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# Autism spectrum disorder model mice: Focus on copy number variation and epigenetics

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Autism spectrum disorder (ASD) is gathering concerns in socially developed countries. ASD is a neuropsychiatric disorder of genetic origin with high prevalence of 1%–2%. The patients with ASD characteristically show impaired social skills. Today, many genetic studies identify numerous susceptible genes and genetic loci associated with ASD. Although some genetic factors can lead to abnormal brain function linked to ASD phenotypes, the pathogenic mechanism of ASD is still unclear. Here, we discuss a new mouse model for ASD as an advanced tool to understand the mechanism of ASD.

copy number variations, DNA methylation, histone modification, ASD model mouse

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Autism spectrum disorder (ASD) is diagnosed based on behavioral phenotypes usually by the age of three. The ASD patients show three major phenotypes: deficits in social interaction, impaired communication, and repetitive behavior or restricted interest. In the past two decades, the prevalence has greatly increased from 0.01%-0.02% to 1%-2.6% [1]; but even now, the cause is unknown. Through twin studies, ASD has been recognized as a disorder with genetic etiology. Monozygotic twins (MZ) show over 90% concordance of ASD, while dizygotic twins (DZ) show less than 10%. Because genomic information of MZ completely coincides with each other while the coincidence is only 50% in DZ, the high concordance of ASD must have a genetic origin. Recently, a number of genetic variations in ASD patients were found by cytogenetics and genomics studies (Figure 1) [2-14]. The genetic variations include single nucleotide variations (SNVs) and copy number variations (CNVs). In the case of SNV, the mutation causes severe functional loss of the

genes. CNV, on the other hand, is a large nucleotide change in chromosomal complement and can affect dosage of gene function in various ways (e.g. deletion or duplication). As it stands now, SNV and CNV are responsible for 5%-7% and 10%-20% of all ASD cases, respectively, while other causes of genetic variation remain unknown. A higher rate of CNV mutation is consistent within psychiatric disorders including schizophrenia. Incidentally, it is found that a greater enrichment of CNVs in individuals diagnosed with intellectual disability (ID) have severe craniofacial anomalies and cardiovascular defects compared to those with epilepsy or ASD [15]. CNVs in ASD can have comparatively milder effect than diseases with lethal pathology. In SNV cases, many of the causative genes identified code for cell adhesion molecules or scaffolding proteins (NLGN3, NLGN4, NRXN1, CNTNAP2, and SHANK3) [16]. These genes are important for organization of synaptic connections, which play a fundamental role in neuronal function. Not a few psychiatric syndromes show features of ASD.

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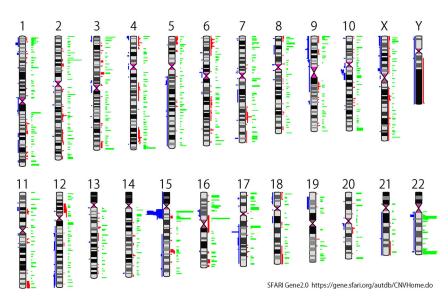
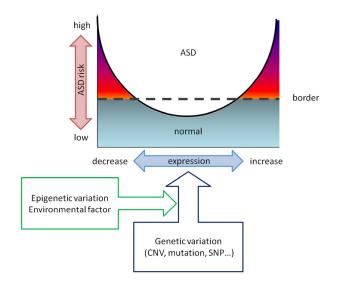


Figure 1 The chromosomal region of CNVs found in ASD. The positional information of CNVs derives from the database of SFARI (Simons Foundation Autism Research Initiative) Gene. Red, blue, and green indicate deletion, duplication, and deletion/duplication, respectively; the height of the sideling bar indicates the amount of information by the number of reports.

