

Immunotherapy for thoracic malignancies

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Abstract

Purpose Historically, thoracic malignancies, such as non-small cell lung cancer and malignant pleural mesothelioma, have been marked by poor prognosis. Current standard of care for these diseases results in limited improvements in survival benefit. This has prompted researchers to explore new and innovative treatment alternatives. Immunotherapy is an emerging therapeutic modality that harnesses the power of the human immune system against cancer cells. Herein, we summarize the concepts and current status of immunotherapy for the treatment of thoracic malignancies.

Methods Using ClinicalTrials.gov, we conducted a literature review using the terms “immunotherapy” and “immune therapy,” and combined them with the conditions “pleural mesothelioma” and “carcinoma, non-small cell lung.” The search results yielded 452 trials, among which 122 trials met our specific criteria.

Results Our search identified immune checkpoint blockade, immunotoxin therapy, anticancer vaccines, and adoptive cell therapy as the most common and relevant immunotherapies that are currently being assessed in clinical trials.

Conclusion We have highlighted the successes, as well as the limitations, of immunotherapy for non-small cell lung cancer and malignant pleural mesothelioma. We have identified early phase clinical trials that assess immunotherapy as first-line, second-line, and maintenance therapy, and compared these

drugs as monotherapeutics or in combination with chemotherapy or other types of immunotherapy.

Keywords Immunotherapy · Thoracic malignancies · Non-small cell lung carcinoma

Introduction

Epidemiology of thoracic malignancies

Thoracic malignancies are a major health concern worldwide. Traditionally, lung cancer has been divided into two groups, non-small cell lung cancer (NSCLC) and small cell lung cancer (SCLC). NSCLC consists of different subtypes—squamous cell carcinoma, adenocarcinoma, and large cell carcinoma—and it accounts for 85% of newly diagnosed cases of lung cancer [1]. Lung cancer is the most frequently diagnosed cancer in men and the third most frequently diagnosed cancer in woman worldwide and, in developed countries, it is the leading cause of cancer-related death for both men and woman [2]. This is due largely to the fact that the majority (70%) of patients diagnosed with NSCLC have tumors that are advanced and unresectable [3]. Because of this, there has been marginal improvement over the past several decades with 5-year survival rates that only range from 10 to 20% and median survival of approximately 12 months [2].

Malignant pleural mesothelioma (MPM) is an aggressive cancer of the pleura. The most common etiology is asbestos exposure and, while the use of the silicate mineral has been banned in most developed countries, it is still mined and manufactured in many developing countries [4]. The global incidence of MPM is likely underreported and it is estimated to peak in the late 2020s [5]. Similar to NSCLC, MPM has a

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poor prognosis that may be secondary to the difficulties in early diagnosis and the advanced stage of the disease at time of diagnosis. Without treatment, median survival is 12 months and with treatment the 6-month, 1-year, and 5-year overall survival (OS) rates are 55, 33, and 5%, respectively [6].

Currently established therapy

The prevalence and aggressiveness of these two conditions clearly underscores the importance of discovering and implementing new and innovative therapies. It is important to briefly describe the current standards of care before discussing future therapeutic interventions.

For many years, the standard of care for advanced NSCLC was platinum-based doublet chemotherapy; however, this treatment offered only small improvements in survival compared with supportive care [7]. Discoveries of tumor-specific mutations in NSCLC have led to the development of targeted therapies that inhibit specific molecular pathways for lung cancer. For example, gefitinib is a tyrosine kinase inhibitor (TKI) that targets epidermal growth factor receptor (EGFR). When used as a monotherapy, approximately 70% of patients with EGFR mutations had a radiographic response [8]. Despite this positive result, responsiveness was seen typically in a distinct patient population—women, no smoking history, and of Asian descent—and the majority of responders developed acquired resistance [8]. Subsequently, additional TKIs and monoclonal antibodies (mAbs) have been developed to target EGFR and other driver mutations (e.g., VEGF and cMET), and have shown promising, yet modest, results. Nonetheless, these therapies have been effective in only a minority of NSCLC patients.

For MPM, systemic chemotherapy is a standard component in the treatment of patients with resectable or unresectable disease. A phase III trial (EMPHACIS) of 456 patients demonstrated a 3-month survival benefit (12.1 vs. 9.3 months) in patients who were treated with pemetrexed and cisplatin combination therapy as opposed to cisplatin alone [9]. Surgical resection for MPM is a controversial subject with no established guidelines. Furthermore, there has been considerable debate about the optimal role of surgery given the high morbidity associated with these complicated surgical interventions. Extrapleural pneumonectomy (EPP) entails en bloc resection of the visceral and parietal pleura, pericardium, ipsilateral hemidiaphragm, and lung; this is the most extensive intervention for MPM. The MARS trial compared patients treated using EPP with those who were not treated using EPP. The investigators of this trial concluded that EPP offers no added benefit and may possibly harm patients [10]. Conversely, cytoreductive, lung-sparing procedures, such as pleurectomy/decortication and extended pleurectomy/decortication, are associated with improved survival rates, albeit, at the cost of higher morbidity than supportive care [11].

