# Three-spheres theorem for $\boldsymbol{p}$-harmonic mappings 

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#### Abstract

Let $u=\left(u^{1}, \ldots, u^{n}\right)$ be a $p$-harmonic mapping in a domain $\Omega \subset \mathbb{R}^{n}$ for $n \geq 2$. We investigate level sets for compositions of coordinate functions $u^{i}$ with convex functions satisfying growth conditions and derive the de Giorgi-type estimates. Our main result is the arithmetic three-spheres theorem for coordinate functions of mapping $u$. The discussion is illustrated by radial $p$-harmonics.


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## 1 Introduction

Consider a subharmonic function $u$ in a planar domain and let $M(r)$ denote the maximum of $u$ over a circle $x^{2}+y^{2}=r^{2}$ concentric with two other circles with radii satisfying $r_{1}<r<r_{2}$. Then, the classical Hadamard three-circles theorem asserts that $M(r)$ is a convex function of $r$, see e.g. Chapter 12 in Protter-Weinberger [19] (Hadamard formulated this result for analytic functions without providing a proof, see Hadamard [13]). Namely it holds that

$$
M(r) \leq \frac{\log \left(r_{2} / r\right)}{\log \left(r_{2} / r_{1}\right)} M\left(r_{1}\right)+\frac{\log \left(r / r_{1}\right)}{\log \left(r_{2} / r_{1}\right)} M\left(r_{2}\right) .
$$

The result can be further generalized in the following directions: by considering higher dimensional analogs, by studying equations more general than the Laplace equation and by investigating different types of inequalities involving $M(r)$ or the norms of functions in subject. Indeed, one studies the setting of concentric spheres in $\mathbb{R}^{n}, n \geq 3$ see e.g. Theorem 30

[^0]in [19] or spheres which need not be concentric, see Arakelian-Matevosyan [5]. The threecircles (or the three-spheres) theorem can be extended to the setting of more general elliptic equations, see discussion in [19, Chapter 12], Brummelhuis [7] for a discussion in the setting of second-order linear elliptic equations, Miklyukov-Rasila-Vuorinen [18] for $p$ harmonic equations, Výborný [22] for quasilinear equations with Lipschitz coefficients; see also Granlund-Marola [12] for studies in the setting of ( $A, B$ )-equations of Riccati type and for further references. Finally, instead of the above inequality, one studies estimates involving $L^{2}$ or $L^{\infty}$ norms of solutions to elliptic equations, see e.g. Lin-Nagayasu-Wang [17] and Alessandrini-Rondi-Rosset-Vessella [4]. In the latter publication, among other topics the authors discuss the role of the three-spheres theorems in the studies of the unique continuation problems and ill-posed problems. For related topics and estimates we refer to Colding-De Lellis-Minicozzi [8] and Garofalo-Lin [9].

The main goal of this paper is to prove a variant of three-spheres theorem in the context of coupled elliptic systems of equations represented by $p$-harmonic systems of equations. According to our best knowledge three-spheres theorems have not yet been studied for systems of equations.

A mapping $u=\left(u^{1}, \ldots, u^{n}\right) \in W_{\text {loc }}^{1, p}\left(\Omega, \mathbb{R}^{n}\right)$ is called a $p$-harmonic mapping if it is a solution to the following system of equations:

$$
\begin{equation*}
\operatorname{div}\left(|D u|^{p-2} D u\right)=0, \quad u=\left(u^{1}, \ldots, u^{n}\right): \Omega \subset \mathbb{R}^{N} \rightarrow \mathbb{R}^{n}, \quad 1<p<\infty \tag{1}
\end{equation*}
$$

where $D u$ denotes the Jacobi matrix of $u$, i.e. $D u=\left(\nabla u^{1}, \ldots, \nabla u^{n}\right)^{T}$. Equivalently, this system can be written as follows:

$$
\left\{\begin{array}{l}
\operatorname{div}\left(|D u|^{p-2} \nabla u^{1}\right)=0  \tag{2}\\
\vdots \\
\operatorname{div}\left(|D u|^{p-2} \nabla u^{n}\right)=0
\end{array}\right.
$$

The $p$-harmonic system of equations is the Euler-Lagrange system of the associated $p$ Dirichlet energy functional

$$
\int_{\Omega}|D u|^{p} .
$$

In the weak form (2) reads

$$
\begin{equation*}
\int_{\Omega}|D u|^{p-2}\left\langle\nabla u^{i}, \nabla \phi^{i}\right\rangle=0 \quad \text { for } i=1, \ldots, n, \tag{3}
\end{equation*}
$$

where $\phi^{i} \in C_{0}^{\infty}(\Omega)$ are test functions. In what follows we will consider the case of $N=n$. For $p=2$ the system reduces to the well-known harmonic system of equations (such a system is uncoupled). Therefore, one may view a $p$-harmonic system as a natural generalization of the harmonic system to the nonlinear setting. If we let the dimension of the target space be $n=1$, then we retrieve the scalar $p$-harmonic equation. The above system is strongly coupled by the appearance of the full differential $D u$. As a consequence many methods of PDEs known in the linear (harmonic) setting fail for $p \neq 2$. This in turn stimulates the development of new methods and new approaches to handle the nonlinear problems.

The $p$-harmonic systems and their generalizations appear naturally in differential geometry, see e.g. Hardt-Lin [14] or in relation to differential forms and quasiregular maps, see e.g. Bonk-Heinonen [6]. As for the applied sciences, the second order coupled elliptic systems
are studied in nonlinear elasticity theory, e.g. Iwaniec-Onninen [15], nonlinear fluid dynamics, as well as in astrophysics or climate sciences and several other areas (see Adamowicz [3] for the list of further references).

We will now introduce notation, describe our approach to the three-spheres estimates and formulate auxiliary results and the main result of the paper. The proofs are presented in the remaining sections.

Let $\phi: \mathbb{R} \rightarrow \mathbb{R}$ be a $C^{2}$ convex function such that there exists a subinterval $I \subset \mathbb{R}$ with properties:

$$
\begin{align*}
& \left(\phi^{\prime}(x)\right)^{2} \leq \phi^{\prime \prime}(x) \quad \text { for all } x \in I  \tag{4}\\
& \text { either (i) } \phi^{\prime}(x)>0 \quad \text { in } I \text { or (ii) } \phi^{\prime}(x)<0 \text { in } I \tag{5}
\end{align*}
$$

In what follows we will deal several times with the expression $|D u| /\left|\nabla u^{1}\right|$, its reciprocal and integrals involving it. In particular, we will need some conditions to ensure that

$$
\begin{equation*}
\int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} d x<\infty \tag{6}
\end{equation*}
$$

where $B_{r}$ is a ball of radius $r$. The case of $1<p<2$ is easy, since then $\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}<1$ and by employing also continuity of $p$-harmonic mappings (see e.g. Tolksdorf [20]) we get that the above integral exists and is finite. The case of $p=2$ is trivial. For $p>2$ we need, however, to be more careful at critical points of $u^{1}$.

First, recall that results due to Tolksdorf [20, Theorem, Formula (1.14)] and Uhlenbeck [21, Theorem 3.2] applied to $p$-harmonic systems give us, respectively, that

$$
\begin{align*}
& \sup _{B_{r}}|D u| \leq \frac{C(p, n)}{r^{\frac{n}{p}}}\left(\left|B_{2 r}\right|^{\frac{1}{p}}+\|D u\|_{L^{p}\left(B_{2 r}\right)}\right) \text { for } 1<p<2  \tag{7}\\
& \sup _{B_{r}}|D u| \leq \frac{C(p, n)}{r^{\frac{n}{p}}}\|D u\|_{L^{p}\left(B_{2 r}\right)} \quad \text { for } \quad p \geq 2 . \tag{8}
\end{align*}
$$

The discrepancy between formulas (7) and (8) is a consequence of different nature of $p$ harmonic mappings for $1<p<2$ (singular case) and $p>2$ (degenerate elliptic case). In fact (7) holds for $1<p<\infty$, cf. statement of Theorem and Section 3 in [20]. Nevertheless, the fact that inequality (8) is scale invariant with respect to $u$ and is independent of the size of $B_{2 r}$ makes (8) still of interest to us and, therefore, in what follows we will appeal to both estimates. The above discussion allows us to continue estimation at (6) for $p>2$ in a following way:

$$
\begin{equation*}
\int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} d x \leq \frac{C(p, n)\|D u\|_{L^{p}\left(B_{2 r}\right)}^{p-2}}{r^{n\left(1-\frac{2}{p}\right)}} \int_{B_{r}} \frac{1}{\left|\nabla u^{1}\right|^{p-2}} . \tag{9}
\end{equation*}
$$

Suppose that a ball $B_{r}$ is centered at $x_{0}$ and that $B_{2 r} \subset \Omega$. Furthermore, assume that for $p>2$

$$
\begin{equation*}
\left|\nabla u^{1}(x)\right| \geq\left|x-x_{0}\right|^{\alpha} \quad \text { for } x \in B_{r} \text { and some } \alpha<\frac{n}{p-2} . \tag{10}
\end{equation*}
$$

Then, by (9) we have:

$$
\begin{equation*}
\int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} d x \leq \frac{C(p, n)\|D u\|_{L^{p}\left(B_{2 r}\right)}^{p-2}}{r^{n\left(1-\frac{2}{p}\right)}} \int_{0}^{r} t^{-\alpha(p-2)+n-1} d t<\infty . \tag{11}
\end{equation*}
$$

For the sake of simplicity and clarity of discussion all the results in the paper are stated for $u^{1}$, the first coordinate function of a $p$-harmonic mapping $u$. However, the reader should keep in mind that all the presented results hold as well for all coordinate functions $u^{i}$, for $i=1, \ldots, n$ upon the necessary reformulations of results. Denote by

$$
M(r)=\sup _{\left|x-x_{0}\right|=r} u^{1}(x)
$$

and

$$
m(r)=\inf _{\left|x-x_{0}\right|=r} u^{1}(x) .
$$

In Sect. 2 we show the Caccioppoli-type estimates for a composition of a convex function with a coordinate function of a $p$-harmonic mapping (Lemma 1). According to our best knowledge, such estimates and such an approach to $p$-harmonic mappings has not been studied in the literature so far.

