# Sharp capacity estimates for annuli in weighted $\mathbf{R}^{n}$ and in metric spaces 

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#### Abstract

We obtain estimates for the nonlinear variational capacity of annuli in weighted $\mathbf{R}^{n}$ and in metric spaces. We introduce four different (pointwise) exponent sets, show that they all play fundamental roles for capacity estimates, and also demonstrate that whether an end point of an exponent set is attained or not is important. As a consequence of our estimates we obtain, for instance, criteria for points to have zero (resp. positive) capacity. Our discussion holds in rather general metric spaces, including Carnot groups and many manifolds, but it is just as relevant on weighted $\mathbf{R}^{n}$. Indeed, to illustrate the sharpness of our estimates, we give several examples of radially weighted $\mathbf{R}^{n}$, which are based on quasiconformality of radial stretchings in $\mathbf{R}^{n}$.


Keywords Annulus • Doubling measure • Exponent sets • Metric space • Newtonian space • $p$-admissible weight • Poincaré inequality • Quasiconformal mapping • Radial weight • Sobolev space - Variational capacity

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## 1 Introduction

Our aim in this paper is to give sharp estimates for the variational p-capacity of annuli in metric spaces. Such estimates play an important role for instance in the study of singular solutions and Green functions for (quasi)linear equations in (weighted) Euclidean spaces and in more general settings, such as subelliptic equations associated with vector fields and on Heisenberg groups, see e.g. Serrin [37], Capogna et al. [15], and Danielli et al. [16] for discussion and applications. Recall that analysis and nonlinear potential theory (including capacities) have during the last two decades been developed on very general metric spaces, including compact Riemannian manifolds and their Gromov-Hausdorff limits, and CarnotCarathéodory spaces.

Sharp capacity estimates depend in a crucial way on good bounds for the (relative) measures of balls. For instance, recall that for $0<2 r \leq R$, the variational $p$-capacity $\operatorname{cap}_{p}(B(x, r), B(x, R))$ of the annulus $B(x, R) \backslash B(x, r)$ in (unweighted) $\mathbf{R}^{n}$ is comparable to $r^{n-p}$ if $p<n$ and to $R^{n-p}$ if $p>n$, see e.g. Example 2.12 in Heinonen et al. [24]. In both cases, $r^{n}$ and $R^{n}$ are comparable to the Lebesgue measure of one of the balls defining the annulus. For $p=n$, the $p$-capacity contains a logarithmic term of the ratio $R / r$. Thus, the dimension $n$ (or rather the way in which the Lebesgue measure scales on balls with different radii) determines (together with $p$ ) the form of the estimates for the $p$-capacity of annuli.

If $X=(X, d, \mu)$ is a metric space equipped with a doubling measure $\mu$ (i.e. $\mu(2 B) \leq$ $C \mu(B)$ for all balls $B \subset X)$, then an iteration of the doubling condition shows that there exist $q>0$ and $C>0$ such that

$$
\frac{\mu(B(x, r))}{\mu(B(x, R))} \geq C\left(\frac{r}{R}\right)^{q}
$$

for all $x \in X$ and $0<r<R$. In addition, a converse estimate, with some exponent $0<q^{\prime} \leq q$, holds under the assumption that $X$ is connected (see Sect. 2 for details). Motivated by these observations, we introduce the following exponent sets for $x \in X$ :

$$
\begin{aligned}
& \underline{Q}_{0}(x):=\left\{q>0 \text { : there is } C_{q} \text { so that } \frac{\mu(B(x, r))}{\mu(B(x, R))} \leq C_{q}\left(\frac{r}{R}\right)^{q} \text { for } 0<r<R \leq 1\right\}, \\
& \underline{S}_{0}(x):=\left\{q>0 \text { : there is } C_{q} \text { so that } \mu(B(x, r)) \leq C_{q} r^{q} \text { for } 0<r \leq 1\right\}, \\
& \bar{S}_{0}(x):=\left\{q>0 \text { : there is } C_{q}>0 \text { so that } \mu(B(x, r)) \geq C_{q} r^{q} \text { for } 0<r \leq 1\right\}, \\
& \bar{Q}_{0}(x):=\left\{q>0 \text { : there is } C_{q}>0 \text { so that } \frac{\mu(B(x, r))}{\mu(B(x, R))} \geq C_{q}\left(\frac{r}{R}\right)^{q} \text { for } 0<r<R \leq 1\right\} .
\end{aligned}
$$

Here the subscript 0 refers to the fact that only small radii are considered; we shall later define similar exponent sets with large radii as well. In general, all of these sets can be different, as shown in Examples 3.2 and 3.4.

The above exponent sets turn out to be of fundamental importance for distinguishing between the cases in which the sharp estimates for capacities are different, in a similar way as the dimension in $\mathbf{R}^{n}$ does. Let us mention here that Garofalo and Marola [19] defined a pointwise dimension $q(x)$ (called $Q(x)$ therein) and established certain capacity estimates for the cases $p<q(x), p=q(x)$ and $p>q(x)$. In our terminology their $q(x)=\sup \underline{Q}(x)$, where $\underline{Q}(x)$ is a global version of $\underline{Q}_{0}(x)$, see Sect. 2. However, it turns out that the situation is in fact even more subtle than indicated in [19], since actually all of the above exponent sets are needed to obtain a complete picture of capacity estimates. Our purpose is to provide a unified approach which not only covers (and in many cases improves) all the previous capacity estimates in the literature, but also takes into account the cases that have been overlooked
in the past. We also indicate via Propositions 9.1 and 9.2 and numerous examples that our estimates are both natural and, in most cases, optimal. In addition, we hope that our work offers clarity and transparency also to the proofs of the previously known results.

The following are some of our main results. Here and later we often drop $x$ from the notation of the exponent sets when the point is fixed, and moreover write e.g. $B_{r}=B(x, r)$. For simplicity, we state the results here under the standard assumptions of doubling and a Poincaré inequality, but in fact less is needed, as explained below. Throughout the paper, we write $a \lesssim b$ if there is an implicit constant $C>0$ such that $a \leq C b$, where $C$ is independent of the essential parameters involved. We also write $a \gtrsim b$ if $b \lesssim a$, and $a \simeq b$ if $a \lesssim b \lesssim a$. In particular, in Theorems 1.1 and 1.2 below the implicit constants are independent of $r$ and $R$, but depend on $R_{0}$.

Theorem 1.1 Let $0<R_{0}<\frac{1}{4} \operatorname{diam} X, 1 \leq p<\infty$, and assume that the measure $\mu$ is doubling and supports a p-Poincaré inequality.
(a) If $p \in \operatorname{int} \underline{Q}_{0}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq \frac{\mu\left(B_{r}\right)}{r^{p}} \text { whenever } 0<2 r \leq R \leq R_{0} . \tag{1.1}
\end{equation*}
$$

(b) If $p \in \operatorname{int} \bar{Q}_{0}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq \frac{\mu\left(B_{R}\right)}{R^{p}} \text { whenever } 0<2 r \leq R \leq R_{0} \tag{1.2}
\end{equation*}
$$

Moreover, if (1.1) holds, then $p \in \underline{Q}_{0}$, while if (1.2) holds, then $p \in \bar{Q}_{0}$.
Here and elsewhere int $Q$ denotes the interior of a set $Q$. Already unweighted $\mathbf{R}^{n}$ shows that $r$ needs to be bounded away from $R$ in order to have the upper bounds in (1.1) and (1.2) (hence $2 r \leq R$ above), and that the lower estimate in (1.1) [resp. (1.2)] does not hold in general when $p \geq \sup \underline{Q}_{0}$ (resp. $p \leq \inf \bar{Q}_{0}$ ), even if the borderline exponent is in the respective set. In these borderline cases $p=\max \underline{Q}_{0}$ and $p=\min \bar{Q}_{0}$ we instead obtain the following estimates involving logarithmic factors.

Theorem 1.2 Let $0<R_{0}<\frac{1}{4} \operatorname{diam} X$, and assume that the measure $\mu$ is doubling and supports a $p_{0}$-Poincaré inequality for some $1 \leq p_{0}<p$.
(a) If $p=\max \underline{Q}_{0}$ and $0<2 r \leq R \leq R_{0}$, then

$$
\begin{equation*}
\frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p} . \tag{1.3}
\end{equation*}
$$

(b) If $p=\min \bar{Q}_{0}$ and $0<2 r \leq R \leq R_{0}$, then

$$
\begin{equation*}
\frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p} \tag{1.4}
\end{equation*}
$$

Moreover, if the lower bound in (1.3) holds, then $p \leq \sup \underline{Q}_{0}$, and if the lower bound in (1.4) holds, then $p \geq \inf \bar{Q}_{0}$.

See also (7.1) and (7.2) for improvements of the upper estimates of Theorem 1.2. Actually, Theorem 1.2 (a) holds for all $p \in \underline{Q}_{0}$ [resp. (b) for all $\left.p \in \bar{Q}_{0}\right]$, but for $p$ in the interior of the respective exponent sets Theorem 1.1 gives better estimates. Let us also mention that for $p$ in between the $Q$-sets we obtain yet other estimates depending on how close $p$ is to the
corresponding $Q$-set, see Propositions 5.1 and 6.2. Also these estimates are sharp, as shown by Proposition 9.1.

We give related capacity estimates in terms of the $S$-sets as well. In particular, we obtain the following almost characterization of when points have zero capacity. Here $C_{p}(E)$ is the Sobolev capacity of $E \subset X$.

Proposition 1.3 Assume that $X$ is complete and that $\mu$ is doubling and supports a p-Poincaré inequality. Let $B \ni x$ be a ball with $C_{p}(X \backslash B)>0$.

If $1 \leq p \notin \bar{S}_{0}$ or $1<p \in \underline{S}_{0}$, then $C_{p}(\{x\})=\operatorname{cap}_{p}(\{x\}, B)=0$.
Conversely, if $p \in \operatorname{int} \bar{S}_{0}$, then $C_{p}(\{x\})>0$ and $\operatorname{cap}_{p}(\{x\}, B)>0$.
In the remaining borderline case, when $p=\min \bar{S}_{0} \notin \underline{S}_{0}$, we show that the capacity can be either zero or nonzero, depending on the situation, and thus the $S$-sets are not refined enough to give a complete characterization.

We also obtain similar results in terms of the $S_{\infty}$-sets, which can be used to determine if the space $X$ is $p$-parabolic or $p$-hyperbolic; see Sect. 8 for details.

For most of our estimates it is actually enough to require that $\mu$ is both doubling and reverse-doubling at the point $x$, and that a Poincaré inequality holds for all balls centred at $x$. Moreover, Poincaré inequalities and reverse-doubling are only needed when proving the lower bounds for capacities. It is however worth pointing out that the examples showing the sharpness of our estimates are based on $p$-admissible weights on $\mathbf{R}^{n}$, and so, even though our results hold in very general metric spaces, it is essential to distinguish the cases and define the exponent sets, as we do, already in weighted $\mathbf{R}^{n}$. We construct our examples with the help of a general machinery concerning radial weights, explained in Sect. 10.

Let us now give a brief account on some of the earlier results in the literature. On unweighted $\mathbf{R}^{n}$, where $\underline{Q}_{0}=\underline{S}_{0}=(0, n]$ and $\bar{Q}_{0}=\bar{S}_{0}=[n, \infty)$, similar estimates (and precise calculations) are well known, see e.g. Example 2.11 in Heinonen et al. [24], which also contains an extensive treatise of potential theory on weighted $\mathbf{R}^{n}$, including integral estimates for $A_{p}$-weighted capacities with $p>1$ (Theorems 2.18 and 2.19 therein). Theorem 3.5.6 in Turesson [41] provides essentially our estimates for $p=1$ and $A_{1}$-weighted capacities in $\mathbf{R}^{n}$. Estimates for general weighted Riesz capacities in $\mathbf{R}^{n}$ (including those equivalent to our capacities) were in somewhat different terms given in Adams [3, Theorem 6.1].

If the radii of the balls $B_{r}$ and $B_{R}$ are comparable, say $R=2 r$, then it is well known that the estimate $\operatorname{cap}_{p}\left(B_{r}, B_{2 r}\right) \simeq \mu\left(B_{r}\right) r^{-p}$ holds (with implicit constants independent of $x$ ) in metric spaces satisfying the doubling condition and a $p$-Poincaré inequality, see e.g. [24, Lemma 2.14] for weighted $\mathbf{R}^{n}$ and Björn [12, Lemma 3.3] or Björn and Björn [5, Proposition 6.16].

Garofalo and Marola [19, Theorems 3.2 and 3.3] obtained essentially part (a) of our Theorem 1.1 using an approach different from ours. For the case $p=q(x):=\sup \underline{Q}(x)$ they also gave estimates which are similar to part (a) of Theorem 1.2. However, they implicitly require that $q(x) \in \underline{Q}(x)$ [i.e. $q(x)=\max \underline{Q}(x)]$ in their proofs, and their estimates may actually fail if $q(x) \notin \underline{Q}(x)$, as shown by Example 9.4 (c) below; the same comment applies to their estimates in the case $p>q(x)$ as well. There also seems to be a slight problem in the proof of their lower bounds, since the second displayed line at the beginning of the proof of Theorem 3.2 in [19] does not in general follow from the first line, as can be seen by considering e.g. $u(x)=\max \{0, \min \{1,1+j(r-|x|)\}\}$ in $\mathbf{R}^{n}$ and letting $j \rightarrow \infty$. Instead, this estimate can be derived directly from a 1-Poincaré inequality (see Mäkäläinen [35]), which is a stronger assumption than the $p$-Poincaré inequality assumed in [19] (and in the present work).

Also Adamowicz and Shanmugalingam [2] have given related estimates in metric spaces. They state their results in terms of the $p$-modulus of curve families, but it is known that the $p$-modulus coincides with the variational $p$-capacity, provided that $X$ is complete and $\mu$ is doubling and supports a $p$-Poincaré inequality, see e.g. Heinonen and Koskela [26], Kallunki and Shanmugalingam [31] and Adamowicz et al. [1]. In the setting considered in [2] this equivalence is not known in general. While it is always true that the $p$-modulus is majorized by the variational $p$-capacity, the converse is only known under the assumption of a $p$-Poincaré inequality, which is not required for the upper bounds in [2] nor here. At the same time, the test functions in [2] are admissible also for cap $_{p}$, showing that their estimates apply also to the variational $p$-capacity. For $p \in$ int $\underline{Q}_{0}$, Theorem 3.1 in [2] provides an upper bound that can be seen to be weaker than (1.1). In the borderline case $p=\max \underline{Q}_{0}$ (when it is attained), the upper estimate (3.6) in [2] coincides with our (5.1). Under the assumption that the space $X$ is Ahlfors $Q$-regular and supports a $p$-Poincaré inequality, they also prove lower bounds for capacities. For $p>Q$, the lower bound in [2, Theorem 4.3] coincides with the one in Theorem 1.1 (b), but for $p \leq Q$ the lower bound in [2, Theorem 4.9] is weaker than our estimates (1.1) and (1.3).

Neither [2] nor [19] contain any results similar to ours for $p \in \bar{Q}_{0}$, or in terms of $q \in \bar{Q}_{0}$ for $p \notin \bar{Q}_{0}$, or involving the $S$-sets.

As mentioned above, $p$-capacity and $p$-modulus estimates are closely related, and our estimates trivially give estimates for the $p$-modulus in all cases when they coincide, e.g. when $X$ is complete and $\mu$ is doubling and supports a $p$-Poincaré inequality, see above. Moreover, our upper estimates are trivially upper bounds of the $p$-modulus in all cases. We do not know if our lower estimates of the capacity are also lower bounds for the $p$-modulus, but neither do we know of any example when the $p$-modulus is strictly smaller than the $p$-capacity.

Let us also mention that earlier capacity estimates in Carnot groups and CarnotCarathéodory spaces can be found in Heinonen and Holopainen [23] and in Capogna et al. [15], respectively. In [15], the estimates are then applied to yield information on the behaviour of singular solutions of certain quasilinear equations near the singularity; see also Danielli et al. [16] for related results in more general settings. In addition, Holopainen and Koskela [29] provided a lower bound for the variational capacity in terms of the volume growth in Riemannian manifolds, as well as some related estimates in general metric spaces, which in turn are related to the parabolicity and hyperbolicity of the space. Capacities defined by nonlinear potentials on homogeneous groups were considered by Vodop' yanov [43] and some estimates in terms of $A_{p}$-weights were given in Proposition 2 therein.

The outline of the paper is as follows: In Sect. 2 we introduce some basic terminology and discuss the exponent sets under consideration in this paper, while in Sect. 3 we give some key examples demonstrating various possibilities for the exponent sets. These examples will later, in Sect. 9, be used to show sharpness of our estimates.

In Sect. 4 we introduce the necessary background for metric space analysis, such as capacities and Newtonian (Sobolev) spaces based on upper gradients. Towards the end of the section we obtain a few new results and also the basic estimate used to obtain all our lower capacity bounds (Lemma 4.9).

Sections 5, 6, 7 and 8 are all devoted to the various capacity estimates. In Sect. 5 we obtain upper bounds, which are easier to obtain than lower bounds and in particular require less assumptions on the space. Lower bounds related to the $Q$-sets are established in Sects. 6 and 7, the latter containing some more involved borderline cases, while in Sect. 8 we study (upper and lower) estimates in terms of the $S$-sets and in particular prove Proposition 1.3 and the parabolicity/hyperbolicity results mentioned above.

The sharpness of most of our estimates (but for some borderline cases) is demonstrated in Sect. 9. Here we extend our discussion of the examples introduced in Sect. 3 by using the capacity formula for radial weights on $\mathbf{R}^{n}$ given in Proposition 10.8. This formula enables us to compute explicitly the capacities in the examples, and thus we can make comparisons with the bounds given by the more general estimates from Sects. 5, 6, 7 and 8. We also obtain stronger and more theoretical sharpness results in Propositions 9.1 and 9.2.

The final Sect. 10 is devoted to proving the capacity formula mentioned above, and along the way we obtain some new results on quasiconformality of radial stretchings and on $p$ admissibility of radial weights.

## 2 Exponent sets

We assume throughout the paper that $1 \leq p<\infty$ and that $X=(X, d, \mu)$ is a metric space equipped with a metric $d$ and a positive complete Borel measure $\mu$ such that $0<\mu(B)<\infty$ for all balls $B \subset X$. We adopt the convention that balls are nonempty and open. The $\sigma$-algebra on which $\mu$ is defined is obtained by the completion of the Borel $\sigma$-algebra. It follows that $X$ is separable.

Definition 2.1 We say that the measure $\mu$ is doubling at $x$, if there is a constant $C>0$ such that whenever $r>0$, we have

$$
\begin{equation*}
\mu(B(x, 2 r)) \leq C \mu(B(x, r)) \tag{2.1}
\end{equation*}
$$

Here $B(x, r)=\{y \in X: d(x, y)<r\}$. If (2.1) holds with the same constant $C>0$ for all $x \in X$, we say that $\mu$ is (globally) doubling.

The global doubling condition is often assumed in the metric space literature, but for our estimates it will be enough to assume that $\mu$ is doubling at $x$. Indeed, this will be a standing assumption for us from Sect. 5 onward.

Definition 2.2 We say that the measure $\mu$ is reverse-doubling at $x$, if there are constants $\gamma, \tau>1$ such that

$$
\begin{equation*}
\mu(B(x, \tau r)) \geq \gamma \mu(B(x, r)) \tag{2.2}
\end{equation*}
$$

holds for all $0<r \leq \operatorname{diam} X / 2 \tau$.
If $X$ is connected (or uniformly perfect) and $\mu$ is globally doubling, then $\mu$ is also reversedoubling at every point, with uniform constants; see e.g. Corollary 3.8 in [5]. If $\mu$ is merely doubling at $x$, then the reverse-doubling at $x$ does not follow automatically and has to be imposed separately whenever needed.

If both (2.1) and (2.2) hold, then an iteration of these conditions shows that there exist $q, q^{\prime}>0$ and $C, C^{\prime}>0$ such that

$$
\begin{equation*}
C^{\prime}\left(\frac{r}{R}\right)^{q^{\prime}} \leq \frac{\mu(B(x, r))}{\mu(B(x, R))} \leq C\left(\frac{r}{R}\right)^{q} \tag{2.3}
\end{equation*}
$$

whenever $0<r \leq R<2 \operatorname{diam} X$. More precisely, the doubling inequality (2.1) leads to the first inequality, while the reverse-doubling (2.2) yields the second inequality of (2.3). Recall also that the measure $\mu$ (and also the space $X$ ) is said to be Ahlfors $Q$-regular if $\mu(B(x, r)) \simeq r^{Q}$ for every $x \in X$ and all $0<r<2 \operatorname{diam} X$. This in particular implies that (2.3) holds with $q=q^{\prime}=Q$.

The inequalities in (2.3) will be of fundamental importance to us. Note that in (2.3) one necessarily has $q^{\prime} \geq q$ and that there can be a gap between the exponents, as demonstrated by Example 3.2 below. Garofalo and Marola [19] introduced the pointwise dimension $q(x)$ (called $Q(x)$ therein) as the supremum of all $q>0$ such that the second inequality in (2.3) holds for some $C_{q}>0$ and all $0<r \leq R<\operatorname{diam} X$. Furthermore, Adamowicz et al. [1] defined the pointwise dimension set $Q(x)$ consisting of all $q>0$ for which there are constants $C_{q}>0$ and $R_{q}>0$ such that the second inequality in (2.3) holds for all $0<r \leq R \leq R_{q}$. It was shown in [1, Example 2.3] that it is possible to have $Q(x)=(0, q)$ for some $q$, that is, the end point $q$ need not be contained in the interval $Q(x)$. Alternatively see Example 3.1 below.