The goal of surgical resection is the removal of macroscopic disease (R1 resection). Radiation therapy has been employed in an adjuvant setting to control microscopic disease, but is associated with toxicity in the lungs and adjacent organs [12]. To counteract this, clinicians have employed innovative techniques such as intensity-modulated pleural radiation therapy (IMPRINT). IMPRINT targets pleural surfaces while limiting lung exposure. Studies have shown that this is safe as there have been no episodes of grade 4 or 5 radiation pneumonitis [13]. Despite this, chemotherapy, surgery, and radiation have proven to be ineffective as solitary therapy. The advent of trimodality therapy, which is the combination of the aforementioned three therapies, has resulted in less morbidity and mortality at high patient volume treatment centers. But, completion of trimodality therapy can be difficult due to disease progression, treatment side effects, and limited access to high volume centers [14].

The high recurrence rate, development of resistance to targeted therapies for NSCLC, and the challenges associated with delivery of trimodality therapy for MPM are only some of the hurdles that drive researchers toward the development of innovative and efficacious therapies for these deadly diseases. One such innovative therapy is immunotherapy, an emerging therapeutic modality that harnesses the power of the human immune system against cancer cells.

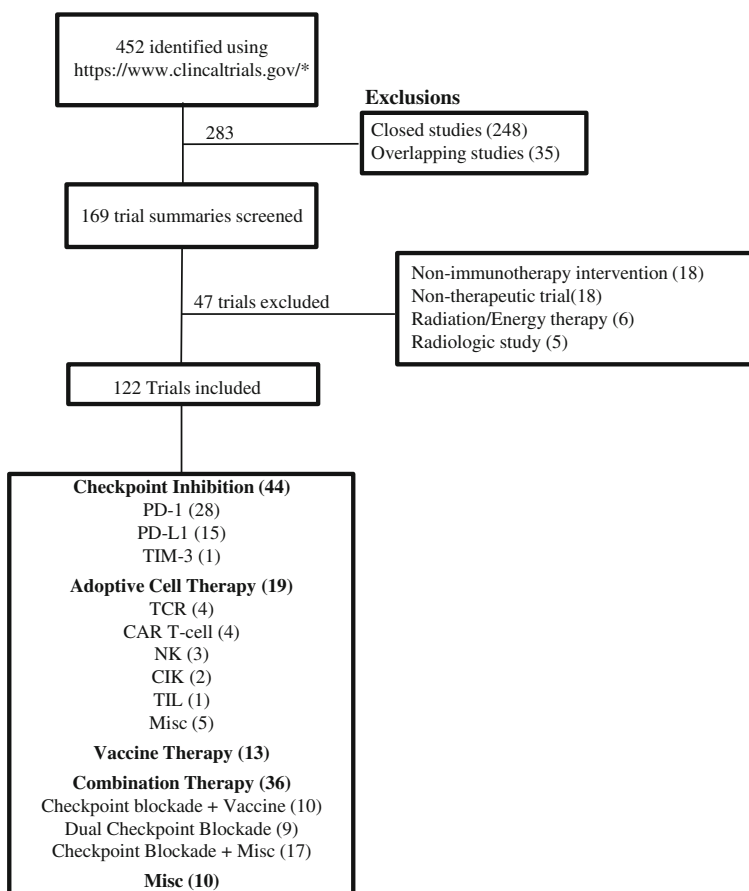
Immunoediting and immunotherapy

The theory of immunosurveillance states that a healthy immune system can protect an individual from the development and uncontrolled growth of malignancies [15]. Immunoediting is the theory that explains how an immunocompetent host develops cancer and is divided into three phases—elimination, equilibrium, and escape [15]. Elimination entails activation of the host immune mechanisms that results in apoptosis of tumor cells. If this process is unsuccessful, tumor cells may enter the equilibrium phase where tumor growth is maintained chronically. Alternatively, tumor cells may adapt to the immune microenvironment and develop tumor variants. If these variants overcome host immunity, they enter the escape phase and become the clinically detectable lesions that lead to the physical symptoms of cancer that are manifested by the host [15]. Immunotherapy is designed to counteract these evasive techniques that are employed by the tumor cell. In this review we will provide an overview of various immunotherapeutic strategies and discuss the results of select clinical trials (Fig. 1) of patients with NSCLC and MPM.