Lemma 1 Let $u^{1}$ be the first coordinate function of a p-harmonic mapping $u$ in a domain $\Omega$ for $p>1$. Assume, furthermore, that a convex function $\phi: I \rightarrow \mathbb{R}$ satisfies conditions (4) and (5). Then the following estimates hold for every ball $\overline{B_{r}} \subset \Omega$ and $0<\delta<1$ :

$$
\begin{align*}
& \text { If } 1<p<2 \text {, then } \int_{B_{(1-\delta) r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \leq \frac{c(p, n)}{\delta^{p}} r^{n-p} .  \tag{12}\\
& \text { If } p \geq 2 \text {, then } \int_{B_{(1-\delta) r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \leq \frac{c(p)}{(\delta r)^{p}} \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} . \tag{13}
\end{align*}
$$

Furthermore, for $p>2$ the growth condition (10) ensures finitness of the last integral.
In the next result we study the behavior of $\phi\left(u^{1}\right)$ over the level sets and investigate the de Giorgi type estimates. Such estimates are well-known for solutions of elliptic equations, see e.g. Giusti [10]. In the setting of vector functions and systems of equations such estimates require extra attention and effort. The results of Lemma 2 can be used in further analysis of level sets for coordinate functions of $p$-harmonic mappings (see Sect. 3 for the proof of Lemma 2).

Let $k \geq 0$. Upon the above notation we define

$$
A_{k, r}:=\left\{x \in B_{r}: \phi\left(u^{1}(x)\right)>k\right\} .
$$

Lemma 2 Let $u^{1}$ be the first coordinate function of a p-harmonic mapping $u$ in a domain $\Omega \subset \mathbb{R}^{n}$ for $1<p \leq n$. Assume, furthermore, that conditions (4) and (5) hold for a convex function $\phi: I \rightarrow \mathbb{R}$. Then the following estimates holdfor every ball $\overline{B_{r}} \subset \Omega$ and $0<\delta<1$ :

$$
\begin{align*}
& \int_{A_{k,(1-\delta) r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \leq \frac{c(p)}{(\delta r)^{p}} \int_{A_{k, r}}\left(\phi\left(u^{1}\right)-k\right)^{p} \text { for } 1<p \leq 2,  \tag{14}\\
& \int_{A_{k,(1-\delta) r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \leq \frac{c(p)}{(\delta r)^{p}} \int_{A_{k, r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}\left(\phi\left(u^{1}\right)-k\right)^{p} \text { for } p \geq 2 \text { and } n>2 . \tag{15}
\end{align*}
$$

Furthermore, the following inequality holds for $1<p<2$ :

$$
\begin{equation*}
\left(\sup _{B_{(1-\delta) r}} \phi\left(u^{1}\right)\right)^{p} \leq \frac{C^{\frac{n}{p}}}{(\delta r)^{n}} \int_{B_{r}}\left(\phi\left(u^{1}\right)\right)^{p}+r^{p-n}, \tag{16}
\end{equation*}
$$

where the constant

$$
\begin{equation*}
C=C\left(p, n, c_{S}\right)\left[1+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{r}\right)}^{p}\left(r^{n}+\|D u\|_{L^{p}\left(B_{2 r}\right)}^{p}\right)\right] . \tag{17}
\end{equation*}
$$

If, additionally, there exists a positive constant $c$, such that

$$
\begin{equation*}
\left|\nabla u^{1}\right|>c \text { in } B_{r}, \tag{18}
\end{equation*}
$$

then the following inequality holds for $p>2$ and $n>2$ :

$$
\begin{equation*}
\left(\sup _{B_{(1-\delta) r}} \phi\left(u^{1}\right)\right)^{p} \leq \frac{C^{\frac{n}{p}}}{(\delta r)^{n}} \int_{B_{r}}\left(\phi\left(u^{1}\right)\right)^{p}, \tag{19}
\end{equation*}
$$

with constant

$$
\begin{equation*}
C=c\left(p, n, c_{S}\right)\left(\frac{\|D u\|_{L^{p}\left(B_{2 r}\right)}}{c r^{\frac{n}{p}}}\right)^{\frac{n}{p}(p-2)} . \tag{20}
\end{equation*}
$$

Here, $c_{S}$ stands for the constant in the Sobolev embedding theorem. In the harmonic case $p=2$, assumption (18) can be neglected and (19) holds with constant $C=c\left(p, n, c_{S}\right)$ in (20).

The main result of this paper is the following version of the arithmetic three-spheres theorem for coordinate functions of $p$-harmonic mappings. We prove Theorem in Sect. 4 as well as comment on the existence of $p$-harmonic mappings satisfying assumptions of Theorem.

Theorem (The arithmetic three-spheres theorem) Let $1<p \leq n$ and $u=\left(u^{1}, \ldots, u^{n}\right)$ : $\Omega \subset \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ be a p-harmonic mapping. Consider three concentric balls centered at $x_{0} \in \Omega$ with radii $0<r_{1}<r<r_{2}$ such that $\overline{B_{2 r_{2}}} \subset \Omega$ and

$$
\begin{equation*}
0<c \leq \frac{r_{1}}{r}, \quad \frac{r_{1}}{r_{2}}<c<1, \tag{21}
\end{equation*}
$$

for some fixed $c$.
If $1<p<2$, then let us assume that for a given $\alpha>0$, the coordinate function $u^{1}$ satisfies the following growth condition:

$$
\begin{equation*}
\left|u^{1}(x)-u^{1}\left(x_{0}\right)\right| \geq C\left|x-x_{0}\right|^{\alpha} \quad \text { for } x \in \Omega \backslash B_{r_{2}} . \tag{22}
\end{equation*}
$$

If $2<p<n$, then let us assume instead that there is a positive constant $c_{1}$ such that

$$
\begin{equation*}
\left|\nabla u^{1}\right|>c_{1} \text { in } B_{r_{2}} . \tag{23}
\end{equation*}
$$

Then there exist a constant $C$ and a radius $r_{3}$ such that if $\overline{B_{r_{3}}} \subset \Omega$, then the following inequalities hold:

$$
\begin{aligned}
M(r) & \leq C M\left(r_{1}\right)+(1-C) M\left(r_{3}\right), \\
m(r) & \geq C m\left(r_{1}\right)+(1-C) m\left(r_{3}\right) .
\end{aligned}
$$

For $1<p<2$ constant $C$ depends on $n, p, c_{S}$ the constant in the Sobolev embedding theorem, $r_{1}, r_{2}, c, \alpha$ and $\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}$, while $r_{3}>r_{2}$ depends on $p, n, r_{2}, \alpha$, and $\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}$. For $2<p \leq n$ constant $C$ depends on $n, p, c_{S}, r_{1}, r_{2}, c, c_{1}$ and $\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}$, while $r_{3}=r_{2}$. For $p=2<n$ condition (23) is obsolete, $r_{3}=r_{2}$ and constant $C$ depends only on $n, p, c_{S}$ and $c, r_{1}, r_{2}$.

In the statement of Theorem one may consider local solutions in $\mathbb{R}^{n}$ of the $p$-harmonic system (2) instead in the domain $\Omega$. In such a case one may neglect the assumption that $\overline{B_{r_{3}}} \subset \Omega$.

If $p=2$, then the $p$-harmonic system (2) reduces to the uncoupled system of harmonic equations satisfied by coordinate functions $u^{i}$ for $i=1, \ldots, n$. In such a case the arithmetic three-spheres theorem holds for each $u^{i}$, see Theorem 30 in Protter-Weinberger [19, Chapter 12].