For us it will be important to make even further distinctions. We consider the exponent sets $\underline{Q}_{0}, \underline{S}_{0}, \bar{S}_{0}$ and $\bar{Q}_{0}$ from the introduction. The pointwise dimension of Garofalo and Marola [19] is then $q(x)=\sup Q(x)$, where $\underline{Q}(x)$ is a global version of $\underline{Q}_{0}(x)$ (see below for the precise definition), and the pointwise dimension set of [1] is $Q(x)=\underline{Q}_{0}(x)$ (to see this, one should also appeal to Lemma 2.5). Recall that we often drop $x$ from the notation, and write $B_{r}=B(x, r)$.

If $\mu$ is doubling at $x$ (resp. reverse-doubling at $x$ ), then $\bar{Q}_{0} \neq \varnothing$ (resp. $\underline{Q}_{0} \neq \varnothing$ ), by (2.3). The sets $\underline{Q}_{0}$ and $\underline{S}_{0}$ are then intervals of the form $(0, q)$ or $(0, q]$, whereas $\bar{Q}_{0}$ and $\bar{S}_{0}$ are intervals of the form $(q, \infty)$ or $[q, \infty)$. Whether the end point is or is not included in the respective intervals will be important in many situations.

We start our discussion of the exponent sets by three lemmas concerning their elementary properties. Note that Lemmas 2.3-2.5 and 2.8 hold for arbitrary measures, without assuming any type of doubling.

Lemma 2.3 It is true that

$$
\underline{Q}_{0} \subset \underline{S}_{0} \quad \text { and } \quad \bar{Q}_{0} \subset \bar{S}_{0} .
$$

Moreover, $\underline{S}_{0} \cap \bar{S}_{0}$ contains at most one point, and when it is nonempty, $\underline{Q}_{0}=\underline{S}_{0}$ and $\bar{Q}_{0}=\bar{S}_{0}$.

Proof If $q \in \underline{Q}_{0}$, then $\mu\left(B_{r}\right) \leq C_{q} \mu\left(B_{1}\right) r^{q}$, and thus $q \in \underline{S}_{0}$. Similarly $\bar{Q}_{0} \subset \bar{S}_{0}$.
For the second part, let $q \in \underline{S}_{0} \cap \bar{S}_{0}$. Then $\mu\left(B_{r}\right) \simeq r^{q}$ and it follows that $q \in \underline{Q}_{0}$ and $q \in \bar{Q}_{0}$. That $\underline{Q}_{0}=\underline{S}_{0}$ and $\bar{Q}_{0}=\bar{S}_{0}$ thus follows from the first part.

The following two lemmas show that the bound 1 on the radii in the definitions of the exponent sets can equivalently be replaced by any other fixed bound $R_{0}$. They also provide formulas for the borderline exponents in the $S$-sets and estimates for the borderline exponents in the $Q$-sets. Examples 2.6 and 2.7 show that finding the exact end points of the $Q$-sets may be rather subtle.

Lemma 2.4 Let $q, R_{0}>0$. Then $q \in \underline{S}_{0}$ if and only if there is a constant $C>0$ such that

$$
\begin{equation*}
\mu\left(B_{r}\right) \leq C r^{q} \text { for } 0<r \leq R_{0} . \tag{2.4}
\end{equation*}
$$

Similarly, $q \in \bar{S}_{0}$ if and only if there is a constant $C>0$ such that

$$
\mu\left(B_{r}\right) \geq C r^{q} \text { for } 0<r \leq R_{0} .
$$

Furthermore, let

$$
q_{0}=\liminf _{r \rightarrow 0} \frac{\log \mu\left(B_{r}\right)}{\log r} \text { and } q_{1}=\limsup _{r \rightarrow 0} \frac{\log \mu\left(B_{r}\right)}{\log r} \text {. }
$$

Then $\underline{S}_{0}=\left(0, q_{0}\right)$ or $\underline{S}_{0}=\left(0, q_{0}\right]$, and $\bar{S}_{0}=\left(q_{1}, \infty\right)$ or $\bar{S}_{0}=\left[q_{1}, \infty\right)$.
Proof For the first part, assume that $q \in \underline{S}_{0}$. We may assume that $R_{0}>1$. If $1 \leq r<R_{0}$, then

$$
\mu\left(B_{r}\right) \leq \mu\left(B_{R_{0}}\right) \leq \mu\left(B_{R_{0}}\right) r^{q},
$$

i.e. (2.4) holds with $C:=\max \left\{C_{q}, \mu\left(B_{R_{0}}\right)\right\}$. The converse implication is proved similarly.

For the last part, after taking logarithms we see that $q \in \underline{S}_{0}$ if and only if there is $C_{q}$ such that

$$
q \leq \frac{\log \mu\left(B_{r}\right)}{\log r}-\frac{\log C_{q}}{\log r} \text { for } 0<r<1
$$

which is easily seen to be possible if $q<q_{0}$, and impossible if $q>q_{0}$. The proofs for $\bar{S}_{0}$ are similar.

Lemma 2.5 Let $q, R_{0}>0$. Then $q \in \underline{Q}_{0}$ if and only if there is a constant $C>0$ such that

$$
\begin{equation*}
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \leq C\left(\frac{r}{R}\right)^{q} \text { for } 0<r<R \leq R_{0} \tag{2.5}
\end{equation*}
$$

The corresponding statement for $\bar{Q}_{0}$ is also true.
Assume furthermore that $f(r):=\mu\left(B_{r}\right)$ is locally absolutely continuous on $(0, \infty)$ and let

$$
\underline{q}=\operatorname{ess} \lim _{r \rightarrow 0} \inf \frac{r f^{\prime}(r)}{f(r)} \quad \text { and } \bar{q}=\underset{r \rightarrow 0}{\operatorname{ess}} \limsup \frac{r f^{\prime}(r)}{f(r)}
$$

Then

$$
(0, \underline{q}) \subset \underline{Q}_{0} \subset(0, \bar{q}] \text { and }(\bar{q}, \infty) \subset \bar{Q}_{0} \subset[\underline{q}, \infty)
$$

The following example shows that the assumption that $f$ is locally absolutely continuous in Lemma 2.5 is not redundant.

Example 2.6 Let $X$ be the usual Cantor ternary set, defined as a subset of $[0,1]$ and equipped with the normalized $d$-dimensional Hausdorff measure $\mu$ with $d=\log 2 / \log 3$. Let $x=0$. Then $f(r)=\mu\left(B_{r}\right)$ will be the Cantor staircase function which is not absolutely continuous. (See Dovgoshey et al. [18] for the history of the Cantor staircase function.) At the same time, $\mu$ is Ahlfors $d$-regular and hence $\underline{S}_{0}=\underline{Q}_{0}=(0, d]$ and $\bar{S}_{0}=\bar{Q}_{0}=[d, \infty)$, while $\underline{q}=\bar{q}=0$.

On the other hand if $X=\mathbf{R}^{n}$ is equipped with a weight $w$ and $d \mu=w d x$, then $f$ automatically is locally absolutely continuous. In particular, this is true if $w$ is a $p$-admissible weight. We do not know if $f$ is always locally absolutely continuous whenever $\mu$ is both globally doubling and supports a global Poincaré inequality.

Proof of Lemma 2.5 We prove that $q \in \underline{Q}_{0}$ implies (2.5). The proofs of the converse implication and for $\bar{Q}_{0}$ are similar. We may assume that $R_{0}>1$. If $1 \leq r<R \leq R_{0}$, then

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \leq 1=R_{0}^{q}\left(\frac{1}{R_{0}}\right)^{q} \leq R_{0}^{q}\left(\frac{r}{R}\right)^{q}
$$

For $r \leq 1 \leq R \leq R_{0}$ we instead have

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \leq \frac{\mu\left(B_{r}\right)}{\mu\left(B_{1}\right)} \leq C_{q} r^{q} \leq C_{q} R_{0}^{q}\left(\frac{r}{R}\right)^{q}
$$

Thus, (2.5) holds whenever $R \geq 1$. For $R \leq 1$ the claim follows directly from the assumption $q \in Q_{0}$.

Next assume that $f$ is locally absolutely continuous and let $q \in(0, \underline{q})$. Then $h(r)=$ $\log f(r)$ is also locally absolutely continuous and $h^{\prime}(r)=f^{\prime}(r) / f(r)$. By assumption there is $\widetilde{R}$ such that $\rho h^{\prime}(\rho)>\widetilde{\sim}$ for a.e. $0<\rho \leq \widetilde{R}$. Since $h$ is locally absolutely continuous, we have for $0<r<R \leq \widetilde{R}$ that

$$
\log \frac{f(R)}{f(r)}=h(R)-h(r)=\int_{r}^{R} h^{\prime}(\rho) d \rho \geq \int_{r}^{R} \frac{q}{\rho} d \rho=\log \left(\frac{R}{r}\right)^{q},
$$

and thus

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \leq\left(\frac{r}{R}\right)^{q} .
$$

By the first part, with $R_{0}=\widetilde{R}$, we get that $q \in \underline{Q}_{0}$. Hence $(0, \underline{q}) \subset \underline{Q}_{0}$. The proof that $(\bar{q}, \infty) \subset \bar{Q}_{0}$ is analogous. The remaining inclusions follow from these inclusions together with the fact that $\underline{Q}_{0} \cap \bar{Q}_{0}$ contains at most one point (by Lemma 2.3).

The following example shows that $\underline{q}$ and $\bar{q}$ (from Lemma 2.5) need not be the end points of $\underline{Q}_{0}$ and $\bar{Q}_{0}$.

Example 2.7 Let $f$ be given for $r \in(0, \infty)$ by

$$
f(r)= \begin{cases}a_{k} r^{n-1}, & \text { if } 4^{-k} \leq r \leq 2 \cdot 4^{-k}, k \in \mathbf{Z} \\ \frac{r^{n+1}}{a_{k}}, & \text { if } 2 \cdot 4^{-k} \leq r \leq 4 \cdot 4^{-k}, k \in \mathbf{Z}\end{cases}
$$

where $a_{k}=2 \cdot 4^{-k}$ and $n \geq 1$. Note that $f$ is increasing and locally Lipschitz. For a.e. $x \in \mathbf{R}^{n}$ set

$$
w(x)=\frac{f^{\prime}(|x|)}{\omega_{n-1}|x|^{n-1}},
$$

where $\omega_{n-1}$ is the surface area of the ( $n-1$ )-dimensional sphere in $\mathbf{R}^{n}$. With this choice of $w$ we have

$$
f(r)=\omega_{n-1} \int_{0}^{r} w(\rho) \rho^{n-1} d \rho=\mu\left(B_{r}\right)
$$

where $d \mu=w d x$. Since

$$
f^{\prime}(r)= \begin{cases}(n-1) a_{k} r^{n-2}, & \text { if } 4^{-k}<r<2 \cdot 4^{-k}, k \in \mathbf{Z} \\ \frac{n+1}{a_{k}} r^{n}, & \text { if } 2 \cdot 4^{-k}<r<4 \cdot 4^{-k}, k \in \mathbf{Z}\end{cases}
$$

and $r \simeq a_{k}$ on $\left(4^{-k}, 4 \cdot 4^{-k}\right)$, we see that $w \simeq 1$ on $\mathbf{R}^{n}$, i.e. $\mu$ is comparable to the Lebesgue measure. In particular, $\mu$ is Ahlfors $n$-regular and supports a global 1-Poincaré inequality, $\underline{Q}_{0}=(0, n]$ and $\bar{Q}_{0}=[n, \infty)$.

At the same time, considering $r \in\left(4^{-k}, 2 \cdot 4^{-k}\right)$ and $r \in\left(2 \cdot 4^{-k}, 4 \cdot 4^{-k}\right)$, respectively, gives

$$
\underset{r \rightarrow 0}{\operatorname{ess}} \liminf _{\inf } \frac{r f^{\prime}(r)}{f(r)}=n-1 \quad \text { and } \quad \text { ess } \lim _{r \rightarrow 0} \sup \frac{r f^{\prime}(r)}{f(r)}=n+1
$$

It is easy to construct a similar example with a continuous weight $w$.

If $X$ is unbounded, we will consider the following exponent sets at $\infty$ for results in large balls and with respect to the whole space:

$$
\begin{aligned}
Q_{\infty}(x) & :=\left\{q>0 \text { : there is } C_{q} \text { so that } \frac{\mu(B(x, r))}{\mu(B(x, R))} \leq C_{q}\left(\frac{r}{R}\right)^{q} \text { for } 1 \leq r<R\right\}, \\
\underline{S}_{\infty}(x) & :=\left\{q>0 \text { : there is } C_{q}>0 \text { so that } \mu(B(x, r)) \geq C_{q} r^{q} \text { for } r \geq 1\right\}, \\
\bar{S}_{\infty}(x) & :=\left\{q>0 \text { : there is } C_{q} \text { so that } \mu(B(x, r)) \leq C_{q} r^{q} \text { for } r \geq 1\right\}, \\
\bar{Q}_{\infty}(x) & :=\left\{q>0 \text { : there is } C_{q}>0 \text { so that } \frac{\mu(B(x, r))}{\mu(B(x, R))} \geq C_{q}\left(\frac{r}{R}\right)^{q} \text { for } 1 \leq r<R\right\} .
\end{aligned}
$$

Note that the inequality in $\underline{S}_{\infty}(x)$ is reversed from the one in $\underline{S}_{0}(x)$, and similarly for $\bar{S}_{\infty}(x)$. This guarantees that $\underline{S}_{\infty}=(0, q)$ or $\underline{S}_{\infty}=(0, q]$, and $\bar{S}_{\infty}=(q, \infty)$ or $\bar{S}_{\infty}=[q, \infty)$, rather than the other way round, and also that $\underline{Q}_{\infty} \subset \underline{S}_{\infty}$ and $\bar{Q}_{\infty} \subset \bar{S}_{\infty}$.

Lemmas 2.3, 2.4 and 2.5 above have direct counterparts for these exponent sets at $\infty$. In addition, Lemma 2.8 below shows that these sets are actually independent of the point $x \in X$, and thus the sets $\underline{Q}_{\infty}, \underline{S}_{\infty}, \bar{S}_{\infty}$ and $\bar{Q}_{\infty}$ are well defined objects for the whole space $X$, not merely a short-hand notation (with a fixed base point $x \in X$ ) as in the case of $\underline{Q}_{0}, \underline{S}_{0}$, $\bar{S}_{0}$ and $\bar{Q}_{0}$. Note, however, that in general for instance the set $\underline{S}_{\infty}$ is different from the set
$\left\{q>0\right.$ : there is $C_{q}$ so that $\mu(B(x, r)) \leq C_{q} r^{q}$ for every $x \in X$ and all $\left.r \geq 1\right\}$,
since the constant $C_{q}$ in the definition of $\underline{S}_{\infty}$ is allowed to depend on the point $x$. This can be seen e.g. by letting $w(x)=\log (2+|x|)$, which is a 1 -admissible weight on $\mathbf{R}^{n}$ by Proposition 10.5 below. Recall that a weight $w$ in $\mathbf{R}^{n}$ is $p$-admissible, $p \geq 1$, if the measure $d \mu=w d x$ is globally doubling and supports a global $p$-Poincaré inequality.

Lemma 2.8 Let $X$ be unbounded and fix $x \in X$. Then, for every $y \in X$, we have $\underline{Q}_{\infty}(x)=$ $\underline{Q}_{\infty}(y), \underline{S}_{\infty}(x)=\underline{S}_{\infty}(y), \bar{S}_{\infty}(x)=\bar{S}_{\infty}(y)$ and $\bar{Q}_{\infty}(x)=\bar{Q}_{\infty}(y)$.
Proof Let $y \in X$. By (the $\infty$-versions of) Lemmas 2.4 and 2.5 it is enough to verify the definitions of the exponent sets for $R>r \geq 2 d(x, y)$. In this case we have $B(x, r / 2) \subset$ $B(y, r) \subset B(x, 2 r)$ and similarly for $B(y, R)$. Hence

$$
\frac{\mu(B(x, r / 2))}{\mu(B(x, 2 R))} \leq \frac{\mu(B(y, r))}{\mu(B(y, R))} \leq \frac{\mu(B(x, 2 r))}{\mu(B(x, R / 2))}
$$

which shows that the inequalities in the definitions of the exponent sets at $\infty$ hold for $y$ if and only if they hold for $x$.

Finally, when we want to be able to treat both large and small balls uniformly we need to use the sets

$$
\underline{Q}(x):=\underline{Q}_{0}(x) \cap \underline{Q}_{\infty} \text { and } \bar{Q}(x):=\bar{Q}_{0}(x) \cap \bar{Q}_{\infty} .
$$

If $X$ is bounded, we simply set $\underline{Q}:=\underline{Q}_{0}$ and $\bar{Q}:=\bar{Q}_{0}$.
Remark 2.9 Let $k(t)=\log \mu\left(B_{e^{t}}\right)$. Then it is easy to show that $q \in \underline{Q}_{0}$ and $q^{\prime} \in \bar{Q}_{0}$ if and only if there is a constant $C$ such that

$$
q(T-t)-C \leq k(T)-k(t) \leq q^{\prime}(T-t)+C, \quad \text { if } t<T<0,
$$

or in other terms

$$
q|T-t|-C \leq|k(T)-k(t)| \leq q^{\prime}|T-t|+C, \quad \text { if } t, T<0
$$

i.e. $k$ is a $\left(q, q^{\prime}, C\right)$-rough quasiisometry on $(-\infty, 0)$ for some $C$. Similarly, if $X$ is unbounded, then $k$ is a ( $q, q^{\prime}, C$ )-rough quasiisometry on ( $0, \infty$ ) (resp. on $\mathbf{R}$ ) for some $C$ if and only if $q \in \underline{Q}_{\infty}$ and $q^{\prime} \in \bar{Q}_{\infty}$ (resp. $q \in \underline{Q}$ and $q^{\prime} \in \bar{Q}$ ). Much of the current literature on rough quasiisometries call such maps quasiisometries, but we have chosen to follow the terminology of Bonk et al. [14] to avoid confusion with biLipschitz maps.

## 3 Examples of exponent sets

In this section we give various examples of the exponent sets. In particular, we shall see that the end points of the four exponent sets can all be different (Examples 3.2, 3.4) and that the borderline exponents may or may not belong to the sets (Examples 3.1, 3.3). See Svensson [40] for further examples with different types of exponent sets.

Our examples are based on radial weights in $\mathbf{R}^{n}$, and all the weights we consider are in fact 1 -admissible, i.e. they are globally doubling and support a global 1-Poincaré inequality on $\mathbf{R}^{n}$. Later in Sect. 9 these weights will be used to demonstrate the sharpness of several of our capacity estimates. In Sect. 10 we give a general sufficient condition for 1-admissibility of radial weights.

For simplicity, we write e.g. $\log ^{\beta} r:=(\log r)^{\beta}$.
Example 3.1 Consider $\mathbf{R}^{n}, n \geq 2$, equipped with the measure $d \mu=w(|y|) d y$, where

$$
w(\rho)= \begin{cases}\rho^{p-n} \log ^{\beta}(1 / \rho), & \text { if } 0<\rho \leq 1 / e \\ \rho^{p-n}, & \text { otherwise }\end{cases}
$$

Here $p \geq 1$ and $\beta \in \mathbf{R}$ is arbitrary. Fix $x=0$ and write $B_{r}=B(0, r)$. Then it is easily verified that for $r \leq 1 / e$ we have $\mu\left(B_{r}\right) \simeq r^{p} \log ^{\beta}(1 / r)$. Letting $r \rightarrow 0$ in the definition of the exponent sets shows that

$$
\underline{S}_{0}=\underline{Q}_{0}=\underline{Q}=\left\{\begin{array}{ll}
(0, p], & \text { if } \beta \leq 0, \\
(0, p), & \text { if } \beta>0,
\end{array} \text { and } \bar{S}_{0}=\bar{Q}_{0}=\bar{Q}= \begin{cases}(p, \infty), & \text { if } \beta<0 \\
{[p, \infty),} & \text { if } \beta \geq 0\end{cases}\right.
$$

In both cases $\sup Q=\inf \bar{Q}=p$, but only one of these is attained (when $\beta \neq 0$ ). Letting instead

$$
w(\rho)= \begin{cases}\rho^{p-n} \log ^{\beta} \rho & \text { for } \rho \geq e \\ \rho^{p-n}, & \text { otherwise }\end{cases}
$$

gives again $\sup \underline{Q}=\inf \bar{Q}=p$, but if $\beta>0$ it is now sup $\underline{Q}$ that is attained, while for $\beta<0$ only $\inf \bar{Q}$ is attained.

