



Cerebral monitors *versus* regional anesthesia to detect cerebral ischemia in patients undergoing carotid endarterectomy: a meta-analysis

Comparaison des moniteurs cérébraux et de l'anesthésie régionale pour dépister l'ischémie cérébrale chez les patients subissant une endartériectomie carotidienne: une mét-analyse

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Received: 27 June 2012/Accepted: 18 December 2012/Published online: 6 February 2013
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Abstract

Purpose The aim of this meta-analysis is to compare the ability of different types of brain monitoring systems vs clinical monitoring of the brain function to detect cerebral ischemia during cross-clamping of the carotid artery under regional anesthesia.

Methods In May 2012, a search was conducted in PubMed, Cochrane Central Register of Controlled Trials, Cochrane Database of Systematic Reviews, and Ovid MEDLINE® for prospective trials with 20 patients or more where a cerebral monitoring system was compared with clinical brain monitoring during a carotid endarterectomy performed under regional anesthesia. The quality of the study was evaluated with the Cochrane Collaboration's tool. Data were extracted independently by the two investigators.

Results Data could be extracted for 4,664 measurements taken from 29 studies: transcranial Doppler (TCD) = 739;

cerebral saturation = 320; stump pressure = 2,549; electroencephalography (EEG) = 742; evoked potentials = 187; jugular venous saturation = 79; and jugular venous lactate = 48. The pooled diagnostic odds ratios (DOR) and 95% confidence intervals (CI) were obtained for EEG, TCD, stump pressure, evoked potentials, and cerebral saturation: (DOR 65.3; 95% CI 20.5 to 207.7; I^2 [56.8%]); (DOR 58.1; 95% CI 23.0 to 146.3; I^2 [24.9%]); (DOR 27.8; 95% CI 13.4 to 57.9; I^2 [59.9]); (DOR 17.2; 95% CI 2.4 to 123.9 I^2 [69.1]); and (DOR 12.1; 95% CI 3.5 to 41.2; I^2 [30.8]), respectively. Sequential testing with stump pressure 25 mmHg followed by either TCD or EEG delivered the best post-test probabilities. For EEG, the DOR increases with the number of channels used ($P = 0.03$).

Conclusion A combination of stump pressure and either TCD or EEG appears to deliver the best results for detecting brain ischemia during carotid artery cross-clamping. Electroencephalography should be used with a high number of channels.

Author contributions Joanne Guay and Sandra Kopp were involved in the conception and design of the study and the acquisition and interpretation of the data. Joanne Guay analyzed the data and drafted the article, and Sandra Kopp revised the article critically for important intellectual content.

Electronic supplementary material The online version of this article (doi:10.1007/s12630-012-9876-4) contains supplementary material, which is available to authorized users.

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Résumé

Objectif L'objectif de cette mét-analyse est de comparer la capacité de différents types de systèmes de monitorage cérébral par rapport au monitorage clinique de la fonction cérébrale pour dépister l'ischémie cérébrale pendant le clampage de l'artère carotidienne sous anesthésie régionale.

Méthode En mai 2012, une recherche a été menée dans les bases de données PubMed, le registre central d'études contrôlées Cochrane (Cochrane Central Register of Controlled Trials), la base de données de revues méthodiques Cochrane (Cochrane Database of Systematic Reviews) et Ovid MEDLINE® afin d'en tirer les études prospectives portant sur 20 patients ou plus et comparant un système de

monitorage cérébral à un monitorage cérébral clinique pendant une endartériectomie carotidiennne réalisée sous anesthésie régionale. La qualité des études a été évaluée avec l'outil de collaboration Cochrane. Les données ont été récupérées de façon indépendante par deux chercheurs.

Résultats Des données ont pu être récupérées pour 4664 mesures tirées de 29 études: Doppler transcrânien (TCD) = 739; saturation cérébrale = 320; pression résiduelle carotidiennne = 2549; électroencéphalographie (EEG) = 742; potentiels évoqués = 187; saturation veineuse jugulaire = 79; et lactate veineux jugulaire = 48. Les rapports de cotés diagnostiques (RCD) totalisés et les intervalles de confiance (IC) à 95 % ont été obtenus pour l'EEG, le TCD, la pression résiduelle carotidiennne, les potentiels évoqués et la saturation cérébrale: (RCD 65,3; IC 95 % 20,5 à 207,7; I^2 [56,8 %]); (RCD 58,1; IC 95 % 23,0 à 146,3; I^2 [24,9 %]); (RCD 27,8; IC 95 % 13,4 à 57,9; I^2 [59,9 %]); (RCD 17,2; CI 95 % 2,4 à 123,9; I^2 [69,1 %]); et (RCD 12,1; IC 95 % 3,5 à 41,2; I^2 [30,8 %]), respectivement. Les tests séquentiels avec 25 mmHg de pression résiduelle carotidiennne suivis soit d'un TCD ou d'une EEG ont donné les meilleures probabilités post-test. Pour l'EEG, les RCD augmentent avec le nombre de canaux utilisés ($P = 0,03$).

Conclusion Une combinaison de pression résiduelle carotidiennne et de TCD ou d'EEG semble donner les meilleurs résultats pour dépister l'ischémie cérébrale pendant le clampage carotidienn. L'électroencéphalographie devrait être utilisée avec un nombre élevé de canaux.

Carotid endarterectomy reduces the long-term stroke/death rate of symptomatic patients with a moderate/severe carotid artery stenosis.¹ Compared with carotid artery stenting, carotid endarterectomy has a lower perioperative (0–30 days) stroke rate and therefore remains the preferred intervention for symptomatic patients with a moderate/severe carotid artery stenosis.^{1,2} This surgery can be performed under regional anesthesia, which allows clinical monitoring of the cerebral functions during the carotid artery cross-clamping.³ Compared with general anesthesia, regional anesthesia reduces the need for shunt insertion during carotid artery cross-clamping.^{4,5} A liberal use of shunting may increase the long-term incidence of restenosis;⁶ however, not all patients/anesthesiologists/surgeons will agree to proceed under regional anesthesia. It is therefore important to know which monitors are suitable to use when determining which patients require a shunt during carotid artery cross-clamping when surgery is performed under general anesthesia. The aim of the present meta-analysis is to compare the ability of different types of brain monitoring systems vs clinical monitoring of the brain function to detect cerebral ischemia during a carotid

artery cross-clamping under regional anesthesia. More specifically, the null hypothesis is that the differences in sensitivity and specificity between the clinical neurological evaluation and stump pressure, transcranial Doppler (TCD), cerebral saturation, electroencephalography (EEG), or evoked potentials will not exceed 1% (within 95% credible intervals).