We point out that the case of scalar $p$-harmonic functions for $1<p<\infty$ can be handled by the approach very similar to the one for harmonic functions, as one has on the disposal comparison principles and the Harnack-type estimates. Such tools are not known in the setting of coordinate functions of $p$-harmonic mappings.

For the case $p=n$, Granlund-Marola [12] proved a variant of the three-spheres theorem in the setting of $(A, B)$-quasilinear equations, in particular for a $p$-harmonic equation, cf. Theorem 5.4 [12]. However, their approach is based on the existence of the strong maximum (minimum) principle and the Harnack inequality for solutions of the considered ( $A, B$ )equation. Similar results are not known in the setting of coupled $p$-harmonic mappings ( $p \neq 2$ ).

## 2 The proof of Lemma 1

In this section we prove Lemma 1 and then illustrate the discussion by the class of radial p-harmonic mappings.
Proof We begin the proof as in Granlund-Marola [12]. For the sake of simplicity, let us assume that (5) (i) holds, i.e. $\phi^{\prime}\left(u^{1}(x)\right)>0$ for all $x \in B_{r}$. Take a nonnegative function $\xi \in C_{0}^{\infty}\left(B_{r}\right)$ and define a test function $\eta(x)=\phi^{\prime}\left(u^{1}(x)\right)^{p-1} \xi^{p}(x)$ for $x \in B_{r}$. Then

$$
\nabla \eta=(p-1)\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-2} \phi^{\prime \prime}\left(u^{1}\right) \xi^{p} \nabla u^{1}+p \xi^{p-1}\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-1} \nabla \xi .
$$

We use $\nabla \eta$ in the first equation of $p$-harmonic system (3) and by using (4) together with (5) we obtain

$$
\begin{equation*}
(p-1) \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \xi^{p} \leq p \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right| \phi^{\prime}\left(u^{1}\right)^{p-1} \xi^{p-1}|\nabla \xi| . \tag{24}
\end{equation*}
$$

For some $0<\epsilon<1$, whose value will be determined later, we rewrite the right-hand side of (24) and apply the Young inequality:

$$
\begin{align*}
& p \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right| \phi^{\prime}\left(u^{1}\right)^{p-1} \xi^{p-1}|\nabla \xi| \\
& \quad=p \int_{B_{r}}\left(\epsilon|D u|^{(p-2) \frac{p-1}{p}}\left|\nabla u^{1}\right|^{\frac{p-1}{p}} \phi^{\prime}\left(u^{1}\right)^{p-1} \xi^{p-1}\right)\left(\frac{1}{\epsilon}|D u|^{\frac{p-2}{p}}\left|\nabla u^{1}\right|^{\frac{2-p}{p}}|\nabla \xi|\right) \\
& \quad \leq(p-1) \epsilon \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \xi^{p}+p \epsilon^{-p} \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}|\nabla \xi|^{p} . \tag{25}
\end{align*}
$$

In the last inequality we also estimated $\epsilon^{\frac{p}{p-1}} \leq \epsilon$. Now, we use (25) in (24) and by taking e.g. $\epsilon=\frac{1}{2}$ we may include the first integral on the right-hand side of (25) into the left-hand side of (24). In a consequence we arrive at the following estimate:

$$
\begin{equation*}
\int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \xi^{p} \leq \frac{p 2^{p+1}}{p-1} \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}|\nabla \xi|^{p} . \tag{26}
\end{equation*}
$$

Denote $c(p):=\frac{p^{2 p+1}}{p-1}$.
Case 1: $1<p<2$. The left-hand side of the above inequality can be written as follows.

$$
\begin{equation*}
\int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \xi^{p}=\int_{B_{r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \xi^{p} . \tag{27}
\end{equation*}
$$

Using (27) and the fact that $\left|\nabla u^{1}\right| \leq|D u|$ in $\Omega$ we observe that for $1<p<2$ inequality (26) becomes:

$$
\begin{equation*}
\int_{B_{r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \xi^{p} \leq c(p) \int_{B_{r}}|\nabla \xi|^{p} . \tag{28}
\end{equation*}
$$

Case 2: $p \geq 2$. We have that $\left|\nabla u^{1}\right|^{p-2} \leq|D u|^{p-2}$ in $\Omega$ and hence (26) takes the following form.

$$
\begin{equation*}
\int_{B_{r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \xi^{p} \leq c(p) \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}|\nabla \xi|^{p} . \tag{29}
\end{equation*}
$$

If we additionally assume (10), then (11) holds and the last integral is finite. In the definition of $\eta$ we take $\xi$ such that $0 \leq \xi \leq 1, \operatorname{supp} \xi \subset B_{r}, \xi \equiv 1$ in $B_{(1-\delta) r}$ and $|\nabla \xi| \leq \frac{c}{\delta r}$ in $B_{r}$. Using such $\xi$ in (28) and (29) we arrive at claims (12) and, respectively, (13) of Lemma 1.

If (5) (ii) holds, i.e. $\phi^{\prime}\left(u^{1}(x)\right)<0$ for all $x \in B_{r}$, then as a test function we take $\eta(x)=\left(-\phi^{\prime}\left(u^{1}(x)\right)\right)^{p-1} \xi^{p}(x)$ for $x \in B_{r}$ and claims of the lemma follow the same way as previously.

We remark that assertions (28) and (29) of Lemma 1 can be further refined. Namely, the following remark holds by Lemma 1 and the discussion at formulas (7) and (8).

Remark 1 (A) Let $1<p<2$. Then (7) implies that for $x \in B_{r}$

$$
\frac{1}{|D u(x)|} \geq \frac{1}{\sup _{B_{r}}|D u|} \geq C\left(p, n, \operatorname{diam}(\Omega),\|D u\|_{L^{p}\left(B_{2 r}\right)}\right) r^{\frac{n}{p}} .
$$

In such a case (28) reads:

$$
\int_{B_{r}}\left(\left|\nabla u^{1}\right| r^{\frac{n}{p}}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \xi^{p} \leq c(p) \int_{B_{r}}|\nabla \xi|^{p} .
$$

Similarly, for $p>2$ the Uhlenbeck inequality (8) results in the following estimate.

$$
\int_{B_{r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \xi^{p} \leq C\left(p, n,\|D u\|_{L^{p}\left(B_{2 r}\right)}\right) \int_{B_{r}} \frac{1}{r^{n\left(1-\frac{2}{p}\right)}\left|\nabla u^{1}\right|^{p-2}}|\nabla \xi|^{p} .
$$

(B) In fact estimate (26) gives rise to the following inequality for $p>1$ :

$$
\int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \xi^{p} \leq \frac{p 2^{p+1}}{p-1} \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}|\nabla \xi|^{p} .
$$

We now turn to considering a special class of $p$-harmonic mappings, namely radial transformations in the form

$$
u(x)=H(|x|)\left(x_{1}, \ldots, x_{n}\right), \quad \text { for } x=\left(x_{1}, \ldots, x_{n}\right) \in \Omega \subset \mathbb{R}^{n},
$$

where $H \in C^{2}(\Omega)$ and $|x|$ stands for the magnitude of $x$. For such mappings $p$-harmonic system (2) becomes a nonlinear second order ODE:

$$
\begin{align*}
& (p-1) H^{\prime \prime}\left(H^{\prime}\right)^{2} r^{3}+(2 p+n-3)\left(H^{\prime}\right)^{3} r^{2}+2(p-1) H H^{\prime} H^{\prime \prime} r^{2} \\
& \quad+(n p+3 p-4) H\left(H^{\prime}\right)^{2} r+(p+n-2) H^{2} H^{\prime \prime} r+(n+1)(p+n-2) H^{2} H^{\prime}=0 . \tag{30}
\end{align*}
$$

The problem of finding suitable examples is the general feature of the $p$-harmonic world, as we know only few classes of $p$-harmonic maps and few explicit solutions of the $p$-harmonic system of equations, namely affine, radial and quasiradial, see e.g. Adamowicz [2,3], IwaniecOnninen [15, Part 1] for various applications of radial p-harmonics, and Adamowicz [1, Chapter 2] for the definition of quasiradial $p$-harmonic mappings.

For the class of radial $p$-harmonic mappings, Lemma 1 can be refined. Indeed, for radial mappings we can formulate simple conditions for integrability of ratio $\left|\nabla u^{1}\right| /|D u|$ and in turn estimates (12) and (13) reduce to the following result.

Proposition 1 (Radial Lemma 1) Let $u^{1}$ be the first coordinate function of a radial pharmonic mapping $u$ in $\Omega \subset \mathbb{R}^{n}, n>1$ for $p>1$. Assume that a convex function $\phi: I \rightarrow \mathbb{R}$ satisfies conditions (4) and (5). Furthermore, assume the following:
(1) if $x$ is such that $H(x)=0$, then $H^{\prime}(x) \neq 0$,
(2) there exist constant $c_{\Omega}, c_{\Omega}^{\prime}>0$ such that $x_{1}^{2}<c_{\Omega}\left(|x|^{2}-x_{1}^{2}\right)$ and $x_{1}>c_{\Omega}^{\prime}$ for all $x \in \Omega$,
(3) there exists $C>0$ such that $\eta(x):=\frac{H^{\prime}(|x|)}{H(|x|)}|x|<C$ for all $x \in \Omega$.

