of Paris, indicate an upstream “background level” of 1.2 mgC L^{-1} , which is above the CO_2 saturation value of around 0.2 mgC L^{-1} (393 ppmv) at 10°C , whereas WWTPs outflows lead to a supersaturation of $>2 \text{ mgC L}^{-1}$ in the lower Seine River from Paris to the outlet.

Based on these simulations, an annual average budget (2010–2013) of the Seine River is calculated for inorganic (IC) and organic (OC) carbon (Table 2). Inorganic and organic carbon budgets differ by one order of magnitude, with total inputs to the river system of $17,300$ and $1,600 \text{ kg C km}^{-2} \text{ year}^{-1}$, respectively. The contribution of groundwater to IC is the highest (57.5%), although inputs from the subroot zone are also significant (34.4%) [79]. Compared to diffuse sources, the contribution of

Fig. 8 Longitudinal profile of CO_2 in the Marne River and lower Seine to the estuary for the 2010–2013 period. Black dots are average $p\text{CO}_2$ estimations (see text). Bars are standard deviations. The black line is the averaged Riverstrahler simulation for the same period. The simulation envelope (grey area) represents standard deviations of CO_2

Table 2 Average inorganic (a) and organic (b) carbon budgets in the Seine hydrosystem ($\text{kgC km}^{-2} \text{ year}^{-1}$) calculated by Riverstrahler (2010–2013)

(a) 2010–2013	Processes involved in inorg C budget	$\text{kgC km}^{-2} \text{ year}^{-1}$	%
Input to river	Diffuse sources from subroot	5,963	34.4
	Diffuse sources from groundwater	9,968	57.5
	Urban point sources	1,135	6.6
	Heterotrophic respiration	266	1.5
	Denitrification	0	0
Output from river	Delivery to the outlet	12,483	68.4
	Ventilation	5,619	30.8
	Nitrification	37	0.2
	NPP	105	0.6
(b) 2010–2013	Processes involved in org C budget	$\text{kgC km}^{-2} \text{ year}^{-1}$	%
Input to river	Diffuse sources from subroot	870	53.9
	Diffuse sources from groundwater	227	14.1
	Urban point sources	375	23.2
	Nitrification	37	2.3
	NPP	105	6.5
Output from river	Delivery to the outlet	1,086	65.7
	Heterotrophic respiration	110	6.7
	Net sedimentation	456	27.6

WWTPs to the IC and OC inputs is comparatively low and accounts for 6.5% and 23.2%, respectively.

Total carbon exports at the outlet in Poses are reported to account for 69% and 65% of IC and OC total inputs. CO_2 ventilation is an important physical process in this IC budget, i.e. 30.8% of overall losses (Table 2). The high inorganic diffuse sources brought to the river network are clearly responsible for the supersaturation in CO_2 and hence CO_2 evasion. It confirms the potential contribution of freshwater to the global CO_2 emissions [80] through abiotic processes. Even though Cole et al. [81] pointed out the importance of riverine CO_2 sources in the global carbon budget, biotic processes under the Seine's temperate climate were negligible in carbon emissions. Heterotrophic respiration by microorganisms accounts for only 1.5% of IC inputs. Similarly, losses through net primary production (NPP) also accounted for a small proportion in terms of IC (0.5%) and even less for nitrification (0.2%) for the OC balance (Table 2).

5 Further Improvement of Water Quality

5.1 *Progress Made in Wastewater Treatments*

Riverstrahler is now used to explore various future wastewater treatment scenarios. Although considerable improvements have been made in the largest WWTPs of the Seine basin, some of the smallest WWTPs of the 1900 spread over the basin still have to implement the Urban Wastewater Directives [64]. Compared to a reference situation (2002–2014), nitrogen and phosphorus fluxes at the outlet of the Seine River could be decreased by 10 and 20%, respectively, when current regulations of tertiary treatments (nitrification and denitrification and dephosphatation) are generalised. For silica, a diffuse source pollutant, no visible change would occur with further wastewater treatment (Fig. 9a). An appreciation of these efforts is provided by a backward scenario simulating the situation of wastewater treatment as it was in the 1980s. The difference with the reference scenario is very telling in terms of the distance covered over the last 30 years. These results also indicate that any relaxation in the treatment of domestic effluents, e.g. following a disengagement of the national government, could lead to a dramatic situation. Slight changes in silica fluxes (Fig. 9a) result from silica consumption with more or less nutrient (N, P) availability for diatom growth.