Methods

The authors developed and approved a protocol before starting this study. In May 2012, a search was conducted (J.G.) in PubMed (from January 1950), Cochrane Central Register of Controlled Trials (April 2012), Cochrane Database of Systematic Reviews (2005 to April 2012), EMBASE (1988 to 2012 Week 18), and Ovid MEDLINE® (1945 to May Week 1 2012) for prospective trials of 20 patients or more where a cerebral monitor was compared with clinical brain monitoring during a carotid endarterectomy performed under regional anesthesia. Reference lists of all retained studies were also checked. Using the Cochrane Collaboration's tool (Table 1) as "yes", "no", or "unclear", the studies were evaluated on the information contained in the reports without any assumption.⁷ Possible duplicate publication was ruled out by checking locations and dates of data collection. Data (true positive, true negative, false positive, and false negative) were extracted independently by the two investigators, and conflicts were resolved by agreement. The authors kept only their best results (lowest sum of false negative + false positive) when the same device was tested with more than one criterion on the same study population. A positive test under regional anesthesia could be defined as: an altered conscious state (unable to answer questions or perform a simple mental task, e.g., counting backward from 100), slurred speech, confusion, severe agitation, aphasia, loss of consciousness, seizure, or motor weakness on the side contralateral to the surgery (e.g., leg and foot paralysis, unable to squeeze a squeaky toy or a bag filled with air or saline and connected to a transducer). Two analyses were performed, one where studies with a zero cell were dropped and a second (to the reviewer's request) where 0.5 was added to all cells of studies with zero cells only.

Data were analyzed for risk of bias assessment with RevMan 5 Version 5.0 (The Nordic Cochrane Centre, Copenhagen) and evaluated for sensitivity, specificity, heterogeneity, positive (LR+) and negative (LR-) likelihood ratios, and receiving operator curves with Meta-DiSc® Version 1.4 (Madrid, Spain) (<http://www.hrc.es/investigacion/metadisc.html>). We assessed heterogeneity with the I-squared statistic, and random effects models were used for all pooled estimates (sensitivity, specificity,

Table 1 The Cochrane Collaboration's tool for assessing the quality of diagnostic studies

- 1) Representative spectrum? Did the spectrum of patients represent those who will receive the test in practice?
- 2) Acceptable reference standard? Is the reference standard likely to classify the target condition correctly?
- 3) Acceptable delay between tests?
- 4) Partial verification avoided? Did the whole sample or a random selection of the sample receive verification using a reference standard of diagnosis?
- 5) Differential verification avoided? Did patients receive the same reference standard regardless of the index test result?
- 6) Incorporation avoided? Was the reference standard independent of the index test (i.e., the index test did not form part of the reference standard)?
- 7) Reference standard results blinded? Were the index test results interpreted without knowledge of the results of the reference standard?
- 8) Index test results blinded? Were the reference standard results interpreted without knowledge of the results of the index test?
- 9) Relevant clinical information? Were the same clinical data available when test results were interpreted as would be available when the test is used in practice?
- 10) Uninterpretable results reported? Were uninterpretable/ intermediate test results reported?
- 11) Withdrawals explained?

diagnostic odds ratio, and likelihood ratios). The JMP® software (SAS Institute Inc., Cary, NC, USA) was used to construct plots of posterior *vs* prior probabilities (0.001, 0.1, 0.14, 0.2, 0.3, 0.4, 0.5, 0.6, 0.7, 0.9, and 0.99) from pooled LR+ and LR-. Results were then transferred to Prism (GraphPad Software Inc.; www.graphpad.com) to create Fig. 5. Classical fail-safe numbers to assess publication bias were calculated with Comprehensive Meta Analysis Version 2.2.044 (www.Meta-Analysis.com).

Results

A flow chart for the selection of the studies is shown in Fig. 1, and an evaluation of the quality of the studies is shown in Fig. 2. A list of all articles retrieved is available as Electronic Supplementary Material (Appendix). Details of the study are presented in Table 2. Data were extracted for 4,664 measurements taken from 29 studies (transcranial Doppler = 739; cerebral saturation = 320; stump pressure = 2,549; EEG = 742; evoked potentials = 187; jugular venous saturation = 79; and jugular venous lactate = 48) (Fig. 3).⁸⁻³⁶ Agreement before discussion was achieved in 92 of 156 extractions (true positive, false positive, true negative, and false negative for each test) for a kappa statistic of 0.59. All discrepancies were resolved after discussion. Sensitivity, specificity, area under the curve, diagnostic odds ratio (DOR), LR+ and LR- are given in Table 3. Inclusion of studies with zero cells improved most DORs (except EEG) but did not change the fact that the two best monitors were TCD and EEG (Table 4). The classical fail-safe numbers (i.e., number of negative studies required to render the DOR non-statistically significant) were 99 for TCD, 153 for EEG, and 15 for cerebral saturation. A moderate amount ($I^2 = 56.2\%$) of heterogeneity was found on the DOR

for EEG. A meta-regression revealed that the DOR improved significantly with the number of channels used (P value = 0.03) (Fig. 4). Posterior probabilities for sequential testing with stump pressure 25 mmHg and each of TCD, cerebral saturation, EEG, or evoked potentials are given in Fig. 5. Assuming a 14% incidence of shunt requirement,⁵ the chances of requiring a shunt when two tests are positive would be 90.0% for stump pressure 25 mmHg and TCD; 77.5% for stump pressure 25 mmHg and cerebral saturation; 93% for stump pressure 25 mmHg and EEG; and 75.0% for stump pressure 25 mmHg and evoked potentials. The chances of requiring a shunt when two tests are negative would be 1.4% for stump pressure 25 mmHg and TCD; 2.5% for stump pressure 25 mmHg and cerebral saturation; 2.4% for stump pressure 25 mmHg and EEG; and 1.5% for stump pressure 25 mmHg and evoked potentials.