Then the following estimate holds for every ball $\overline{B_{r}} \subset \Omega$ and $0<\delta<1$ :

$$
\begin{equation*}
\int_{B_{(1-\delta) r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \leq \frac{c\left(\operatorname{diam}(\Omega), p, n, c_{\Omega}, c_{\Omega}^{\prime}\right)}{\delta^{p}} r^{n-p} . \tag{33}
\end{equation*}
$$

Conditions (31) and (32) geometrically mean that we require domain $\Omega$ to lie inside a cone symmetric about $x_{1}$-axis and to consist of points with a positive distance to the hyperplane $\left\{x_{1}=0\right\}$.

Proof Let $u(x)=H(|x|)\left(x_{1}, \ldots, x_{n}\right)$ be a radial $p$-harmonic mapping in $\Omega$. Denote $r:=|x|$ the magnitude of vector $x$. Then $u^{i}(x)=H(r) x_{i}$ for $i=1, \ldots, n$ and

$$
u_{x_{j}}^{i}(x)= \begin{cases}H^{\prime}(r) \frac{x_{i} x_{j}}{r}, & \text { for } j \neq i, \\ H^{\prime}(r) \frac{x_{i}^{2}}{r}+H(r), & \text { for } j=i\end{cases}
$$

Hence $\left|\nabla u^{i}\right|^{2}=\sum_{j \neq i}\left(H^{\prime} \frac{x_{i} x_{j}}{r}\right)^{2}+\left(H^{\prime} \frac{x_{i}^{2}}{r}+H\right)^{2}=\left(H^{\prime}\right)^{2} x_{i}^{2}+2 H H^{\prime} \frac{x_{i}^{2}}{r}+H^{2}$. Upon computing $\left|\nabla u^{i}\right|^{2} /\left|\nabla u^{1}\right|^{2}$ and summing over $i=1, \ldots, n$ we get that

$$
g:=\frac{|D u|^{2}}{\left|\nabla u^{1}\right|^{2}}=\frac{\left|\nabla u^{1}\right|^{2}+\ldots+\left|\nabla u^{n}\right|^{2}}{\left|\nabla u^{1}\right|^{2}}=\frac{\left(H^{\prime}\right)^{2} r^{2}+2 H H^{\prime} r+n H^{2}}{\left(H^{\prime}\right)^{2} x_{1}^{2}+2 H H^{\prime} \frac{x_{1}^{2}}{r}+H^{2}} .
$$

Let $x_{0} \in B_{r}$ and consider the following cases.
Case 1: $H\left(x_{0}\right)=0$. Since, by assumptions we have that $H^{\prime}\left(\left|x_{0}\right|\right) \neq 0$, then $g\left(x_{0}\right)=\frac{r^{2}}{\left(x_{0}\right)_{1}^{2}}$. Under the second part of assumption (31) we obtain that $\left|g\left(x_{0}\right)\right| \leq c\left(\operatorname{diam}(\Omega), c_{\Omega}\right)$.

Case 2: $H\left(x_{0}\right) \neq 0$ and $H^{\prime}\left(x_{0}\right)=0$. Then $g\left(x_{0}\right)=n$.
Case 3: $H\left(x_{0}\right) \neq 0$ and $H^{\prime}\left(x_{0}\right) \neq 0$. Then for $\eta:=\eta\left(x_{0}\right)=\frac{H^{\prime}\left(\left|x_{0}\right|\right)}{H\left(\left|x_{0}\right|\right)}\left|x_{0}\right|$ we have

$$
g\left(x_{0}\right)=\frac{\eta(\eta+2)+n}{\frac{\left|\left(x_{0}\right)_{1}\right|^{2}}{\left|x_{0}\right|^{2}} \eta(\eta+2)+1} .
$$

Depending on the sign of $\eta(\eta+2)$ we distinguish two cases:
(a) If $\eta \geq 0$ or $\eta \leq-2$, then $g\left(x_{0}\right) \leq \eta(\eta+2)+n=(\eta+1)^{2}+n-1$ and assumption (32) results in $g\left(x_{0}\right) \leq(C+1)^{2}+n-1$.
(b) If $-2 \leq \eta \leq 0$, then $\left|g\left(x_{0}\right)\right| \leq n \frac{\left|x_{0}\right|^{2}}{\left.| | x_{0}\right|^{2}-\left|\left(x_{0}\right)_{1}\right|^{2} \mid} \leq n c_{\Omega}^{\prime}$. In the last inequality we also used the first part of assumption (31).
Therefore we conclude that $g$ is bounded by a constant $c\left(\operatorname{diam}(\Omega), n, c_{\Omega}, c_{\Omega}^{\prime}\right)$ for all $x \in \overline{B_{r}}$. Then assertion (33) follows immediately from (12) and (13).

## 3 The proof of Lemma 2

The first part of the proof is similar to the one of Lemma 1 (see also Granlund [11, Section 2] and Granlund-Marola [12, Lemma 2.6]). Let $k \geq 0$ and define $\psi(x)=\max \left\{\phi\left(u^{1}(x)\right)-k, 0\right\}$ for $x \in B_{r}$ with for $\overline{B_{r}} \subset \Omega$. Take $\xi \in C_{0}^{\infty}(\Omega)$ and define a test function $\eta(x)=$ $\psi(x)\left(\phi^{\prime}\left(u^{1}(x)\right)\right)^{p-1} \xi^{p}(x)$. Then

$$
\begin{aligned}
\nabla \eta= & \phi^{\prime}\left(u^{1}\right)\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-1} \xi^{p} \nabla u^{1}+(p-1) \psi \phi^{\prime \prime}\left(u^{1}\right)\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-2} \xi^{p} \nabla u^{1} \\
& +p \psi\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-1} \xi^{p-1} \nabla \xi .
\end{aligned}
$$

Using $\nabla \eta$ in the first equation of $p$-harmonic system (3) we get the following inequality.

$$
\begin{align*}
& \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2}\left(\phi^{\prime}\left(u^{1}\right)\right)^{p} \xi^{p}+(p-1) \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \psi \phi^{\prime \prime}\left(u^{1}\right)\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-2} \xi^{p} \\
& \leq p \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right||\nabla \xi| \psi\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-1} \xi^{p-1} \tag{34}
\end{align*}
$$

We invoke property (4) of function $\phi$ and use it in the second integral on the left-hand side of the inequality. Since $\psi \geq 0$ in $B_{r}$ we can drop the aforementioned integral. The Young inequality applied to the integral on the right-hand side gives us the estimate (cf. inequality (25)):

$$
\begin{aligned}
& p \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right||\nabla \xi| \psi\left(\phi^{\prime}\left(u^{1}\right)\right)^{p-1} \xi^{p-1} \\
& \quad=p \int_{B_{r}}\left(|D u|^{(p-2) \frac{p-1}{p}}\left|\nabla u^{1}\right|^{2 \frac{p-1}{p}} \phi^{\prime}\left(u^{1}\right)^{p-1} \xi^{p-1}\right)\left(|D u|^{\frac{p-2}{p}}\left|\nabla u^{1}\right|^{1-2 \frac{p-1}{p}} \psi|\nabla \xi|\right) \\
& \quad \leq(p-1) \epsilon \int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \xi^{p}+\epsilon^{-p} \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} \psi^{p}|\nabla \xi|^{p} .
\end{aligned}
$$

Upon choosing small enough value of $0<\epsilon<1$, e.g. $\epsilon=\frac{1}{2(p-1)}$ we include the first integral on the right-hand side of the inequality into the integral on the left-hand side of (34) and arrive at the following estimate (cf. (26) in Lemma 1):

$$
\begin{equation*}
\int_{B_{r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \xi^{p} \leq c(p) \int_{B_{r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} \psi^{p}|\nabla \xi|^{p} \tag{35}
\end{equation*}
$$

We choose function $\xi$ so that it satisfies: $\operatorname{supp} \xi \subset B_{r}, 0 \leq \xi \leq 1, \xi \equiv 1$ in $B_{(1-\delta) r}$ and $|\nabla \xi| \leq \frac{c}{\delta r}$ in $B_{r}$. Note also, that by definition $\psi \equiv 0$ in $B_{r} \backslash A_{k, r}$. This and the choice of $\xi$ in (35) lead us to the following inequality (cf. estimate (26) in Lemma 1):

$$
\int_{A_{k,(1-\delta) r}}|D u|^{p-2}\left|\nabla u^{1}\right|^{2} \phi^{\prime}\left(u^{1}\right)^{p} \leq \frac{c(p)}{(\delta r)^{p}} \int_{A_{k, r}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2} \psi^{p} .
$$

The discussion similar to the one for Cases 1 and 2 in Lemma 1 (cf. inequalities (28) and (29)) gives us assertions (14) and (15).