Checkpoint blockade

As previously mentioned, during the equilibrium phase tumor cells adapt to the tumor immune microenvironment. One

Fig. 1 Using [ClinicalTrials.gov](https://www.clinicaltrials.gov), we searched the terms “immunotherapy” and “immune therapy,” and combined them with the conditions “pleural mesothelioma” and “carcinoma, non-small cell lung.” We excluded all closed trials and trials that resulted from multiple search terms (overlapping). We then screened 169 trials and excluded trials that tested non-immunotherapy medications, non-therapeutic trials (e.g., biomarker studies), trials where radiation/energy was the primary intervention, and radiologic studies.



method of adaptation is the upregulation of inhibitory ligands on the surface of tumor cells. These ligands interact with inhibitory receptors on tumor-infiltrating immune cells and result in immune cell inhibition. These inhibitory receptors (i.e., immune checkpoints) act as a regulatory system that physiologically protects the body from autoimmunity and plays a pivotal role in tumor development. Checkpoint blockade immunotherapy utilizes antibodies to block inhibitory signaling to prevent T cell inhibition. Several different checkpoint inhibitors have been used to treat NSCLC and MPM. The most noteworthy immune checkpoints are cytotoxic T lymphocyte-associated protein 4 (CTLA-4) and programmed cell death protein 1 (PD-1)/programmed death ligand 1 (PD-L1) pathways.

CTLA-4 inhibition

CTLA-4 is a glycoprotein that is expressed by activated T cells and regulatory T cells (Tregs), and is a strong negative regulator of T cells [16]. CTLA-4 competes with co-stimulatory receptor CD28 for B7 ligands (CD80 and CD86) that are expressed on antigen-presenting cells (APCs). The binding of CTLA-4/CD80 results in a direct inhibitory signal that decreases T cell effector function [17].

Ipilimumab (IgG1) is a fully human antibody that targets CTLA-4 and has demonstrated an impressive anti-melanoma immune response. This has led to a significant improvement in OS for patients with unresectable stage III/IV melanoma [18]. These results have led to several clinical trials that assess anti-CTLA-4 checkpoint inhibitors in a variety of solid malignancies including NSCLC and MPM.

A phase II trial compared ipilimumab plus chemotherapy with chemotherapy alone in previously untreated patients with extensive-stage SCLC. Ipilimumab was administered either concurrently with carboplatin and paclitaxel or in a phased approach. The primary endpoint was immune-related progression-free survival (PFS). Improvement in PFS was only seen with a phased approach (5.7 vs. 4.6 months, HR = 0.72, $P = 0.05$). The results from this trial suggest that patients with squamous NSCLC may derive even greater benefit from ipilimumab treatment [19]. There are two open clinical trials no longer recruiting patients (NCT01285609 and NCT02279732) that are assessing ipilimumab in patients with squamous histology. Additionally, there is an open clinical trial that is assessing ipilimumab in combination with nivolumab, a PD-1 pathway checkpoint inhibitor, for the treatment of patients with chemotherapy-naïve or recurrent stage IV NSCLC (Table 1).

Table 1 Open and recruiting clinical trials employing immunotherapy for the treatment of non-small cell lung cancer

Agent	Phase	(n)	Comments	Representative clinical trials
Adoptive cell therapy				
NK	Phase I–III	3	NK as monotherapy, adjuvant therapy, or in combination with a targeted monoclonal antibody	NCT02845856 NCT02118415 NCT03007875
CIK	Phase I/II	3	DC-CIK combined with either chemotherapy or checkpoint inhibition for advanced NSCLC	NCT02886897 NCT02688686 NCT02651441
TIL	Phase II	1	TILs from patients following lymphocyte-depleting chemotherapy	NCT02133196
CAR T cell	Phase I/II	1	MUC1 -positive relapsed or refractory solid tumors	NCT02839954
TCR	Phase I/II	4	Targets include WT1, NY-ESO-1, and MAGE-A10	NCT02408016 NCT02588612 NCT01967823 NCT02592577
Checkpoint inhibitors				
CTLA-4 Inhibition				
Ipilimumab	Phase I/II	1	Combination therapy with nivolumab	NCT03048136
PD-1 inhibition				
Nivolumab	Phase I–III	18	In evaluation as a monotherapy or in combination with either chemoradiation or immunotherapy as neoadjuvant, first-line therapy, or adjuvant therapy	NCT02259621 NCT02595944 NCT03041181 NCT02664181 NCT02987998 NCT02967133
Pembrolizumab	Phase I–III	24	In evaluation as a monotherapy or in combination with either chemoradiation or immunotherapy as neoadjuvant, first-line therapy, or adjuvant therapy	NCT02578680 NCT02818920 NCT02581943 NCT02039674 NCT02684461 NCT02432963
PD-L1 inhibition				
Durvalumab, Atezolizumab, Avelumab	Phase I–III	15	In evaluation as a monotherapy or in combination with either chemoradiation or immunotherapy as neoadjuvant, first-line therapy, or adjuvant therapy	NCT02273375 NCT02805660 NCT02888743 NCT01772004 NCT02716038 NCT03030131
Vaccine therapy				
Whole cell therapy				
Tergenpumatucel	Phase I/II	1	Vaccine/checkpoint inhibition combination therapy for advanced, previously treated, NSCLC patients	NCT02460367
Target-specific vaccines				
MAGE-A3	Phase I/II	1	Vaccine in combination with pembrolizumab	NCT02879760
MUC1 (TG4010)	Phase II	1	Vaccine in combination with nivolumab for NSCLC	NCT02823990
EGF	Phase I–III	2	EGF-targeted vaccine as a monotherapy or in combination with nivolumab for EGF+ tumors	NCT02955290 NCT02187367
DC	Phase II	2	DC-VAC in combination with chemotherapy	NCT02669719 NCT02662634