Discussion

Our results show that a combination of stump pressure and either TCD or EEG appears to deliver the best results for detecting brain ischemia during carotid artery cross-clamping. To achieve best results, EEG should be used with a high number of channels. Ambiguity of blinding was an obvious flaw for most of the studies included. The effect of absence of blinding on the results is difficult to evaluate precisely, but it is certainly possible that the capabilities of the various monitors studied to detect cerebral ischemia were overestimated. Bias in systematic reviews of diagnostic tests would increase the sensitivity (no systematic effect on specificity).^{7,37}

Studies with empty cells are problematic. The addition of a fraction to those cells or to all cells has been proposed as a solution to circumvent this issue, but this technique is

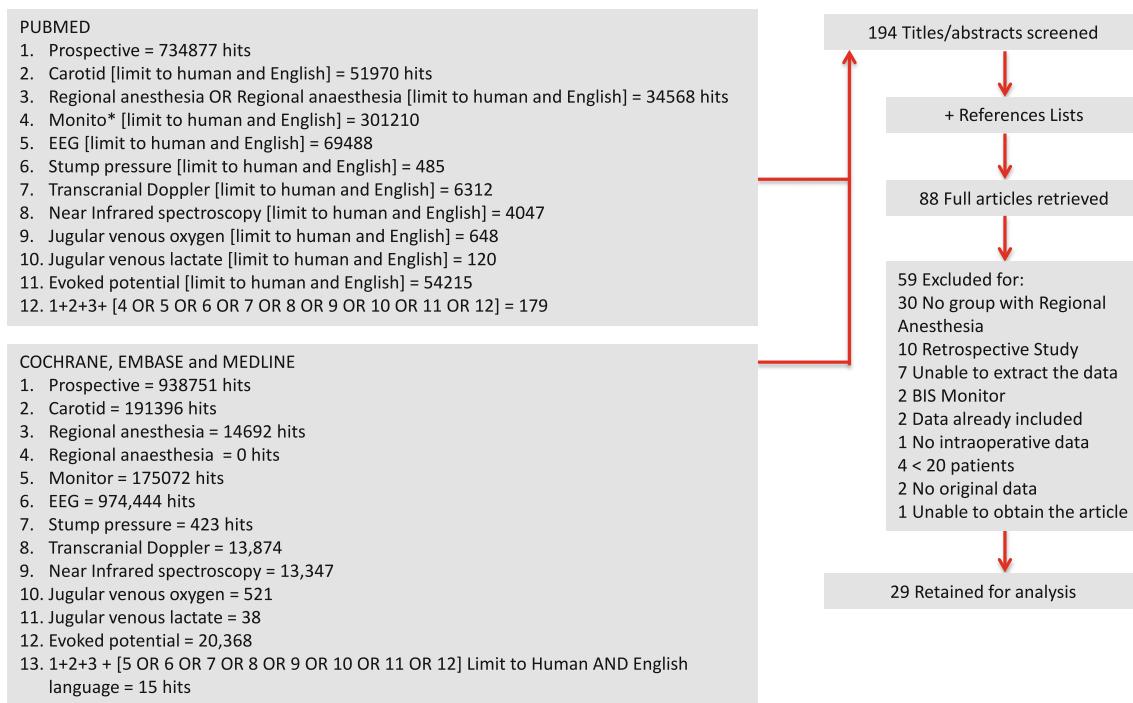


Fig. 1 Flow chart for the selection of the studies. EEG = electroencephalography

controversial as it may increase heterogeneity (Table 4) and introduce bias in the results. In developing the protocol, we therefore specified that all studies with an empty cell would be dropped in the final analysis; however, by doing so, we may have underestimated the accuracy of the monitors. The exact cut-off point used to determine the

shunt requirement varied from one study to another. Instead of evaluating a cut-off point determined *a priori*, the investigators often gave us a cut-off point that best fit their data. Changing the cut-off point will affect the monitor's performance. For example, a stump pressure of 25 mmHg may be more specific but less sensitive than a stump pressure of 40 mmHg. Based on our protocol, we chose to extract data from each study that gave the best results (lowest sum of false positive + false negative) so as to keep the best accuracy of each monitor. This may have overestimated the performance of the monitors evaluated. The definition used to define the "gold standard" (Table 2) varies from one study to another. This may have affected the performance of the "gold standard"; however, regardless of the sign or symptom, we consider any new neurological sign/symptom (global or focal) that appears during carotid artery cross-clamping (provided that the patient is not oversedated) to be interpreted as suboptimal brain oxygenation until proven otherwise. Consequently, our *a priori* definition was extensive, and no study was excluded for this specific reason. Finally, the search was limited to the English language. The effect of language restriction has been evaluated and, for conventional intervention (as opposed to complementary and alternative medicine), a search limited to the English language is unlikely to introduce a significant bias into the conclusions.³⁸

Taken separately, none of the monitors can detect cerebral ischemia to the same extent as regional anesthesia.

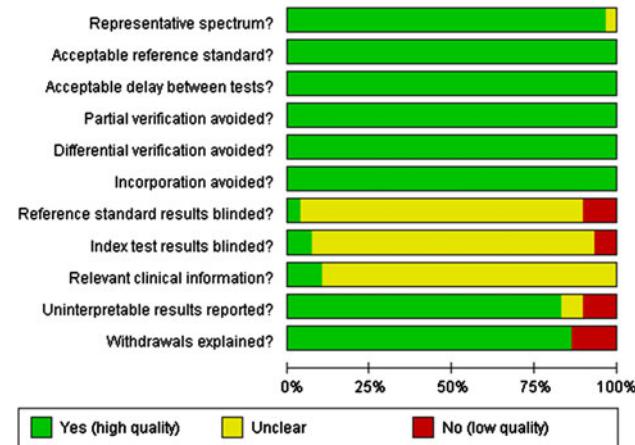


Fig. 2 Evaluation of the quality of the studies included in the analysis according to the Cochrane Collaboration's tool for systematic reviews of diagnostic tests. Green = % of the studies for which this specific item was judged to be adequate; red = % of the studies for which this specific item was judged to be inadequate; yellow = % of the studies for which there was not enough information in the article to judge this item

