

## Virtual simulation training for fiberoptic intubation

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To the Editor,

The fiberoptic orotracheal intubation (FOI) technique is considered the gold standard in the management of predicted difficult airways, and every anesthesia practitioner is required to master this complex psychomotor skill.<sup>1</sup> There are few opportunities for anesthesiology residents to learn this skill in a clinical setting with patients with “true” difficult airways, and learning FOI with patients with normal airways raises ethical considerations. Consequently, anesthesiology residents may be challenged to gain sufficient FOI experience during the course of their postgraduate training. Computer virtual reality simulation may optimize learning opportunities in the clinical setting by providing an ethical and cost-effective modality to develop the basic skills of airway bronchoscopy.<sup>2,3</sup>

As FOI is a complex psychomotor skill, we have observed that it is difficult for novices to control the movements of the bronchoscope accurately while simultaneously thinking about the anatomy of the upper airway. Computer simulation can enhance learning by functioning as a part task trainer. Part task training is defined as the deconstruction of multicomponent tasks into several single-component tasks. When each skill is learned separately,

the opportunity for the subsequent integration and overall success of FOI may be enhanced. Compared to whole task training, the single task format facilitates a more rapid development of automatic skills.<sup>4</sup>

We present a computer simulator that focuses on the part task training of understanding altered airway anatomy. The Virtual Fiberoptic Intubation (VFI) software<sup>1</sup> (Institut de Recherche contre les Cancers de l'Appareil Digestif, France) was developed from reconstructed images of computerized tomography or from magnetic resonance imaging of actual patients varying in age (adults and pediatrics) and pathology (from a cleft palate to post-tracheotomy tracheal stenosis). This simulation enables a trainee to obtain an internal view of the airway that is similar to the view obtained by a bronchoscopy in an actual patient. The CD provides trainees with six different virtual patients (Fig. 1).

The screen view of the program is divided into three parts. The main window represents the view from the tip of the fiberoptic bronchoscope. The second and third windows of the screen demonstrate three-dimensional reconstruction with several levels of transparency and radiological views. This representation provides an external position for the fiberoptic bronchoscope from which the internal view has been derived. While the virtual bronchoscopy is being performed from either the mouth or the nose, the virtual navigation facilitates a better understanding of the successive changes in direction essential for successful bronchoscopy. This virtual progression helps the trainee to mentally integrate the schema of the correct airway route by simply using his/her computer's “mouse” or keyboard. A key quality of VFI is that it has no pre-calculated routes;

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The Virtual Fiberoptic Intubation (VFI) software was developed by the Institut de Recherche contre les Cancers de l'Appareil Digestif (IRCAD), Strasbourg, France, in partnership with the University of Strasbourg, France, without any financial support. KarlStorz GMBH (Tuttlingen, Germany) distributes the VFI CD free of charge.

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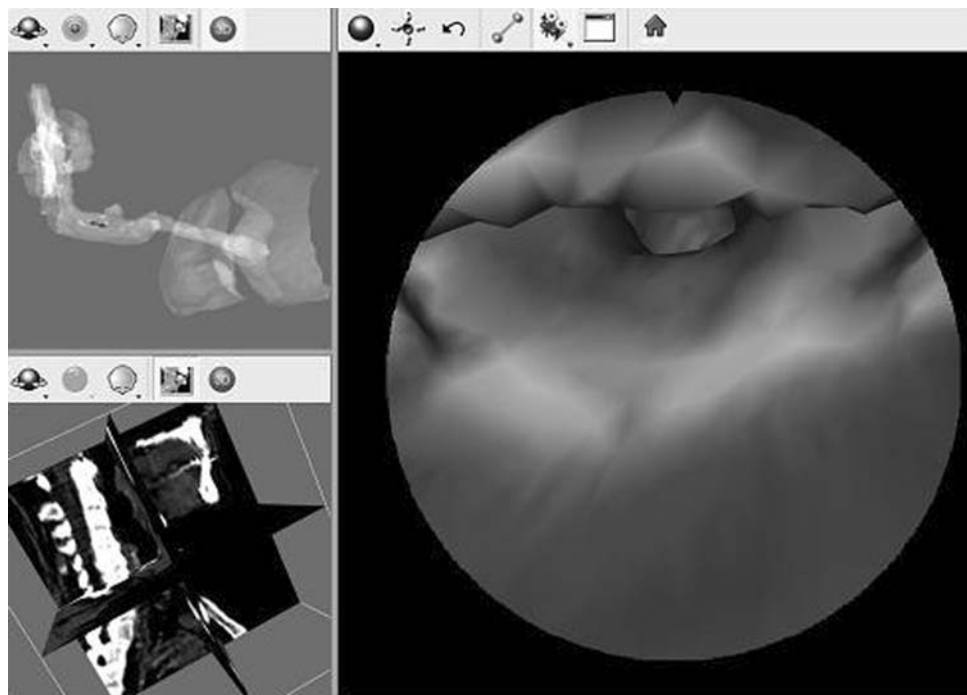
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<sup>1</sup> Available free of charge from KarlStorz GMBH with a written communication at: [www.karlstorz.com](http://www.karlstorz.com).

**Fig. 1** On screen view of the Virtual Fiberoptic Intubation (VFI) software. *Upper left panel* Three-dimensional reconstruction of the airway with different levels of transparency. The *arrow* represents the position of the tip of the bronchoscope. *Lower left panel* Radiological views of the airway that can be rotated on three planes. *Right panel* Virtual reality view from the tip of the bronchoscope



thus, unrestricted navigation is possible in the upper airway, allowing the trainee to make virtual errors and to learn from them.

In summary, we have developed simulation software, available free of charge, which may be a useful adjunct to teaching FOI. Perhaps a resident in an airway curriculum could be required to demonstrate a minimum level of expertise with the software prior to learning with patients in the clinical setting.

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**Conflicts of interest** There is no conflict of interest between IRCAD and the Department of Anesthesiology and Intensive Care Unit, Strasbourg, France.

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