CAR chimeric antigen receptor, CIK cytokine-induced killer, CTLA-4 cytotoxic T lymphocyte-associated protein 4, DC dendritic cell, DC-VAC autologous dendritic cell vaccination, EGF epidermal growth factor, MUC1 mucin 1, MAGE-A3 melanoma-associated antigen 3, MAGE-A10 melanoma-associated antigen 10, NK natural killer, NSCLC non-small cell lung cancer, NY-ESO-1 cancer-testis antigen, PD-L1 programmed death ligand 1, PD-1 programmed cell death protein 1, TCR T cell receptor, TIL tumor-infiltrating lymphocyte, WT1 Wilms tumor 1

CTLA-4 checkpoint inhibitors have also been used in the treatment of MPM. A phase II clinical trial evaluated the anti-CTLA-4 antibody tremelimumab in 29 patients with unresectable MPM. Disease control was achieved in 52% of patients with a median duration of 10.9 months (95% CI, 8.2–13.6 months) [20]. There is currently one active phase II clinical trial that is no longer recruiting patients (NCT01843374) that is comparing tremelimumab as a solitary therapy and tremelimumab as a placebo for patients with unresectable MPM. There is also an open clinical trial currently recruiting patients that is evaluating combination therapy of tremelimumab with durvalumab, an anti-PD-L1 checkpoint inhibitor (Table 2).

PD-1 inhibition

The surface receptor PD-1 is a member of the B7-CD28 superfamily—similar to CTLA-4—and is a key immune checkpoint receptor. PD-1 is expressed by activated T cells, B cells, and natural killer (NK) cells. It functions in peripheral tissue where it binds to the immunosuppressive PD-L1 and PD-L2 ligands that are expressed on tumor cells and APCs [21]. The PD-1/PD-L1 interaction leads to decreased T cell cytotoxicity, cytokine release, proliferation, and, ultimately, T cell exhaustion [22].

PD-1-specific antibodies (i.e., nivolumab and pembrolizumab) are being evaluated in ongoing clinical trials.

Nivolumab is a human IgG4 monoclonal antibody that targets PD-1. It was initially studied in a phase I clinical trial that assessed the drug's safety, antitumor activity, and pharmacokinetics [21]. In 122 patients with advanced NSCLC who had previously received systemic chemotherapy or immunotherapy, patients received 1, 3, or 10 mg/kg doses every 2 weeks. The optimal dose was 3 mg/kg and it yielded an objective response rate (ORR) of 32%. Subsequently, multiple trials have tested nivolumab as either monotherapy or in combination with other therapies. The CheckMate 017 study assessed nivolumab as a second-line therapy for recurrent stage IIIB/IV squamous NSCLC. Nivolumab had a statistically significant improvement in OS compared with docetaxel (9.2 vs. 6.0 months) [23]; these results ultimately led to FDA approval as a second-line therapy for metastatic NSCLC with progression after standard therapy. Borghaei et al. assessed nivolumab versus docetaxel as second-line therapy for non-squamous NSCLC and nivolumab demonstrated improved median OS (12.2 vs. 9.4 months) [24].

Pembrolizumab is a human IgG4 antibody that targets the PD-1 immune checkpoint. In the KEYNOTE-001 trial, patients with NSCLC who had >50% PD-L1 expression

Table 2 Open and recruiting clinical trials employing immunotherapy for the treatment of malignant pleural mesothelioma