The patients with Rett syndrome (RTT) and Fragile X syndrome (FXS), which are neurodevelopmental disorders caused by mutations in MECP2 and FMR1 genes, respectively, show concurrent symptoms of ASD (25%-100%) [16]. Conversely, the occurrence of RTT and FXS is seen in 0.5%-2% of ASD patients. The patients with tuberous sclerosis have an ASD with a high rate (20%) of co-occurrence [16]. Tuberous sclerosis is caused by TSC1 or TSC2 mutations that affect a diversity of signaling pathways that overlap those related to the ASDs. It is also estimated that about 40% of ID patients have an ASD [17]. Recent genetic studies of ID cases suggest that CNV is associated with ID and congenital anomalies. Although it is clear that ASD is classified as a congenital genetic disorder, it is possible that, alternatively, gene expression changes occur not only congenitally but also throughout life after birth by epigenetic modification. Aberrant epigenetic modifications are involved in several neurodevelopmental disorders. Rett syndrome, Rubinstein-Taybi Syndrome (RTS) and Coffin-Lowry Syndrome (CLS) are caused by the gene mutation associated with dysfunction of a protein binding to methylated cytosine, a histone acetyltransferase, and a histone phosphorylase, respectively [18]. These dysfunctions affect epigenetic status and cause downstream changes in susceptive gene expressions, resulting in neurodevelopmental disorders. These disorders can be caused by epigenetic alteration of susceptible gene expression. The concept may be also applied to ASD. Besides genetic abnormality, other external factors such as environment, virus infection, and drug administration are considered to be risk factors of ASD (Figure 2). Due to unknown etiology in more than half of ASD, it is considered that the external factors can increase risk of ASD in addition to genetic variations, possi-



**Figure 2** A conceptual model of the relation between susceptive gene expression and ASD risk. Genetic abnormality is the starting point of ASD risk. In addition, external factors such as environment, viral infection, and drug administration can coordinately affect the gene expression. The susceptibility to ASD is influenced by the aberrant gene expression relative to neuronal function. SNP, single nucleotide polymorphism.

bly through changes in epigenetic status that the external factors can cause.

# 1 Copy number variation (CNV)

CNV is a large nucleotide change (1 kb to a few Mb) in chromosomal complement and the changes occur by inheritance or *de novo* mutation. *De novo* CNV occurs in offspring whose parents have no CNV and emerges with a higher frequency compared to the inherited case. CNV is found in about 1% of general population but in most of the cases, it is not recognized as a cause of disease [12]. It is reasonable to suppose that the CNVs in general population do not have a large disease risk because the regions affected are non-susceptible. In the ASD case, however, genetic variation seems to be localized in the genomic region that is susceptible to disorders. About 20% of ASD patients have one or a few CNVs throughout the whole genomic region (Figure 1). The CNV database has been under construction by scientists in cooperation with non-profit foundations (for example, Simons Foundation and Autism Speaks). Many genes are contained in the CNV chromosomal region. The gene expression is increased in duplication cases and decreased in deletion cases, which means that the gene dosage can influence risk and susceptibility of ASD. The CNVs have some commonality in chromosomal regions. Thus, the specific genetic difference is likely to be involved with pathogenesis of ASD. For example, 15q11-13 duplication and 16p11.2 deletion/duplication are the most frequent cases found in ASD [2,13,19]. Recently, molecular network analysis suggested that the genes included in CNV regions are highly associated with neuronal functional processes (e.g. ubiquitination, neuronal cell-adhesion, synaptogenesis, axon guidance and dendrite morphogenesis) [3,5,7]. Moreover, transcriptomic analysis with the post-mortem brain implicated transcriptional and splicing dysregulation of mRNAs as underlying mechanisms of neuronal dysfunction in ASD [20]. There can be convergent pathways to neuronal function in ASD that exhibit autistic phenotype. Incidentally, the 4:1 male to female ratio in ASD suggests that penetrance is lower in females than in males. Gilman et al. [3] reported interesting results that CNVs in females are significantly larger than in males and genes affected by de novo CNVs in females are more functionally important for identified gene networks in ASD. The resistance to genetic perturbation in females is unlikely to be same in males. Given the increasing trend of the CNV studies, CNV will be more frequently found in ASD and other disorders. Although CNVs have large variations and the effect of CNV is yet poorly understood, there is no doubt that the CNVs including susceptive genes are associated with ASD pathogenesis.