Table 2 Characteristic of included studies

Authors/Reference	Population	Comparisons	Signs/symptoms of cerebral ischemia for regional anesthesia	Criteria for ischemia on the monitor	Monitor type/brand	Sponsoring
Belardi P <i>et al.</i> 2003 ⁸ (n = 147)	109 men and 38 women; median age 70 (36-84) yr; 46% symptomatic	Stump pressure Transcranial Doppler*	Consciousness, speech and motor function by a neurologist	Systolic stump pressure ≤ 50 mmHg, ↓Middle cerebral artery mean flow velocity ≥ 70%, Temporal window	20G catheter TC2-64, EME, (Germany)	Unclear
Bergeron P <i>et al.</i> 1991 ⁹ (n = 114 procedures/ 106 patients)	Mean age 74 (50-87) yr; 76% symptomatic	Stump pressure	Loss of consciousness	Stump pressure < 30 mmHg	Unclear	Competition of interest: none
Calligro KD 2005 ¹⁰ (n = 474)	26% symptomatic	Aphasia, inability to squeeze a saline-filled intravenous bag taped in the patient's contralateral hand (connected to pressure tubing to generate waveforms that could be visualized on an anesthesia monitor) or decreased consciousness	Systolic stump pressure	19G butterfly needle	Competition of interest: none	
Cao P <i>et al.</i> 1997 ¹¹ (n = 175 procedures/ 168 patients)	Mean age 68.2 (41-83) yr; 41% symptomatic	Stump pressure Transcranial Doppler*	Appearance of a focal deficit (focal ischemia) or unconsciousness (global ischemia)	Systolic stump pressure ≤ 45 mm Hg, ↓Mean flow velocity ≥ 70%	MedaSonics Transpect 2 with a 2 MHz Probe, (MedaSonics Inc., Fremont, California)	Unclear
Crossman J <i>et al.</i> 2003 ¹² (n = 34)	Mixed population (symptomatic/ asymptomatic)	Jugular venous oxygen saturation	Decrease in upper or lower limb power during the operation (normal, reduced, or absent), confusion, or dysphasia. Speech assessed with the verbal component of the Glasgow Coma Score	↓Jugular venous oxygen saturation 25%	Abbott Oximetrix SJVO2 catheter (Abbott Laboratories Ltd)	Unclear
Evans WE <i>et al.</i> 1985 ¹³ (n = 134 procedures/ 121 patients)	66 men and 55 women; mean age 63 (41-55) yr; 62% symptomatic	Stump pressure EEG	Neurologic deficit	Stump pressure ≤ 25 mmHg, EEG changes (no detail)	Sentinel Version 4.0 (Fa. Axon Systems)	Unclear
Fielmuth S <i>et al.</i> 2008 ¹⁴ (n = 91)	63 men and 28 women; 64% symptomatic	Somatosensory evoked potentials [†]	Questions (orientation, paresthesia, and subjective well-being) and honking a toy horn with the contralateral hand	Complete loss of N20/P25 somatosensory evoked potentials (median nerve at the contralateral wrist)	Sentinel Version 4.0 (Fa. Axon Systems)	Unclear

Table 2 continued

Authors/Reference	Population	Comparisons	Signs/symptoms of cerebral ischemia for regional anesthesia	Criteria for ischemia on the monitor	Monitor type/brand	Sponsoring
Forsell C <i>et al.</i> 1990 ¹⁵	94% symptomatic (n = 56 out of 201 procedures)	Stump pressure	Neurological symptoms Loud counting and squeezing of the relevant hand	Stump pressure < 50 mmHg	Grant from the Swedish medical Research Council 00759	
Giannoni MF <i>et al.</i> 1996 ¹⁶ (n = 51)	45 men and 6 women; mean age 59 (55-75) yr; 74.5% symptomatic	Transcranial Doppler*	Loss of consciousness or a contralateral motor deficit	↓Mean flow velocity ≥ 67%, Temporal window	Transcranial Doppler (EME TC2-64 (Carolina Medical Electronics))	Unclear
Gnanadev DA <i>et al.</i> 1989 ¹⁷ (n = 84 procedures/ 71 patients)	34 men and 37 women; mean age 62 (48-87) yr; 76% symptomatic	Stump pressure	Hand grasp and mental status	Mean stump pressure < 25 mmHg	21G needle	Unclear
Gossetti B <i>et al.</i> 1997 ¹⁸ (n = 108 out of 198 procedures)	79% symptomatic	Transcranial Doppler		↓Mean flow velocity ≥ 70%, Temporal, suboccipital, or transorbital window	2 MHz probe through temporal or suboccipital approach fixed by a Hamlet tool	Unclear
Hafner CD 1988 ¹⁹ (n = 685 out of 1,200 procedures/ 969 patients)	539 men and 430 women; mean age 66 (41-90) yr; 76% symptomatic	Stump pressure	Change in mental status, confusion, loss of consciousness, or decrease in contralateral motor power	Stump pressure < 25 mmHg	Stump pressure < 25 mmHg	Unclear
Hans SS <i>et al.</i> 2007 ²⁰ (n = 314)	181 men and 133 women; mean age 71.9 (48-90) yr; 22.1% symptomatic	Stump pressure EEG	Squeezing with contralateral hand and answering simple commands (speech assessment).	Mean stump pressure taken at 40 mmHg, Noticeable slowing of EEG frequency in the alpha and beta frequencies, and a 50% reduction in amplitude	16 channels EEG (Cadwell, Kennewick, Wash)	Unclear
Hobson RW <i>et al.</i> 1974 ²¹ (n = 50 procedures/ 43 patients)	31 men and 12 women; mean age 59.6 (47-77) yr; 84% symptomatic	Stump pressure	Aphasia, dysphasia, or contralateral paresis	Mean stump pressure < 25 mmHg	22G needle	Unclear
Illig KA <i>et al.</i> 2002 ²² (n = 135)	80 men and 55 women; mean age 72 yr; 41% symptomatic	EEG	Any motor weakness or sensory change, altered speech, or decreased level of consciousness as judged by surgeon or anesthesiologist	Any alteration in recordings; real time interpretation by a member of the neurology faculty and classified as hemispheric or global	32 channels	Unclear