Agent	Phase	(n)	Comments	Representative Clinical Trials
Adoptive cell therapy				
TCR	Phase I/II	1	TCR targeting WT1 in NSCLC and MPM	NCT02408016
CAR T cell	Phase I/II	3	CAR T cells targeting mesothelin	NCT02580747 NCT01583686
Checkpoint inhibitors				
CTLA-4 Inhibition				
Tremelimumab	Phase I/II	1	Combination therapy with nivolumab	NCT02588131
PD-1 inhibition				
Nivolumab	Phase II	1	Monotherapy for patients with recurrent mesothelioma	NCT02497508
Pembrolizumab (MK-3475)	Phase II/III	4	First-line therapy or adjuvant therapy for patients with advanced mesothelioma	NCT02959463 NCT02399371 NCT02784171 NCT02991482
PD-L1 inhibition				
Durvalumab (MEDI4736)	Phase II	1	First-line combination therapy for unresectable mesothelioma	NCT02899195
Targeted vaccinations				
Autologous DC	Phase I/II	3	First-line therapy or adjuvant therapy for patients with advanced mesothelioma	NCT02151448 NCT02395679 NCT02649829
Miscellaneous targeted vaccines	Phase I	2	Adjuvant and neoadjuvant vaccine therapy for mesothelioma	NCT02661659 NCT02714374

CAR chimeric antigen receptor, DC dendritic cell, MPM malignant pleural mesothelioma, NSCLC non-small cell lung cancer, TCR T cell receptor, WT1 Wilms tumor 1

exhibited a higher response rate, greater OS, and greater PFS than patients with <50% membrane PD-L1 expression; median OS for all patients was 12 months [25]. During the KEYNOTE-010 trial, PD-L1 expression and its effect on efficacy were prospectively assessed. The study involved 1034 patients with NSCLC who were randomized to receive pembrolizumab, at 2 and 10 mg/kg doses, or docetaxel. Median OS was greater for patients who had received pembrolizumab at either 10 mg/kg (12.7 months) or 2 mg/kg (10.4 months) compared with docetaxel (8.5 months) [26].

Finally, the KEYNOTE-028 trial studied response to pembrolizumab in PD-L1-positive solid tumors. There were 25 patients with MPM who had received 10 mg/kg every 2 weeks for 2 years or until observable disease progression and severe toxicity. The overall response rate was 24% ($n = 6$) and 13 patients (52%) had stable disease, which resulted in a disease control rate of 76% [27].

Anti-PD-L1 immunotherapies

PD-L1 is upregulated in a variety of malignancies—including NSCLC and MPM—and its expression correlates with poor prognosis [28, 29]. PD-L1 is expressed in 25–36% of NSCLC [30]. Mansfield et al. showed that PD-L1 expression occurred in approximately 40% of 106 mesothelioma specimens and that higher expression was correlated with worse prognoses (5.0 vs. 14.5 months) [31]. Additionally, Awad et al. showed that patients with PD-L1-positive tumors had lower median survival (4.79 vs. 16.3 months, $P = 0.012$) [29]. Several anti-PD-L1 therapies are currently being investigated in clinical trials as a result of these findings, which are in addition to the critical role that PD-L1 plays in the effectiveness of anti-PD-1 therapy that has been shown in the KEYNOTE-010 and KEYNOTE-028 trials. These IgG1 monoclonal antibodies inhibit binding of PD-L1 to PD-1.

The POPLAR trial was a phase II trial that compared atezolizumab, a PD-L1 checkpoint inhibitor, with docetaxel. The OS was 12.6 and 9.7 months for atezolizumab and docetaxel, respectively. Of note, patients with low PD-L1 expression did not benefit as much as patients with higher PD-L1 expression [32]. The ongoing JAVELIN trial is assessing avelumab, a human anti-PD-L1 IgG1, in patients with both metastatic and locally advanced solid tumors. In this cohort, there are 53 patients with MPM who have been assessed and results indicate that the disease control rate was 56.6% and median PFS was 17.1 weeks (95% CI, 6.1–30.1 weeks) [33].

There are several open and recruiting clinical trials that are utilizing checkpoint inhibition as monotherapy, combined with chemotherapy, or in combination with other methods of immunotherapy for the treatment of NSCLC and MPM (Tables 1 and 2). Despite the rapid growth in this method of immunotherapy, there are still several limitations. Stimulating the immune system leads to a unique assortment of side effects and toxicities called immune-related adverse events (irAE). Common irAEs

associated with checkpoint inhibitors are fatigue, rash, colitis, and hepatitis. Severe side effects include pneumonitis and endocrinopathies such as hypophysitis [34]. Of note, biomarkers that can predict safety or predisposition for irAEs are lacking. Similarly lacking are methods or biomarkers that can predict if a patient population will benefit from checkpoint inhibition. Finally, blocking checkpoint inhibition pathways has been shown to lead to an upregulation of different inhibitory checkpoints, such as T cell immunoglobulin and mucin domain 3 (TIM-3) and lymphocyte-activation gene 3 (LAG-3) [35], which is an obstacle that will receive increasing attention going forward.

Immunotoxin

Immunotoxin therapy is an antibody-based immunotherapy that targets specific antigens and utilizes antibodies to chaperone potent toxins to the cytosol of a cancer cell via endocytosis and results in cell death. This therapy has shown promising results in hematologic malignancies, such as hairy cell leukemia, where the majority of patients had achieved complete remission after therapy [36]. Although it has been applied in MPM, its application in solid malignancies has been limited.

