



Correction to: Combined resistance and aerobic exercise training reduces insulin resistance and central adiposity in adolescent girls who are obese: randomized clinical trial

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The incorrect IRB number under “Participants” section was accidentally reported. The text was incorrect and should have no IRB#, since this study was performed in 2009. South Korea’s IRB was initiated in 2013, therefore, an approved IRB was not required to carry out these research procedures. However, data collection and all the procedures were appropriately performed in accordance with the Declaration of Helsinki, and informed consent from each participant was

still received despite no IRB approval requirements for study initiation. Therefore, there were no ethical violations or issues for the study. We apologize for this error.

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