## **CLINICAL QUIZ**

## An atypical case of acute kidney injury: Questions

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Received: 6 March 2015 / Revised: 9 March 2015 / Accepted: 10 March 2015 / Published online: 15 April 2015 © IPNA 2015

**Keywords** Acute kidney injury · Hypocomplementemia · *S. pneumoniae* infection · Atypical · Renal function analysis

## Case

A previously healthy 9-month-old boy presented to the hospital with a 10-day history of decreased energy, feeding difficulties, maculopapular rash, vomiting, and fever. He had been diagnosed with pneumonia and started on oral amoxicillin 2 days before hospital admission. On physical examination, he had a rectal temperature of 38.5 °C, a pulse of 134 beats per minute, and a blood pressure of 118/69 mmHg. He had mild intercostal retractions with abdominal breathing and decreased air entry at the left base. He had mild periorbital edema and a maculopapular rash on the trunk and upper extremities. He was started on intravenous (IV) fluids because of clinical signs of dehydration (estimated body weight loss of 5-10 %). A chest X-ray confirmed a left lower lobe pneumonia with moderate effusion, his antibiotics were changed to IV cefuroxime and vancomycin, and he was admitted to the hospital. Overnight he developed non-bloody diarrhea.

While his urine output was within normal limits, his initial renal function analysis revealed a slightly elevated serum creatinine (SCr) of 48  $\mu$ mol/L and a blood urea of 12.1 mmol/L,

The answers to these questions can be found at http://dx.doi.org/10.1007/s00467-015-3092-8

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likely due to dehydration. The white cell and platelet counts were normal at  $4.83 \times 10^9$  and  $302 \times 10^9$ /L, respectively; hemoglobin was decreased to 105 g/L. Urinalysis was negative for protein, blood, and nitrites. A repeat blood test performed 24 h later showed a rise in SCr to 60  $\mu$ mol/L and in blood urea to 17.6 mmol/L. Subsequently, his hemoglobin dropped to 73 g/L and his platelets dropped to  $19\times 10^9$ /L. Further work-up revealed an elevated lactate dehydrogenase at 20,494 (normal values 500–900) U/L, a negative Coombs test, and schistocytes on blood smear. Blood cultures and urine cultures remained sterile; C3 and C4 complement levels were still pending at this time.

The patient was subsequently admitted to the intensive care unit where his urine output started to drop. He became completely anuric on Day 1 after admission, and his SCr and blood urea progressively increased over time, reaching a maximum of 182 and 29.4 mmol/L, respectively. Progressive uremia, ongoing anuria, and fluid overload prompted the initiation of hemodialysis via a central line on Day 2 after admission. Daily hemodialysis was required for 2 weeks due to severe anuria which was accompanied by elevated SCr. During that period, the antibiotic regimen was changed to IV ceftriaxone. He required three packed red cell transfusions and two platelet transfusions due to ongoing anemia and thrombocytopenia. In addition, amlodipine was initiated to control his hypertension. The C3 and C4 complement levels were low on two occasions, with C3 at 0.57 and 0.49 (normal values 0.7–1.8) g/L and C4 at 0.06 and 0.06 (normal values 0.15-0.45) g/L, respectively.

## Questions

- 1. What is the diagnosis?
- 2. What other tests could be performed to help confirm diagnosis?
- 3. How should the patient be treated?