Mesothelin (MSLN) is a cell surface protein that is overexpressed in a variety of solid tumors including mesothelioma, ovarian, and pancreatic cancers. SS1P is an immunotoxin consisting of an anti-MSLN antibody fragment that is linked to a cytotoxic fragment of pseudomonas exotoxin A. Hassan et al. initially demonstrated that SS1P can be administered safely as a monotherapy with moderate antitumor efficacy [37]. But, when it was combined with pentostatin and cyclophosphamide there were impressive observable antitumor responses—10 of 13 patients with MPM exhibited at least a partial response [38]. A recently completed phase I clinical trial (NCT01445392) that is awaiting data analysis tested SS1P combined with cisplatin and pemetrexed. LMB-100, a MSLN-targeted immunotoxin, is being studied in a phase I clinical trial (NCT02798536) that is currently recruiting patients.

Although there has yet to be a clinical trial that assesses an immunotoxin therapy exclusively for NSCLC, MSLN has been shown to be highly expressed on NSCLC tumors [39]; this may be a potential application for immunotoxin therapy in the future. It is important to note that a limitation of immunotoxin therapy is the potential for patients to develop neutralizing antibodies against the toxin [40]. Additionally, there are few target antigens and identification of additional targets will be important going forward.

Anticancer vaccines

Cancer vaccination is a method of immunotherapy that involves activating the innate or adaptive immune response

using biologically active whole cell or specific peptide antigens. The purpose is to induce specific antitumor immunity against tumor-associated antigens (TAAs).

Whole cell vaccines

Tergenpumatucl-L is a whole cell vaccine that was developed from three allogenic lung tumor cell lines that have been genetically modified to express carbohydrate α -galactosyltransferase, a potent immunogenic enzyme. There was a phase II clinical trial where 28 patients with advanced NSCLC received tergenpumatucl-L and the treatment was well tolerated with no serious adverse events [41]. A subsequent phase IIB/III clinical trial (NCT01774578) that compared tergenpumatucl-L with docetaxel in patients with progressive or relapsed NSCLC has stopped collecting data as of February 2017. A phase I/II trial (NCT02460367) studying combination tergenpumatucl-L with a checkpoint inhibitor that blocks the indoleamine 2,3-dioxygenase (IDO) pathway is open and currently recruiting patients.

Antigen-associated vaccines

The melanin associated antigen-A3 (MAGE-A3) is an antigen with limited expression on non-malignant cells. It is widely expressed in various malignancies including melanoma, sarcoma, esophageal cancer, and NSCLC. MAGE-A3 is expressed in 35% of patients with NSCLC [42]. A phase II trial that evaluated MAGE-3 as adjuvant therapy in resected NSCLC failed to show a statistically significant difference in disease-free survival (DFS) and OS [42]. Additionally, the follow-up “MAGE-A3 as Adjuvant Non-Small-Cell Lung Cancer Immunotherapy” (MAGRIT) phase III trial compared a vaccine with placebo in MAGE-A3-positive tumors, but was stopped in early 2014 because it failed to reach their primary endpoint of extending DFS [43]. Nonetheless, MAGE-A3 continues to be a target antigen of interest as a vaccine (Table 1).

Mucin 1 (MUC1) is a membrane-bound glycoprotein that becomes overexpressed in a variety of malignancies including >60% of NSCLC tumors [44]. Tecemotide (liposomal Braun's lipoprotein [BLP]-25) is an antigen-associated vaccine that targets the MUC1 glycoprotein. In a phase II trial, patients who received tecemotide showed a statistically significant increase in median 3-year OS and patients with stage IIIB locoregional disease exhibited the most significant benefit [45]. These findings led to the stimulating targeted antigenic response to NSCLC (START) trial. This phase III trial evaluated tecemotide versus placebo as maintenance therapy in stage III patients with unresectable disease who had completed chemoradiation therapy; there was no significant difference in OS between both groups (median OS, 25.6 vs. 22.3 months, HR = 0.88, $P = 0.123$) [46].

MUC1 has also been targeted by TG4010, which is generated from a modified vaccinia Ankara virus that contains the sequence for the MUC1 and IL-2 proteins. There was a phase IIB trial that demonstrated an increase in 6-month PFS with TG4010 plus cisplatin/gemcitabine when compared with chemotherapy alone [47]. These results led to a phase IIB/III trial that compared the efficacy and safety of first-line chemotherapy compared with TG4010. The results have demonstrated that TG4010 administered with chemotherapy improves PFS relative to placebo plus chemotherapy [47]. TG4010, in combination with nivolumab, is currently being assessed in a phase II trial of NSCLC patients with progressive disease after systemic therapy (Table 1).