The proofs of supremum estimates (16) (in both cases) require extra attention due to the appearance of expression $g:=\left(\frac{|D u|}{\left|\nabla u^{\perp}\right|}\right)^{p-2}$ under integrals (14) and (15) exploited in derivation of the supremum estimate. Note, that when the $p$-harmonic system (1) reduces to a single $p$-harmonic equation, then $|D u|=\left|\nabla u^{1}\right|$, and so $g \equiv 1$. In such a case we retrieve estimates from Lemma 2.6 in Granlund-Marola [12]. Here, we instead follow the method from a book by Giusti [10, Theorem 7.2] and adapt it to the vectorial case.

Using the notation analogous to [10], let $(1-\delta) r \leq \sigma r \leq \tau r \leq r$. At this point the discussion splits into four cases: (1) $1<p<2$, (2) $p>2$ according to estimates (14) and (15), respectively, (3) $p=2$ and (4) $p=n$.

Case 1: $1<p<2$.
Let $\eta \in C_{0}^{\infty}\left(B_{\frac{\sigma+\tau}{2} r}\right)$ such that $\eta \equiv 1$ on $B_{\sigma r}$ and $|\nabla \eta| \leq \frac{c}{(\tau-\sigma) r}$. Define $\xi(x)=\eta(x) \psi(x)$ for function $\psi$ as in the first part of the proof. By the Hölder and the Sobolev inequalities we get

$$
\begin{equation*}
\int_{A_{k, \sigma r}} \psi^{p} \leq \int_{A_{k, \sigma r}} \xi^{p} \leq\left(\int_{A_{k, \sigma r}} \xi^{\frac{n p}{n-p}}\right)^{1-\frac{p}{n}}\left|A_{k, \sigma r}\right|^{\frac{p}{n}} \leq c S\left|A_{k, \tau r}\right|^{\frac{p}{n}} \int_{A_{k, \sigma r}}|\nabla \xi|^{p} . \tag{36}
\end{equation*}
$$

Using the definition of $\xi$ we compute that $\nabla \xi=\psi \nabla \eta+\eta \nabla \psi$ and hence

$$
\begin{equation*}
\int_{A_{k, \sigma r}} \psi^{p} \leq c_{S}\left|A_{k, \tau r}\right|^{\frac{p}{n}}\left(\int_{A_{k, \frac{\sigma+\tau}{2} r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p}+\frac{1}{(\tau-\sigma)^{p} r^{p}} \int_{A_{k, \frac{\sigma+\tau}{2} r}} \psi^{p}\right) . \tag{37}
\end{equation*}
$$

Let $\alpha=\frac{p}{4}(2-p)$ and $\beta=p\left(1-\frac{p}{4}\right)$. Then, the Young inequality applied with exponents $\frac{2-p}{\alpha}=\frac{4}{p}$ and its conjugate $\left(\frac{2-p}{\alpha}\right)^{\prime}=\frac{2-p}{2-p-\alpha}=\frac{4}{4-p}$ gives us the following:

$$
\begin{align*}
\int_{A_{k, \frac{\sigma+\tau}{2} r}}\left|\nabla \phi\left(u^{1}\right)\right|^{p}= & \int_{A_{k, \frac{\sigma+\tau}{2} r}}\left(\left|\nabla \phi\left(u^{1}\right)\right|^{p-\beta}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{\alpha}\right)\left(\left|\phi^{\prime}\left(u^{1}\right)\right|^{\beta}|D u|^{\beta}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{\beta-\alpha}\right) \\
& \leq \frac{p}{4} \int_{A_{k, \frac{\sigma+\tau}{2} r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \\
& +\left(1-\frac{p}{4}\right) \int_{A_{k, \frac{\sigma+\tau}{2} r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{\frac{2 p}{4-p}}\left|\phi^{\prime}\left(u^{1}\right)\right|^{p}|D u|^{p} . \tag{38}
\end{align*}
$$

In order to estimate further (38) for $p$ in the given range we appeal to Tolksdorf's estimate [20] and note that $\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{\frac{2 p}{4-p}}<1$. Then

$$
\begin{aligned}
& \int_{A_{k, \frac{\sigma+\tau}{2} r}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{\frac{2 p}{4-p}}\left|\phi^{\prime}\left(u^{1}\right)\right|^{p}|D u|^{p} \\
& \quad \leq C(p, n)\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{\frac{\sigma^{2} \tau}{2} r}\right)}^{p}\left(\frac{2}{(\sigma+\tau) r}\right)^{n}\left(\left|B_{(\sigma+\tau) r}\right|+\|D u\|_{L^{p}\left(B_{(\sigma+\tau) r}\right)}^{p}\right)\left|A_{k, \frac{\sigma+\tau}{2} r}\right| .
\end{aligned}
$$

We use this inequality in the second integral on the right-hand side of (38). Moreover, we observe that under assumptions on $\sigma$ and $\tau$ it holds that $\frac{\sigma+\tau}{2} \leq \tau$ and thus $A_{k, \frac{\sigma+\tau}{2} r} \subset A_{k, \tau r}$. We apply estimate (14) with $r:=\tau r$ and $\delta$ such that $(1-\delta) r \tau:=\frac{\sigma+\tau}{2} r$ in the first integral on the right-hand side of (38). In a consequence, estimate (37) takes the following form:

$$
\begin{align*}
& \int_{A_{k, \sigma r}} \psi^{p} \leq C\left(p, n, c_{S}\right)\left|A_{k, \tau r}\right|^{\frac{p}{n}}\left(\frac{2^{p}}{(\tau-\sigma)^{p} r^{p}} \int_{A_{k, \tau r}} \psi^{p}+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{\left.\frac{\sigma_{\frac{\sigma+\tau}{2} r}}{}\right)}^{p}\right.}^{\left.\quad \times \frac{2^{n}}{(\sigma+\tau)^{n} r^{n}}\left(r^{n}+\|D u\|_{L^{p}\left(B_{2 r}\right)}^{p}\right)\left|A_{k, \frac{\sigma+\tau}{2} r}\right|+\frac{1}{(\tau-\sigma)^{p} r^{p}} \int_{A_{k, \frac{\sigma+\tau}{2} r}} \psi^{p}\right) .} .\right.
\end{align*}
$$

If $h<k$, then

$$
(k-h)^{p}\left|A_{k, \tau r}\right| \leq \int_{A_{h, \tau r}}\left(\phi\left(u^{1}\right)-h\right)^{p} \quad \text { and } \quad \int_{A_{k, \tau r}}\left(\phi\left(u^{1}\right)-k\right)^{p} \leq \int_{A_{h, \tau r}}\left(\phi\left(u^{1}\right)-h\right)^{p} .
$$

Denote

$$
C=C\left(p, n, c_{S}\right)\left[1+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{r}\right)}^{p}\left(r^{n}+\|D u\|_{L^{p}\left(B_{2 r}\right)}^{p}\right)\right] .
$$

Using these in (39) we obtain the following estimate:

$$
\begin{align*}
& \int_{A_{k, \sigma r}}\left(\phi\left(u^{1}\right)-k\right)^{p} \leq \frac{C\left|A_{k, \tau r}\right|^{\frac{p}{n}}}{(\sigma-\tau)^{p} r^{p}}\left(\int_{A_{h, \tau r}}\left(\phi\left(u^{1}\right)-h\right)^{p}+\frac{(\sigma-\tau)^{p} r^{p}}{(\sigma+\tau)^{n} r^{n}}\left|A_{k, \tau r}\right|\right) \\
& \leq \frac{C}{(k-h)^{\frac{p^{2}}{n}}(\sigma-\tau)^{p^{p}}{ }^{p}}\left(\int_{A_{h, \tau r}}\left(\phi\left(u^{1}\right)-h\right)^{p}\right)^{1+\frac{p}{n}}\left[1+\frac{1}{(k-h)^{p}} \frac{(\sigma-\tau)^{p} r^{p}}{(\sigma+\tau)^{n} r^{n}}\right] . \tag{40}
\end{align*}
$$

We are in a position to use the iteration scheme as in Lemma 7.1 in Giusti book [10]. Indeed, for some $d>0$, to be determined later, let us consider the following quantities:

$$
\begin{aligned}
& k_{i}:=2 d\left(1-2^{-i}\right), \quad \text { for } i=0,1, \ldots, \quad k=k_{i+1}, \quad h=k_{i}, \quad k-h=\frac{d}{2^{i}} \\
& \sigma_{i}:=\delta+(1-\delta) 2^{-i}, \quad \text { for } i=0,1, \ldots, \quad \sigma=\sigma_{i+1}, \quad \tau=\sigma_{i} .
\end{aligned}
$$

Hence

$$
\tau-\sigma=(1-\delta) 2^{-i-1}, \quad \tau+\sigma=2 \delta+(1-\delta) 3 \cdot 2^{-i-1}
$$

Finally, let

$$
\phi_{i}:=\int_{A_{k_{i}, \sigma_{i}}}\left(\phi\left(u^{1}\right)-k_{i}\right)^{p} .
$$