## 2 Epigenetic alterations in ASD

CNV influences the dosage imbalance of autism susceptive genes. Gene expression changes without genetic alterations, known as epigenetics, are also crucial mechanisms leading to ASDs. Recent evidence supports that alterations in epigenetics are involved in ASDs. RTT and FXS, neurodevelopmental disorders associated with ASDs, are related to epigenetic dysregulation [21,22]. Furthermore, a number of chromosomal loci that have linkage in ASDs are subjected to genomic imprinting, suggesting association of epigenetic factors increases the risk of ASDs [23]. In addition, global epigenetic analysis in lymphoblastoid cell lines obtained from monozygotic twins discordant for diagnosis of ASD suggested widespread epigenetic abnormality in patients with ASD [24]. ASD associated genes are decreased by increased promoter methylation in ASD brain samples as well as peripheral ones [25,26]. As above, epigenetics is accountable for heterogeneity of autism. Epigenetic modification in the brain plays an important role in individual behavior, learning and memory formation [27–29]. Recently, it is suggested that parental environment can affect epigenetic modification of their children [30,31].

#### **3** DNA methylation and the associated disorder

In vertebrates, the 5' position of cytosine residue in cytosine-guanine (CpG) dinucleotides is predominantly methylated [32]. Local methylation of cytosine in the region where CpGs appear frequently, called the CpG island, around transcription start site is closely related to gene repression. 5-methylcytosine (5mC) is the most widely studied DNA modification that is important for genomic imprinting and X chromosome inactivation by induction of heterochromatinization. DNA methylation is regulated in developmental and tissue-specific manners by de novo methyltransferase 1 (DNMT1) and DNMT3s. Demethylation mechanisms have been rapidly understood in the past few years since 5-hydroxymethylation of cytosine (5hmC) was reported in the mammalian brain [33,34]. Ten-eleven-translocation genes (TETs) have important functions in hydroxylation, formylation and carboxylation of 5mC, following base excision repair to unmodified cytosine [35,36]. Global 5mC and 5hmC analyses suggested that 5hmC is associated with active gene state and involved in development and aging in the mammalian brain. DNA methylation is recognized by a family of DNA-binding proteins with methyl-CpG binding domains (MBDs), known as the MBD protein family. These proteins bind to 5mC that interacts with many components and usually act as transcriptional repressors. RTT is caused by mutation of methyl-CpG binding protein 2 (MeCP2) [37]. MeCP2 is a nuclear protein that attaches to methylated DNA and regulates gene expression by inhibiting or recruiting transcription factors. Loss or mutation of MeCP2 causes transcriptional deregulation and also leads to ASD phenotypes. All individuals with RTT have an ASD. FXS is the most common inherited cause of ID. Patients with FXS have a characteristic physical appearance and impaired behavior with co-occurrence of ASD in 25% of male and 6% of female patients [38]. FXS arises from extremely expanded CGG triplet repeats localized at the promoter of the FMR1 gene which codes the Fragile X mental retardation protein (FMRP). Inheritance of unstable allele causes expansion of the normal number of repeats (6-40). The expanded allele increases instability and develops into pre-mutation (50-200) by inheritance, followed by fullmutation (200~) in a generation. The full mutation state results in hypermethylation of the promoter region of the FMR1 gene and prevents gene expression. The detailed mechanistic consequences of CGG repeat expansion and methylation are unclear. FMRP is involved in diverse biological processes including signal transduction, RNA processing, and transcription. Loss of function of FMRP is linked to ASD phenotypes. Recently, a microdeletion that includes a single gene for methyl-CpG-binding domain 5 (MBD5) was found in ASD patients [39]. MBD5 associates with heterochromatin but does not directly bind to methylated DNA [40]. MBD5 is likely to interact with myocyte enhancer-binding factor 2C, a gene known to regulate expression of neuronal genes and is associated with ASD [41,42]. The altered gene dosage such as in MBD5 provides additional support for importance of DNA methylation in ASD.