EGFR is a well-known oncogene that promotes proliferation of tumor cells. A lung cancer vaccine for advanced NSCLC that was developed in Cuba (CIMAvax-EGF) is an antigen-associated vaccine where human EGF is fused to a carrier protein. This vaccine aims to induce anti-EGF antibodies, thus helping the host fight EGF-positive tumors [48]. In a phase III trial, 405 patients were randomized to receive CIMAvax-EGF or the control for 4–6 weeks following first-line chemotherapy. Median survival time was 12.43 months for patients who were treated with the vaccine and 9.43 months in the control group (HR = 0.77, $P = 0.036$). This difference was further amplified in patients with high EGF concentration at baseline (14.66 months) [48]. A follow-up international phase III randomized trial assessing an EGF cancer vaccine in patients with unresectable EGFR-positive NSCLC is currently open and recruiting patients (Table 1).

With regard to antigen presentation, antigen-exposed autologous dendritic cells (DCs) are perhaps the most potent APCs [49]. They are capable of capturing and processing tumor antigens, expressing co-stimulatory molecules, and they secrete cytokines to initiate immune responses. Due to this, DCs have been increasingly used in tumor cell vaccinations for both NSCLC and MPM. In a recent trial of MPM patients ($n = 10$), DC vaccination combined with cyclophosphamide resulted in 7 patients who survived ≥ 24 months and 2 patients who survived 50 and 66 months after treatment [50]. There are several open and recruiting clinical trials that are assessing autologous DC vaccination (DC-VAC) for the treatment of NSCLC (Table 1) and MPM (Table 2). There are also open and recruiting clinical trials that are evaluating targeted vaccinations such as monotherapy, combination chemotherapy, and other types of immunotherapy.

In summary, both whole cell and targeted vaccine therapies have shown mixed results with early phase III trials showing no significant survival benefits; however, recent results with CIMAvax-EGF, TG4010, and DC seem promising. The two limitations that must be overcome if cancer vaccination is to be successful are the lack of strong expression of target antigens on cancer cells and the reliance of host immunity to mount an immune response.

Adoptive cell therapy

Adoptive cell therapy (ACT) entails the collection of immune cells from peripheral blood or the tumor itself, isolation, modification, and ex vivo expansion of targeted immune cells, and then reinfusion of those immune cells to the patient [51]. ACT offers the advantage of targeting effector cells to a specific TAA that eventually leads to direct cytotoxicity.

The evolution of ACT dates back to the 1960s but has seen a rapid growth in development and application since the turn of the century. The first application of adoptive T cell therapy involved in vitro activation, expansion, and reinfusion of antigen-specific tumor-infiltrating lymphocytes (TILs) [52]. Since then, there have been several different strategies that aim to harness the antitumor efficacy of T cells including genetically modifying the T cell receptor (TCR) and chimeric antigen receptor (CAR)-modified T cells. Additionally, ACT has been applied to NK and cytokine-induced killer (CIK) cells.

Natural killer cell therapy

Human NK cells are peripheral blood lymphocytes defined by the expression of CD56 and the absence of TCR CD3. NK cells can target “non-self” antigens, virally infected cells, and malignant cells. This interaction results in the release of cytokines and, when exposed to cytokines, NK cells proliferate, release additional cytokines, and become increasingly cytotoxic via the release of perforins and granzymes [53].

In a phase I trial, patients with advanced NSCLC who were currently receiving chemotherapy were given NK cells. Fifteen patients received two to four doses of allogeneic-activated NK cells; there were no local or systemic side effects. Furthermore, 56% of patients had a 1-year survival rate whereas 19% had a 2-year survival rate [54]. There are currently several open and recruiting clinical trials that are employing autologous administration of NK cells (Table 1).

Cytokine-induced killer cells

CIK cells are rapidly proliferating effector CD8+ T cells with diverse TCR specificities. CIKs exhibit non-major histocompatibility complex (MHC)-restricted cytolytic activity against tumor cells that can result in enhanced cytotoxicity. CIKs can be expanded from peripheral blood lymphocytes (PBLs) and proliferate rapidly when stimulated with interleukin-2 (IL-2), interferon- γ (IFN- γ), and anti-CD3 monoclonal antibody [29].

Li et al. investigated the efficacy of CIK cell therapy following adjuvant chemotherapy. The 3-year OS rate and median OS were significantly higher in the group treated with combined chemotherapy plus CIK therapy versus chemotherapy alone (82 vs. 66%; $P = 0.049$, and 73 vs. 53 months;

$P = 0.006$, respectively) [55]. Furthermore, combination therapy with CIK cells and DC-based cancer vaccines may have a synergistic effect and there are several open clinical trials assessing this combination in patients with NSCLC (Table 1).