With this notation inequality (40) reads:

$$
\phi_{i+1} \leq \frac{C}{(1-\delta)^{p} r^{p}} d^{-\frac{p^{2}}{n}}\left(1+d^{-p} r^{p-n}\right) 2^{p i(1+p / n)} \phi_{i}^{1+\frac{p}{n}}, \quad \text { for } i=0,1, \ldots
$$

The claim of the second part of Lemma 2 for $1<p<2$ follows from [10, Lemma 7.1], cf. the proof of Theorem 7.2 in [10]. Indeed, we set that for some $a>0$,

$$
1+d^{-p} r^{p-n} \leq a .
$$

By taking $B=2^{p(1+p / n)}, \alpha=\frac{p}{n}$ and $c=\frac{C a}{(1-\delta)^{p} r^{p}} d^{-\frac{p^{2}}{n}}$ we verify that the assumption of [10, Lemma 7.1] that $\phi_{0} \leq c^{-1 / \alpha} B^{-1 /\left(\alpha^{2}\right)}$ leads to the following conditions:

$$
d^{p} \geq \frac{(C a)^{\frac{n}{p}}}{((1-\delta) r)^{n}} \int_{B_{r}}\left(\phi\left(u^{1}\right)\right)^{p} \quad \text { and } \quad(a-1) d^{p} \geq r^{p-n}
$$

as $A_{0, r}=B_{r}$. Thus, by taking e.g. $a=2$ we get that the above inequalities for

$$
d^{p}=\frac{C^{\frac{n}{p}}}{((1-\delta) r)^{n}} \int_{B_{r}}\left(\phi\left(u^{1}\right)\right)^{p}+r^{p-n}
$$

and the claim follows, since by [10, Lemma 7.1] $\lim _{i \rightarrow \infty} \phi_{i}=0$ and so $\sup _{B_{\delta r}} \phi\left(u^{1}\right) \leq 2 d$.
Case 2: $2<p<n$.
We proceed similarly to the previous case. Upon using estimate (15) in (37) together with the fact that $\frac{|D u|}{\left|\nabla u^{\perp}\right|}$ is bounded by (8) and our assumptions, we obtain that

$$
\begin{equation*}
\int_{A_{k, \sigma r}}\left(\phi\left(u^{1}\right)-k\right)^{p} \leq \frac{C_{\mathrm{sup}}}{((\sigma-\tau) r)^{p}}\left(\frac{1}{(k-h)^{p}} \int_{A_{h, \tau r}}\left(\phi\left(u^{1}\right)-h\right)^{p}\right)^{1+\frac{p}{n}} . \tag{41}
\end{equation*}
$$

Constant $C_{\text {sup }}=c\left(p, n, c_{S}\right)\left(\frac{\|D u\|_{L^{p}\left(B_{2} r\right)}}{c} r^{-\frac{n}{p}}\right)^{\frac{n}{p}(p-2)}$. The reasoning similar to the previous case gives us the claim for $2<p<n$. However, in this case we get the homogeneous estimate (19).

Case 3: $p=2$.
If $p=2$ and $n>2$, then we follow the proof for $2<p<n$ and since $\left(\frac{|D u|}{\left|\nabla u^{\perp}\right|}\right)^{p-2} \equiv 1$, assumption (18) and discussion at (38) are not needed and we obtain (19) with constant $C=c\left(p, n, c_{S}\right)$ in (20).

If $p=2$ and $n=2$, then in (36) we use a variant of the Sobolev inequality (see e.g. Corollary 1.57 in Malý-Ziemer [16]) and get

$$
\int_{A_{k, \sigma r}} \psi^{2} \leq \int_{A_{k, \sigma r}} \xi^{2} \leq\left|A_{k, \tau r}\right| \int_{A_{k, \sigma r}}|\nabla \xi|^{2}
$$

This leads to the estimate similar to (41) and (19), while the resulting constant $C$ depends on $p, n$ and $c_{S}$.

Case 4: $p=n$.
As in the previous case, we use [16, Corollary 1.57] and obtain the following

$$
\int_{A_{k, \sigma r}} \psi^{n} \leq \int_{A_{k, \sigma r}} \xi^{n} \leq\left|A_{k, \tau r}\right| \int_{A_{k, \sigma r}}|\nabla \xi|^{n} .
$$

We follow the proof for the case of $2<p<n$ and get $C_{\text {sup }}=c(n)\left(\frac{\|D u\|_{L^{n}\left(B_{2 r}\right)}}{c r}\right)^{n-2}$.
Hence, the proof of Lemma 2 is completed.

## 4 The proof of Theorem

In the proof of Theorem we use the doubling property of the Lebesgue measure. This means, that for any ball $B_{R} \subset \mathbb{R}^{n}$ it holds that $\mathcal{L}^{n}\left(B_{2 R}\right) \leq C \mathcal{L}^{n}\left(B_{R}\right)$, where $C=2^{n}$. Below, we also appeal to the $(1, p)$-Poincaré inequality: if $v \in W_{l o c}^{1, p}(\Omega)$, then

$$
\int_{B_{r}}\left|v-v_{B_{r}}\right|^{p} \leq C r^{p} \int_{B_{r}}|\nabla v|^{p},
$$

where $v_{B_{r}}$ denotes the mean value of $v$ over the ball $B_{r}$ and $C$ depends on $n$ and $p$.
Finally, the following auxiliary result is used in the proof of Theorem as well, see Theorem 4.20 in Adamowicz [1] and Appendix A. 2 in Adamowicz [3].

Lemma 3 [3, Observation 2] Let $u \in W^{1, p}\left(\Omega, \mathbb{R}^{n}\right)$ be a $p$-harmonic mapping in the domain $\Omega \subset \mathbb{R}^{n}$. If for some $u^{i}, i=1, \ldots, n$ there exists $k \in \mathbb{R}$ such that $u^{i} \leq k$ on $\partial \Omega$, then $u^{i} \leq k$ in $\Omega$.

Proof of Theorem Our approach is based on Theorem 1.3 in Granlund-Marola [12]. However, the fact that now we are in the setting of mappings instead of scalar functions requires new type of the de Giorgi estimates (cf. Lemmas 1 and 2). Moreover, the dependence of those estimates on $\|D u\|_{L^{p}}$ and $\left\|\phi^{\prime}\right\|_{L^{\infty}}$ requires additional efforts and caution.

Define the following function (keeping in mind that the exact value of $r_{3}$ will be determined later):

$$
\begin{equation*}
\phi(t):=-\log \left(\frac{M\left(r_{3}\right)-t+\epsilon}{M\left(r_{3}\right)-M\left(r_{1}\right)+\epsilon}\right) \quad \text { for } t \in\left(-\infty, M\left(r_{3}\right)\right), \tag{42}
\end{equation*}
$$

for any but fixed $\epsilon>0$. It is easy to check that $\phi$ is $C^{2}$ convex and satisfies conditions (4) and (5). Indeed, by computations we see that

$$
\begin{equation*}
\phi^{\prime}(t)=\frac{1}{M\left(r_{3}\right)-t+\epsilon}>0 \quad \text { and } \quad \phi^{\prime \prime}(t)=\frac{1}{\left(M\left(r_{3}\right)-t+\epsilon\right)^{2}} \quad \text { in }\left(-\infty, M\left(r_{3}\right)\right) . \tag{43}
\end{equation*}
$$

Furthermore, since $\phi\left(u^{1}\right)<0$ on $B_{r_{1}}$, it holds that function $\psi:=\max \left\{\phi\left(u^{1}\right), 0\right\}$ satisfies $\psi \equiv 0$ on $B_{r_{1}}$, thus also the mean value of $\psi$ vanishes, $\psi_{B_{r_{1}}}=0$. This together with the ( $1, p$ )-Poincaré inequality and the doubling property of the Lebesgue measure (with doubling constant $2^{n}$ ) implies

$$
\begin{align*}
f_{\frac{B_{\frac{r+r_{2}}{2}}^{2}}{} \psi^{p}} \leq f_{\left.\frac{B_{\frac{r+r_{2}}{2}}^{2}}{} \right\rvert\, \psi-\psi_{B_{\left(r+r_{2}\right) / 2}}+\left(\psi_{B_{\left(r+r_{2}\right) / 2}}-\left.\psi_{B_{r_{1}}}\right|^{p}\right.} & \leq 2^{p} f_{B_{\frac{r+r_{2}}{2}}^{2}}\left|\psi-\psi_{B_{\left(r+r_{2}\right) / 2}}\right|^{p}+2^{p+n}\left(f_{B_{\frac{r+r_{2}}{2}}}\left|\psi-\psi_{B_{\left(r+r_{2}\right) / 2}}\right|\right)^{p} \\
& \leq C(p, n)\left(\frac{r+r_{2}}{2}\right)^{p} f_{B_{\frac{r+r_{2}}{2}}}|\nabla \psi|^{p} .
\end{align*}
$$