Example 3.2 We are now going to create an example of a 1-admissible weight in $\mathbf{R}^{2}$ with

$$
\begin{equation*}
\underline{Q}=\underline{Q}_{0}=(0,2], \quad \underline{S}_{0}=(0,3], \quad \bar{S}_{0}=\left[\frac{10}{3}, \infty\right) \quad \text { and } \quad \bar{Q}=\bar{Q}_{0}=[4, \infty) \tag{3.1}
\end{equation*}
$$

showing that the four end points can all be different.
Let $\alpha_{k}=2^{-2^{k}}$ and $\beta_{k}=\alpha_{k}^{3 / 2}=2^{-3 \cdot 2^{k-1}}, k=0,1,2, \ldots$. Note that $\alpha_{k+1}=\alpha_{k}^{2}$. In $\mathbf{R}^{2}$ we fix $x=0$ and consider the measure $d \mu=w(|y|) d y$, where

$$
w(\rho)= \begin{cases}\alpha_{k+1}, & \text { if } \alpha_{k+1} \leq \rho \leq \beta_{k}, k=0,1,2, \ldots, \\ \rho^{2} / \alpha_{k}, & \text { if } \beta_{k} \leq \rho \leq \alpha_{k}, k=0,1,2, \ldots, \\ \rho, & \text { if } \rho \geq \frac{1}{2}\end{cases}
$$

Then

$$
\frac{\rho w^{\prime}(\rho)}{w(\rho)}= \begin{cases}0, & \text { if } \alpha_{k+1}<\rho<\beta_{k}, k=0,1,2, \ldots \\ 2, & \text { if } \beta_{k}<\rho<\alpha_{k}, k=0,1,2, \ldots \\ 1, & \text { if } \rho>\frac{1}{2}\end{cases}
$$

and thus $w$ is 1 -admissible by Proposition 10.5. We next have that

$$
\begin{equation*}
\mu\left(B_{r} \backslash B_{\alpha_{k+1}}\right) \simeq \int_{\alpha_{k+1}}^{r} w(\rho) \rho d \rho=\frac{\alpha_{k+1}}{2}\left(r^{2}-\alpha_{k+1}^{2}\right), \quad \text { if } \alpha_{k+1} \leq r \leq \beta_{k} . \tag{3.2}
\end{equation*}
$$

In particular,

$$
\mu\left(B_{\beta_{k}} \backslash B_{\alpha_{k+1}}\right) \simeq \frac{\alpha_{k+1}}{2}\left(\beta_{k}^{2}-\alpha_{k+1}^{2}\right)=\frac{\alpha_{k}^{5}\left(1-\alpha_{k}\right)}{2} \simeq \alpha_{k}^{5} .
$$

For $\beta_{k} \leq r \leq \alpha_{k}$ we instead have

$$
\begin{equation*}
\mu\left(B_{r} \backslash B_{\beta_{k}}\right) \simeq \int_{\beta_{k}}^{r} w(\rho) \rho d \rho=\frac{r^{4}-\beta_{k}^{4}}{4 \alpha_{k}}, \tag{3.3}
\end{equation*}
$$

and thus

$$
\mu\left(B_{\alpha_{k}} \backslash B_{\beta_{k}}\right) \simeq \frac{\alpha_{k}^{4}-\beta_{k}^{4}}{4 \alpha_{k}} \simeq \alpha_{k}^{3} .
$$

It follows that

$$
\begin{equation*}
\mu\left(B_{\beta_{k}}\right) \simeq \alpha_{k}^{5}+\alpha_{k}^{6}+\alpha_{k}^{10}+\alpha_{k}^{12}+\cdots \simeq \alpha_{k}^{5}=\beta_{k}^{10 / 3} \tag{3.4}
\end{equation*}
$$

and

$$
\begin{equation*}
\mu\left(B_{\alpha_{k}}\right) \simeq \alpha_{k}^{3}+\alpha_{k}^{5} \simeq \alpha_{k}^{3} . \tag{3.5}
\end{equation*}
$$

Since $w(\rho) \leq \rho$ for all $\rho$, we have that $\mu\left(B_{r}\right) \lesssim r^{3}$ for all $r$, which together with (3.5) shows that $\underline{S}_{0}=(0,3]$.

From the estimates (3.5) and (3.2) we obtain

$$
\begin{equation*}
\mu\left(B_{r}\right) \simeq \alpha_{k+1} r^{2}, \quad \text { if } \alpha_{k+1} \leq r \leq \beta_{k} . \tag{3.6}
\end{equation*}
$$

Indeed, when $\alpha_{k+1} \leq r \leq 2 \alpha_{k+1}$ this follows directly from (3.5), and for $2 \alpha_{k+1} \leq r \leq \beta_{k}$ we use (3.2) to get a lower bound, while the upper bound follows from (3.2) together with (3.5). In particular, we get that

$$
\begin{equation*}
\mu\left(B_{r}\right) \simeq \alpha_{k+1} r^{2}=\beta_{k}^{4 / 3} r^{2} \geq r^{10 / 3}, \quad \text { if } \alpha_{k+1} \leq r \leq \beta_{k} \tag{3.7}
\end{equation*}
$$

Estimating similarly, using instead (3.3) and (3.4), shows that

$$
\begin{equation*}
\mu\left(B_{r}\right) \simeq \frac{r^{4}}{\alpha_{k}}=\frac{r^{4}}{\beta_{k}^{2 / 3}} \geq r^{10 / 3}, \quad \text { if } \beta_{k} \leq r \leq \alpha_{k} \tag{3.8}
\end{equation*}
$$

We conclude from the last two estimates and from (3.4) that $\bar{S}_{0}=\left[\frac{10}{3}, \infty\right)$.
Next, we see from (3.6) and (3.8) that

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \simeq \begin{cases}\left(\frac{r}{R}\right)^{2}, & \text { if } \alpha_{k+1} \leq r \leq R \leq \beta_{k}  \tag{3.9}\\ \left(\frac{r}{R}\right)^{4}, & \text { if } \beta_{k} \leq r \leq R \leq \alpha_{k}\end{cases}
$$

Hence, if $\alpha_{k+1} \leq r \leq \beta_{k} \leq R \leq \alpha_{k}$, then

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)}=\frac{\mu\left(B_{r}\right)}{\mu\left(B_{\beta_{k}}\right)} \frac{\mu\left(B_{\beta_{k}}\right)}{\mu\left(B_{R}\right)} \simeq\left(\frac{r}{\beta_{k}}\right)^{2}\left(\frac{\beta_{k}}{R}\right)^{4}=\frac{r^{2} \beta_{k}^{2}}{R^{4}}
$$

and thus

$$
\left(\frac{r}{R}\right)^{4} \lesssim \frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \lesssim\left(\frac{r}{R}\right)^{2} .
$$

It follows from (3.9) that this estimate holds also in the remaining cases when $\alpha_{k+1} \leq r \leq$ $R \leq \alpha_{k}$. Finally, if $\alpha_{j+1} \leq r \leq \alpha_{j} \leq \alpha_{k+1} \leq R \leq \alpha_{k}$, then

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)}=\frac{\mu\left(B_{r}\right)}{\mu\left(B_{\alpha_{j}}\right)} \frac{\mu\left(B_{\alpha_{j}}\right)}{\mu\left(B_{\alpha_{k+1}}\right)} \frac{\mu\left(B_{\alpha_{k+1}}\right)}{\mu\left(B_{R}\right)} \lesssim\left(\frac{r}{\alpha_{j}}\right)^{2}\left(\frac{\alpha_{j}}{\alpha_{k+1}}\right)^{2}\left(\frac{\alpha_{k+1}}{R}\right)^{2}=\left(\frac{r}{R}\right)^{2}
$$

and

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)}=\frac{\mu\left(B_{r}\right)}{\mu\left(B_{\alpha_{j}}\right)} \frac{\mu\left(B_{\alpha_{j}}\right)}{\mu\left(B_{\alpha_{k+1}}\right)} \frac{\mu\left(B_{\alpha_{k+1}}\right)}{\mu\left(B_{R}\right)} \gtrsim\left(\frac{r}{\alpha_{j}}\right)^{4}\left(\frac{\alpha_{j}}{\alpha_{k+1}}\right)^{4}\left(\frac{\alpha_{k+1}}{R}\right)^{4}=\left(\frac{r}{R}\right)^{4},
$$

which together with (3.9) show that

$$
\underline{Q}=\underline{Q}_{0}=(0,2] \text { and } \bar{Q}=\bar{Q}_{0}=[4, \infty) .
$$

(The estimates for balls with radii larger than $\alpha_{0}=\frac{1}{2}$ are easier.)
The following example is a modification of Example 3.2. It shows that we can have $\sup \underline{S}_{0}=\inf \bar{S}_{0}$ while $\underline{S}_{0} \neq \underline{Q}_{0}$ and $\bar{S}_{0} \neq \bar{Q}_{0}$. In this case the common borderline exponent of the $S$-sets belongs to $\underline{S}_{0}$ but not to $\bar{S}_{0}$, thus demonstrating the sharpness of Lemma 2.3.

Example 3.3 Consider $\mathbf{R}^{2}$ and $x=0$. Let $\alpha_{k}$ and $w$ be as in Example 3.2. Also let $\gamma_{k}=$ $\alpha_{k+1} \log k$ and $\delta_{k}=\alpha_{k+1} \log ^{2} k, k=3,4, \ldots$, so that $\alpha_{k+1}<\gamma_{k}<\delta_{k}<\alpha_{k}$, and let

$$
w_{2}(\rho)= \begin{cases}\alpha_{k+1}, & \text { if } \alpha_{k+1} \leq \rho \leq \gamma_{k}, k=3,4, \ldots \\ \rho^{2} / \delta_{k}, & \text { if } \gamma_{k} \leq \rho \leq \delta_{k}, k=3,4, \ldots \\ \rho, & \text { otherwise }\end{cases}
$$

and $d \mu(y)=w_{2}(|y|) d y$. It follows from Proposition 10.5 that $w_{2}$ is 1-admissible, as

$$
0 \leq \frac{\rho w_{2}^{\prime}(\rho)}{w_{2}(\rho)} \leq 2 \text { a.e. }
$$

Since $w(\rho) \leq w_{2}(\rho) \leq \rho$ for $\rho \leq \alpha_{2}$ we see that $\mu\left(B_{\alpha_{k}}\right) \simeq \alpha_{k}^{3}$ and $\underline{S}_{0}=(0,3]$. Moreover,

$$
\mu\left(B_{\gamma_{k}} \backslash B_{\alpha_{k+1}}\right) \simeq \int_{\alpha_{k+1}}^{\gamma_{k}} w(\rho) \rho d \rho=\frac{\alpha_{k+1}}{2}\left(\gamma_{k}^{2}-\alpha_{k+1}^{2}\right) \simeq \alpha_{k}^{2} \gamma_{k}^{2}=\alpha_{k}^{6} \log ^{2} k
$$

and

$$
\mu\left(B_{\delta_{k}} \backslash B_{\gamma_{k}}\right) \simeq \int_{\gamma_{k}}^{\delta_{k}} \frac{\rho^{2}}{\delta_{k}} \rho d \rho=\frac{\delta_{k}^{4}-\gamma_{k}^{4}}{4 \delta_{k}} \simeq \delta_{k}^{3} .
$$

It follows that

$$
\mu\left(B_{\gamma_{k}}\right) \simeq \alpha_{k}^{6} \log ^{2} k=\frac{\gamma_{k}^{3}}{\log k} \quad \text { and } \quad \mu\left(B_{\delta_{k}}\right) \simeq \delta_{k}^{3} .
$$

As in Example 3.2 one can show that these are the extreme cases, and thus letting $k \rightarrow \infty$ shows that $\bar{S}_{0}=(3, \infty)$. Moreover,

$$
\frac{\mu\left(B_{\alpha_{k+1}}\right)}{\mu\left(B_{\gamma_{k}}\right)} \simeq \frac{1}{\log ^{2} k}=\left(\frac{\alpha_{k+1}}{\gamma_{k}}\right)^{2} .
$$

Since $\alpha_{k+1} / \gamma_{k}=1 / \log k \rightarrow 0$, as $k \rightarrow \infty$, this shows that $p \notin \underline{Q}_{0}$ if $p>2$. As this is the extreme case, we see that $\underline{Q}=\underline{Q}_{0}=(0,2]$. Finally,

$$
\frac{\mu\left(B_{\gamma_{k}}\right)}{\mu\left(B_{\delta_{k}}\right)} \simeq\left(\frac{\gamma_{k}}{\delta_{k}}\right)^{3} \frac{1}{\log k}=\left(\frac{\gamma_{k}}{\delta_{k}}\right)^{4},
$$

which shows that $\bar{Q}=\bar{Q}_{0}=[4, \infty)$.
There is nothing special about the end points $2,3, \frac{10}{3}$ and 4 (or the plane $\mathbf{R}^{2}$ ) in Example 3.2. Indeed, in the following example we indicate how one can construct a 1 -admissible weight $w$ in $\mathbf{R}^{n}, n \geq 2$, such that

$$
\begin{equation*}
\underline{Q}_{0}=(0, a], \quad \underline{S}_{0}=(0, b], \quad \bar{S}_{0}=[c, \infty) \quad \text { and } \quad \bar{Q}_{0}=[d, \infty), \tag{3.10}
\end{equation*}
$$

where $1<a<b<c<d$. The reason for the condition $a>1$ is that we want to obtain the 1 -admissibility of $w$ using Proposition 10.5, see Remark 10.6.

Example 3.4 For $1<a<b<c<d$ let

$$
\lambda=\frac{(c-a)(d-b)}{(b-a)(d-c)}
$$

and

$$
\alpha_{k}=2^{-\lambda^{k}} \text { and } \beta_{k}=\alpha_{k}^{(d-b) /(d-c)}=\alpha_{k+1}^{(b-a) /(c-a)}, \quad k=0,1,2, \ldots
$$

Note that $\lambda>1$ and thus $\alpha_{k} \rightarrow 0$ as $k \rightarrow \infty$. Also, $\alpha_{k+1} \ll \beta_{k} \ll \alpha_{k}$. Then the weight

$$
w(\rho)= \begin{cases}\beta_{k}^{c-a} \rho^{a-n}=\alpha_{k+1}^{b-a} \rho^{a-n}, & \text { if } \alpha_{k+1} \leq \rho \leq \beta_{k}, k=0,1,2, \ldots, \\ \beta_{k}^{c-d} \rho^{d-n}=\alpha_{k}^{b-d} \rho^{d-n}, & \text { if } \beta_{k} \leq \rho \leq \alpha_{k}, k=0,1,2, \ldots, \\ \alpha_{0}, & \text { if } \rho \geq \alpha_{0},\end{cases}
$$

is continuous and 1-admissible on $\mathbf{R}^{n}$. Without going into details, one then argues similarly to Example 3.2 to show that (3.10) holds.

## 4 Background results on metric spaces

In this section we are going to introduce the necessary background on Sobolev spaces and capacities in metric spaces. Proofs of most of the results mentioned in the first half of this section can be found in the monographs Björn and Björn [5] and Heinonen et al. [27]. Towards the end of this section we obtain some new results.

We begin with the notion of upper gradients as defined by Heinonen and Koskela [26] (who called them very weak gradients).

Definition 4.1 A Borel function $g \geq 0$ on $X$ is an upper gradient of $f: X \rightarrow[-\infty, \infty]$ if for all (nonconstant, compact and rectifiable) curves $\gamma:\left[0, l_{\gamma}\right] \rightarrow X$,

$$
\begin{equation*}
\left|f(\gamma(0))-f\left(\gamma\left(l_{\gamma}\right)\right)\right| \leq \int_{\gamma} g d s \tag{4.1}
\end{equation*}
$$

where we follow the convention that the left-hand side is $\infty$ whenever at least one of the terms therein is infinite. If $g \geq 0$ is a measurable function on $X$ and if (4.1) holds for $p$-almost every curve (see below), then $g$ is a $p$-weak upper gradient of $f$.

A curve is a continuous mapping from an interval, and a rectifiable curve is a curve with finite length. We will only consider curves which are nonconstant, compact and rectifiable, and thus each curve can be parameterized by its arc length $d s$. A property is said to hold for $p$-almost every curve if it fails only for a curve family $\Gamma$ with zero $p$-modulus, i.e. there exists $0 \leq \rho \in L^{p}(X)$ such that $\int_{\gamma} \rho d s=\infty$ for every curve $\gamma \in \Gamma$. Note that a $p$-weak upper gradient need not be a Borel function, it is only required to be measurable. On the other hand, every measurable function $g$ can be modified on a set of measure zero to obtain a Borel function, from which it follows that $\int_{\gamma} g d s$ is defined (with a value in $[0, \infty]$ ) for $p$-almost every curve $\gamma$.

The $p$-weak upper gradients were introduced by Koskela and MacManus [34]. It was also shown there that if $g \in L^{p}(X)$ is a $p$-weak upper gradient of $f$, then one can find a sequence $\left\{g_{j}\right\}_{j=1}^{\infty}$ of upper gradients of $f$ such that $g_{j} \rightarrow g$ in $L^{p}(X)$. If $f$ has an upper gradient in $L^{p}(X)$, then it has a minimal p-weak upper gradient $g_{f} \in L^{p}(X)$ in the sense that for every $p$-weak upper gradient $g \in L^{p}(X)$ of $f$ we have $g_{f} \leq g$ a.e., see Shanmugalingam [39] and Hajłasz [21]. The minimal $p$-weak upper gradient is well defined up to a set of measure zero in the cone of nonnegative functions in $L^{p}(X)$. Following Shanmugalingam [38], we define a version of Sobolev spaces on the metric measure space $X$.

Definition 4.2 For a measurable function $f: X \rightarrow[-\infty, \infty]$, let

$$
\|f\|_{N^{1, p}(X)}=\left(\int_{X}|f|^{p} d \mu+\inf _{g} \int_{X} g^{p} d \mu\right)^{1 / p}
$$

where the infimum is taken over all upper gradients of $f$. The Newtonian space on $X$ is

$$
N^{1, p}(X)=\left\{f:\|f\|_{N^{1, p}(X)}<\infty\right\} .
$$

The space $N^{1, p}(X) / \sim$, where $f \sim h$ if and only if $\|f-h\|_{N^{1, p}(X)}=0$, is a Banach space and a lattice, see Shanmugalingam [38]. In this paper we assume that functions in $N^{1, p}(X)$ are defined everywhere, not just up to an equivalence class in the corresponding function space. This is needed for the definition of upper gradients to make sense. For a measurable set $E \subset X$, the Newtonian space $N^{1, p}(E)$ is defined by considering $\left(E,\left.d\right|_{E},\left.\mu\right|_{E}\right)$ as a metric space in its own right. If $f, h \in N_{\mathrm{loc}}^{1, p}(X)$, then $g_{f}=g_{h}$ a.e. in $\{x \in X: f(x)=h(x)\}$, in particular $g_{\min \{f, c\}}=g_{f} \chi_{f<c}$ for $c \in \mathbf{R}$.

Definition 4.3 The Sobolev p-capacity of an arbitrary set $E \subset X$ is

$$
C_{p}(E)=\inf _{u}\|u\|_{N^{1, p}(X)}^{p},
$$

where the infimum is taken over all $u \in N^{1, p}(X)$ such that $u \geq 1$ on $E$.
The Sobolev capacity is countably subadditive. We say that a property holds quasieverywhere (q.e.) if the set of points for which it fails has Sobolev capacity zero. The Sobolev capacity is the correct gauge for distinguishing between two Newtonian functions. If $u \in N^{1, p}(X)$, then $u \sim v$ if and only if $u=v$ q.e. Moreover, Corollary 3.3 in Shanmugalingam [38] shows that if $u, v \in N^{1, p}(X)$ and $u=v$ a.e., then $u=v$ q.e. This is the main reason why, unlike in the classical Euclidean setting, we do not need to require the functions admissible in the definition of capacity to be 1 in a neighbourhood of $E$. Theorem 4.5
in [38] shows that for open $\Omega \subset \mathbf{R}^{n}$, the quotient space $N^{1, p}(\Omega) / \sim$ coincides with the usual Sobolev space $W^{1, p}(\Omega)$. For weighted $\mathbf{R}^{n}$, the corresponding results can be found in Björn and Björn [5, Appendix A.2]. It can also be shown that in this case $C_{p}$ is the usual Sobolev capacity in (weighted or unweighted) $\mathbf{R}^{n}$.

Definition 4.4 We say that $X$ supports a $p$-Poincaré inequality at $x$ if there exist constants $C>0$ and $\lambda \geq 1$ such that for all balls $B=B(x, r)$, all integrable functions $f$ on $X$, and all upper gradients $g$ of $f$,

$$
f_{B}\left|f-f_{B}\right| d \mu \leq C r\left(f_{\lambda B} g^{p} d \mu\right)^{1 / p},
$$

where $f_{B}:=f_{B} f d \mu:=\int_{B} f d \mu / \mu(B)$. If $C$ and $\lambda$ are independent of $x$, we say that $X$ supports a (global) p-Poincaré inequality.

In the definition of Poincaré inequality we can equivalently assume that $g$ is a $p$-weak upper gradient—see the comments above. It was shown by Keith and Zhong [32] that if $X$ is complete and $\mu$ is globally doubling and supports a global $p$-Poincaré inequality with $p>1$, then $\mu$ actually supports a global $p_{0}$-Poincaré inequality for some $p_{0}<p$. The completeness of $X$ is needed for Keith-Zhong's result, as shown by Koskela [33]. In some of our estimates we will need such a better $p_{0}$-Poincaré inequality at $x$, which (by Koskela's example) does not follow from the $p$-Poincaré inequality at $x$.