Tumor-infiltrating lymphocyte therapy

The aforementioned TIL therapy involves isolation of T cells from fresh cancer specimens, expansion ex vivo using high doses of IL-2, and then infusion back into autologous hosts. Although there was success using this modality in malignant melanoma, the use of TILs still poses several challenges. Specifically, tumor-reactive lymphocytes are relatively scarce in cancer patients and isolation and expansion of T cells that retain specificity and functionality can be difficult [56]. Additionally, without lymphodepletion via chemotherapy, clinical response to TIL therapy was often short-lived [51]. Despite this, there is an open phase II trial (NCT02133196) currently recruiting patients that is using autologous young TILs derived from patients with NSCLC following a non-myeloablative, lymphocyte-depleting chemotherapeutic regimen (cyclophosphamide and fludarabine).

Engineered T cell therapy

Given the difficulties encountered with TIL therapy, there have been developments in methods for engineered T cell therapy. This therapy entails redirecting T cells toward specific TAAs. To achieve this goal, two strategies have been employed—genetic insertion of TCRs into T cells and genetic insertion of a CAR into T cells.

T cell receptor therapy

This therapy consists of genetically engineering large T cell populations to target specific TAAs. The specificity of a T cell toward a specific antigen is mediated through the alpha- and beta-chain heterodimers of the TCR complex [56]. A TCR alpha/beta-chain gene can be modified to target a specific antigen and then retrovirally transduced into T cells from healthy donors [56]. The restriction is that TCR therapy is MHC-dependent. Therefore, in order for T cell activation to occur, the TCR must bind to a specific MHC-antigen complex. Because of this, the therapy is limited to MHC-matched patients [52]. Tumors can also evade the effect of TCRs by downregulating MHC class I expression, which results in less T cell-dependent tumor cell lysis [56]. There are several open and recruiting clinical trials that involve TCR immunotherapy targeting cancer-testis antigen (NY-ESO-1), MAGE-A3, and Wilms tumor 1 (WT-1) (Tables 1 and 2).

Chimeric antigen receptor T cell therapy

Limitations of TCR therapy have led to the development of an alternative to TCR gene-redirected T cells. CAR-modified T cells are not restricted by MHC and can theoretically target any antigen or tumor. A CAR consists of an extracellular antigen-binding domain that is hinged to one or more intracellular signaling domains [57]. Once constructed, the CAR is transduced, either by use of retroviral or lentiviral vectors, into autologous T cells and transfused back to the patient for therapy. The use of CARs that target CD19, a B cell activation receptor, has had success treating B cell malignancies such as acute lymphoblastic leukemia and chronic lymphocytic leukemia [58]. The results of CAR T cells in hematologic malignancies have led to rapid growth in this intriguing field of immunotherapy.

Our laboratory work is focused on investigating CART cell therapy for MSLN-expressing tumors. As previously mentioned, MSLN is expressed in a variety of malignancies including NSCLC and MPM. We have shown that MSLN is uniformly and strongly expressed on MPM cells and has limited expression on normal tissue [59].

Our preclinical studies have shown that regional delivery of MSLN-targeted CAR T cells were able to eradicate tumors at a 30-fold lower dose than systemically delivered CAR T cells. Additionally, these intrapleurally administered CAR T cells outperformed the systemically delivered T cells in terms of T cell activation, proliferation, persistence, tumor eradication, and survival. These results have led to the development of an open and recruiting phase I study (NCT02414269) where patients with MPM or other secondary pleural malignancies receive a single dose of intrapleurally delivered MSLN-targeted CAR T cells, with or without prior cyclophosphamide therapy. There are several additional clinical trials evaluating CAR T cells that target MSLN for the treatment of MPM (Table 2). Finally, there is an open and recruiting trial assessing CAR T cell therapy in patients with mucin-positive solid tumors including NSCLC (Table 1).

Conclusion

Immunotherapy employs several novel therapies and is a promising and rapidly developing approach for treating solid tumor malignancies. This review highlighted some of the key successes of immunotherapy for the treatment of NSCLC and MPM. We have also discussed some of the limitations of immunotherapy—including identification of biomarkers to identify potential target populations who will benefit most, identification of target antigens, and identification of the mechanisms of resistance and inhibition within the complex tumor immune microenvironment. There are many early phase clinical trials that have assessed immunotherapy as

first-line, second-line, and maintenance therapy, and have compared those drugs as monotherapies or in combination with chemotherapy or other types of immunotherapy. The results and data generated from these diverse trials, combined with the failures and successes of the complete body of research, will lay the foundation for the future of this exciting therapeutic modality.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflicts of interest.

Ethical approvals This article does not contain any studies with human participants or animals performed by any of the authors.

Informed consent This is review article and not a study. Hence, there is no study participation involved and no requirement of consent.

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