We consider two cases.
Case 1: $1<p<2$. Recall the supremum estimate (16) from Lemma 2:

$$
\left(\sup _{B_{(1-\delta) R}} \phi\left(u^{1}\right)\right)^{p} \leq \frac{C_{\text {sup }}}{(\delta R)^{n}} \int_{B_{R}} \phi\left(u^{1}\right)^{p}+R^{p-n},
$$

where $C_{\text {sup }}$ is constant in (17), cf. statement of Lemma 2 . We apply this estimate with $R=\left(r+r_{2}\right) / 2$ and $0<\delta=\left(r_{2}-r\right) /\left(r_{2}+r\right)<1$, then use the definition of function $\psi$ and Poincaré-type estimate (44).

$$
\begin{align*}
\left(\sup _{B_{r}} \phi\left(u^{1}\right)\right)^{p} & \leq C_{\sup }\left(\frac{2}{r_{2}-r}\right)^{n} \int_{\frac{B_{\frac{r+r_{2}}{2}}^{2}}{} \phi\left(u^{1}\right)^{p}+\left(\frac{r+r_{2}}{2}\right)^{p-n}} \\
& \leq C_{\sup }\left(\frac{r+r_{2}}{r_{2}-r}\right)^{n}\left(\frac{2}{r+r_{2}}\right)^{n} \int_{B_{\frac{r+r_{2}}{2}}} \psi^{p}+\left(\frac{r+r_{2}}{2}\right)^{p-n} \\
& \leq C_{\sup }\left(\frac{2 c r_{2}}{c r_{2}-r_{1}}\right)^{n}\left(\frac{r+r_{2}}{2}\right)^{p-n} \int_{B_{\frac{r+r_{2}}{2}}^{2}}\left|\nabla \phi\left(u^{1}\right)\right|^{p}+\left(\frac{r+r_{2}}{2}\right)^{p-n} \\
& \leq C_{\sup }\left(\frac{2}{c+1}\right)^{p-n} \frac{1}{r_{2}^{n-p}} \int_{B_{\frac{r_{r+r_{2}}^{2}}{2}}}\left|\nabla \phi\left(u^{1}\right)\right|^{p}+\left(\frac{2}{c+1}\right)^{p-n} \frac{1}{r_{2}^{n-p}} . \tag{45}
\end{align*}
$$

In the last step we included expression with $r_{1}, r_{2}, c$ into the constant $C_{\text {sup }}$. In order to use estimate (12) in (45) we need to use first the Young inequality with exponents $\frac{1}{\alpha}=1+\frac{1}{\epsilon}$ and $\beta=1+\epsilon$, for some $\epsilon \in(0,1)$ :

$$
\begin{align*}
& \int_{\frac{B_{\frac{r+r_{2}}{2}}^{2}}{}\left|\nabla \phi\left(u^{1}\right)\right|^{p}}=\int_{B_{\frac{r_{+}+r_{2}}{2}}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{(2-p) \alpha}\left|\nabla \phi\left(u^{1}\right)\right|^{p \alpha}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{(p-2) \alpha}\left|\nabla \phi\left(u^{1}\right)\right|^{p(1-\alpha)} \\
& \leq \int_{\frac{B_{\frac{r+r_{2}}{2}}^{2}}{}}\left(\frac{\left|\nabla u^{1}\right|}{|D u|}\right)^{2-p}\left|\nabla \phi\left(u^{1}\right)\right|^{p}+\int_{\frac{B_{\frac{r+r_{2}}{2}}^{2}}{}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{(2-p) \epsilon}\left|\nabla \phi\left(u^{1}\right)\right|^{p} .} . \tag{46}
\end{align*}
$$

The second integral on the right-hand side of (46) can be easily estimated as follows:

$$
\int_{\frac{B_{\frac{r_{+r_{2}}}{2}}}{}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{(2-p) \epsilon}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \leq\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{r_{2}}\right)}^{p}\|D u\|_{L^{p}\left(B_{r_{2}}\right)}^{p} . . . . ~}^{p} .
$$

We use (12) from Lemma 1 with with $r_{2}$ and $\delta=\frac{r_{2}-r}{2 r_{2}}$ together with properties of radii (21). Then estimate (46) for the $p$-energy of $\phi\left(u^{1}\right)$ takes the following form:

The expression on the right-hand side is similar to the one in $C_{\text {sup }}$. We use this observation and the last inequality in estimate (45) and obtain the following bound, which we in turn estimate using properties of function $\phi$, see (43):

$$
\begin{align*}
& \left(\sup _{B_{r}} \phi\left(u^{1}\right)\right)^{p} \leq C_{\text {sup }} \frac{2^{p-n}}{(c+1)^{p-n}} \frac{1}{r_{2}^{n-p}}\left(C\left(p, r_{1}, r_{2}, c\right) r_{2}^{n-p}+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{r_{2}}\right)}^{p}\|D u\|_{L^{p}\left(B_{r_{2}}\right)}^{p}\right) \\
& \quad+\frac{2^{p-n}}{(c+1)^{p-n}} \frac{1}{r_{2}^{n-p}} \\
& \quad \leq \frac{C}{r_{2}^{n-p}}\left\{\left(1+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{r_{2}}\right)}^{p}\left(r_{2}^{n}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}^{p}\right)\right)\left(r_{2}^{n-p}+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{r_{2}}\right)}^{p}\|D u\|_{L^{p}\left(B_{r_{2}}\right)}^{p}+1\right)\right\} \\
& \quad \leq C\left(1+\left\|\phi^{\prime}\right\|_{L^{\infty}\left(B_{\left.r_{2}\right)}\right)}^{p}\left(r_{2}^{n}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}^{p}\right)\right)^{2} \max \left\{1, r_{2}^{p-n}\right\} \\
& \quad \leq C\left(1+\frac{1}{\left|M\left(r_{3}\right)-M\left(r_{2}\right)\right|^{2 p}}\left(r_{2}^{2 n}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}^{2 p}\right)\right) \max \left\{1, r_{2}^{p-n}\right\} . \tag{47}
\end{align*}
$$

Here $C=C\left(p, n, c, c_{S}, r_{1}, r_{2}\right)$. By the weak maximum principle in Lemma 3, it holds that $M\left(r_{2}\right)<M\left(r_{3}\right)$ for a non-constant $u^{1}$ and some $r_{3}>r_{2}$. The continuity of $u$ implies that maxima $M\left(r_{2}\right)$ and $M\left(r_{3}\right)$ are attained at some points $x_{3} \in S_{r_{3}}$ and $x_{2} \in S_{r_{2}}$. By the mean value theorem and the Tolksdorf estimate we get that

$$
\left|u^{1}\left(x_{2}\right)-u^{1}\left(x_{0}\right)\right| \leq \sup _{B_{r_{2}}}|D u|\left|x_{2}-x_{0}\right| \leq C(p, n)\left(r_{2}^{\frac{1}{p}}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}\right) r_{2}^{1-\frac{n}{p}} .
$$

We now appeal to growth condition (22), to obtain the following estimate:

$$
\begin{aligned}
\left|M\left(r_{3}\right)-M\left(r_{2}\right)\right|=\left|u^{1}\left(x_{3}\right)-u^{1}\left(x_{2}\right)\right| & \geq\left|u^{1}\left(x_{3}\right)-u^{1}\left(x_{0}\right)\right|-\left|u^{1}\left(x_{2}\right)-u^{1}\left(x_{0}\right)\right| \\
& \geq C r_{3}^{\alpha}-C(p, n)\left(r_{2}^{\frac{1}{p}}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}\right) r_{2}^{1-\frac{n}{p}} .
\end{aligned}
$$

We use this inequality on the right-hand side of (47) and notice that by taking sufficiently large $r_{3}$, for instance such that

$$
C r_{3}^{\alpha} \geq\left(1+r_{2}^{2 n}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}^{2 p}\right)^{1 /(2 p)}+C(p, n)\left(r_{2}^{\frac{1}{p}}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}\right) r_{2}^{1-\frac{n}{p}}
$$

we get that the right-hand side of (47) can now be estimated by $A:=C\left(p, n, c, c_{S}, r_{1}, r_{2}\right)$ $\max \left\{1, r_{2}^{p-n}\right\}$. Observe that $r_{3}$ depends on $n, p, r_{2}$ and $\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}$, but not on $r$.
Case 2: $2 \leq p<n$. We start from the estimate similar to (45). Namely, the supremum estimate (19) leads to the following inequality:

$$
\left(\sup _{B_{r}} \phi\left(u^{1}\right)\right)^{p} \leq C_{\text {sup }}\left(\frac{2}{c+1}\right)^{p-n} \frac{1}{r_{2}^{n-p}} \int_{\frac{B_{\frac{r+r_{2}}{2}}^{2}}{}\left|\nabla \phi\left(u^{1}\right)\right|^{p} . . . . ~} .
$$