# 4 SNV and CNV relative to histone modification

Histone modification is another important mechanism of epigenetic modification. Acetylation and methylation of lysine residues in the histone H3 subunit are currently subject to considerable research as the processes mediate gene activation and silencing. Acetylation is regulated by histone acetyltransferases (HATs) and histone deacetylases (HD-ACs). Methylation of histone is also explained by histone lysine methyltransferases and demethylases as recently identified. Histone modification is involved in dynamic cellular functions such as stress response, signal induction, and responses to an environmental change [43]. There are syndromes considered specifically as epigenetic disorders. RTS, characterized by short stature, learning difficulties, and distinctive facial features, is caused by mutations in the cAMP (cyclic adenosine monophosphate) response element-binding protein gene (CREBBP) [44]. The protein CREBBP recruits other transcription factors and has HAT activity. The mutation of CREBBP has potential to affect regulation of other genes, but the underlying mechanism connecting this epigenetic regulation to brain development is still unknown. CLS, which shows severe ID with abnormalities of growth, cardio-vascular system, and kyphoscoliosis, is caused by loss-of-function mutations in the RSK2 gene [45]. RSK2 is a growth factor-regulated serine- threonine protein kinase that acts in the ras-mitogen-activated protein kinase signaling pathway. RSK2 affects chromatin structure through direct phosphorylation of histones. Deletion of the epigenetic modification enzyme is possibly causative for autism. Recently, a mouse model for 9q34 subtelomeric deletion syndrome was generated [46]. This disorder is characterized by severe ID, developmental delay, facial dysmorphism, and autistic behavior caused by euchromatin histone methyltransferase 1 (*EHMT1*) gene haplo-insufficiency [47]. EMHT1 is associated with methylation of the 9th lysine of histone H3 (H3K9), which causes transcriptional repression. Mice with heterozygous deletion of *Ehmt1* exhibit hypoactivity and the autistic-like behavior [46]. The abnormal histone modification can influence the occurrence and severity of neurodevelopmental disorders.

#### **5** Prenatal stress from environmental factors

Epigenetic markers are dynamically changed during gynogenesis, embryogenesis, differentiation, and development under rigorous controls. Flexibility of epigenetic modifications indicates that these epigenetic signatures can be destabilized by environmental agents. Parental conditions (e.g. age and psychiatric history) and environmental factors (e.g. chemical exposure and maternal infection) at prenatal stage can become risk factors in neurodevelopmental disorders [48,49]. It is possible that these risk factors affect regulation of epigenetic modulator and alter expression of genes that are responsible for brain functions. Valproic acid (VPA) has been used for treatment of depression, schizophrenia, and bipolar disease [50,51]. Although the mechanism is not fully understood, VPA is implicated to act as an inhibitor for class I and class IIb HDACs [52]. Given that global gene expression is affected by histone modification, the effect of VPA can be related to abnormal neuronal activity in human brain. Furthermore, prenatal exposure to VPA is clinically linked to ASD [53]. Children with fetal valproate syndrome show phenotypic facial abnormalities, developmental disabilities, and, occasionally, major organ abnormalities and autism. Rodents prenatally exposed to VPA are used as an autism model. The fact that mice transiently given VPA at E12.5, but not at E9 and E14.5, showed autism-like behavior at 8 weeks of age [54], suggests hyperacetylation of histone at a critical period plays a key role in cortical pathology and generation of autism-like behavior. Moreover, prenatal stress exposure triggers epigenetic variations. Male offspring, but not female, exposed to prenatal stress in early gestation results in maladaptive behavior to stress response, which suggests that sex specific placental response underlies male vulnerability to autism [55]. There are certainly epigenetic sex differences in the brain [56] and it can also link to the different sensitivity between male and female in ASD. Psychological stress during pregnancy has also been recognized as a possible risk factor of autism [57,58]. Further investigations are necessary to understand the relationship of autistic phenotype and DNA/chromatin modification in the brain during embryogenesis.