Table 2 continued

Authors' Reference	Population	Comparisons	Signs/symptoms of cerebral ischemia for regional anesthesia	Criteria for ischemia on the monitor	Monitor type/brand	Sponsoring
Karmeli R <i>et al.</i> 2001 ²³	Patients with contralateral occlusion; 35 men and 15 women, mean age 71 yr, 24% symptomatic (n = 51)	Stump pressure	Changes in neurological status	Stump pressure ≤ 40 mmHg	Unclear	
Luostio R <i>et al.</i> 1984 ²⁴	49 men and 51 women; mean age 58.4 (39–73) yr; 91% symptomatic (n = 111)	Stump pressure	Questioning and strength for 5 minutes. Loss or decrease of consciousness, dizziness, convulsions, or unilateral weakness of extremities	Stump pressure ≤ 40 mmHg	Unclear	
McCarthy RJ <i>et al.</i> 2001 ²⁵	71 men and 20 women; median age 71 (46–88) yr; 83% symptomatic (n = 104)	Transcranial Doppler*	Contralateral motor function (ball squeezing, foot moving) and answering questions	Mean flow mean middle cerebral artery velocity ≥ 50% (vascular technologist) Approach unspecified	Sci-Med PC-Dop 842 with a 2 MHz pulsed wave Doppler transducer (Sci-Med Ltd, U.K.), probe secured with an elastic headband	
Moore WS <i>et al.</i> 1969 ²⁶	Aged 46–89 yr; 100% symptomatic (n = 48)	Stump pressure	Contralateral movements, counting backwards, replying to questions, or loss of consciousness	Stump pressure < 25 mmHg	19G needle	PHS grants HE-32432 and HE-11-128
Moritz S <i>et al.</i> 2007 ²⁷	34 men and 14 women; mean age 69 (51–89) yr; 50% symptomatic (n = 48)	Stump pressure, Transcranial Doppler*, Near-infrared spectroscopy, Somatosensory evoked potentials	Speech anomaly, motor weakness (squeezing the hand of the anesthesiologist), or impaired consciousness (no sedation used)	Mean stump pressure 40 mm Hg (zeroed at the common carotid artery), ↓Middle cerebral artery velocity 48%, ↓Regional oxygen saturation 20% (ipsilateral parietotemporal area), Approach unspecified, ↓Peak-to-peak amplitude N20/P25 somatosensory evoked potentials to 50% of baseline (median nerve at the contralateral wrist)	2 MHz pulsed Doppler ultrasound device (MedaSonics Inc., Fremont, CA), probe fixed with a specially designed headband ensuring constant angle and depth, INVOS 3100 cerebral oximeter (Somanetics, Troy, MI) Axon Sentinel-4 evoked potential system (AXON Systems, Inc., Hauppauge, NY)	Support was provided solely from institutional and/or departmental sources
Moritz S <i>et al.</i> 2008 ²⁸	Same as above (n = 48)	Jugular venous PaO ₂ , Jugular venous lactate	Speech abnormalities, hemiparesis, or impaired consciousness	↓Jugular bulb venous oxyhemoglobin saturation ≤ 55%, ↑Arterial-jugular venous lactate content difference ≥ 0.16 mmol·L ⁻¹	18G catheter surgically inserted in the jugular ipsilateral venous bulb; lactate concentration by enzymatic method (Beckman CX 7, Beckman Instruments Inc, CA)	Unclear

Table 2 continued

Authors/Reference	Population	Comparisons	Signs/symptoms of cerebral ischemia for regional anesthesia	Criteria for ischemia on the monitor	Monitor type/brand	Sponsoring
Mulaudzi TV <i>et al.</i> 2009 ²⁹ (n = 59)	40 men and 19 women; mean age 64 (46–82) yr; 80% symptomatic	Stump pressure	Talking to the patient and asking him/her to squeeze a ball	Mean stump pressure \leq 40 mmHg	19G needle	Unclear
Pugliese F <i>et al.</i> 2009 ³⁰ (n = 40)	29 men and 11 women; mean age 77 (64–90) yr; asymptomatic patients	Transcranial Doppler Near-infrared spectroscopy	Loss of strength of contralateral handgrip, dysarthria, or impaired consciousness	↓Middle cerebral artery velocity 50% or absolute value $<$ 10 cm·sec $^{-1}$, Approach unspecified, ↓Regional oxygen saturation 20% or absolute value $<$ 45%	Transcranial Doppler (Pioneer TC 4040; Nicolet Biomedical, Madison, Wisconsin, USA); In vivo optical spectroscopy (INVOS) Cerebral Oximeter (Somanetics Corp., Troy, Michigan, USA)	Unclear
Rigamonti A <i>et al.</i> 2005 ³¹ (n = 50)	Aged 51–90 yr; contralateral occlusion or deficit excluded	Near-infrared spectroscopy	Asking the patient to open and close his eyes, answer simple questions, squeeze a clicker with the contralateral hand, and move all four extremities	↓Regional oxygen saturation 15% (ipsilateral forehead)	Cerebral oximetry (INVOS 4100, Somanetics Corp., Troy, Michigan, USA)	Unclear
Ritter JC <i>et al.</i> 2011 ³² (n = 83 out of 100 procedures)	81 men and 19 women; median age 71 yr; 63% symptomatic	Transcranial Doppler Near-infrared spectroscopy	New neurological deficit and/or deterioration in conscious level	↓Middle cerebral artery velocity 50%, Temporal window, ↓Regional oxygen saturation 15% (ipsilateral forehead)	Transcranial Doppler EME, (Viasy, Conshohocken, PA, USA) INVOS 4100, (Somanetics Corp., Troy, Michigan, USA)	Conflict of interest/ Funding: None
Samra SK <i>et al.</i> 2000 ³³ (n = 100 procedures/ 99 patients)	51 men and 48 women; aged 43–90 yr	Near-infrared spectroscopy	Inability to respond to verbal commands, unconsciousness, or abnormal motor strength of the contralateral upper extremity	↓Regional oxygen saturation 20% (forehead, both sides)	INVOS 3100 cerebral oximeter	Support was provided solely from institutional and/or departmental sources. Oximeter sensors for this study were provided at no cost by Somanetics Inc., Troy, Michigan.