If $X$ is complete and $\mu$ is globally doubling and supports a global $p$-Poincaré inequality, then the functions in $N^{1, p}(X)$ and those in $N^{1, p}(\Omega)$, for open $\Omega \subset X$, are quasicontinuous, see Björn et al. [10]. This means that in the Euclidean setting $N^{1, p}\left(\mathbf{R}^{n}\right)$ and $N^{1, p}(\Omega)$ are the refined Sobolev spaces as defined in Heinonen et al. [24, p. 96], see Björn and Björn [5, Appendix A.2] for a proof of this fact valid in weighted $\mathbf{R}^{n}$.

To be able to define the variational capacity we first need a Newtonian space with zero boundary values. We let, for an open set $\Omega \subset X$,

$$
N_{0}^{1, p}(\Omega)=\left\{\left.f\right|_{\Omega}: f \in N^{1, p}(X) \text { and } f=0 \text { on } X \backslash \Omega\right\} .
$$

Definition 4.5 Let $\Omega \subset X$ be open. The variational p-capacity of $E \subset \Omega$ with respect to $\Omega$ is

$$
\operatorname{cap}_{p}(E, \Omega)=\inf _{u} \int_{\Omega} g_{u}^{p} d \mu,
$$

where the infimum is taken over all $u \in N_{0}^{1, p}(\Omega)$ such that $u \geq 1$ on $E$.
Also the variational capacity is countably subadditive and coincides with the usual variational capacity in the case when $\Omega \subset \mathbf{R}^{n}$ is open (see Björn and Björn [7, Theorem 5.1] for a proof valid in weighted $\mathbf{R}^{n}$ ). We are next going to establish three new results concerning the variational capacity. Propositions 4.6 and 4.7 will only be used in Proposition 8.2 (and Example 9.4) to prove a condition for a point to have positive capacity, while Proposition 4.8 will only be used for proving Propositions 8.6 and 10.8 (and in Example 9.4), which deal with the variational capacity taken with respect to the whole space. These results may also be of independent interest.

It is well known that if $X$ supports a global $(p, p)$-Poincaré inequality (i.e. a Poincaré inequality with an $L^{p}$ norm instead of an $L^{1}$ norm in the left-hand side), then the variational and Sobolev capacities have the same zero sets (if $\Omega$ is bounded and $C_{p}(X \backslash \Omega)>0$ ). We will need the following generalization of this fact. Since we do not have the same tools available,
our proof is different and more direct than those in the literature. Note also that we only require a $p$-Poincaré inequality (at $x$ ), not a $(p, p)$-Poincaré inequality.

Proposition 4.6 Assume that $X$ supports a p-Poincaré inequality at some $x \in X$, that $\Omega$ is a bounded open set, and that $E \subset \Omega$. Then $\operatorname{cap}_{p}(E, \Omega)=0$ if and only if $C_{p}(E)=0$ or $C_{p}(X \backslash \Omega)=0$.

The Poincaré assumption cannot be completely omitted, as is easily seen by considering a nonconnected example, or a bounded "bow-tie" as in Example 5.5 in Björn and Björn [6]. However, we actually do not need the full $p$-Poincaré inequality at $x$, since it is enough to have a $p$-Poincaré inequality for some large enough ball $B$ (i.e. such that $\Omega \subset B$ and $\left.C_{p}(B \backslash \Omega)>0\right)$. This somewhat resembles the situation concerning Friedrichs' inequality (also called Poincaré inequality for $N_{0}^{1, p}$ ) and its role in the uniqueness of minimizers, see the discussion in Section 5 in [6]. For an easy example of a space which supports a Poincaré inequality for large balls but not for small balls, see Example 5.9 in [6].

Proof If $C_{p}(E)=0$, then $u:=\chi_{E} \in N_{0}^{1, p}(\Omega)$, while if $C_{p}(X \backslash \Omega)=0$, then $u:=\chi_{\Omega} \in$ $N_{0}^{1, p}(\Omega)$. In both cases this yields that $\operatorname{cap}_{p}(E, \Omega) \leq \int_{\Omega} g_{u}^{p} d \mu=0$.

Conversely, assume that $\operatorname{cap}_{p}(E, \Omega)=0$ and that $C_{p}(X \backslash \Omega)>0$. We need to show that $C_{p}(E)=0$. Choose a ball $B$ centred at $x$ and containing $\Omega$ such that $C_{p}(B \backslash \Omega)>0$. By Lemma 2.24 in Björn and Björn [5], also $C_{p}^{B}(B \backslash \Omega)>0$, where $C_{p}^{B}$ is the Sobolev capacity with respect to the ambient space $B$. Let $0 \leq u \leq 1$ be admissible for $\operatorname{cap}_{p}(E, \Omega)$. Then

$$
\mu\left(\left\{y \in B: u(y) \leq \frac{1}{2}\right\}\right) \geq \frac{1}{2} \mu(B) \quad \text { or } \quad \mu\left(\left\{y \in B: u(y) \geq \frac{1}{2}\right\}\right) \geq \frac{1}{2} \mu(B) .
$$

In the former case we let $v=(2 u-1)_{+}:=\max \{2 u-1,0\}$, while in the latter we let $v=(1-2 u)_{+}$. In both cases $g_{v} \leq 2 g_{u}$ and $\mu(A) \geq \frac{1}{2} \mu(B)$, where $A=\{y \in B: v(y)=0\}$. Since $v_{B}=\left|v-v_{B}\right|$ in $A$, we have by the $p$-Poincaré inequality for $B$ that

$$
v_{B}=f_{A}\left|v-v_{B}\right| d \mu \leq 2 f_{B}\left|v-v_{B}\right| d \mu \lesssim\left(\int_{B} g_{v}^{p} d \mu\right)^{1 / p} .
$$

Hence, as $0 \leq v \leq 1$ and $g_{v} \leq 2 g_{u}$, we have

$$
\begin{aligned}
C_{p}^{B}(\{y \in B: v(y)=1\}) & \leq \int_{B}\left(v^{p}+g_{v}^{p}\right) d \mu \leq \int_{B} v d \mu+\int_{B} g_{v}^{p} d \mu \\
& =\mu(B) v_{B}+\int_{B} g_{v}^{p} d \mu \lesssim\left(\int_{B} g_{u}^{p} d \mu\right)^{1 / p}+\int_{B} g_{u}^{p} d \mu,
\end{aligned}
$$

where the implicit constant in $\lesssim$ depends on $B$ but is independent of $u$. Taking infimum over all admissible $u$ shows that, depending on the choices of $v$, we have at least one of $C_{p}^{B}(E)=0$ and $C_{p}^{B}(B \backslash \Omega)=0$, the latter being impossible by the choice of $B$. Thus $C_{p}^{B}(E)=0$ and Lemma 2.24 in [5] completes the proof.

If $X$ is complete and $\mu$ is globally doubling and supports a global $p$-Poincaré inequality, then it is known that the variational capacity is an outer capacity, i.e. if $E$ is a compact subset of $\Omega$ then

$$
\operatorname{cap}_{p}(E, \Omega)=\inf _{\substack{G \text { open } \\ E \subset G \subset \Omega}} \operatorname{cap}_{p}(G, \Omega),
$$

see Björn et al. [10, p. 1199] and Theorem 6.19 in Björn and Björn [5]. We will need a version of this result for sets of zero capacity under our more general assumptions. For the Sobolev
capacity such a result was obtained in [10], Proposition 1.4 (which can also be found as Proposition 5.27 in [5]), under the assumption that $X$ is proper. (Recall that a metric space $X$ is proper if all closed bounded subsets are compact. If $\mu$ is globally doubling, then $X$ is proper if and only if $X$ is complete.) A modification of that proof yields the following generalization, which only requires local compactness near $E$ and at the same time also gives the conclusion for the variational capacity. This generalization was partly inspired by the discussion of the corresponding result in Heinonen et al. [27]. In combination with Proposition 4.6, Proposition 4.7 gives the outer capacity property for sets of zero variational capacity under very mild assumptions.

Proposition 4.7 Let $\Omega$ be an open set, and let $E \subset \Omega$ with $C_{p}(E)=0$. Assume that there is a locally compact open set $G \supset E$. Then, for every $\varepsilon>0$, there is an open set $U \supset E$ with

$$
\operatorname{cap}_{p}(U, \Omega)<\varepsilon \text { and } C_{p}(U)<\varepsilon .
$$

We outline the main ideas of the proof, see the above references for more details.
Sketch of proof First assume that $\bar{G}$ is compact, and choose a bounded open set $V \supset E$ such that $V \subset G \cap \Omega$ and $\int_{V}(\rho+1)^{p} d \mu<\varepsilon$, where $\rho$ is a lower semicontinuous upper gradient of $\chi_{E} \in N^{1, p}(X)$, which exists by the Vitali-Carathéodory property as $C_{p}(E)=0$. The function $u(x):=\min \left\{1, \inf _{\gamma} \int_{\gamma}(\rho+1) d s\right\}$, with the infimum taken over all curves connecting $x$ to $X \backslash V$ (including constant curves), has ( $\rho+1$ ) $\chi_{V}$ as an upper gradient, and $u=1$ in $E$. Lemma 3.3 in [10] shows that $u$ is lower semicontinuous in $G$ and hence everywhere, since $u=0$ in $X \backslash V$ by construction. This also shows that $u \in N_{0}^{1, p}(\Omega)$. Using $u$ as a test function for the level set $U:=\left\{x: u(x)>\frac{1}{2}\right\}$ shows that $\operatorname{cap}_{p}(U, \Omega) \lesssim \varepsilon$ and $C_{p}(U) \lesssim \varepsilon$, and proves the claim in this case.

If $G$ is merely locally compact, we use separability to find a suitable countable cover of $E$, and then conclude the result using the countable subadditivity of the capacities.

A direct consequence of Proposition 4.7 is that the assumption that $X$ is proper can be replaced by the assumption that $\Omega$ is locally compact in Theorem 5.29 and Propositions 5.28 and 5.33 in Björn and Björn [5], see also Björn et al. [10] and Heinonen et al. [27].

We will also need the following result.
Lemma 4.8 Let $E \subset X$ be bounded and let $x \in X$. Then

$$
\operatorname{cap}_{p}(E, X)=\lim _{r \rightarrow \infty} \operatorname{cap}_{p}(E, B(x, r)) .
$$

Proof That $\operatorname{cap}_{p}(E, X) \leq \lim _{r \rightarrow \infty} \operatorname{cap}_{p}(E, B(x, r))$ is trivial. To prove the converse, we may assume that $\operatorname{cap}_{p}(E, X)<\infty$. Let $\varepsilon>0$ and let $u$ be admissible for $\operatorname{cap}_{p}(E, X)$ and such that $\int_{X} g_{u}^{p} d \mu<\operatorname{cap}_{p}(E, X)+\varepsilon$. Then $u_{n}:=u \eta_{n} \rightarrow u$ in $N^{1, p}(X)$, as $n \rightarrow \infty$, where $\eta_{n}(y)=(1-\operatorname{dist}(y, B(x, n)))_{+}$. Hence,

$$
\lim _{n \rightarrow \infty} \operatorname{cap}_{p}(E, B(x, 2 n)) \leq \lim _{n \rightarrow \infty} \int_{X} g_{u_{n}}^{p} d \mu \leq \operatorname{cap}_{p}(E, X)+\varepsilon
$$

Letting $\varepsilon \rightarrow 0$ concludes the proof.
Our lower bound estimates for the capacities are all based on the following telescoping argument, which is well-known under the assumptions that $\mu$ is globally doubling and supports a global $p$-Poincaré inequality. However, it is enough to require the $p$-Poincaré inequality, as well as the doubling and reverse-doubling conditions, at $x$ only. We therefore recall the short proof.

Lemma 4.9 Assume that $\mu$ is doubling and reverse-doubling at $x$ and supports a p-Poincaré inequality at $x$. Let $0<r<R \leq \operatorname{diam} X / 2 \tau$, where $\tau>1$ is the constant from the reversedoubling condition (2.2). Write $r_{k}=2^{k} r$ and $B^{k}=B\left(x, r_{k}\right)$ for $k \in \mathbf{Z}$, and let $k_{0}$ be such that $r_{k_{0}} \leq R<r_{k_{0}+1}$. Then for any $u \in N_{0}^{1, p}\left(B_{R}\right)$ we have

$$
\begin{equation*}
\left|u_{B_{r}}\right| \lesssim \sum_{k=1}^{k_{0}+1} r_{k}\left(f_{\lambda B^{k}} g_{u}^{p} d \mu\right)^{1 / p} \tag{4.2}
\end{equation*}
$$

where $\lambda$ is the dilation constant in the $p$-Poincaré inequality at $x$.
Proof For $u \in N_{0}^{1, p}\left(B_{R}\right)$ we have $u_{A}=0$, where $A=B_{\tau R} \backslash B_{R}$. Let $B^{*}=B_{\tau R} \cup B_{2 R}$. Then

$$
\begin{aligned}
\left|u_{B_{r}}\right| & \leq\left|u_{B_{r}}-u_{B^{k_{0}+1}}\right|+\left|u_{B^{k_{0}+1}}-u_{A}\right| \\
& \leq \sum_{k=1}^{k_{0}+1}\left|u_{B^{k}}-u_{B^{k-1}}\right|+\left|u_{B^{k_{0}+1}}-u_{B^{*}}\right|+\left|u_{A}-u_{B^{*}}\right| .
\end{aligned}
$$

Since $\mu$ is doubling and reverse-doubling at $x$, it is easy to verify that

$$
\mu(A) \simeq \mu\left(B_{\tau R}\right) \simeq \mu\left(B^{*}\right) \simeq \mu\left(B^{k_{0}+1}\right)
$$

The doubling condition and $p$-Poincaré inequality at $x$, together with the fact that $B^{k_{0}+1} \subset B^{*}$ and $A \subset B^{*}$, then show that

$$
\begin{aligned}
\left|u_{B_{r}}\right| & \lesssim \sum_{k=1}^{k_{0}+1} f_{B^{k}}\left|u-u_{B^{k}}\right| d \mu+f_{B^{*}}\left|u-u_{B^{*}}\right| d \mu \\
& \lesssim \sum_{k=1}^{k_{0}+1} r_{k}\left(f_{\lambda B^{k}} g_{u}^{p} d \mu\right)^{1 / p}+R\left(f_{\lambda B^{*}} g_{u}^{p} d \mu\right)^{1 / p} .
\end{aligned}
$$

The claim follows, since the last integral is comparable to $f_{\lambda B^{k_{0}+1}} g_{u}^{p} d \mu$.
Remark 4.10 In the forthcoming sections we give several different capacity estimates involving the exponent sets $Q$ and $\bar{Q}$. In these results (and in Lemma 4.9 above), the implicit constants in $\simeq, ~ \lesssim$ and $\gtrsim$ will always be independent of $r$ and $R$, but they may depend on $x$, $X, \mu, p$ and (the auxiliary exponent) $q$. The dependence on $x, X$ and $\mu$ will only be through the constants in the doubling, reverse-doubling and Poincaré assumptions, as well as through the constants $C_{q}$ in the definitions of the $Q$-sets. In particular, if these conditions hold in all of $X$ with uniform constants, then we obtain capacity estimates which are independent of $x$ as well.

There are also corresponding estimates involving $\underline{Q}_{0}, \underline{Q}_{\infty}, \bar{Q}_{0}$ and $\bar{Q}_{\infty}$, which are just easy reformulations with appropriate restrictions on the radii, viz. $R \leq R_{0}$ for the $\underline{Q}_{0}$ - and $\bar{Q}_{0}$-sets, and $r \geq R_{0}$ for the $\underline{Q}_{\infty}$ - and $\bar{Q}_{\infty}$-sets, where $0<R_{0}<\infty$ is fixed, cf. Theorems 1.1 and 1.2. In these restricted estimates, as well as in the estimates in Sect. 8 involving the $S$-sets, the implicit constants in $\simeq, ~ \lesssim$ and $\gtrsim$ will in addition depend on $R_{0}$. Observe also that, by e.g. Lemmas 2.4 and 2.5, the exponent sets are independent of $R_{0}$, but the constants $C_{q}$ do depend on the range of radii.

For these restricted estimates one can also weaken the assumptions a little: The doubling and reverse-doubling conditions and the Poincaré inequality are only needed for balls with radii in the considered range, i.e. for $r \leq \max \{2, \tau\} R_{0}$ or for $r \geq R_{0}$. Arguing as in

Lemma 2.5, it is easily seen that in the case of the doubling condition (but not for reversedoubling and the Poincaré inequality) this is equivalent to assuming doubling for all $r \leq 1$ or $r \geq 1$, respectively. For the reverse-doubling and the Poincaré inequality, the range of radii for which they hold is however essential, as can be seen by e.g. letting $X$ be the union of two disjoint closed balls in $\mathbf{R}^{n}$.

The factor 2 in the above bound $\max \{2, \tau\} R_{0}$ is only dictated by the dyadic balls in the proof of Lemma 4.9 and can equivalently be replaced by any $\sigma>1$, upon correspondingly changing the choice of balls therein. Again, this will be reflected in the implicit constants.

## 5 Upper bounds for capacity

From now on we make the general assumption that $\mu$ is doubling at $x$. Recall also that $1 \leq p<\infty$.

The following simple upper bound for capacity is valid for any $1 \leq p<\infty$. Note that we do not need any Poincaré inequality (nor reverse-doubling) to obtain any of our upper bound estimates.

Proposition 5.1 Let $0<2 r \leq R$. Then

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \min \left\{\frac{\mu\left(B_{r}\right)}{r^{p}}, \frac{\mu\left(B_{R}\right)}{R^{p}}\right\} .
$$

For $p \in \underline{Q}$ (resp. $p \in \bar{Q}$ ), the first (resp. second) term in the minimum gives the sharper estimate, but for $p$ in between the $Q$-sets the minimum can vary depending on the radii, as can be seen in Example 9.3. See Sect. 6 for corresponding lower estimates.

It is essential to bound $r$ away from $R$ in Proposition 5.1 since typically cap ${ }_{p}\left(B_{r}, B_{R}\right) \rightarrow$ $\infty$ as $r \rightarrow R$. This is apparent and well-known in unweighted $\mathbf{R}^{n}$ (cf. Example 2.12 in Heinonen et al. [24]), but similar behaviour is present in more general metric spaces as well. (This restriction should thus be taken into account in the upper bounds in [15] and [19] as well.) Capacity of thin annuli (with $R / 2<r<R$ ) in the metric setting is studied in [9].

Proof Take

$$
u_{r}(y)=\left(1-\frac{\operatorname{dist}\left(y, B_{r}\right)}{r}\right)_{+} \text {and } u_{R}(y)=\left(1-\frac{\operatorname{dist}\left(y, B_{R / 2}\right)}{R / 2}\right)_{+} .
$$

Both of these are admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and clearly (by doubling),

$$
\int_{B_{R}} g_{u_{r}}^{p} d \mu \leq \frac{\mu\left(B_{2 r}\right)}{r^{p}} \lesssim \frac{\mu\left(B_{r}\right)}{r^{p}} \text { and } \int_{B_{R}} g_{u_{R}}^{p} d \mu \leq \frac{\mu\left(B_{R}\right)}{(R / 2)^{p}} \lesssim \frac{\mu\left(B_{R}\right)}{R^{p}} .
$$

The following logarithmic upper bounds are particularly useful in the borderline cases $p=\max \underline{Q}$ and $p=\min \bar{Q}$. These estimates are valid also for $p=1$, as well as for $p \in \operatorname{int} \underline{Q}$ and $p \in \operatorname{int} \bar{Q}$, but in these cases Proposition 5.1 actually gives better upper bounds for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$. Note also that even for the borderline cases $p=\max \underline{Q}$ and $p=\min \bar{Q}$, the estimates in Proposition 5.1 can be sharp, and better than those in Proposition 5.2 below, as shown at the end of Example 9.3.

Proposition 5.2 Let $0<2 r \leq R$.
(a) If $p \in \underline{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p} \tag{5.1}
\end{equation*}
$$

(b) If $p \in \bar{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p} . \tag{5.2}
\end{equation*}
$$

Examples 9.4 (b) and 9.5 (b) show that these estimates are sharp.
Proof Choose

$$
u(y)=\min \left\{1, \frac{\log (R / d(y, x))}{\log (R / r)}\right\}_{+} \quad \text { and } \quad g(y)=\frac{\chi_{B_{R} \backslash B_{r}}}{\log (R / r) d(y, x)}
$$

Then $u$ is admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and $g$ is a $p$-weak upper gradient of $u$, by Theorem 2.16 in Björn and Björn [5]. Write $r_{k}=2^{k} r$ and $B^{k}=B\left(x, r_{k}\right)$, and let $k_{0} \in \mathbf{Z}$ be such that $r_{k_{0}} \leq R<r_{k_{0}+1}$. Then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \leq \int_{B_{R}} g^{p} d \mu \leq \sum_{k=1}^{k_{0}+1} \int_{B^{k} \backslash B^{k-1}} g^{p} d \mu \lesssim \frac{1}{\log ^{p}(R / r)} \sum_{k=1}^{k_{0}+1} \frac{\mu\left(B^{k}\right)}{r_{k}^{p}} \tag{5.3}
\end{equation*}
$$

For $p \in \underline{Q}$ we have that $r_{k}^{-p} \mu\left(B^{k}\right) \lesssim R^{-p} \mu\left(B_{R}\right)$ when $1 \leq k \leq k_{0}+1$, and for $p \in \bar{Q}$ that $r_{k}^{-p} \mu\left(B^{k}\right) \lesssim r^{-p} \mu\left(B_{r}\right)$ for all $k \geq 1$. Since $0<r \leq R / 2$, we have $k_{0}+1 \lesssim \log (R / r)$, and so both claims follow from (5.3).