Despite all the efforts made in WWTPs, which strongly improved the water quality in the Seine River, nutrient fluxes delivered at the coastal zone are still responsible for eutrophication in the Seine Bight, with toxic algal blooms [82] and fishery problems. Moreover, nitrate contamination of groundwater [58] and closure of drinking water wells are a real problem for the basin's water agencies and drinking water suppliers. Pesticide contamination, associated with intensive agricultural practices, is also an important concern in the basin [83].

5.2 *Acting on Diffuse Agricultural Sources to Improve Water Quality*

Point source pollutions are today almost completely under control. Simultaneously, diffuse agricultural sources, particularly of nitrogen, have become the subject of particular concern because of their cascading effect on many compartments of the environment [84]. Two contrasted scenarios of the future of the agro-food system have been established and compared [85, 86]. The first one consists of the continuation of the current trends of opening and specialisation (O/S) of the conventional cropping systems following regulation but without questioning the basic structural features of the current production system. The second scenario (A/R/D) involves a radical reorganisation of agricultural production, generalising organic farming practices, reconnecting livestock and crop farming [57, 87] and changing human consumption towards a Demitarian diet, i.e. cutting consumption of animal proteins by

Fig. 9 Total nitrogen (N), phosphorus (P) and silica (Si) fluxes at the outlet of the Seine River calculated by Riverstrahler for the 2002–2014 reference situation (Ref.): (a) for a completion of the UWWD, and for a situation that would mimic the condition in the 1980s with low wastewater treatment, (b) for the O/S and A/R/D scenarios, respectively, agriculture opening and specialisation and autonomy, livestock reconnection and Demitarian diet. Both O/S and A/R/D scenarios also include the improvement of wastewater treatments

half. The O/S scenario shows a decrease in nutrient fluxes, partly linked to the improvement of wastewater treatment, which is also included in the scenarios (Fig. 9b).

A possible further reduction in N fluxes is demonstrated with the A/R/D scenario (Fig. 9b). Regarding P fluxes, the marginal changes observed are linked to the regulation compliance of the WWTP scenario, while silica fluxes, essentially coming from rock weathering, do not change.

5.3 Impact of the Seine River Nutrient Fluxes at the Coastal Zone

At the coastal zone, the Seine River waters flowing north in the Channel and to the Southern North Sea have been recognised as a major threat for eutrophication. France has therefore been convicted several times by the EU Court of Justice for not sufficiently reducing its N fluxes [82, 88].

An indicator for assessing the risk of coastal eutrophication potential (ICEP), based on the nutrient imbalance in riverine fluxes with respect to the algae requirement, has been calculated. The N- and P-ICEP [89] are based on the C:N:P:Si molar

Fig. 10 Indicator of coastal eutrophication potential (ICEP) for N and P for the reference and the different scenarios. **(a)** N-ICEP, **(b)** P-ICEP

ratios of 106:16:1:20 [90]. The ICEP can be positive or negative and represents the excess or the deficit of either N or P, respectively, with respect to silica (Fig. 10b). In the 1980s conditions, both N and P were in excess compared to silica. The reference situation shows that P is now much less in excess and nearly balanced compared to Si, whereas N is systematically far above a balanced N/Si situation. Improving agricultural practices, which would further decrease N-ICEP, would reduce the risk of coastal eutrophication. The most radical agricultural scenario (A/R/D) has the advantage of also banishing pesticides.

The scenarios of modified agricultural practices and urban sewage treatments highlighted that changes, not only in agricultural practices but also in the agricultural production system, are needed to reduce exports of nitrogen to the coastal zone and associated eutrophication risks. However, these changes in human practices might take place in a context of climate change that also impacts water quality.

