




Simulation as an educational modality in an Anesthesiology Resident Wellness Program

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To the Editor,

The recently published work by Dr. Chakravarti *et al.* outlining the development and implementation of an Anesthesiology Resident Wellness Program at the University of Saskatchewan¹ is a well thought out approach to addressing the importance of maintaining resident wellness during training and beyond. I highly endorse the use of simulation as a powerful way to facilitate learning about physician wellness competencies and am gratified to learn that the authors include this educational modality in their curriculum. Although the Canadian National Anesthesiology Simulation Curriculum² scenarios mentioned in their article do not contain specific learning objectives on physician wellness, elements of such can certainly be discussed during post-scenario debriefing at the discretion of the instructor. It is likely that the role of simulation in teaching and assessing the Intrinsic CanMEDS roles will continue to evolve and be defined

as our specialty embarks upon competency-based residency training.

Conflicts of interests None declared.

Editorial responsibility This submission was handled by Dr. Hilary P. Grocott, Editor-in-Chief, *Canadian Journal of Anesthesia*.

References

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