We use Lemma 1 with $r_{2}$ and $\delta=\frac{r_{2}-r}{2 r_{2}}$ together with constant (20) from Lemma 2 and properties of radii (21) to obtain the following inequalities:

$$
\begin{aligned}
\left(\sup _{B_{r}} \phi\left(u^{1}\right)\right)^{p} & \leq C_{\sup }\left(\frac{2}{c+1}\right)^{p-n} \frac{1}{r_{2}^{n-p}} \int_{B_{\frac{r+r_{2}}{2}}}\left|\nabla \phi\left(u^{1}\right)\right|^{p} \\
& \leq C_{\sup }\left(\frac{2}{c+1}\right)^{p-n} \frac{1}{r_{2}^{n-p}}\left(\frac{2}{r_{2}-r}\right)^{p} \int_{B_{r_{2}}}\left(\frac{|D u|}{\left|\nabla u^{1}\right|}\right)^{p-2}
\end{aligned}
$$

$$
\begin{align*}
& \leq c\left(p, n, c_{S}\right)\left(\frac{\|D u\|_{L^{p}\left(B_{\left.r+r_{2}\right)}\right)}}{c_{1}\left(\frac{r+r_{2}}{2}\right)^{\frac{1}{p}}}\right)^{\frac{n}{p}(p-2)}\left(\frac{2}{r_{2}-r_{1} / c}\right)^{p} \frac{1}{r_{2}^{n-p}}\left(\frac{\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}}{c_{1} r_{2}^{\frac{n}{p}}}\right)^{\frac{n}{p}(p-2)} \\
& \leq c\left(p, n, c_{S}, c, r_{1}, r_{2}\right)\left(\frac{\left.\|D u\|_{L^{p}\left(B_{\left.2 r_{2}\right)}\right)}^{c_{1}}\right)^{2 \frac{n}{p}(p-2)}}{}\right. \tag{48}
\end{align*}
$$

Similarly to the previous case, we denote the constant on the right-hand side of the above inequality by A. Observe that for $p=2$ the constant on the right-hand side of (48) depends only on $p, n, c_{S}$ and $c, r_{1}, r_{2}$ due to (21).

Case 3: $p=n$. We discuss this case separately due to the importance of $n$-harmonic mappings in nonlinear analysis. As in the previous case we obtain the estimate similar to (45):

The reasoning analogous to Case 2 gives us that

$$
\left(\sup _{B_{r}} \phi\left(u^{1}\right)\right)^{n} \leq c(n)\left(\frac{\|D u\|_{L^{n}\left(B_{2 r_{2}}\right)}}{c_{1}}\right)^{2(n-2)}\left(\frac{r_{1}}{c}+r_{2}\right)^{2} \frac{1}{r_{2}^{n-2}} .
$$

As in the previous cases, we denote the constant on the right-hand side of the above inequality by A.

We are now in a position to complete the proof of Theorem. By our assumptions $\phi$ is strictly increasing and so we have that

$$
\log \left(\frac{M\left(r_{3}\right)-M(r)+\epsilon}{M\left(r_{3}\right)-M\left(r_{1}\right)+\epsilon}\right)=-\sup _{B_{r}} \phi\left(u^{1}\right) \geq-A .
$$

Note that in both cases: $1<p<2$ and $p \geq 2$, constant $A$ is independent of $\epsilon$. Upon simplifying this inequality we arrive at the following:

$$
M(r) \leq e^{-A} M\left(r_{1}\right)+\left(1-e^{-A}\right) M\left(r_{3}\right)+\left(1-e^{-A}\right) \epsilon .
$$

Letting $\epsilon \rightarrow 0^{+}$we reach the first assertion of theorem.
In order to prove the second assertion, we define a function

$$
\begin{equation*}
\phi(t)=-\log \left(\frac{t-m\left(r_{3}\right)+\epsilon}{m\left(r_{1}\right)-m\left(r_{3}\right)+\epsilon}\right) \quad \text { for } t \in\left[m\left(r_{3}\right), \infty\right) . \tag{49}
\end{equation*}
$$

Similarly to the proof of the first assertion, we verify that $\phi$ is $C^{2}$ convex and satisfies conditions (4) and (5). Indeed, by computations we see that

$$
\phi^{\prime}(t)=-\frac{1}{t-m\left(r_{3}\right)+\epsilon}<0 \quad \text { and } \quad \phi^{\prime \prime}(t)=\frac{1}{\left(t-m\left(r_{3}\right)+\epsilon\right)^{2}} \quad \text { in }\left[m\left(r_{3}\right), \infty\right) .
$$

As in the case of maxima, we introduce a function $\psi:=\max \left\{\phi\left(u^{1}\right), 0\right\}$ and show that $\psi \equiv 0$ on $B_{r_{1}}$. Then, following the steps of the proof for $M(r)$ we reach conclusion that

$$
\log \left(\frac{u^{1}(x)-m\left(r_{3}\right)+\epsilon}{m\left(r_{1}\right)-m\left(r_{3}\right)+\epsilon}\right)=-\sup _{x \in B_{r}} \phi\left(u^{1}(x)\right) \geq-A \quad x \in B_{r} .
$$

Thus,

$$
u^{1}(x) \geq e^{-A} m\left(r_{1}\right)+\left(1-e^{-A}\right) m\left(r_{3}\right)-\left(1-e^{-A}\right) \epsilon .
$$

The second assertion of the theorem now follows from taking $\epsilon \rightarrow 0^{+}$and the proof of Theorem is completed.

Example 1 Let us comment on the existence of $p$-harmonic mappings satisfying assumptions (22) and (23) of Theorem. In order to do so, we employ radial $p$-harmonic mappings, cf. Lemma 1 and discussion in Sect. 2. Under the notation of Theorem, let us suppose that $1<p<2$ and $u=H(|x|) x$ is a radial $p$-harmonic mapping in $\Omega \subset \mathbb{R}^{n}$ such that $H\left(x_{0}\right)=0$ for $x_{0} \in \Omega$. Then (22) reads:

$$
|H(|x|)|\left|x_{1}\right| \geq C|x|^{\alpha} \quad \text { for } x \in \mathbb{R}^{n} \backslash B_{r_{2}}\left(x_{0}\right) .
$$

For instance, let $\Omega$ be such that $\operatorname{dist}\left(\Omega,\left\{x \in \mathbb{R}^{n}: x_{1}=0\right\}\right)>c$ and $H(|x|)=|x|^{\frac{2-p-n}{p-1}}+1$, then computations at (30) reveal that $u=H(|x|) x$ is $p$-harmonic in $\Omega$ and the above condition holds for $\alpha=\left|\frac{2-p-n}{p-1}\right|$, see also Adamowicz [1, Chapter 4.1] for further discussion on radial $p$-harmonics.

As for $p>2$ and assumption (23), recall that by the proof of Lemma 1 we have that

$$
\left|\nabla u^{1}\right|^{2}=\left(H^{\prime}\right)^{2} x_{1}^{2}+2 H H^{\prime} \frac{x_{1}^{2}}{r}+H^{2}=\frac{x_{1}^{2}}{r^{2}}\left(\frac{H^{\prime}}{H}+1\right)^{2}+1-\frac{x_{1}^{2}}{r^{2}} \geq 1-\frac{x_{1}^{2}}{r^{2}} .
$$

From this we infer, that $\left|\nabla u^{1}\right|>c$ follows from $\left(1-\frac{x_{1}^{2}}{r^{2}}\right)^{1 / 2}>c$, which in turn is satisfied e.g. if $\Omega$ is contained in cone-type domain $\left\{x \in \mathbb{R}^{n}: \frac{x_{1}^{2}}{r^{2}}<1-c\right\}$ provided that $0<c<1$.

Remark 2 For $1<p<2$, Theorem can be proven in a modified version with radius $r_{3}=r_{2}$ and without imposing the growth condition (22). Namely, for the proof of the first assertion we define function [cf. (42)]:

$$
\phi(t):=-\log \left(\frac{M\left(r_{3}\right)-t+1}{M\left(r_{3}\right)-M\left(r_{1}\right)+1}\right) \quad \text { for } t \in\left(-\infty, M\left(r_{3}\right)\right),
$$

and the analogous function for the proof of the second assertion, cf. (49). Then $\left\|\phi^{\prime}\right\|_{L^{\infty}}<1$ and estimate (47) simplifies as follows:

$$
\left(\sup _{B_{r}} \phi\left(u^{1}\right)\right)^{p} \leq C\left(p, n, c, C_{S}\right)\left(1+r_{2}^{n}+\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}^{2 p}\right) \max \left\{1, r_{2}^{p-n}\right\} .
$$

In such a case no additional growth restriction on $u^{1}$ is needed. However, the first assertion of Theorem takes the form:

$$
M(r) \leq C M\left(r_{1}\right)+(1-C) M\left(r_{2}\right)+1-C,
$$

where $C=C\left(n, p, c_{S}, r_{1}, r_{2}, c,\|D u\|_{L^{p}\left(B_{2 r_{2}}\right)}^{2 p}\right)$.
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