Table 2 continued

Authors/Reference	Population	Comparisons	Signs/symptoms of cerebral ischemia for regional anesthesia	Criteria for ischemia on the monitor	Monitor type/brand	Sponsoring
Sbarigia E <i>et al.</i> 2001 ³⁴	38 men and 12 women; mean age (n = 50)	Somatosensory evoked potentials	Neurological symptoms	↓Peak-to-peak amplitude N20/P25 somatosensory evoked potentials > 25 % of baseline (median nerve at the contralateral wrist)	Nicolet Viking IV (Nicolet Rangoni, Bologna, Italy)	Unclear
Silbert BS <i>et al.</i> 1989 ³⁵	48 men and 22 women; mean age (n = 70)	Processed EEG	State of consciousness or squeezing with contralateral hand	Two bipolar channel, five-lead system with aperiodic analysis; frontal and mastoid area Significant changes in pattern (mainly decrease)	Lifescan (Neurometrics)	Support by Janssen-Cilag Pty. Ltd
Stoughton J <i>et al.</i> 1998 ³⁶	43% symptomatic (n = 89)	EEG	Speech changes, agitation or confusion, contralateral arm or leg weakness, seizure or unresponsiveness	More than 50% ↓ amplitude of alpha and beta frequencies or persistent ↑ in delta in a single hemisphere. Interpreted by experienced technicians in the operating room and reviewed by qualified neurologists	8 channels	Unclear

*Patients with no transcranial Doppler window or probe dislodgement during the procedure were excluded

[†] 11/102 patients had a poor signal and were withdrawn from the analysis. EEG = electroencephalograph

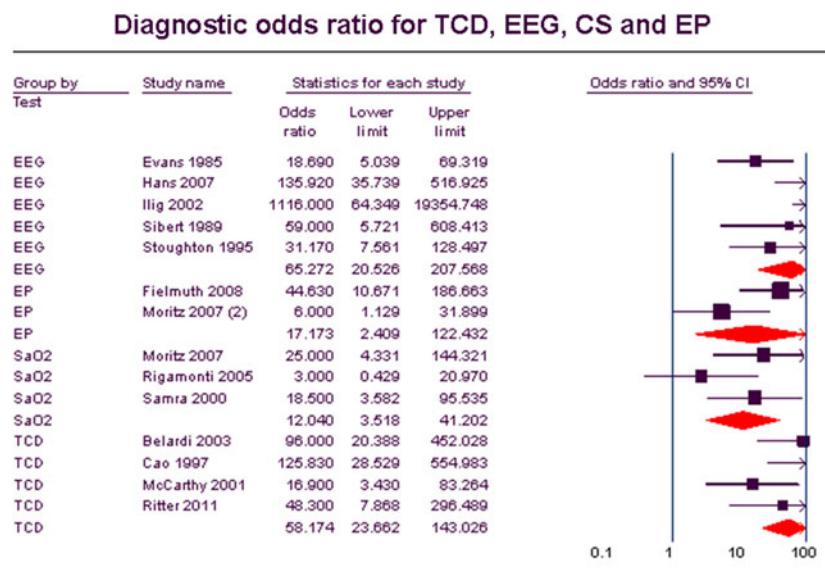


Fig. 3 Forest plots of diagnostic odds ratios for transcranial Doppler (TCD), electroencephalography (EEG), cerebral saturation (CS), and evoked potentials (EP). The diagnostic odds ratio (ratio of the odds of positivity in disease relative to the odds of positivity in the non-diseased) expresses the strength of the association between test result

and disease. Inconsistency (as measured by the I-square value) is the percentage of variation in effect from one study to another that cannot be explained by chance alone: 25% is low, 50% is moderate, and 75% is high. I-square was 24.9% for TCD, 56.8% for EEG, 30.8% for CS, and 69.1% for EP