## 6 Lower bounds for capacity

The results in this section complement the upper bounds in Sect. 5, and for $p$ in the interior of (one of) the $Q$-sets these together yield the sharp estimates announced in Theorem 1.1. For $p$ in between the $Q$-sets, the lower and upper bounds do not meet, but we shall see in Proposition 6.2 that the lower bounds indicate the distance from $p$ to the corresponding $Q$-set. Example 9.3 shows that in this case both the upper bounds in Proposition 5.1 and the lower bounds (6.6) and (6.7) in Proposition 6.2 are optimal. See also Proposition 9.1, which further demonstrates the sharpness of these estimates.

Also note that for the lower bounds without logarithmic terms we do not need the restriction $2 r \leq R$, since the capacity of thin annuli is minorized by the capacity of thick annuli. In the borderline cases, where $\log (R / r)$ plays a role, the restriction $2 r \leq R$ is still needed. As in Lemma 4.9, we however require that $R \leq \operatorname{diam} X / 2 \tau$, where $\tau>1$ is the constant from the reverse-doubling condition (2.2). See Remark 4.10 for comments on how the choice of the involved parameters influences the implicit constants in $\simeq, \lesssim$ and $\gtrsim$.

Proposition 6.1 Assume that $\mu$ is reverse-doubling at $x$ and supports a $p$-Poincaré inequality at $x$. Let $0<r<R \leq \operatorname{diam} X / 2 \tau$.
(a) If $p \in \operatorname{int} \underline{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{r}\right)}{r^{p}} . \tag{6.1}
\end{equation*}
$$

(b) If $p \in$ int $\bar{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{R}\right)}{R^{p}} \tag{6.2}
\end{equation*}
$$

With this we can now prove Theorem 1.1, which also shows that the estimates in Proposition 6.1 are sharp.

Proof of Theorem 1.1 Combining Propositions 5.1 and 6.1 and appealing to Remark 4.10 yield (a) and (b). The last part follows from Proposition 9.1 below.

The comparison constants in (6.1) and (6.2) depend on $p$. In particular, the constants in our proof tend to zero as $p \nearrow \sup Q$ in (a) and as $p \searrow \inf \bar{Q}$ in (b). This is quite natural, since already unweighted $\mathbf{R}^{n}$ shows that these estimates do not always hold when $p=\max Q$ and $p=\min \bar{Q}$, respectively. In fact, if $X$ is Ahlfors $p$-regular, and thus $\underline{Q}=\underline{S}_{0}=\underline{S}_{\infty}=(0, p]$ and $\bar{Q}=\bar{S}_{0}=\bar{S}_{\infty}=[p, \infty)$, Proposition 8.1 (c) shows that (6.1) and (6.2) fail. Moreover, Proposition 9.1 shows that the estimates in Proposition 6.1 can never hold for all $r$ and $R$ when $p$ is outside of the $Q$-sets.

Proof of Proposition 6.1 Let $u$ be admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and let $B^{k}$ be a chain of balls, with radii $r_{k}$, as in Lemma 4.9. From Lemma 4.9 we obtain, for any $0<q<\infty$, that

$$
\begin{align*}
1 & \lesssim \sum_{k=1}^{k_{0}+1} r_{k}\left(f_{\lambda B^{k}} g_{u}^{p} d \mu\right)^{1 / p} \leq \sum_{k=1}^{k_{0}+1} \frac{r_{k}}{\mu\left(B^{k}\right)^{1 / p}}\left(\int_{\lambda B^{k}} g_{u}^{p} d \mu\right)^{1 / p} \\
& \leq\left(\int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p} \sum_{k=1}^{k_{0}+1}\left(\frac{r_{k}^{q}}{\mu\left(B^{k}\right)}\right)^{1 / p} r_{k}^{1-q / p} . \tag{6.3}
\end{align*}
$$

In (a) we choose $q>p$ such that $q \in \underline{Q}$, and so we have for all $1 \leq k \leq k_{0}+1$ that

$$
\begin{equation*}
\frac{r_{k}^{q}}{\mu\left(B^{k}\right)} \lesssim \frac{r^{q}}{\mu\left(B_{r}\right)} \tag{6.4}
\end{equation*}
$$

Since $1-q / p<0$, the sum in the last line of (6.3) can thus be estimated as

$$
\begin{aligned}
\sum_{k=1}^{k_{0}+1}\left(\frac{r_{k}^{q}}{\mu\left(B^{k}\right)}\right)^{1 / p} r_{k}^{1-q / p} & \lesssim\left(\frac{r^{q}}{\mu\left(B_{r}\right)}\right)^{1 / p} \sum_{k=1}^{k_{0}+1} r_{k}^{1-q / p} \\
& \lesssim\left(\frac{r^{q}}{\mu\left(B_{r}\right)}\right)^{1 / p} r^{1-q / p}=\left(\frac{r^{p}}{\mu\left(B_{r}\right)}\right)^{1 / p},
\end{aligned}
$$

giving

$$
\int_{B_{R}} g_{u}^{p} d \mu \gtrsim \frac{\mu\left(B_{r}\right)}{r^{p}} .
$$

Taking infimum over all admissible $u$ finishes the proof of part (a).
In (b) we instead choose $q \in \bar{Q}$ such that $q<p$, and so we have for all $1 \leq k \leq k_{0}+1$ that

$$
\begin{equation*}
\frac{r_{k}^{q}}{\mu\left(B^{k}\right)} \lesssim \frac{R^{q}}{\mu\left(B_{R}\right)} \tag{6.5}
\end{equation*}
$$

Now $1-q / p>0$, and thus the sum in the last line of (6.3) can be estimated as

$$
\sum_{k=1}^{k_{0}+1}\left(\frac{r_{k}^{q}}{\mu\left(B^{k}\right)}\right)^{1 / p} r_{k}^{1-q / p} \lesssim\left(\frac{R^{q}}{\mu\left(B_{R}\right)}\right)^{1 / p} \sum_{k=1}^{k_{0}+1} r_{k}^{1-q / p}
$$

$$
\lesssim\left(\frac{R^{q}}{\mu\left(B_{R}\right)}\right)^{1 / p} R^{1-q / p}=\left(\frac{R^{p}}{\mu\left(B_{R}\right)}\right)^{1 / p},
$$

giving

$$
\int_{B_{R}} g_{u}^{p} d \mu \gtrsim \frac{\mu\left(B_{R}\right)}{R^{p}},
$$

and the claim follows by taking infimum over all admissible $u$.
A modification of the above proof gives the following result, which is interesting mainly in the case when $p$ is in between the $Q$-sets, i.e. $p \notin \underline{Q} \cup \bar{Q}$.
Proposition 6.2 Assume that $\mu$ is reverse-doubling at $x$ and supports a $p$-Poincaré inequality at $x$. Let $0<r<R \leq \operatorname{diam} X / 2 \tau$.
(a) If $0<q<p$ and $q \in \underline{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{r}\right)}{r^{q}} R^{q-p}=\frac{\mu\left(B_{r}\right)}{r^{p}}\left(\frac{r}{R}\right)^{p-q} \tag{6.6}
\end{equation*}
$$

(b) If $q>p$ and $q \in \bar{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{R}\right)}{R^{q}} r^{q-p}=\frac{\mu\left(B_{R}\right)}{R^{p}}\left(\frac{r}{R}\right)^{q-p} . \tag{6.7}
\end{equation*}
$$

Proposition 9.1 and Example 9.3 show that this result is sharp, while unweighted $\mathbf{R}^{n}$, with $p=n$, shows that we cannot allow for $q=p$ in general. Also note that if $q \in \operatorname{int} \underline{Q}$ (resp. $q \in \operatorname{int} \bar{Q}$ ) and $2 r \leq R$, then (6.6) [resp. (6.7)] can be written as $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim$ $\operatorname{cap}_{q}\left(B_{r}, B_{R}\right) R^{q-p}\left(\operatorname{resp} . \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \operatorname{cap}_{q}\left(B_{r}, B_{R}\right) r^{q-p}\right)$.

Proof Let $u$ be admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and let $B^{k}$ be the corresponding balls, with radii $r_{k}$, from Lemma 4.9. In (a) we proceed as in (6.3) and use (6.4) to obtain

$$
1 \lesssim\left(\frac{r^{q}}{\mu\left(B_{r}\right)} \int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p} \sum_{k=1}^{k_{0}+1} r_{k}^{1-q / p} \lesssim R^{1-q / p}\left(\frac{r^{q}}{\mu\left(B_{r}\right)} \int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p}
$$

since the exponent in the geometric series is $1-q / p>0$. Taking infimum over all admissible $u$ yields (6.6).

In (b) we instead use (6.3) and (6.5) and that the geometric series is $\lesssim r^{1-q / p}$ in this case.

For the borderline cases $p=\max \underline{Q}$ or $p=\min \bar{Q}$, (6.6) or (6.7) can be used with $q$ arbitrarily close to $p$, but the following proposition gives better estimates involving logarithmic terms. If $X$ supports a $p_{0}$-Poincaré inequality at $x$ for some $1 \leq p_{0}<p$, then even better estimates in the borderline cases are obtained in Proposition 7.1. Nevertheless, the estimates in Proposition 6.3 are of particular interest when $p=1$, since the 1 -Poincaré inequality is the best possible.

Proposition 6.3 Assume that $\mu$ is reverse-doubling at $x$ and supports a $p$-Poincaré inequality at $x$. Let $0<2 r \leq R \leq \operatorname{diam} X / 2 \tau$.
(a) If $p \in \underline{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{-p} \tag{6.8}
\end{equation*}
$$

(b) If $p \in \bar{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{-p} . \tag{6.9}
\end{equation*}
$$

In unweighted $\mathbf{R}$ it is well known that $\operatorname{cap}_{1}\left(B_{r}, B_{R}\right)=2$ for all $0<r<R$. In this case the right-hand sides in (6.8) and (6.9) both reduce to $2(\log (R / r))^{-1}$, showing that these estimates are not optimal in this particular case.

Proof Let $u$ be admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and let $B^{k}$ be the corresponding balls, with radii $r_{k}$, from Lemma 4.9. Then (6.3) with $q=p$ and (6.4) yield

$$
1 \lesssim\left(k_{0}+1\right)\left(\int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p} \frac{r}{\mu\left(B_{r}\right)^{1 / p}} .
$$

Since $0<2 r \leq R$, we have $k_{0}+1 \simeq k_{0} \simeq \log (R / r)$, and taking infimum over all admissible $u$ yields (6.8).

In (b) we instead use (6.3) and (6.5).

## 7 Capacity estimates for borderline exponents

When the borderline exponents are attained, Propositions 5.1 and 5.2 yield for $p=\max \underline{Q}$,

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \leq \min \left\{\frac{\mu\left(B_{r}\right)}{r^{p}}, \frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p}\right\} \tag{7.1}
\end{equation*}
$$

while for $p=\min \bar{Q}$,

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \leq \min \left\{\frac{\mu\left(B_{R}\right)}{R^{p}}, \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p}\right\} . \tag{7.2}
\end{equation*}
$$

In this section we provide corresponding lower bounds, even though the estimates do not exactly meet, as seen in Theorem 1.2. Nevertheless, Proposition 9.1 and Examples 9.3, 9.4 and 9.5 below show that all these estimates [including both possibilities for the upper bounds in (7.1) and in (7.2)] are in some sense optimal; see also Remark 9.6.

The following result holds for all $p \in \underline{Q}$ (resp. $p \in \bar{Q}$ ), but because of Proposition 6.1 it is most useful in the limiting case $p=\max \underline{Q}$ (resp. $p=\min \bar{Q}$ ). It improves upon Proposition 6.3 at the cost of requiring a better Poincaré inequality; see the discussion on different Poincaré inequalities after Definition 4.4.

Proposition 7.1 Assume that $\mu$ is reverse-doubling at $x$ and supports a $p_{0}$-Poincaré inequality at $x$ for some $1 \leq p_{0}<p$. Let $0<2 r \leq R \leq \operatorname{diam} X / 2 \tau$.
(a) If $p \in \underline{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p} . \tag{7.3}
\end{equation*}
$$

(b) If $p \in \bar{Q}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p} \tag{7.4}
\end{equation*}
$$

Examples 9.4 and 9.5 show that these estimates are sharp, while Proposition 9.1 and Examples 9.3, 9.4 and 9.5 show that they do not hold for $p$ outside of the $Q$-sets. In particular, these lower bounds do not in general hold for $p=\sup \underline{Q} \notin \underline{Q}$ and $p=\inf \bar{Q} \notin \bar{Q}$, respectively.

Proof Let $u$ be admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and let $B^{k}$ be the corresponding balls, with radii $r_{k}$, from Lemma 4.9. Also let $A_{k}=\lambda B^{k} \backslash \lambda B^{k-1}$.

Without loss of generality we may assume that $p_{0}>1$. Lemma 4.9 (with exponent $p_{0}$ ) and Hölder's inequality for sums (with $p_{0}$ and $p_{0} /\left(p_{0}-1\right)$ ) yield

$$
\begin{align*}
1 & \lesssim \sum_{k=1}^{k_{0}+1} r_{k}\left(f_{\lambda B^{k}} g_{u}^{p_{0}} d \mu\right)^{1 / p_{0}} \leq \sum_{k=1}^{k_{0}+1}\left(\frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \int_{\lambda B^{k}} g_{u}^{p_{0}} d \mu\right)^{1 / p_{0}} \\
& \leq\left(k_{0}+1\right)^{1-1 / p_{0}}\left(\sum_{k=1}^{k_{0}+1} \frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \sum_{j=1}^{k} \int_{A_{j}} g_{u}^{p_{0}} d \mu\right)^{1 / p_{0}} \tag{7.5}
\end{align*}
$$

Interchanging the order of summation, the double sum in (7.5) can be estimated by Hölder's inequality for integrals [with exponents $p / p_{0}$ and $p /\left(p-p_{0}\right)$ ] as

$$
\begin{align*}
\sum_{k=1}^{k_{0}+1} \frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \sum_{j=1}^{k} \int_{A_{j}} g_{u}^{p_{0}} d \mu & =\sum_{j=1}^{k_{0}+1} \int_{A_{j}} g_{u}^{p_{0}} d \mu \sum_{k=j}^{k_{0}+1} \frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \\
& \lesssim \sum_{j=1}^{k_{0}+1}\left(\int_{A_{j}} g_{u}^{p} d \mu\right)^{p_{0} / p} \mu\left(A_{j}\right)^{1-p_{0} / p} \sum_{k=j}^{k_{0}+1} \frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \tag{7.6}
\end{align*}
$$

Let us now take $q \in \underline{Q}$. [In (a) we can use $q=p$, but recall that also in (b) we have $\underline{Q} \neq \varnothing$ by the reverse-doubling.] Then

$$
\begin{equation*}
\mu\left(A_{j}\right) \lesssim \mu\left(B^{j}\right) \lesssim \mu\left(B^{k}\right)\left(\frac{r_{j}}{r_{k}}\right)^{q} \tag{7.7}
\end{equation*}
$$

for $1 \leq j \leq k \leq k_{0}+1$. Moreover, let $\rho=r$ if $p \in \underline{Q}$ [case (a)] and $\rho=R$ if $p \in \bar{Q}$ [case (b)]. Then we have for all $1 \leq k \leq k_{0}+1$ that

$$
\begin{equation*}
\frac{r_{k}^{p}}{\mu\left(B^{k}\right)} \lesssim \frac{\rho^{p}}{\mu\left(B_{\rho}\right)} \tag{7.8}
\end{equation*}
$$

From (7.7) and (7.8) we obtain

$$
\begin{equation*}
\mu\left(A_{j}\right)^{1-p_{0} / p} \sum_{k=j}^{k_{0}+1} \frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \lesssim \sum_{k=j}^{k_{0}+1}\left(\frac{r_{k}^{p}}{\mu\left(B^{k}\right)}\right)^{p_{0} / p}\left(\frac{r_{j}}{r_{k}}\right)^{q\left(1-p_{0} / p\right)} \lesssim\left(\frac{\rho^{p}}{\mu\left(B_{\rho}\right)}\right)^{p_{0} / p} \tag{7.9}
\end{equation*}
$$

since $1-p_{0} / p>0$, and thus $\sum_{k=j}^{k_{0}+1}\left(r_{j} / r_{k}\right)^{q\left(1-p_{0} / p\right)} \simeq 1$.
Insertion of (7.9) into (7.6) and a use of Hölder's inequality for sums [with exponents $p / p_{0}$ and $\left.p /\left(p-p_{0}\right)\right]$ yield

$$
\begin{align*}
\sum_{k=1}^{k_{0}+1} \frac{r_{k}^{p_{0}}}{\mu\left(B^{k}\right)} \sum_{j=1}^{k} \int_{A_{j}} g_{u}^{p_{0}} d \mu & \lesssim \sum_{j=1}^{k_{0}+1}\left(\int_{A_{j}} g_{u}^{p} d \mu\right)^{p_{0} / p}\left(\frac{\rho^{p}}{\mu\left(B_{\rho}\right)}\right)^{p_{0} / p}  \tag{7.10}\\
& \leq\left(\frac{\rho^{p}}{\mu\left(B_{\rho}\right)}\right)^{p_{0} / p}\left(\sum_{j=1}^{k_{0}+1} \int_{A_{j}} g_{u}^{p} d \mu\right)^{p_{0} / p}\left(k_{0}+1\right)^{1-p_{0} / p}
\end{align*}
$$

Since $0<2 r \leq R$, we have $k_{0}+1 \simeq k_{0} \simeq \log (R / r)$, and so we conclude from (7.5) and (7.10) that

$$
\begin{align*}
1 & \lesssim k_{0}^{1-1 / p_{0}}\left(\left(\frac{\rho^{p}}{\mu\left(B_{\rho}\right)} \int_{B_{R}} g_{u}^{p} d \mu\right)^{p_{0} / p} k_{0}^{1-p_{0} / p}\right)^{1 / p_{0}} \\
& \lesssim\left(\log \frac{R}{r}\right)^{1-1 / p}\left(\frac{\rho^{p}}{\mu\left(B_{\rho}\right)} \int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p} . \tag{7.11}
\end{align*}
$$

The desired capacity estimates (7.3) and (7.4) now follow from (7.11) by taking infimum over all $u$ admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$ and recalling that $\rho=r$ in the case (a) and $\rho=R$ in the case (b).

Proof of Theorem 1.2 Combining Propositions 7.1 and 5.2, and appealing to Remark 4.10 yield (a) and (b). The last part follows from Proposition 9.1 below.

## 8 Capacity estimates involving $S$-sets

Let us first record the following upper bounds related to the $S$-sets. As before, these upper estimates do not require any Poincaré inequalities. Recall from Sect. 2 that the inequalities defining the $S_{\infty}$-sets are reversed from the ones in the $S_{0}$-sets, so that $\underline{Q}_{\infty} \subset \underline{S}_{\infty}$ and $\bar{Q}_{\infty} \subset \bar{S}_{\infty}$.

Proposition 8.1 Fix $0<R_{0}<\infty$.
(a) If $0<q \in \underline{S}_{0}$, then for $0<2 r \leq R \leq R_{0}$,

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \begin{cases}R^{q-p}, & \text { if } q<p,  \tag{8.1}\\ r^{q-p}, & \text { if } q>p\end{cases}
$$

(b) If $0<q \in \bar{S}_{\infty}$, then (8.1) holds for $R_{0} \leq r \leq R / 2<\infty$.
(c) If $p \in \underline{S}_{0}$, then for $0<2 r \leq R \leq R_{0}$,

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim\left(\log \frac{R}{r}\right)^{1-p} \tag{8.2}
\end{equation*}
$$

(d) If $p \in \bar{S}_{\infty}$, then (8.2) holds for $R_{0} \leq r \leq R / 2<\infty$.

In unweighted $\mathbf{R}^{n}$, the capacity $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$ is comparable to the right-hand sides in the respective cases (with $q=n$ ), which shows that these estimates are sharp. See also the end of Example 9.3, where the sharpness of part (a) is shown in a case where $q \in \underline{S}_{0} \backslash \underline{Q}_{0}$.

Proof The proofs of (a) and (b) follow immediately form Proposition 5.1 and the definitions of the $S$-sets. To see that (c) and (d) hold, one can proceed as in the proof of Proposition 5.2 up to deducing (5.3). Then one uses the estimates $\mu\left(B^{k}\right) \lesssim r_{k}^{p}$ and $k_{0}+1 \lesssim \log (R / r)$ to obtain (8.2).