5.4 The Context of Climate Change

Scenarios were developed to evaluate the impact of climate change on river water quality and eutrophication indices [91]. For all scenarios, eutrophication indices remained high, indicating that climate change is not expected to decrease eutrophication risks in the future and confirming that changes in human practices are needed.

When investigating changes landward in the river system, water quality is expected to be mostly modified in summer. At the river outlet, climate change has been shown to increase nitrate and phosphate concentrations during low flow due to a decreasing river discharge. This indicates a higher sensitivity to urban release from WWTPs during low flow in the future and a higher sensitivity to WWTP malfunctioning. These increases in nitrate and phosphate concentrations are particularly high in stream orders greater than 4 (up to +19% and 42%, respectively, at the

outlet for the driest RCP 8.5 projection). Changes in water temperature are even expected to superimpose with potential modifications of phytoplankton biomass and composition as well as oxygen concentrations, as shown by the sensitivity analysis performed by Wang et al. [73]. Acting on diffuse sources and, to a lesser extent, on point sources (as discussed above) is therefore even more necessary in a context of climate change.

6 Conclusions and Perspectives

The PIREN-Seine program is a rare example of an interdisciplinary scientific project successfully spanning 30 years. Owing to its longevity, it has been able to document the long-term changes experienced by the Seine River system and its metabolism.

At the time the program was launched, in the late 1980s, the major water quality issue was the oxygen deficits caused by discharge of insufficiently treated urban wastewater, particularly in the main branch of the Seine downstream from Paris. The heterotrophic degradation of the organic matter and the nitrification of the reduced nitrogen brought by these point sources of pollution were responsible for severe oxygen depletion in these sectors.

One decade later, the problem of algal blooms in the large tributaries of the Seine upstream from Paris appeared as a major threat for drinking water production from surface water (about half the supply of the Paris agglomeration) and also as a significant contributor to organic matter loading in the downstream sectors. The abundance of phosphorus, coming from point sources, and the resulting lack of any limitation of algal growth appeared as the major cause of this river's eutrophication problem. The strong contrast between autotrophy in these upstream sectors and the heterotrophy of the downstream sectors of the river network was particularly striking.

In the early 2000s, major progress in wastewater treatment, including the drastic reduction of organic matter loading, as well as the treatment of phosphorus, completely changed the situation. Good oxygen levels were recovered nearly everywhere, while algal blooms were considerably reduced as a result of the limitation of phosphorus.

While the WWTP outflows of nutrients were drastically reduced following the European regulations of the Water Framework Directive [65], diffuse pollutions have not yet produced the same success story. Nitrate (and pesticide) contamination is still a major threat for groundwater quality and the drinking water supply, for river water quality and the diversity of its biological communities and for marine coastal zones and the occurrence of toxic algal blooms.

In essence, controlling diffuse pollutions is much more difficult to achieve than containing point source pollutions. It requires not only technical measures but also a complete overhaul of the structure of the agro-food system and hence of the socioecological metabolism of the watershed. Moreover, inertia of groundwater

transfer time delays improvements, which is most often difficult for farmers to accept, in view of the efforts required of them.

In addition to the PIREN-Seine program, another parallel long-term program on the Seine Estuary has made it possible to quantify the role of the Seine estuary in the transfer and transformation of the nutrients and carbon fluxes from the upstream hydrological network [92, 93]. Riverstrahler has already combined with coastal zone models in a chain that has quantified the impact of the Seine River nutrient deliveries at the coastal zone, showing that nutrient imbalance, i.e. a large excess of N over Si and P, was the cause of coastal eutrophication, with toxic algae events in the Seine Bight and fishing closure [94]. However, the often neglected buffer role of the estuary is now being included in the model chain.

Acknowledgements This work is a contribution to the PIREN Seine research program (www.piren-seine.fr), within the framework of the Zone Atelier Seine, a site of the international Long Term Socio Ecological Research (LTSER) network. This work was partly funded by several other projects (Thresholds -EU FP6-, Aware -EU FP7- Seas-Era Emosem -EU FP7 ERA-NET-, Liteau FLAM -French Ministry of Ecology and Water Agency-, ITN C-Cascades -EU Horizon 2020-).

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