Table 3 Results for all monitors

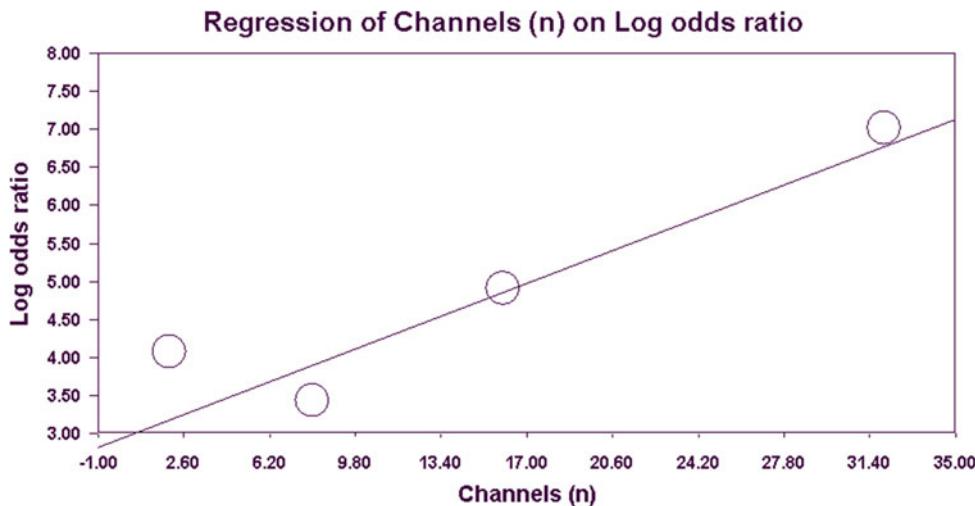
Monitor (number of studies with/without empty cell for AUC)	Sensitivity (95%CI) [I-square]	Specificity (95%CI) [I-square]	AUC [Q]	DOR (95% CI) [I-square]	LR+ (95% CI) [I-square]	LR− (95% CI) [I-square]	Cut-off points (range)
TCD (<i>n</i> = 8/4)	0.81 (0.69 to 0.91) [0%]	0.92 (0.89 to 0.94) [88.9%]	0.896 (0.044) [0.827]	58.1 (23.0 to 146.3) [24.9%]	11.22 (3.93 to 32.03) [87.5%]	0.20 (0.12 to 0.36) [0%]	↓48-70%
Cerebral Saturation (<i>n</i> = 5/3)	0.74 (0.54 to 0.89) [40.3%]	0.82 (0.76 to 0.88) [0%]	0.897 (0.043) [0.828]	12.1 (3.52 to 41.24) [30.8%]	4.28 (2.82 to 6.50) [0%]	0.36 (0.13 to 1.02) [64.3%]	↓15-20%
Stump pressure (<i>n</i> = 15/9)	0.75 (0.69 to 0.81) [88.2%]	0.88 (0.86 to 0.89) [89.6%]	0.930 (0.018) [0.865]	27.84 (13.38 to 57.94) [59.9%]	6.59 (4.64 to 9.37) [76.3%]	0.28 (0.13 to 0.59) [93.1%]	25-50 mmHg
Stump 25 mmHg	0.67 (0.57 to 0.76) [94.8%]	0.85 (0.83 to 0.88) [94.2%]	0.941 (0.022) [0.879]	19.37 (4.54 to 82.62) [73.2%]	4.95 (4.22 to 5.81) [0%]	0.44 (0.17 to 1.13) [95.2%]	25 mmHg
Stump 40 mmHg	0.82 (0.73 to 0.89) [0%]	0.90 (0.88 to 0.92) [79.9%]	0.897 (0.041) [0.828]	31.33 (10.81 to 90.81) [83.5%]	6.38 (3.34 to 12.18) [85.4%]	0.23 (0.15 to 0.35) [0%]	40 mmHg
EEG (<i>n</i> = 5/5)	0.70 (0.58 to 0.80) [13.1%]	0.96 (0.94 to 0.97) [85.8%]	0.864 (0.060) [0.795]	65.27 (20.51 to 207.71) [56.8%]	16.70 (6.59 to 42.37) [78.0%]	0.35 (0.25 to 0.49) [0%]	
Evoked potentials (<i>n</i> = 3/2)	0.84 (0.66 to 0.95) [0%]	0.78 (0.69 to 0.86) [92.4%]	NA	17.17 (2.38 to 123.85) [69.1%]	3.72 (0.89 to 15.52) [91.6%]	0.22 (0.10 to 0.49) [0%]	N20/P25 0-50% of baseline
Jugular venous saturation (<i>n</i> = 2/1)	0.75 (0.43 to 0.95)	0.83 (0.67 to 0.94)	NA	NA	NA	NA	≤ 55%

Table 3 continued

Monitor (number of studies with/without empty cell for AUC)	Sensitivity (95%CI) [I-square]	Specificity (95%CI) [I-square]	AUC (SE) [Q]	DOR (95% CI) [I-square]	LR+ (95% CI) [I-square]	LR- (95% CI) [I-square]	Cut-off points (range)
Jugular venous lactate (<i>n</i> = 1)	0.67 (0.35 to 0.90)	0.86 (0.71 to 0.95)	NA	NA	NA	NA	≥ 0.16 mmol·L ⁻¹

Random effects models. AUC = area under the curve; 95% CI = 95% confidence interval; DOR = diagnostic odds ratio; LR+ = positive likelihood ratio; LR- = negative likelihood ratio; TCD = transcranial Doppler; EEG = electroencephalography; NA = not available due to insufficient number of studies

Fig. 4 A meta-regression revealed that the diagnostic odds ratio for EEG increases with the number of channels used ($P = 0.03$)



Association of stump pressure with TCD or EEG seems to be the best combination if, fortuitously, results of both tests are on the same side (positive vs negative) (Fig. 5). The inherent limits/costs of tests may also affect choice. For example, approximately 10% of patients lack a temporal window that would allow TCD monitoring. Alternate approaches have been proposed to circumvent this problem.¹⁷ The close proximity of the monitor to the surgical site has also been a problem, with some investigators reporting probe displacement during the surgery. Simplified EEG (BIS monitor) proved unfit for this task, and because the interpretation of a conventional EEG requires specialized knowledge, the availability of the technician/neurologist limits the use of an EEG for this purpose. When EEG is chosen, our meta-analysis suggests that a high number of channels should give the best accuracy (Fig. 4). Some drugs used to induce and maintain general anesthesia will affect EEG and evoked potentials, making the ability of these two monitors to detect brain ischemia in patients under general anesthesia uncertain.

The ultimate decision whether or not to insert a shunt will also involve consideration of other variables, such as specific difficulties of shunt insertion (e.g., long plaques extending distally into the cranium, small vessels etc.),

stenosis/occlusion of the collateral vessels, capability of the patient to support an increase in systemic arterial blood pressure (failing heart), or timing of ischemia (a brief period of ischemia close to restoration of blood flow may be less risky than a shunt insertion).

Finally, it is important to bear in mind that accuracy of tests constitutes a surrogate marker for important outcomes. In our study, the evaluation was based on cerebral ischemia as attested by a variety of clinical signs and symptoms, while the obvious important outcome would be a change in the stroke/death rate (critical to a decision or 7-9 on a 9-point rating scale).³⁹ Assuming that strokes could be prevented by a better diagnosis of cerebral ischemia during artery cross-clamping implies not only that no (or a low rate of) bad consequences would be expected from the shunt placement itself but also that ischemic strokes constitute a sufficiently important fraction of all strokes to make a clinically relevant difference or that an early diagnosis of embolic strokes would change the overall prognosis. The Grading of Recommendations Assessment, Development and Evaluation (GRADE) Working Group considers that “accuracy studies typically provide low-quality evidence for making recommendations owing to indirectness of the outcomes, similar to

Table 4 Results for all monitors adding 0.5 to all cells of studies with zero cells