The estimate (c) was already given by Heinonen [22], Lemma 7.18. (The statement therein is slightly different, but the proof applies verbatim to yield our estimate.) It follows immediately from (c) that for $1<p \in \underline{S}_{0}$ the point $x$ has zero capacity, but in fact the same is true even in the (possibly) larger set $[1, \infty) \backslash \bar{S}_{0}$, as the following proposition shows. Similarly,
it follows from (d) that if $p \in \bar{S}_{\infty}$, then for a fixed $r>0$ we have $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \rightarrow 0$ as $R \rightarrow \infty$, but again we obtain a better result in Proposition 8.6. Recall that

$$
\begin{array}{ll}
\sup \underline{S}_{0}=\liminf _{r \rightarrow 0} \frac{\log \mu\left(B_{r}\right)}{\log r}, & \inf \bar{S}_{0}=\limsup _{r \rightarrow 0} \frac{\log \mu\left(B_{r}\right)}{\log r}, \\
\sup \underline{S}_{\infty}=\liminf _{r \rightarrow \infty} \frac{\log \mu\left(B_{r}\right)}{\log r}, & \inf \bar{S}_{\infty}=\limsup _{r \rightarrow \infty}^{\log \mu\left(B_{r}\right)} \\
\log r
\end{array}
$$

by Lemma 2.4 (and its $\infty$-version).
Proposition 8.2 If $1 \leq p \notin \bar{S}_{0}$ or $1<p \in \underline{S}_{0}$, then $C_{p}(\{x\})=0=\operatorname{cap}_{p}(\{x\}, B)$ for any ball $B \ni x$.

Conversely, assume that $\mu$ is reverse-doubling at $x$ and supports a p-Poincaré inequality at $x$, and that there is a locally compact neigbourhood $G \ni x$. If $p \in \operatorname{int} S_{0}$, then $C_{p}(\{x\})>0$ and $\operatorname{cap}_{p}(\{x\}, B)>0$ for any ball $B \ni x$ with $C_{p}(X \backslash B)>0$.

The first part of Proposition 8.2 improves and clarifies the result of Corollary 3.4 in Garofalo and Marola [19]. Note that this part is valid without requiring any Poincaré inequality. Unweighted $\mathbf{R}$ shows that the inequality in $1<p \in \underline{S}_{0}$ is necessary. The second part, on the other hand, is a consequence of Proposition 4.6 and the lower bound in Proposition 8.3 below.

In the remaining case when $p=\min \bar{S}_{0}$ and $p \notin \underline{S}_{0}$, the $S$-sets are not enough to determine if the capacities of $\{x\}$ are zero or not, as we demonstrate at the end of Example 9.4.

Proposition 8.3 Assume that $\mu$ is reverse-doubling at $x$ and supports a $p$-Poincaré inequality at $x$, and fix $0<R_{0}<\infty$. Furthermore, assume that $0<q \in \bar{S}_{0}$ and $0<r<R \leq R_{0}$, or that $q \in \underline{S}_{\infty}$ and $R_{0} \leq r<R<\infty$. Then

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim \begin{cases}R^{q-p}, & \text { if } q<p, \\ r^{q-p}, & \text { if } q>p \\ \left(\log \frac{R}{r}\right)^{-p}, & \text { if } q=p\end{cases}
$$

Also here unweighted $\mathbf{R}^{n}$ shows that the first two estimates are sharp, and at the end of Example 9.3 their sharpness is shown in a case where $q \in \bar{S}_{0} \backslash \bar{Q}_{0}$. Proposition 9.2 provides a converse of Proposition 8.3.

Proof Let $u$ be admissible for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$, and let $B^{k}$ be the corresponding balls, with radii $r_{k}$, from Lemma 4.9. Since $\mu\left(\lambda B^{k}\right) \geq \mu\left(B^{k}\right) \gtrsim r_{k}^{q}$ for all $k \in \mathbf{N}$, we have by Lemma 4.9 that

$$
\begin{align*}
1 & \lesssim \sum_{k=1}^{k_{0}+1} r_{k}\left(f_{\lambda B^{k}} g_{u}^{p} d \mu\right)^{1 / p} \\
& \lesssim \sum_{k=1}^{k_{0}+1} r_{k}^{1-q / p}\left(\int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p} \simeq A\left(\int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p}, \tag{8.3}
\end{align*}
$$

where

$$
A= \begin{cases}R^{1-q / p}, & \text { if } q<p \\ r^{1-q / p,} & \text { if } q>p \\ k_{0}+1, & \text { if } q=p\end{cases}
$$

The claim then follows by taking infimum over all admissible $u$.

Proof of Proposition 8.2 We may assume that $B=B_{R}$. If $p \notin \bar{S}_{0}$, then there exist $r_{n} \rightarrow 0$ such that $\mu\left(B\left(x, r_{n}\right)\right)<r_{n}^{p} / n$. For $r_{n} \leq R$, let $u_{n}(y)=\left(1-d(x, y) / r_{n}\right)_{+}$. Then $u_{n}(x)=1$, $u_{n}=0$ outside $B\left(x, r_{n}\right)$, and $g_{u_{n}} \leq 1 / r_{n}$. Thus

$$
\operatorname{cap}_{p}(\{x\}, B) \leq\left\|g_{u_{n}}\right\|_{L^{p}(X)}^{p} \leq\left\|u_{n}\right\|_{N^{1, p}(X)}^{p}
$$

and

$$
C_{p}(\{x\}) \leq\left\|u_{n}\right\|_{N^{1, p}(X)}^{p} \leq\left(1+r_{n}^{-p}\right) \mu\left(B\left(x, r_{n}\right)\right) \lesssim \frac{1}{n} \rightarrow 0, \quad \text { as } n \rightarrow \infty .
$$

In the case $1<p \in \underline{S}_{0}$ the $\operatorname{claim~cap}_{p}(\{x\}, B)=0$ follows easily from Proposition 8.1 (c). To show that also $C_{p}(\{x\})=0$, we let $\varepsilon>0$. Since $p \in \underline{S}_{0}$ we can find $r>0$ such that $\mu(B(x, r))<\varepsilon$. As cap $_{p}(\{x\}, B(x, r))=0$ [by Proposition 8.1 (c) again], we can also find $u \in N_{0}^{1, p}(B(x, r))$ such that $u(x)=1,0 \leq u \leq 1$ and $\int_{X} g_{u}^{p} d \mu<\varepsilon$. It follows that

$$
C_{p}(\{x\}) \leq\|u\|_{N^{1, p}(X)}^{p} \leq \mu(B(x, r))+\int_{X} g_{u}^{p} d \mu<2 \varepsilon \rightarrow 0, \quad \text { as } \varepsilon \rightarrow 0 .
$$

Conversely, assume that $p>q \in \bar{S}_{0}(x)$. By Proposition 8.3 we have for all $0<r<$ $R=: R_{0}$ that

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim R^{q-p}, \tag{8.4}
\end{equation*}
$$

with comparison constant independent of $r$. If $\operatorname{cap}_{p}(\{x\}, B)$ were 0 , then we would have $C_{p}(\{x\})=0$, by Proposition 4.6, which in turn, by Proposition 4.7, would contradict (8.4). Hence $\operatorname{cap}_{p}(\{x\}, B)>0$ and $C_{p}(\{x\})>0$.

Remark 8.4 It follows directly from Proposition 8.3 that if we a priori know that the capacity is outer or that the capacity of singletons can be tested by only continuous functions, then actually $\operatorname{cap}_{p}\left(\{x\}, B_{R}\right) \gtrsim R^{q-p}$ whenever $p>q \in \bar{S}_{0}$. Both of the above assumptions hold e.g. if $X$ is complete, $\mu$ is doubling and supporting a $p$-Poincaré inequality, by Theorem 6.19 in [5] or Kallunki and Shanmugalingam [31], see also Theorem 4.1 in Björn and Björn [7].

Let us also record the following logarithmic lower bound, which improves the third lower bound in Proposition 8.3 and is interesting in the borderline cases $p=\min \bar{S}_{0}$ and $p=$ $\max \underline{S}_{\infty}$.

Proposition 8.5 Let $1<p<\infty$ and assume that $\mu$ is reverse-doubling at $x$ and supports a po-Poincaré inequality at x for some $1 \leq p_{0}<p$. Fix $0<R_{0}<\infty$.
(a) If $p \in \bar{S}_{0}$ and $0<2 r \leq R \leq R_{0}$, then

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim\left(\log \frac{R}{r}\right)^{1-p} . \tag{8.5}
\end{equation*}
$$

(b) If $p \in \underline{S}_{\infty}$ and $R_{0} \leq r \leq R / 2<\infty$, then (8.5) holds.

Proof We proceed as in the proof of Proposition 7.1, but instead of (7.8) we now have the simple estimate $r_{k}^{p} / \mu\left(B^{k}\right) \lesssim 1$ for all $1 \leq k \leq k_{0}+1$ [both in (a) and (b)]. Thus the left-hand side of (7.9) is bounded by a constant. Inserting this into (7.6) and then (7.5), together with a use of Hölder's inequality for sums as in (7.10), yields

$$
1 \lesssim\left(\log \frac{R}{r}\right)^{1-1 / p}\left(\int_{B_{R}} g_{u}^{p} d \mu\right)^{1 / p}
$$

since $k_{0}+1 \simeq \log (R / r)$. Taking infimum over all admissible $u$ yields (a) and (b).

In unbounded spaces we have the following counterpart to Proposition 8.2. Recall that the sets $\underline{S}_{\infty}$ and $\bar{S}_{\infty}$ are independent of the reference point $x \in X$, by Lemma 2.8.

Proposition 8.6 Assume that $X$ is unbounded. If $1 \leq p \notin \underline{S}_{\infty}$ or $1<p \in \bar{S}_{\infty}$, then $\operatorname{cap}_{p}\left(B_{r}, X\right)=0$ for all $r>0$, and thus $\operatorname{cap}_{p}(E, X)=0$ for all bounded sets $E$.

Conversely, assume that $\mu$ is reverse-doubling at $x$ and supports a $p$-Poincaré inequality at $x$. If $p \in \operatorname{int} \underline{S}_{\infty}$, then

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \geq \operatorname{cap}_{p}\left(B_{r}, X\right) \geq c(r)>0 \text { for all } 0<r<R .
$$

Unweighted $\mathbf{R}$ again shows that the inequality in $1<p \in \bar{S}_{\infty}$ is necessary. In the remaining case when $p=\max \underline{S}_{\infty}$ and $p \notin \bar{S}_{\infty}$, the $S$-sets are not enough to determine if the capacities are zero or not, see the end of Example 9.5.

Proof If $p \notin \underline{S}_{\infty}$, then there exist $R_{n} \rightarrow \infty$ such that $\mu\left(B_{R_{n}}\right)<R_{n}^{p} / n$. By Proposition 5.1 we have

$$
\operatorname{cap}_{p}\left(B_{r}, X\right) \leq \operatorname{cap}_{p}\left(B_{r}, B_{R_{n}}\right) \lesssim \frac{\mu\left(B_{R_{n}}\right)}{R_{n}^{p}}<\frac{1}{n} \rightarrow 0, \quad \text { as } n \rightarrow \infty .
$$

If $1<p \in \bar{S}_{\infty}$ we instead use Proposition 8.1 (d) to conclude that $\operatorname{cap}_{p}\left(B_{r}, X\right)=0$.
Conversely, if $p<q \in \underline{S}_{\infty}$, then let $R_{0}:=r<R$. From Proposition 8.3 we obtain that

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim r^{q-p},
$$

and the claim follows from Lemma 4.8.
Remark 8.7 Recall that an unbounded proper space $X$ is said to be p-parabolic, if $\operatorname{cap}_{p}(K, X)=0$ for all compact sets $K \subset X$, and otherwise $X$ is $p$-hyperbolic. From Proposition 8.6 it thus follows that the space $X$ is $p$-parabolic if $1 \leq p \notin \underline{S}_{\infty}$ (or $1<p \in \bar{S}_{\infty}$ ), and $X$ is $p$-hyperbolic if $p \in \operatorname{int} \underline{S}_{\infty}$. See e.g. Holopainen [28], Holopainen and Koskela [29] and Holopainen and Shanmugalingam [30] for more information on parabolic and hyperbolic Riemannian manifolds and metric spaces.

## 9 Sharpness of the estimates

The following result shows that the lower bounds in Sects. 6 and 7 are not only sharp, but also essentially equivalent to $p$ (or $q$ ) belonging to the corresponding $Q$-sets.

Proposition 9.1 If (6.1), (6.2), (6.8), (6.9), (7.3) or (7.4) holds for all $0<2 r \leq R$, then $p \in \underline{Q}, p \in \bar{Q}, p \leq \sup \underline{Q}, p \geq \inf \bar{Q}, p \leq \sup \underline{Q}$ or $p \geq \inf \bar{Q}$, respectively.

Similarly, if (6.6) or (6.7) holds for all $0<2 r \leq R$, then $q \in \underline{Q}$ or $q \in \bar{Q}$, respectively.
Proof We need to estimate $\mu\left(B_{r}\right) / \mu\left(B_{R}\right)$ in terms of $r / R$ for all $0<r<R$. It is enough to do this for $0<2 r \leq R$, since $R / 2<r<R$ can be treated by the doubling property of $\mu$ at $x$. If (6.1) or (6.2) holds, then Proposition 5.1 yields

$$
\frac{\mu\left(B_{r}\right)}{r^{p}} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{R}\right)}{R^{p}} \text { or } \frac{\mu\left(B_{R}\right)}{R^{p}} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{r}\right)}{r^{p}},
$$

which is equivalent to $p \in \underline{Q}$ or $p \in \bar{Q}$, respectively.

Next, if (6.6) holds for some $q>0$, then using Proposition 5.1 we see that

$$
\frac{\mu\left(B_{r}\right)}{r^{q}} R^{q-p} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{R}\right)}{R^{p}},
$$

which after division by $R^{q-p}$ shows that $q \in \underline{Q}$. Similarly, if (6.7) holds for some $q>0$, then $q \in \bar{Q}$.

Finally, if (6.8) holds, and in particular if (7.3) holds, then Proposition 5.1 yields for all $\varepsilon>0$ that

$$
\frac{\mu\left(B_{r}\right)}{\mu\left(B_{R}\right)} \lesssim \frac{r^{p} \operatorname{cap}_{p}\left(B_{r}, B_{R}\right)}{\mu\left(B_{R}\right)} \log ^{p} \frac{R}{r} \lesssim\left(\frac{r}{R}\right)^{p} \log ^{p} \frac{R}{r} \lesssim\left(\frac{r}{R}\right)^{p-\varepsilon},
$$

where the last implicit constant depends on $\varepsilon$. Thus $p-\varepsilon \in \underline{Q}$ for every $\varepsilon>0$, showing that $p \leq \sup \underline{Q}$. The implications (7.4) $\Rightarrow(6.9) \Rightarrow p \geq \inf \bar{Q}$ are proved similarly.

We have a corresponding result for the $S$-sets as well.
Proposition 9.2 If for some $q>0$ and all $0<2 r \leq R \leq R_{0}$,

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim r^{q-p} \text { or } \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim R^{q-p} \tag{9.1}
\end{equation*}
$$

then $q \in \bar{S}_{0}$. Similarly, if

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \gtrsim\left(\log \frac{R}{r}\right)^{-p} \tag{9.2}
\end{equation*}
$$

for all $0<2 r \leq R \leq R_{0}$, then $p \geq \inf \bar{S}_{0}$.
If instead (9.1) or (9.2) holds for all $R_{0} \leq r \leq R / 2<\infty$, then $q \in \underline{S}_{\infty}$ or $p \leq \sup \underline{S}_{\infty}$, respectively.

Proof We prove only the case $0<2 r \leq R \leq R_{0}$, the other case being similar.
If (9.1) holds and $q \leq p$, then Proposition 5.1 implies that $R^{q-p} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim$ $R^{-p} \mu\left(B_{R}\right)$ for all $R \leq R_{0}$, showing that $q \in \bar{S}_{0}$. If instead $q \geq p$ and (9.1) holds, then we get $r^{q-p} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim r^{-p} \mu\left(B_{r}\right)$ for all $r \leq R_{0} / 2$, and the same conclusion follows.

If (9.2) holds, then Proposition 5.1 and taking $R=R_{0}$ show that $\log ^{-p}\left(R_{0} / r\right) \lesssim$ $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim r^{-p} \mu\left(B_{r}\right)$. Since $\log \left(R_{0} / r\right) \lesssim r^{-\varepsilon}$ for every $\varepsilon>0$, this yields $\mu\left(B_{r}\right) \gtrsim r^{p(1+\varepsilon)}$, and hence $p(1+\varepsilon) \in \bar{S}_{0}$. Letting $\varepsilon \rightarrow 0$, gives $p \geq \inf \bar{S}_{0}$.

In the rest of this section we continue our study of the examples from Sect. 3, using a general formula for the capacity on weighted $\mathbf{R}^{n}$ with radial weights. The proof of this formula is postponed until Sect. 10, see Proposition 10.8.

Example 9.3 We continue with Example 3.2. First, for $p>2$ and $2 \alpha_{k+1} \leq 2 r \leq R \leq \beta_{k}$, we estimate using Proposition 10.8 with $f^{\prime}(\rho) \simeq w(\rho) \rho$ and (3.6) that

$$
\begin{align*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) & \simeq\left(\int_{r}^{R}\left(\alpha_{k+1} \rho\right)^{1 /(1-p)} d \rho\right)^{1-p}  \tag{9.3}\\
& \simeq \alpha_{k+1}\left(R^{(p-2) /(p-1)}-r^{(p-2) /(p-1)}\right)^{1-p} \simeq \alpha_{k+1} R^{2-p} \simeq \frac{\mu\left(B_{R}\right)}{R^{p}},
\end{align*}
$$

showing that the second upper bound in Proposition 5.1 cannot be improved. With $r=\alpha_{k+1}$ and $R=\beta_{k}$ it also follows that

$$
\begin{equation*}
\frac{\operatorname{cap}_{p}\left(B_{\alpha_{k+1}}, B_{\beta_{k}}\right)}{\alpha_{k+1}^{-p} \mu\left(B_{\alpha_{k+1}}\right)} \simeq\left(\frac{\alpha_{k+1}}{\beta_{k}}\right)^{p-2}=\alpha_{k}^{p / 2-1} \rightarrow 0, \quad \text { as } k \rightarrow \infty \tag{9.4}
\end{equation*}
$$

since $p>2$. This illustrates the fact (known from Proposition 9.1) that the lower estimates (6.1), (6.8) and (7.3) do not hold for $p>2$, i.e. for $p \notin \underline{Q}$. In addition, the equivalence in (9.4) shows that the lower bound in (6.6) is sharp (with $q=2 \in \underline{Q}$ ). Since

$$
\left(\log \frac{\beta_{k}}{\alpha_{k+1}}\right)^{1-p}=\left(\log \alpha_{k}^{-1 / 2}\right)^{1-p} \rightarrow 0, \quad \text { as } k \rightarrow \infty
$$

we also conclude from (9.3) (with $r=\alpha_{k+1}$ and $R=\beta_{k}$ ) that the estimate (5.1) does not hold for $p>2$, i.e. for $p \notin Q$.

If $1<p<4$ and $2 \beta_{k} \leq 2 r \leq R \leq \alpha_{k}$, then by Proposition 10.8 with $f^{\prime}(\rho) \simeq w(\rho) \rho$ and (3.8),

$$
\begin{align*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) & \simeq\left(\int_{r}^{R}\left(\frac{\rho^{2}}{\alpha_{k}} \rho\right)^{1 /(1-p)} d \rho\right)^{1-p}  \tag{9.5}\\
& \simeq \frac{1}{\alpha_{k}}\left(R^{(p-4) /(p-1)}-r^{(p-4) /(p-1)}\right)^{1-p} \simeq \frac{r^{4-p}}{\alpha_{k}} \simeq \frac{\mu\left(B_{r}\right)}{r^{p}},
\end{align*}
$$

showing that the first upper bound in Proposition 5.1 cannot be improved. In particular, (9.3) and (9.5) show that each of the upper bounds in Proposition 5.1 can give a sharp estimate for certain radii even when $p \notin Q \cup \bar{Q}$.

With $r=\beta_{k}$ and $R=\alpha_{k}$ it follows from (9.5) that

$$
\frac{\operatorname{cap}_{p}\left(B_{\beta_{k}}, B_{\alpha_{k}}\right)}{\alpha_{k}^{-p} \mu\left(B_{\alpha_{k}}\right)} \simeq\left(\frac{\beta_{k}}{\alpha_{k}}\right)^{4-p}=\alpha_{k}^{2-p / 2} \rightarrow 0, \quad \text { as } k \rightarrow \infty
$$

since $p<4$. Thus we here have a concrete case where the lower estimates (6.2), (6.9) and (7.4) do not hold for $p<4$, i.e. for $p \notin \bar{Q}$, and we also see that (6.7) is sharp as well (with $q=4 \in \bar{Q})$. Moreover, as

$$
\left(\log \frac{\alpha_{k}}{\beta_{k}}\right)^{1-p}=\left(\log \alpha_{k}^{-1 / 2}\right)^{1-p} \rightarrow 0, \quad \text { as } k \rightarrow \infty
$$

we conclude from (9.5) (with $r=\beta_{k}$ and $R=\alpha_{k}$ ) that the estimate (5.2) does not hold for $1<p<4$, i.e. for $p \notin \bar{Q}$.

From (9.5) and (9.3) with $p=2$ and $p=4$, respectively, we see that

$$
\operatorname{cap}_{2}\left(B_{\beta_{k}}, B_{\alpha_{k}}\right) \simeq \frac{\mu\left(B_{\beta_{k}}\right)}{\beta_{k}^{2}} \quad \text { and } \quad \operatorname{cap}_{4}\left(B_{\alpha_{k+1}}, B_{\beta_{k}}\right) \simeq \frac{\mu\left(B_{\beta_{k}}\right)}{\beta_{k}^{4}}
$$

which shows that the lower bounds in (7.3) and (7.4) are not always comparable to $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$ when $p=\max \underline{Q}$ or $p=\min \bar{Q}$, and that the estimates provided by Proposition 5.1 are in this case optimal (and better than those in Proposition 5.2).

