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Dear Reader,

As we approach the end of 2016, and publish our final issue of *Sports Medicine* for the year, we wish to reflect on another successful year for the journal, and thank all those who have contributed to *Sports Medicine* in 2016.

Looking back over the past five years, the *Sports Medicine* volume has more than doubled in size: from 64 articles in 2012 to 134 articles in 2016. This growth reflects an increasing number of authors contributing manuscripts to *Sports Medicine* and we would, firstly, like to acknowledge how indebted we are to all of the authors who have chosen to support *Sports Medicine*.

The fact that *Sports Medicine*'s impact factor has remained high as the journal has grown provides reassurance that the increase in quantity has not been paralleled by a reduction in quality. This not only reflects the skill and dedication of the contributing authors, but also, the significant efforts of the many expert peer reviewers, whose commitment ensures that the journal's content remains held to the highest possible standard.

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We sincerely hope that you have found the articles published throughout 2016 to be both interesting and informative, and we look forward to keeping you up to date with topical issues in the sports and exercise medicine field in 2017.

With best wishes from

Roger Olney and Steve McMillan
Editors
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