



## Correction to: Low-phytate wholegrain bread instead of high-phytate wholegrain bread in a total diet context did not improve iron status of healthy Swedish females: a 12 week, randomized, parallel-design intervention study

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### Correction to:

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Due to author error the paper was published with a statistical fault.

The “Results” section in the abstract should read: “Fifty-five females completed the study. There was a significant difference in change over time in total body iron stores between the two groups ( $p < 0.035$ ). In the low-phytate bread group ( $n = 24$ ) there were significant within-group decreases in both ferritin (mean 12%; from  $32 \pm 7$  to  $27 \pm 6$   $\mu\text{g/L}$ , geometric mean  $\pm$  SEM,  $p < 0.018$ ) and total body iron (mean 12%; from  $6.9 \pm 1.4$  to  $5.4 \pm 1.1$  mg/kg,  $p < 0.035$ ). Plasma alkylresorcinols indicated that most subjects complied with the intervention”.

The first sentence in the “Conclusions” section in the abstract should read: “In Swedish females of reproductive age, no statistically significant difference in iron status was detected after 12 weeks of high-phytate wholegrain bread consumption”.

The “Post-intervention iron status” Result section should read: “Following 12 weeks of intervention there was a significant difference in change over time in total body iron stores between the two groups ( $p < 0.035$ , Table 1). Within the low-phytate bread group there were a decrease in S-ferritin ( $p < 0.018$ ) and amount of body iron reserves ( $p < 0.035$ ).”

Also, Table 1 and 2 should state the actual  $p$  values, and not just NS (not significant). Thus, revised tables are provided. Accordingly, the  $p$  value for change over time in dietary phytate-P intake for the high-phytate bread group in Fig. 2 should state “ $p = 0.106$ ”.

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The original article can be found online at <https://doi.org/10.1007/s00394-018-1722-1>.

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**Table 1** Data at baseline and after 12 weeks of intervention

	High-phytate bread group ( <i>n</i> = 31)			Low-phytate bread group ( <i>n</i> = 24)			<i>p</i> value (between groups)
	Baseline	Post-intervention	<i>p</i> value (within group)	Baseline	Post-intervention	<i>p</i> value (within group)	
BMI (kg/m <sup>2</sup> )	22.6 ± 0.6	22.8 ± 0.6	0.326	21.7 ± 0.5	21.8 ± 0.5	0.145	0.774
Hb (g/L)	134 ± 1	136 ± 1	0.155	132 ± 1	134 ± 1	0.178	0.682
Hepcidin (ng/mL)	11.8 ± 2.4	11.8 ± 2.0	0.704	13.6 ± 2.7	9.5 ± 2.8	0.433	0.343
Ferritin (µg/L)	31 ± 4	32 ± 4	0.859	33 ± 3	27 ± 6	<b>0.018</b>	0.251
TfR (mg/L)	2.7 ± 0.1	2.7 ± 0.1	0.409	2.9 ± 0.1	2.9 ± 0.6	0.489	0.491
Body Fe <sup>a</sup> (mg/kg)	7.0 ± 0.4	7.0 ± 0.5	0.738	6.9 ± 0.4	5.4 ± 0.5	<b>0.035</b>	<b>0.035</b>
Alkyl-resorcinols (mmol/L)	351 ± 52	467 ± 77	0.120	266 ± 68	522 ± 127	<b>0.002</b>	0.139
C17:C21 ratio	0.16 ± 0.02	0.23 ± 0.02	<b>0.018</b>	0.15 ± 0.02	0.29 ± 0.03	<b>0.001</b>	0.051

Subjects were allocated into two groups that either received (on a daily basis) 200 g wholegrain rye flour-based bread natural high in phytates or 200 g dephytinized wholegrain rye flour-based bread. Evaluation was done at baseline and after 12 weeks

Values represent geometric mean ± standard error of the mean (SEM, as italicized values)

Bold values indicate the level of significance  $p \leq 0.05$

<sup>a</sup>Calculation of body iron reserves was based on the ratio between soluble transferrin receptor and serum ferritin [27]

**Table 2** Whole grain intake at baseline and after 12 weeks of intervention

	High-phytate bread group ( <i>n</i> = 31)			Low-phytate bread group ( <i>n</i> = 24)			<i>p</i> value (between groups)
	Baseline	During intervention	<i>p</i> value <sup>3</sup> (within group)	Baseline	During intervention	<i>p</i> value (within group)	
Total WG intake (g/day)	75 ± 47	111 ± 27	<b>0.010</b>	81 ± 51	112 ± 35	0.076	0.696
WG intake in connection with main meals (g/day)	69 ± 43	90 ± 34	<b>0.046</b>	76 ± 49	93 ± 41	0.263	0.622
WG intake when excluding WG from bread (g/day)	42 ± 28	31 ± 28	<b>0.014</b>	43 ± 39	34 ± 34	<b>0.003</b>	0.350
WG intake from total dietary bread (g/day)	27 ± 25	76 ± 6	<b>0.001</b>	30 ± 23	76 ± 6	<b>0.001</b>	0.760
WG intake from bread alone in connection with main meals (g/day)	23 ± 21	55 ± 19	<b>0.001</b>	24 ± 23	55 ± 18	<b>0.001</b>	0.629

Data are presented as geometric mean ± standard error of the mean (SEM, as italicized values)

Bold values indicate the level of significance  $p \leq 0.05$

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