Finally, choosing $R=\beta_{k}$ and $p>q=\frac{10}{3}=\min \bar{S}_{0}$ in (9.3) [or $r=\beta_{k}$ and $1<p<$ $q=\frac{10}{3}=\min \bar{S}_{0}$ in (9.5)] shows, together with (3.4), that the first two lower bounds in Proposition 8.3 are sharp. Similarly for $p<q=3=\max \underline{S}_{0}$, we see from (3.5) and (9.5) with $r=\frac{1}{2} \alpha_{k}$ and $R=\alpha_{k}$ that the upper bounds in Proposition 8.1 (a) are sharp.

Example 9.4 This is a continuation of Example 3.1 in $\mathbf{R}^{n}, n \geq 2$, with the weight

$$
w(\rho)= \begin{cases}\rho^{p-n} \log ^{\beta}(1 / \rho), & \text { if } 0<\rho \leq 1 / e, \\ \rho^{p-n}, & \text { otherwise },\end{cases}
$$

where $\beta \in \mathbf{R}$ is arbitrary and we this time require $p>1$. Recall that for $0<r<1 / e$ and $x=0$ we have $\mu\left(B_{r}\right) \simeq r^{p} \log ^{\beta}(1 / r)$. Proposition 10.8 with $f^{\prime}(\rho) \simeq w(\rho) \rho^{n-1}$ gives, for $0<r<R<1 / e$, that

$$
\begin{align*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)^{1 /(1-p)} & \simeq \int_{r}^{R} \log ^{\beta /(1-p)}(1 / \rho) \frac{d \rho}{\rho}=\int_{\log (1 / R)}^{\log (1 / r)} t^{\beta /(1-p)} d t \\
& =\frac{1}{\sigma}\left(\log ^{\sigma} \frac{1}{r}-\log ^{\sigma} \frac{1}{R}\right) \tag{9.6}
\end{align*}
$$

if $\sigma=1+\beta /(1-p) \neq 0$, and

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)^{1 /(1-p)} \simeq \log \log \frac{1}{r}-\log \log \frac{1}{R}
$$

if $\beta=p-1$.
The estimate (9.6) can be further simplified. For that we recall the simple Lemma 3.1 from Björn et al. [8] which says that for all $\sigma>0$ and all $t \in[0,1]$,

$$
\min \{1, \sigma\} t \leq 1-(1-t)^{\sigma} \leq \max \{1, \sigma\} t .
$$

Thus, if $\sigma>0$ in (9.6), we have

$$
\begin{align*}
\frac{1}{\sigma}\left(\log ^{\sigma} \frac{1}{r}-\log ^{\sigma} \frac{1}{R}\right) & \simeq\left(\log ^{\sigma} \frac{1}{r}\right)\left(1-\left(\frac{\log (1 / R)}{\log (1 / r)}\right)^{\sigma}\right)  \tag{9.7}\\
& \simeq\left(\log ^{\sigma} \frac{1}{r}\right)\left(1-\frac{\log (1 / R)}{\log (1 / r)}\right)=\left(\log \frac{1}{r}\right)^{\sigma-1} \log \frac{R}{r}
\end{align*}
$$

Since $\sigma-1=\beta /(1-p)$, this together with (9.6) gives

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq\left(\log ^{\beta} \frac{1}{r}\right)\left(\log \frac{R}{r}\right)^{1-p} \simeq \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p} \tag{9.8}
\end{equation*}
$$

On the other hand, if $\sigma<0$ in (9.6) then replacing $\sigma$ by $\theta=-\sigma>0$ in (9.7) yields

$$
\begin{aligned}
\frac{1}{\sigma}\left(\log ^{\sigma} \frac{1}{r}-\log ^{\sigma} \frac{1}{R}\right) & \simeq\left(\log ^{\sigma} \frac{1}{r}\right)\left(\log ^{\sigma} \frac{1}{R}\right)\left(\log ^{\theta} \frac{1}{r}-\log ^{\theta} \frac{1}{R}\right) \\
& \simeq\left(\log ^{\sigma} \frac{1}{r}\right)\left(\log ^{\sigma} \frac{1}{R}\right)\left(\log \frac{1}{r}\right)^{\theta-1} \log \frac{R}{r}=\frac{\log ^{\sigma}(1 / R)}{\log (1 / r)} \log \frac{R}{r}
\end{aligned}
$$

Since $\sigma(1-p)=\beta(1-(p-1) / \beta)$, we obtain from (9.6) that

$$
\begin{align*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) & \simeq\left(\frac{\log ^{\sigma}(1 / R)}{\log (1 / r)}\right)^{1-p}\left(\log \frac{R}{r}\right)^{1-p} \\
& =\left(\log ^{\beta} \frac{1}{R}\right)^{1-(p-1) / \beta}\left(\log ^{\beta} \frac{1}{r}\right)^{(p-1) / \beta}\left(\log \frac{R}{r}\right)^{1-p} \\
& \simeq\left(\frac{\mu\left(B_{R}\right)}{R^{p}}\right)^{1-(p-1) / \beta}\left(\frac{\mu\left(B_{r}\right)}{r^{p}}\right)^{(p-1) / \beta}\left(\log \frac{R}{r}\right)^{1-p} . \tag{9.9}
\end{align*}
$$

We now distinguish three cases.
(a) If $\beta<0$, then $p=\max \underline{Q}$ and $\sigma>0$. Thus (9.8) yields

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p}
$$

This shows that the lower estimate in Proposition 7.1 (a) is sharp and that (7.4) fails in this case, despite the fact that $p=\inf \bar{Q}$.
(b) If $0<\beta<p-1$, then $p=\min \bar{Q}$ and $\sigma>0$. From (9.8) we conclude that

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p},
$$

this time showing that the upper estimate in Proposition 5.2 (b) is sharp.
(c) If $\beta>p-1$, then $p=\min \bar{Q}$ and $\sigma<0$. From (9.9) we see that

$$
\begin{equation*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq\left(\frac{\mu\left(B_{R}\right)}{R^{p}}\right)^{1-(p-1) / \beta}\left(\frac{\mu\left(B_{r}\right)}{r^{p}}\right)^{(p-1) / \beta}\left(\log \frac{R}{r}\right)^{1-p} \tag{9.10}
\end{equation*}
$$

Note that both exponents $1-(p-1) / \beta$ and $(p-1) / \beta$ are positive and their sum is 1 . Letting $\beta \rightarrow \infty$ and $\beta \rightarrow p-1$, respectively, shows that in general for $p=\min \bar{Q}$ the estimate

$$
\frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p} \lesssim \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p},
$$

is the best we can hope for, since the definitions of $\underline{Q}$ and $\bar{Q}$ cannot capture the size of $\beta$ in $\mu\left(B_{\rho}\right) \simeq \rho^{p} \log ^{\beta}(1 / \rho)$, only its sign. Thus also the lower estimate in Proposition 7.1 (b) is optimal.

In addition, if $R$ is fixed and $r<R$, then by (9.9),

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) \simeq\left(\log \frac{1}{r}\right)^{p-1}\left(\log \frac{R}{r}\right)^{1-p} .
$$

When $r \ll R$, this is substantially smaller (since $\beta>p-1$ ) than the lower bound

$$
\frac{\mu\left(B_{r}\right)}{r^{p}}\left(\log \frac{R}{r}\right)^{1-p} \simeq\left(\log \frac{1}{r}\right)^{\beta}\left(\log \frac{R}{r}\right)^{1-p}
$$

claimed in [19, Theorem 3.2] for the case $p=q(x)=\sup \underline{Q}$. Thus the latter estimate cannot be valid if $p=\sup \underline{Q}=\min \bar{Q} \notin \underline{Q}$. Similarly, for $\tilde{p}>p=\sup \underline{Q}=\min \bar{Q} \notin \underline{Q}$ we have by Proposition 5.1 that

$$
\operatorname{cap}_{\tilde{p}}\left(B_{r}, B_{R}\right) \lesssim \frac{\mu\left(B_{R}\right)}{R^{\tilde{p}}} \simeq\left(\log \frac{1}{R}\right)^{\beta} R^{p-\tilde{p}}
$$

For $\beta>0$ and $r \ll R$, this is again substantially smaller than

$$
\frac{\mu\left(B_{r}\right)}{r^{p}} R^{p-\tilde{p}} \simeq\left(\log \frac{1}{r}\right)^{\beta} R^{p-\tilde{p}},
$$

showing that the lower bound claimed in [19, Theorem 3.2] for the case $\tilde{p}>q(x)$ cannot be valid in general. Nevertheless, let us point out that if $q(x)=\max \underline{Q}$, then the estimates given in [19, Theorem 3.2] for the cases $\tilde{p}=q(x)$ and $\tilde{p}>q(x)$ are (essentially) the same as our Propositions 7.1 (a) and 6.2 (a), respectively.

We now turn to the $S$-sets. If $\beta>0$, then $\underline{S}_{0}=\underline{Q}=(0, p)$ and $\bar{S}_{0}=\bar{Q}=[p, \infty)$. Thus, Proposition 8.2 is of no use, and indeed we can show that both $C_{p}(\{0\})=0$ and $C_{p}(\{0\})>0$ are possible in this case:

If $\sigma<0$, i.e. if $\beta>p-1$, then $\lim _{r \rightarrow 0} \operatorname{cap}_{p}\left(B_{r}, B_{R}\right)>0$, by (9.6). In the same way as at the end of the proof of Proposition 8.2 it follows that $C_{p}(\{0\})>0$ and $\operatorname{cap}_{p}(\{0\}, B)>0$ for every ball $B \ni 0$.

If instead $\sigma>0$, i.e. if $0<\beta<p-1$, then $\lim _{r \rightarrow 0} \operatorname{cap}_{p}\left(B_{r}, B_{R}\right)=0$, by (9.6), from which it directly follows that $\operatorname{cap}_{p}(\{0\}, B)=0$ for every ball $B \ni 0$. Using that $C_{p}(\{0\}) \leq \operatorname{cap}_{p}(\{0\}, B)+\mu(B)$ shows that also $C_{p}(\{0\})=0$.

Example 9.5 Let

$$
w(\rho)= \begin{cases}\rho^{p-n} \log ^{\beta} \rho & \text { for } \rho \geq e \\ \rho^{p-n}, & \text { otherwise }\end{cases}
$$

in $\mathbf{R}^{n}, n \geq 2$, where $p>1$ and $\beta \in \mathbf{R}$ is arbitrary, as in the second part of Example 3.1. This example is similar to the previous example, but the roles of $r$ and $R$ are in a sense reversed and thus we obtain different estimates.

As in Example 9.4, we have $\sup \underline{Q}=\inf \bar{Q}=p$, but if $\beta>0$ it is now $\sup \underline{Q}$ that is attained, while for $\beta<0$ we have that $\inf \bar{Q}$ is attained. Since

$$
f^{\prime}(\rho) \simeq w(\rho) \rho^{n-1}=\rho^{p-1} \log ^{\beta} \rho \text { for } \rho>e,
$$

we have by Proposition 10.8 for $e<r<R$ the estimate

$$
\begin{align*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)^{1 /(1-p)} & \simeq \int_{r}^{R} \log ^{\beta /(1-p)}(\rho) \frac{d \rho}{\rho} \\
& =\int_{\log r}^{\log R} t^{\beta /(1-p)} d t=\frac{\log ^{\sigma} R-\log ^{\sigma} r}{\sigma} \tag{9.11}
\end{align*}
$$

if $\sigma=1+\beta /(1-p) \neq 0$.
The simplification of (9.11) can be carried out analogously to the previous example, and we obtain for $\sigma>0$ that

$$
\begin{align*}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) & \simeq\left(\log ^{\sigma} R-\log ^{\sigma} r\right)^{1-p} \\
& \simeq(\log R)^{\beta}\left(\log \frac{R}{r}\right)^{1-p} \simeq \frac{\mu\left(B_{R}\right)}{R^{p}}\left(\log \frac{R}{r}\right)^{1-p} . \tag{9.12}
\end{align*}
$$

This yields the following conclusions in the cases corresponding to (a) and (b) of Example 9.4:
(a) If $\beta<0$, then $p=\min \bar{Q}$ and $\sigma>0$. Thus (9.12) shows the sharpness of the lower estimate in Proposition 7.1 (b). It also shows that (7.3) fails in this case, despite the fact that $p=\sup \underline{Q}$.
(b) If $0<\beta<p-1$, then $p=\max Q$ and $\sigma>0$, and from (9.12) we can conclude that also the upper estimate in Proposition 5.2 (a) is sharp.

We also mention that the case $\sigma<0$ can be studied just as in Example 9.4(c), this time showing the sharpness of the lower bound in Proposition 7.1 (a), although this was already known from the case (a) of Example 9.4; see however Remark 9.6 below.

Finally, if $\beta>0$, then $\underline{S}_{\infty}=Q=(0, p]$ and $\bar{S}_{\infty}=\bar{Q}=(p, \infty)$, and thus Proposition 8.6 is of no use. Considering the two cases $\sigma>0$ and $\sigma<0$ shows that indeed both possibilities $\operatorname{cap}_{p}\left(B_{r}, X\right)=0$ and $\operatorname{cap}_{p}\left(B_{r}, X\right)>0$ can happen in this case, cf. the end of Example 9.4.

Remark 9.6 In Example 9.4 we have $\underline{Q}=\underline{Q}_{0}$ and $\bar{Q}=\bar{Q}_{0}$, and thus the conclusions of this example also show the sharpness of the respective restricted capacity estimates, that is, the analogues of Proposition 5.2 (b) and Proposition 7.1 (a) and (b) for $\underline{Q}_{0}$ and $\bar{Q}_{0}$ and for radii $0<2 r \leq R \leq R_{0}$. In particular, Theorem 1.2, with the exception of the upper bound in (1.3), is shown to be sharp.

Similarly, in Example 9.5 we have $\underline{Q}=\underline{Q}_{\infty}$ and $\bar{Q}=\bar{Q}_{\infty}$, and so we obtain the sharpness of the analogues of Proposition 5.2 (a) and Proposition 7.1 (a) and (b) for $\underline{Q}_{\infty}$ and $\bar{Q}_{\infty}$ and for radii $R_{0} \leq r \leq R / 2$.

Nevertheless, these examples still leave open the sharpness of one of the upper bounds in each of the restricted versions of Proposition 5.2: We do not know if the upper estimate (5.1) is sharp for $p \in \underline{Q}_{0}$ and $0<2 r \leq R \leq R_{0}$, or if (5.2) is sharp for $p \in \bar{Q}_{\infty}$ and $R_{0} \leq r \leq R / 2$.

## 10 Radial weights and stretchings in $\mathrm{R}^{\boldsymbol{n}}$

In this section we consider radial weights in $\mathbf{R}^{n}, n \geq 2$, and give a sufficient condition for when they are admissible, and in particular satisfy the global doubling condition and a global Poincaré inequality, thus providing a basis for our examples in Sect. 9. This will be achieved by comparing such weights with suitable powers of Jacobians of quasiconformal mappings on $\mathbf{R}^{n}$. In particular, in Theorem 10.2 we characterize those radial stretchings in $\mathbf{R}^{n}$ which are quasiconformal. The same condition was considered in $\mathbf{R}^{2}$ by Astala et al. [4, Section 2.6] and for continuously differentiable mappings in $\mathbf{R}^{n}$ by Manojlović [36, Example 2.9], while for power-like radial stretchings the corresponding result is well known, see e.g. Example 16.2 in Väisälä [42]. Both in [4] and [36], the result is obtained by differentiation and uses the analytic definition of quasiconformal mappings, based on the Jacobian determinant. Our assumptions are weaker and the method is different and based on more direct estimates of the linear dilation, rather than on the differentiable structure of $\mathbf{R}^{n}$. We use the following metric definition of quasiconformal mappings, provided by e.g. Theorem 34.1 in [42], and applicable also in metric spaces.

Definition 10.1 A homeomorphism $F: \mathbf{R}^{n} \rightarrow \mathbf{R}^{n}, n \geq 2$, is a quasiconformal mapping if its linear dilation

$$
H_{F}(x):=\limsup _{r \rightarrow 0} \frac{L(x, r)}{l(x, r)}
$$

is bounded. Here

$$
L(x, r):=\max _{|x-y|=r}|F(x)-F(y)| \text { and } l(x, r):=\min _{|x-y|=r}|F(x)-F(y)| .
$$

We shall consider radial stretchings $F: \mathbf{R}^{n} \rightarrow \mathbf{R}^{n}$ given by

$$
\begin{equation*}
F(x)=h(|x|) x=k(|x|) \frac{x}{|x|} \quad \text { if } x \neq 0, \quad \text { and } \quad F(0)=0 \tag{10.1}
\end{equation*}
$$

where $h(\rho)=k(\rho) / \rho$, and $k$ is a locally absolutely continuous homeomorphism of $[0, \infty)$ satisfying $k(0)=0$ and

$$
\begin{equation*}
m \leq \frac{\rho k^{\prime}(\rho)}{k(\rho)} \leq M \tag{10.2}
\end{equation*}
$$

for a.e. $\rho \in[0, \infty)$ and some $0<m \leq M<\infty$. It is easily verified that the inverse mapping of $F$ is given by

$$
F^{-1}(z)=k^{-1}(|z|) \frac{z}{|z|}
$$

where the inverse $k^{-1}$ is (under our assumptions) also locally absolutely continuous, and by (10.2) we have for a.e. $\rho \in[0, \infty)$ that

$$
\begin{equation*}
\left(k^{-1}(\rho)\right)^{\prime}=\frac{1}{k^{\prime}\left(k^{-1}(\rho)\right)} \simeq \frac{k^{-1}(\rho)}{k\left(k^{-1}(\rho)\right)}=\frac{k^{-1}(\rho)}{\rho}, \tag{10.3}
\end{equation*}
$$

where the implicit constants in $\simeq$ are $1 / M$ and $1 / m$.
We are going to obtain the following characterization.
Theorem 10.2 Assume that the mapping $F: \mathbf{R}^{n} \rightarrow \mathbf{R}^{n}, n \geq 2$, is defined as in (10.1). Then $F$ is quasiconformal if and only if (10.2) holds for a.e. $\rho \in[0, \infty)$ and some $0<m \leq M<\infty$.

The following lemma gives a basis for the sufficiency part of the theorem.
Lemma 10.3 If $F: \mathbf{R}^{n} \rightarrow \mathbf{R}^{n}$ is as in (10.1) and satisfies (10.2), then for all $x, y \in \mathbf{R}^{n}$, with $|x| \leq|y|$ and $x \neq y$, we have

$$
\begin{equation*}
\frac{m}{1+2 m} \inf _{|x| \leq \xi \leq|y|} h(\xi) \leq \frac{|F(x)-F(y)|}{|x-y|} \leq(M+2) \sup _{|x| \leq \xi \leq|y|} h(\xi) . \tag{10.4}
\end{equation*}
$$

Proof For $x=0$ this is easily checked using the definition of $F$, so assume for the rest of the proof that $x \neq 0$. The triangle inequality yields

$$
\begin{align*}
|F(x)-F(y)| & =|h(|x|) x-h(|y|) x+h(|y|) x-h(|y|) y| \\
& \leq h(|y|)|x-y|+|x||h(|y|)-h(|x|)| . \tag{10.5}
\end{align*}
$$

Note that $h$ is also locally absolutely continuous and the assumption (10.2) gives for a.e. $|x| \leq \xi \leq|y|$ that

$$
\left|h^{\prime}(\xi)\right|=\left|\frac{k^{\prime}(\xi)}{\xi}-\frac{k(\xi)}{\xi^{2}}\right| \leq \frac{(M+1) k(\xi)}{\xi^{2}} \leq(M+1) \frac{h(\xi)}{|x|} .
$$

Hence

$$
|h(|y|)-h(|x|)| \leq(|y|-|x|) \operatorname{ess} \sup _{|x| \leq \xi \leq|y|}\left|h^{\prime}(\xi)\right| \leq(M+1)|x-y| \sup _{|x| \leq \xi \leq|y|} \frac{h(\xi)}{|x|} .
$$

Inserting this into (10.5) proves the second inequality in (10.4).
To prove the first inequality we use the inverse mapping $F^{-1}(z)=k^{-1}(|z|) z /|z|$. By (10.3), it satisfies (10.2) with $m$ and $M$ replaced by $1 / M$ and $1 / m$. The first part of the proof applied to $F^{-1}$ with $z=F(x)$ and $w=F(y)$ then yields

$$
\frac{|x-y|}{|F(x)-F(y)|}=\frac{\left|F^{-1}(z)-F^{-1}(w)\right|}{|z-w|} \leq\left(\frac{1}{m}+2\right) \sup _{|z| \leq \zeta \leq|w|} \frac{k^{-1}(\zeta)}{\zeta}
$$

Since $k^{-1}(\zeta) / \zeta=\xi / k(\xi)=1 / h(\xi)$ with $\xi=k^{-1}(\zeta)$, the first inequality in (10.4) follows.