#### 6 Generation of model mice

It is generally known that *Mus musculus* is a social species with high levels of reciprocal social interactions. At the same time, the genetic engineering in mice is well established. Therefore, it is possible to generate ASD model mice with the genetic variation found in ASD. The usefulness of the model mouse requires certain criteria. First, the model mice should have "construct validity". The construct validity means that the model mice have the same genomic dysfunction found in ASD patients. Unfortunately, it is difficult to generate the model mice for epigenetic alteration because of the aspect of construct validity. As noted above, a number of SNVs known for ASD (NLGN3, NLGN4, NRXN1, CNTNAP2 and SHANK3) are used to create model [59–64]. In a similar approach, model mice for RTT and FXS are also generated and analyzed [65-69]. However, given recent findings, it is important to validate whether human CNV found in ASD affects autistic phenotypes or not [70]. We and other two groups reported that the model mice with human CNVs (chromosome 15q11-13, 16p11.2 and 22q11) show abnormal behavior and organic aberration of brain seen in ASD and schizophrenia [71-73]. These groups used chromosomal engineering established by Alan Bradley and colleagues [74,75]. To briefly describe the methods to construct model mice for CNV, two loxP sites are inserted into two homologous chromosomes at each end of CNV in mouse embryonic stem (ES) cell. Using Cre recombinase, the chromosomes are recombined at the loxP sites and either the duplication or the deletion type can be constructed. The ES cells with recombined chromosomes are implanted to blastocysts and the chimera mice with CNV are generated.

## 7 Phenotypic assay

## 7.1 Behavioral test

The model mice should be checked by behavioral assays since ASD is diagnosed by behavioral phenotypes [76]. First, the mice are subjected to physical exam. If they have physical abnormality (i.e. blind eye, deafness, or ambulation difficulty), they must be considered improper for behavioral assays described below. It is necessary to know the mice have normal sensibility before they are subjected to social behavior tests. The olfactory test should be done with natural smells. It is critical to check if the mice can detect natural smells. The difficulty in olfaction affects social tests in mice because they mainly use olfactory function to understand individuals and the environment of the area they are in. After normal physical and perceptive conditions are confirmed, the model mice are subjected to social behavior test and/or other tests of concern. ASD models should have "face validity". The face validity means that the model mice show the abnormal behaviors seen in ASD patients. Main phenotypes are deficit in social interaction, impaired communication, and repetitive behavior or restricted interest. The model mice described above exhibited such behavioral deficits [59–65,68,69,71–73]. The three-chamber test (or one chamber test) is used to check social interaction. The ultrasonic vocalization is used to check communication skills at young stages. The reversal learning test using Morris water maze or Barnes maze checks for behavioral inflexibility. Other behavioral tests are also performed to understand the face validity of the model mice (i.e. open field test and fear conditioning test for anxiety and context memory, home cage activity, circadian rhythm, and nurturing behavior).

## 7.2 Pathomorphology

Morphological research has found increased brain size in ASD patients at younger stage compared with age-matched controls [77]. MRI system is useful to measure the brain size of the model mice. It can be relevant to know the correlation of CNV and brain size throughout developmental stages in ASD subjects. The model mice with 16p11.2 deletion exhibit the significant increase of regional brain sizes but duplication mice, oppositely, exhibit a smaller tendency compared with wild type mice, suggesting that dosage of 16p11.2 affects brain architecture [72]. The structures of mini-column in cortical region are also abnormal in ASD patients whose structures are reported to be small [78]. It is considered that the column difference is the origin of dysfunction in the regulation of sensory inputs and/or outputs. It is necessary to check model mice for the morphological abnormality using imaging tools. Given that recent molecular network analysis of CNV implied the dysfunction of neuronal cell-adhesion, synaptogenesis, axon guidance and dendrite morphogenesis, the pathomorphological aspects should not be ignored in studying the model mice [79]. In the model mice for ASD, Nlgn3, Shank3 and MeCP2 mutant mice exhibit significant differences in spine density and dendrite length, suggesting the abnormalities in synaptic function and neurite growth may be a common dysfunction of ASD [63,69,80].