	Monitor (number of studies)	Sensitivity (95% CI) [I-square]	Specificity (95% CI) [I-square]	AUC (SE) [Q] [I-square]	DOR (95% CI) [I-square]	LR+ (95% CI) [I-square]	LR- (95% CI) [I-square]	Cut-off points (range)
TCD (<i>n</i> = 8)	0.88 (0.79 to 0.94) [30%]	0.92 (0.90 to 0.94) [80.4%]	0.945 (0.023) [0.884] [0%]	73.9 (36.41 to 149.85) [76.9%]	10.75 (5.87 to 19.68) [0%]	0.17 (0.10 to 0.29)	↓48-70%	
Cerebral Saturation (<i>n</i> = 5)	0.84 (0.70 to 0.93) [63.7%]	0.89 (0.84 to 0.92) [84.0%]	0.943 (0.075) [0.881] [69.0%]	40.25 (6.46 to 250.74) [74.5%]	7.48 (2.85 to 19.69) [71.8%]	0.22 (0.06 to 0.74)	↓15-20%	
Stump pressure (<i>n</i> = 15)	0.76 (0.71 to 0.81) [85.5%]	0.88 (0.87 to 0.90) [89.5%]	0.935 (0.019) [0.871] [46.0%]	37.14 (19.82 to 69.57) [72.0%]	6.40 (4.77 to 8.60) [89.6%]	0.27 (0.15 to 0.47)	25-50 mmHg	
Stump 25 mmHg	0.67 (0.58 to 0.76) [92.2%]	0.87 (0.84 to 0.89) [93.5%]	0.947 (0.025) [0.887] [65.9%]	30.04 (8.02 to 112.48) [55.1%]	8.12 (3.88 to 16.96) [92.4%]	0.43 (0.20 to 0.91)	25 mmHg	
Stump 40 mmHg	0.86 (0.78 to 0.91) [52.7%]	0.89 (0.87 to 0.91) [78.1%]	0.927 (0.026) [0.862] [46.4%]	38.10 (15.72 to 92.35) [80.6%]	5.92 (3.74 to 9.38) [17.8%]	0.20 (0.12 to 0.33)	40 mmHg	
EEG (<i>n</i> = 5)	0.70 (0.58 to 0.80) [13.1%]	0.96 (0.94 to 0.97) [85.8%]	0.864 (0.060) [0.795] [20.51 to 207.71] [56.8%]	65.27 (20.51 to 207.71) [78.0%]	16.70 (6.59 to 42.37) [0%]	0.35 (0.25 to 0.49)		
Evoked potentials (<i>n</i> = 3)	0.85 (0.70 to 0.94) [0%]	0.84 (0.77 to 0.90) [93.3%]	0.907 (0.036) [0.839] [69.3%]	35.14 (4.52 to 273.1) [90.3%]	6.52 (1.32 to 32.33) [0%]	0.20 (0.10 to 0.41)	N20/P25 0-50% of baseline	
Jugular venous saturation (<i>n</i> = 2)	0.82 (0.57 to 0.96) [57.4%]	0.82 (0.70 to 0.91) [0%]	NA	18.73 (4.63 to 75.78) [0%]	4.50 (2.57 to 7.88) [0%]	0.26 (0.10 to 0.67)	≤ 55%	
Jugular venous lactate (<i>n</i> = 1)	0.67 (0.35 to 0.90)	0.86 (0.71 to 0.95)	NA	NA	NA	NA	≥ 0.16 mmol·L ⁻¹	

Random effects models. 95% CI = 95% confidence interval; AUC = area under the curve; DOR = diagnostic odds ratio; LR+ = positive likelihood ratio; LR- = negative likelihood ratio; TCD = transcranial Doppler; EEG = electroencephalography; NA = not available due to insufficient number of studies

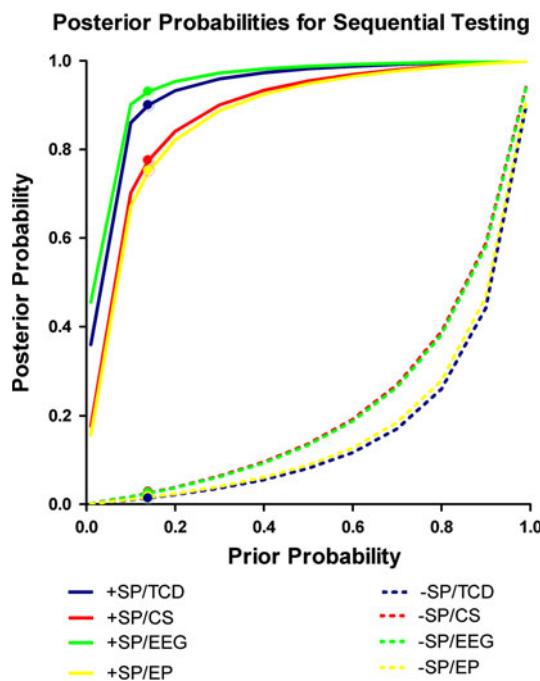


Fig. 5 Graph of the posterior probabilities vs the prior probabilities for sequential testing with stump pressure with a cut-off point at 25 mmHg, followed by transcranial Doppler (TCD), cerebral saturation (CS), electroencephalography (EEG), or evoked potentials (EP) for a positive or negative (dashed lines) test. Points are the results for a prior probability of 14%

surrogate outcomes for treatments.”³⁹ The second important outcome here (which justified undertaking the present study) was that a more accurate diagnosis of cerebral ischemia could decrease unnecessary shunt placements in patients operated under general anesthesia, a practice which itself may lead to restenosis (based on a large retrospective study) (important to a decision or 4–6 on a 9-point rating scale). Nevertheless, a low (TCD) or moderate (EEG) amount of heterogeneity on the DOR coupled with uncertainty around the results (wide confidence intervals) reduces the quality of the evidence. Therefore, a prospective randomized study evaluating the efficacy of our proposed strategy to reduce the rate of long-term restenosis or costs associated with shunt placements (without increasing the stroke/death rate) would be required before making any firm recommendation.

In conclusion, no monitor can reproduce the detection of brain ischemia achievable with regional anesthesia. A combination of stump pressure and either TCD or EEG appears to give the best results. For EEG, a high number of channels should be used. A randomized clinical trial evaluating this strategy is required before any firm conclusion can be drawn.

Acknowledgements We sincerely thank Maisonneuve-Rosemont Hospital and University of Montreal for providing some of the

references used for the preparation of this study and for access to electronic databases.

Conflicts of interest None declared.

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