

Erratum to: Water intake: validity of population assessment and recommendations

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Unfortunately, the Table 1 has been incorrectly published in the original publication. The correct table is given below:

Table 1 Recommended adequate intakes for total water (European Food Safety Authority and Institute of Medicine)

	Adequate intake (L/day)			
	EFSA [7]		IOM [10]	
Age	Total water intake	Fluid intake ^a	Total water intake	Fluid intake ^a
0–6 months	0.68 ^b	0.68 ^b	0.70	0.70
6–12 months (IOM 7–12 months)	0.80–1.00	0.64–0.80	0.80	0.60
1–2 years	1.10–1.20	0.88–0.90		
2–3 years	1.30	1.04		
1–3 years			1.30	0.90
4–8 years	1.60	1.28	1.70	1.20
9–13 years				
Boys	2.10	1.68	2.40	1.80
Girls	1.90	1.50	2.10	1.60
>14 years as adults				
Boys	2.50	2.00	3.30	2.60
Girls	2.00	1.60	2.30	1.80
Adults				
Men	2.50	2.00	3.70	2.60
Women	2.00	1.60	2.70	1.80
Pregnant women	+0.30		+0.30	0.10
Lactation women	+0.60 to 0.70		+1.10	0.90
Elderly	As adults	As adults	As adults	As adults

^a 80 % of total water intake; ^b through milk

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