Proof of Theorem 10.2 First assume that (10.2) holds. If $x=0$, then $L(x, r)=l(x, r)$ by the definition of $F$, and so $H_{F}(0)=1$. If on the other hand $x \neq 0$, then by Lemma 10.3 and the definition of $F$ we have, for $0<r<|x|$,

$$
\begin{equation*}
L(x, r) \lesssim r \sup _{|x|-r \leq \xi \leq|x|+r} h(\xi) \text { and } l(x, r) \gtrsim r \inf _{|x|-r \leq \xi \leq|x|+r} h(\xi) . \tag{10.6}
\end{equation*}
$$

Inserting this into the definition of $H_{F}(x)$ and letting $r \rightarrow 0$ shows that $F$ is quasiconformal.

Conversely, assume that $F$ is quasiconformal. Since the linear dilation $H_{F}(x)$ is bounded, Theorem 32.1 in Väisälä [42] shows that $F$ is differentiable a.e. It follows that $k^{\prime}$ exists a.e. in $(0, \infty)$. To prove (10.2), choose $K>0$ such that $H_{F}<K$ in $\mathbf{R}^{n}$. Fix $x \in \mathbf{R}^{n}$ with $|x|=1$ and let $\rho>0$ be arbitrary but such that $k^{\prime}(\rho)$ exists. Then there exists $0<r_{0}<\rho$ such that $L(\rho x, r) \leq K l(\rho x, r)$ whenever $0<r \leq r_{0}$. For each such $r$ find $y \in \mathbf{R}^{n}$ such that $|y|=1$ and $|x-y|=r / \rho$. Then $|\rho x-\rho y|=r$ and

$$
l(\rho x, r) \leq|F(\rho x)-F(\rho y)|=k(\rho)|x-y|=\frac{k(\rho) r}{\rho} .
$$

On the other hand,

$$
\frac{k(\rho+r)-k(\rho)}{r}=\frac{|F((\rho+r) x)-F(\rho x)|}{r} \leq \frac{L(\rho x, r)}{r} \leq K \frac{l(\rho x, r)}{r} \leq K \frac{k(\rho)}{\rho},
$$

and the quotient $(k(\rho)-k(\rho-r)) / r$ can be treated similarly. Letting $r \rightarrow 0$ shows that $k^{\prime}(\rho) \leq K k(\rho) / \rho$. Applying the same argument to the quasiconformal mapping $F^{-1}$ yields, with $\zeta=k(\rho)$,

$$
\frac{1}{k^{\prime}(\rho)}=\left(k^{-1}(\zeta)\right)^{\prime} \leq K \frac{k^{-1}(\zeta)}{\zeta}=\frac{K \rho}{k(\rho)},
$$

i.e. $k^{\prime}(\rho) \geq k(\rho) / K \rho$.

Now assume that $F$ is as in Lemma 10.3. The Jacobian $J_{F}$ of $F$ is the infinitesimal area distortion under $F$, and thus (10.6) implies that $J_{F}(x) \simeq h(|x|)^{n}$ for a.e. $x \in \mathbf{R}^{n}$. Since Jacobians of quasiconformal mappings are strong $A_{\infty}$ weights (by a result due to Gehring [20], cf. pp. 101-102 in David and Semmes [17] and Theorem 1.5 in Heinonen and Koskela [25]), Theorem 1 in Björn [11] shows that the weight

$$
J_{F}(x)^{1-p / n} \simeq h(|x|)^{n-p}=\left(\frac{k(|x|)}{|x|}\right)^{n-p}
$$

is $p$-admissible when $1 \leq p \leq n$. (For $1<p \leq n$, one can instead use Theorem 15.33 in Heinonen et al. [24] or Corollary 1.10 in Heinonen and Koskela [25].) We thus have the following result.

Theorem 10.4 Let $k:[0, \infty) \rightarrow[0, \infty)$ be a locally absolutely continuous homeomorphism of $[0, \infty)$ satisfying (10.2) for a.e. $\rho \in[0, \infty)$. Then the weight $w(x)=(k(|x|) /|x|)^{n-p}$ with $1 \leq p \leq n$ is $p$-admissible in $\mathbf{R}^{n}, n \geq 2$.

Now let $w$ be a radial weight on $\mathbf{R}^{n}, n \geq 2$, i.e. $w(x)=w(|x|)$ where $0 \leq w \in L_{\text {loc }}^{1}(0, \infty)$. Here we abuse the notation and use $w$ both for the weight itself and for its one-dimensional representation on $(0, \infty)$. With the help of Theorem 10.4 we obtain the following sufficient condition for admissibility of radial weights.

Proposition 10.5 Assume that $w:(0, \infty) \rightarrow(0, \infty)$ is locally absolutely continuous and that for some $\gamma_{1}<n-1, \gamma_{2}<\infty$ and a.e. $\rho>0$ we have,

$$
\begin{equation*}
-\gamma_{1} \leq \frac{\rho w^{\prime}(\rho)}{w(\rho)} \leq \gamma_{2} \tag{10.7}
\end{equation*}
$$

Then the radial weight $w(x)=w(|x|)$ is 1-admissible in $\mathbf{R}^{n}, n \geq 2$.

Remark 10.6 In particular, Proposition 10.5 shows that all the weights

$$
w(x)= \begin{cases}|x|^{\alpha} \log ^{\beta}(1 /|x|), & \text { if } 0<|x| \leq 1 / e \\ |x|^{\alpha}, & \text { otherwise }\end{cases}
$$

with $\alpha>1-n$ and $\beta \in \mathbf{R}$, are 1 -admissible in $\mathbf{R}^{n}, n \geq 2$. We expect these weights to be 1 -admissible (and even $A_{1}$ ) for $-n<\alpha \leq 1-n$ as well, but the $A_{1}$ condition needs to be checked in this case. This is well known for $\beta=0$, see Heinonen et al. [24, p. 10], thus showing that the above condition for admissibility is not sharp. Note also that for $n=1 \mathrm{a}$ weight is $p$-admissible if and only if it is an $A_{p}$ weight, by Theorem 2 in Björn et al. [13], and that the above "Jacobian" technique does not apply in this case.

Proof of Proposition 10.5 Let $k(\rho)=\rho w(\rho)^{1 /(n-1)}$. Then $k$ is locally absolutely continuous and (10.7) implies that

$$
\begin{align*}
k^{\prime}(\rho) & =w(\rho)^{1 /(n-1)}+\frac{1}{n-1} \rho w(\rho)^{1 /(n-1)-1} w^{\prime}(\rho)  \tag{10.8}\\
& =w(\rho)^{1 /(n-1)}\left(1+\frac{\rho w^{\prime}(\rho)}{(n-1) w(\rho)}\right) \geq\left(1-\frac{\gamma_{1}}{n-1}\right) w(\rho)^{1 /(n-1)}
\end{align*}
$$

which is positive for a.e. $\rho$. Thus $k$ is strictly increasing. Note also that integrating the inequality $w^{\prime}(\rho) / w(\rho) \geq-\gamma_{1} / \rho$ implies that

$$
\frac{w\left(\rho_{2}\right)}{w\left(\rho_{1}\right)} \geq\left(\frac{\rho_{2}}{\rho_{1}}\right)^{-\gamma_{1}}
$$

for $0<\rho_{1} \leq \rho_{2}<\infty$, and hence

$$
k\left(\rho_{2}\right)=\rho_{2} w\left(\rho_{2}\right)^{1 /(n-1)} \gtrsim \rho_{2}^{1-\gamma_{1} /(n-1)} \rightarrow \infty, \quad \text { as } \rho_{2} \rightarrow \infty
$$

and

$$
k\left(\rho_{1}\right)=\rho_{1} w\left(\rho_{1}\right)^{1 /(n-1)} \lesssim \rho_{1}^{1-\gamma_{1} /(n-1)} \rightarrow 0, \quad \text { as } \rho_{1} \rightarrow 0
$$

showing that $k$ is onto. From (10.7) and (10.8) we also conclude that

$$
0<1-\frac{\gamma_{1}}{n-1} \leq \frac{\rho k^{\prime}(\rho)}{k(\rho)} \leq 1+\frac{\gamma_{2}}{n-1}
$$

i.e. that (10.2) holds. Theorem 10.4 now finishes the proof.

Remark 10.7 The condition (10.7) can also be expressed in terms of $f(\rho):=\mu(B(0, \rho))$, where $d \mu=w d x$, as follows. Since $w(\rho)=C \rho^{1-n} f^{\prime}(\rho)$, an equivalent condition to (10.7) is

$$
0<n-1-\gamma_{1} \leq \frac{\rho f^{\prime \prime}(\rho)}{f^{\prime}(\rho)} \leq n-1+\gamma_{2}
$$

Note that this requires $f^{\prime \prime}>0$ (since $f$ is increasing), i.e. $f$ must be convex, which excludes small powers $f(r)=r^{\alpha}, 0<\alpha<1$. On the other hand, these correspond to $A_{1}$ weights, and are thus 1-admissible; see Heinonen et al. [24, p. 10] and Theorem 4 in Björn [11], and cf. also Remark 10.6.

We end this section by calculating the variational capacity of annuli with respect to radial weights in $\mathbf{R}^{n}$.

Proposition 10.8 Let $w(x)=w(|x|)$ be a radial weight on $\mathbf{R}^{n}, n \geq 2$, such that $w>0$ a.e. and $w \in L_{\mathrm{loc}}^{1}\left(\mathbf{R}^{n}\right)$. Assume that the corresponding measure $d \mu=w d x$ supports a p-Poincaré inequality at 0 , where $p>1$. Let $f(r)=\mu\left(B_{r}\right)$, where $B_{r}=B(0, r) \subset \mathbf{R}^{n}$. Then

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)=\left(\int_{r}^{R}\left(f^{\prime}\right)^{1 /(1-p)} d \rho\right)^{1-p} \text { whenever } 0<r<R \leq \infty .
$$

In Sect. 9 we applied this formula to various weights including weights of logarithmic type. In Theorems 2.18 and 2.19 in Heinonen et al. [24], an integral estimate was obtained for nonradial weights satisfying the $A_{p}$ condition. See also Theorem 3.1 in Holopainen and Koskela [29], where capacity of annuli in Riemannian manifolds is estimated in a similar way.

Remark 10.9 For Proposition 10.8, we actually do not need the full $p$-Poincaré inequality at 0 ; it is enough to have it for some ball $B \supset B_{R}$ with $\mu\left(B \backslash B_{R}\right)>0$. The Poincaré inequality is only used when proving Lemma 10.10, which in turn is used to show that the minimizer $u$ for $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$ is absolutely continuous on rays and that $g_{u}=\left|u^{\prime}\right|$.

These consequences are not always true if the Poincaré assumption is omitted. Indeed, if e.g.

$$
w(\rho)=\rho^{1-n}\left(\sum_{j=1}^{\infty} 2^{-j}\left(1+\frac{1}{\left|\rho-q_{j}\right|}\right)\right)^{-p} \leq \rho^{1-n}
$$

where $\left\{q_{j}\right\}_{j=1}^{\infty}$ is an enumeration of the positive rational numbers, then

$$
g(x)=\sum_{j=1}^{\infty} 2^{-j}\left(1+\left||x|-q_{j}\right|^{-1}\right) \in L^{p}\left(B_{R}, w d x\right)
$$

is for every $\tilde{r} \in(r, R)$ an upper gradient of $u:=\chi_{B_{\tilde{r}}}$, since $\int_{\gamma} g d s=\infty$ for every curve $\gamma$ crossing over $\partial B_{\tilde{r}}$. Thus $u \in N_{0}^{1, p}\left(B_{R}, w d x\right)$ and Corollary 2.21 in Björn and Björn [5] implies that $g_{u}=0$ a.e. in $B_{R}$. It follows that the minimizer is not unique (and may also be nonradial) and $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)=0$ in this case. Moreover, $g \in N^{1, p}\left(B_{R}, w d x\right)$ (with itself as an upper gradient), but $g \notin L_{\mathrm{loc}}^{1}\left(\mathbf{R}^{n}, d x\right)$, so $g^{\prime}$ need not be defined (e.g. in the distributional sense). Cf. also the discussion after Proposition 4.6 and the discussion about gradients on p . 13 in Heinonen et al. [24].

On the other hand, if $w$ is $p$-admissible, then Theorem 8.6 in [24] directly shows that $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)=\int_{B_{R} \backslash B_{r}}|\nabla u|^{p} w d x$, where $u$ is the solution of

$$
\operatorname{div}\left(w(x)|\nabla u(x)|^{p-2} \nabla u(x)\right)=0 \quad \text { in } B_{R} \backslash B_{r}
$$

with the boundary data 1 on $\partial B_{r}$ and 0 on $\partial B_{R}$, and only the second half of the proof below is needed in this case, cf. Example 2.22 in [24]. More general weights require more care and are treated using the metric space theory.

Proof of Proposition 10.8 By Lemma 4.8 we may assume that $R<\infty$. First we have

$$
f(r)=\int_{B_{r}} w d x=\omega_{n-1} \int_{0}^{r} w(\rho) \rho^{n-1} d \rho,
$$

where $\omega_{n-1}$ is the surface area of the ( $n-1$ )-dimensional unit sphere in $\mathbf{R}^{n}$. To calculate $\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)$ we need to minimize $\int_{B_{R} \backslash B_{r}} g_{u}^{p} w d x$ among functions $u$ with $u=1$ on $B_{r}$ and $u=0$ on $\partial B_{R}$. We shall also see below that under our assumptions, $g_{u}=\left|u^{\prime}\right|$ a.e.

Since the data are bounded, no Poincaré inequality nor doubling property is needed for the existence of a minimizer (i.e. a competing function having $p$-energy equal to cap ${ }_{p}\left(B_{r}, B_{R}\right)$ ), by e.g. Theorem 5.13 in Björn and Björn [6]. Without such assumptions the minimizer need not be unique and there may exist a nonradial minimizer, but there always exists at least one radial minimizer. Indeed, if $v$ is a minimizer, then

$$
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)=\int_{B_{R} \backslash B_{r}} g_{v}^{p} w d x=\int_{\mathbf{S}^{n-1}} \int_{r}^{R} g_{v}^{p}(\rho \theta) w(\rho) \rho^{n-1} d \rho d \theta
$$

and we can find $\theta_{0} \in \mathbf{S}^{n-1}$ so that

$$
\begin{equation*}
\int_{r}^{R} g_{v}^{p}\left(\rho \theta_{0}\right) w(\rho) \rho^{n-1} d \rho \leq \frac{\operatorname{cap}_{p}\left(B_{r}, B_{R}\right)}{\omega_{n-1}} \tag{10.9}
\end{equation*}
$$

Letting $u(x)=v\left(|x| \theta_{0}\right)$ and $g(x)=g_{v}\left(|x| \theta_{0}\right)$ it is easily verified that $g$ is a $p$-weak upper gradient of $u$ and that, by (10.9),

$$
\int_{B_{R} \backslash B_{r}} g_{u}^{p} w d x \leq \int_{B_{R} \backslash B_{r}} g^{p} w d x \leq \operatorname{cap}_{p}\left(B_{r}, B_{R}\right) .
$$

Thus $u$ is a radial minimizer.
As usual, we write $u(x)=u(|x|)$, where $u:[0, \infty) \rightarrow \mathbf{R}$. We may clearly assume that $u$ is decreasing, and so $u^{\prime}(\rho)$ exists for a.e. $\rho$. By Proposition 3.1 in Shanmugalingam [38] (or Theorem 1.56 in [5]), $u$ is absolutely continuous on all curves, except for a curve family with zero $p$-modulus (with respect to the measure $\mu$ ). Lemma 10.10 below shows that the family of all radial rays connecting $B_{r}$ to $\mathbf{R}^{n} \backslash B_{R}$ has positive $p$-modulus. By symmetry, it then follows that $u$ is absolutely continuous on the interval $[r, R]$ and hence, by Lemma 2.14 in [5], $g_{u}=\left|u^{\prime}\right|$ a.e.

Thus,

$$
\int_{B_{R} \backslash B_{r}} g_{u}^{p} w d x=\omega_{n-1} \int_{r}^{R}\left|u^{\prime}(\rho)\right|^{p} w(\rho) \rho^{n-1} d \rho=\int_{r}^{R}\left|u^{\prime}(\rho)\right|^{p} f^{\prime}(\rho) d \rho .
$$

Since $u$ is a minimizer of this integral, it solves the corresponding Euler-Lagrange equation

$$
\left(\left|u^{\prime}\right|^{p-2} u^{\prime} f^{\prime}\right)^{\prime}=0
$$

(which is derived in a standard way) and hence $\left|u^{\prime}\right|^{p-2} u^{\prime} f^{\prime}=A$ a.e. It is clear that $u^{\prime} \leq 0$, and so we get $u^{\prime}=-\left(A / f^{\prime}\right)^{1 /(p-1)}$ a.e. To determine the constant $A$, notice that

$$
1=u(r)-u(R)=-\int_{r}^{R} u^{\prime}(\rho) d \rho=\int_{r}^{R}\left(\frac{A}{f^{\prime}}\right)^{1 /(p-1)} d \rho
$$

and thus

$$
A=\left(\int_{r}^{R}\left(f^{\prime}\right)^{1 /(1-p)} d \rho\right)^{1-p}
$$

Inserting this into the above expressions for $u^{\prime}$ and $\int_{B_{R} \backslash B_{r}} g_{u}^{p} w d x$ gives

$$
\begin{aligned}
\operatorname{cap}_{p}\left(B_{r}, B_{R}\right) & =\int_{r}^{R}\left|u^{\prime}\right|^{p} f^{\prime} d \rho=\left(\int_{r}^{R}\left(f^{\prime}\right)^{1 /(1-p)} d \rho\right)^{-p} \int_{r}^{R}\left(f^{\prime}\right)^{p /(1-p)} f^{\prime} d \rho \\
& =\left(\int_{r}^{R}\left(f^{\prime}\right)^{1 /(1-p)} d \rho\right)^{1-p}
\end{aligned}
$$

Lemma 10.10 Under the assumptions of Proposition 10.8, the family $\Gamma_{r, R}$ of all radial rays connecting $B_{r}$ to $\mathbf{R}^{n} \backslash B_{R}$ has positive $p$-modulus with respect to the measure $d \mu=w d x$.

Proof Assume on the contrary that the $p$-modulus of $\Gamma_{r, R}$ is zero. Then there exists $g \in$ $L^{p}\left(B_{R} \backslash B_{r}, \mu\right)$ such that for every radial ray $\gamma$ connecting $r \theta$ to $R \theta$, where $\theta \in \mathbf{S}^{n-1}$, we have

$$
\int_{\gamma} g d s=\int_{r}^{R} g(\rho \theta) d \rho=\infty
$$

Since $g \in L^{p}\left(B_{R} \backslash B_{r}, \mu\right)$, Fubini's theorem implies that for a.e. $\theta \in \mathbf{S}^{n-1}$,

$$
\int_{r}^{R} g(\rho \theta)^{p} w(\rho \theta) \rho^{n-1} d \rho<\infty
$$

Choose one such $\theta \in \mathbf{S}^{n-1}$ and set $\tilde{g}(|x|)=\tilde{g}(x)=g(|x| \theta), x \in B_{R} \backslash B_{r}$. Then $\tilde{g}$ is radially symmetric, $\tilde{g} \in L^{p}\left(B_{R} \backslash B_{r}, \mu\right)$, and $\int_{\gamma} \tilde{g} d s=\infty$ for every $\gamma \in \Gamma_{r, R}$.

Since $\int_{r}^{R} \tilde{g} d t=\infty$, we can by successively halving intervals find a decreasing sequence of intervals $\left[a_{j}, b_{j}\right]$ such that $\int_{a_{j}}^{b_{j}} \tilde{g} d t=\infty$ and $b_{j}-a_{j} \rightarrow 0$, as $j \rightarrow \infty$. Letting $\tilde{r}=$ $\lim _{j \rightarrow \infty} a_{j}$ we see that either $\int_{\tilde{r}-\varepsilon}^{\tilde{r}} \tilde{g} d t=\infty$ for all $\varepsilon>0$, or $\int_{\tilde{r}}^{\tilde{r}+\varepsilon} \tilde{g} d t=\infty$ for all $\varepsilon>0$ (or both). Let in the former case $E=B_{\tilde{r}}$ and in the latter case $E=\bar{B}_{\tilde{r}}$.

If $\gamma:\left[0, l_{\gamma}\right] \rightarrow \mathbf{R}^{n}$ is any (possibly nonradial) curve connecting $E$ to $\mathbf{R}^{n} \backslash E$, then using the symmetry of $\tilde{g}$ it is easily verified that

$$
\int_{\gamma} \tilde{g} d s \geq \int_{|\gamma(0)|}^{\left|\gamma\left(l_{\gamma}\right)\right|} \tilde{g} d t=\infty .
$$

Thus $\tilde{g}$ is an upper gradient of $u_{n}=n \chi_{E}$ for every $n=1,2, \ldots$ Since $u_{n} \in N^{1, p}\left(B_{2 R}, \mu\right)$, applying the $p$-Poincaré inequality at 0 to $u_{n}$ gives

$$
0<n f_{B_{2 R}}\left|u_{1}-u_{1, B_{2 R}}\right| d \mu=f_{B_{2 R}}\left|u_{n}-u_{n, B_{2 R}}\right| d \mu \leq C R\left(f_{B_{2 R}} \tilde{g}^{p} d \mu\right)^{1 / p}<\infty
$$

Letting $n \rightarrow \infty$ leads to a contradiction, showing that $\Gamma_{r, R}$ has positive $p$-modulus.

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