#### 7.3 Pathophysiology

There is a hypothesis that dysfunction of excitatory and inhibitory balance causes psychiatric disorders including ASD [81]. About 30% ASD patients have epilepsy and decreased GAD65/67 mRNA levels, as reported in several examples [82,83]. Moreover, many ASD model mice show excitatory/inhibitory (E/I) imbalance [61–65,84,85]. One method to verify this hypothesis is to perform immunohistochemistry analysis with the markers of excitatory and inhibitory neurons; for example, ratio of markers for vesicular glutamate transporter (VGIuT1,2,3) over vesicular GABA transporter (VGAT) would indicate the E/I balance among neuronal populations. Data from optogenetic experiments suggest that the social phenotypes can be affected by the imbalance of E/I ratio in the prefrontal region but not in the visual region in the cortex [84]. The immunohistochemistry methods can be applied to measure the E/I ratio in the whole brain. If measurements of E/I markers suggest for imbalance, electrophysiological measurements should be employed to establish the functional E/I ratio. We suspect this approach can provide a viable means of elucidating neuron type-specific defects leading to autism. Ube3a knockout mice, the Angelman syndrome model, show an E/I imbalance and the dysfunction depends on inhibitory neuronal defects [87]. Interestingly, loss of MeCP2 in GABAergic neurons is more critical for social interaction than loss of the protein in catecholaminergic and serotonergic neurons [65,88]. These reports suggest that the deficits of sociability emerge as a consequence of abnormal function in specific types of neurons.

#### 7.4 Pathological endophenotype analysis

The point of endophenotype analysis is to assess genetic basis of ASD pathologies. Many candidate genes and loci are considered to be involved with ASD pathogenesis. However, precise pathology remains unknown. Specifically, it is unclear how the genetic mutation or variation affects the behavior of ASD. There is a general hypothesis on the mechanism of ASD pathogenesis where heterogeneous candidate genes and loci are converging on a (or some) main dysfunction of the central nervous system [89]. There can be dysfunctions in neuronal cell activity, synaptogenesis, dendrite extension, and/or fine neuronal connection in the ASD brain. If any such dysfunction were found in model mice, it would provide the next step toward the rescue of the dysfunction which can be treatable with a therapeutic drug. Clinical researchers are also seeking a biomarker of ASD to establish objective diagnosis criteria of ASD. A biomarker is a characteristic that is objectively measured and evaluated as an indicator of normal biological processes, pathogenic processes, or pharmacological responses to a therapeutic intervention. Therefore, the possibility of convergence to endophenotype of ASD must be fully evaluated. However, there are many reports of biomarkers associated with ASD but the results are controversial [90]. Given the heterogeneity involved with the population of ASD patients, the inconsistencies are not surprising. The merit of using the model mice is to evaluate the effect of a single genetic cause. The model mice with 15q11-13 duplication have lower serotonin content in the brain compared with the wild type [91], suggesting that serotonergic dysfunction can cause behavioral abnormalities in ASD with 15q11-13 duplication. Some drug can be effective in the genetically specific ASD population but the effectiveness cannot be guaranteed in other populations. By using the model mice with specific genetic

variation, the therapeutic effect of drugs can be better evaluated and understood.

# 8 Conclusion

It is difficult to completely explain why patients with ASD exhibit defects in social behavior because many factors can intricately participate in behavioral phenotypes. But now, we have a strong tool with model mice to investigate the influence of genetic variations found in ASD. It will be useful not only to understand ASD pathology but also to find therapeutically efficacious drugs. CNV and epigenetic variations will continue to be discovered in ASD and other neurodevelopmental disorders. We argue in this review that the altered dosage and dysfunction of susceptible genes based on genetic and/or epigenetic variations can be a cause of ASD. Considering more a few occurrences of CNVs in general population, we speculate that such genetic and epigenetic variations account for the wide personality spectrum outside the borders of ASD. Studying the influence of altered gene expression in a step-by-step way would be fruitful in this regard.

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