ARTICLE

Rb and p107 are required for alpha cell survival, beta cell cycle control and glucagon-like peptide-1 action

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ABSTRACT

Aims/hypothesis Diabetes mellitus is characterised by beta cell loss and alpha cell expansion. Analogues of glucagon-like peptide-1 (GLP-1) are used therapeutically to antagonise these processes; thus, we hypothesised that the related cell cycle regulators retinoblastoma protein (Rb) and p107 were involved in GLP-1 action.

Methods We used small interfering RNA and adenoviruses to manipulate Rb and p107 expression in insulinoma and alpha-TC cell lines. In vivo we examined pancreas-specific Rb knockout, whole-body p107 knockout and Rb/p107 double-knockout mice.

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Division of Endocrinology, Department of Medicine, Toronto General Hospital, University Health Network, University of Toronto, Toronto, ON, Canada Results Rb, but not p107, was downregulated in response to the GLP-1 analogue, exendin-4, in both alpha and beta cells. Intriguingly, this resulted in opposite outcomes of cell cycle arrest in alpha cells but proliferation in beta cells. Overexpression of Rb in alpha and beta cells abolished or attenuated the effects of exendin-4 supporting the important role of Rb in GLP-1 modulation of cell cycling. Similarly, in vivo, Rb, but not p107, deficiency was required for the beta cell proliferative response to exendin-4. Consistent with this finding, Rb, but not p107, was suppressed in islets from humans with diabetes, suggesting the importance of Rb regulation for the compensatory proliferation that occurs under insulin resistant conditions. Finally, while p107 alone did not have an essential role in islet homeostasis, when combined with Rb deletion, its absence potentiated apoptosis of both alpha and beta cells resulting in glucose intolerance and diminished islet mass with ageing.

Conclusions/interpretation We found a central role of Rb in the dual effects of GLP-1 in alpha and beta cells. Our findings highlight unique contributions of individual Rb family members to islet cell proliferation and survival.

Keywords Alpha cell · Beta cell · Diabetes · p107 · Rb

Abbreviations

ARF	ADP-ribosylation factor
CDK	Cyclin-dependent kinase
GLP-1	Glucagon-like peptide-1
GSIS	Glucose-stimulated insulin secretion
GTT	Glucose tolerance test
ITT	Insulin tolerance test
PCNA	Proliferating cell nuclear antigen
p-DKO	Rb/p107 double-knockout
p107KO	Whole-body p107 knockout

p-RbKO	Pancreas-specific Rb knockout
Rb	Retinoblastoma protein
siRNA	Small interfering RNA

Introduction

Glucose homeostasis is tightly regulated by insulin and glucagon secreted by pancreatic beta and alpha cells, respectively [1–3]. Accordingly, a proper ratio of beta and alpha cells is crucial to meet the challenges of metabolic stress. Reduced number and function of beta cells with alpha cell excess is a pathological hallmark in diabetes [4–6]. Beta cell regeneration, in principle, could be achieved by neogenesis of islet stem/progenitor cells [7] or self-replication of pre-existing beta cells [8]. However, islet progenitors are rare and virtually absent after birth, when most mature islet cells are post-mitotic [8, 9]. Therefore, increasing research has focused on boosting beta cell mass while ideally suppressing alpha cell hyperplasia. Understanding the mechanisms that control alpha and beta cell proliferation may lead to the development of novel diabetes therapies.

Cell proliferation is a finely tuned process that transits cells through specific restriction points [10]. Adult pancreatic islet cells are mostly in the quiescent/ $G_{1/0}$ state but can re-enter cell cycle following appropriate stimuli. For example, the glucagon-like peptide-1 (GLP-1) analogue, exendin-4, stimulates beta cell proliferation [11, 12] while preventing alpha cell expansion [13, 14]. However, the mechanisms by which GLP-1 mediates these divergent effects in alpha and beta cells are unknown.

Retinoblastoma protein (Rb) is a well-known tumoursuppressor and gatekeeper of cell cycle re-entry through inhibition of E2f transactivation and E2f target genes [10]. Rb, therefore, is a viable target for controlling islet cell cycle. Previous studies showed that Rb plays a critical role during the transition from proliferative to differentiated states, but has a limited role once cells exit the cell cycle and differentiate [15, 16]. Thus, Rb plays a reduced essential role in mature pancreatic beta cells [17], whereas disruption of Rb in proliferating progenitors improves glucose tolerance through its divergent role in alpha and beta cells [18].

Here we showed the essential role of Rb in the effects of GLP-1 in alpha and beta cells. We also observed reduced Rb in islets of humans with diabetes. To better understand the physiological role of Rb family proteins we assessed Rb homologue p107. Unlike Rb, p107 did not have essential roles in GLP-1 action or in alpha or beta cell homeostasis. However, p107 potentiated the effects of Rb such that combined deficiency increased apoptosis in both alpha and beta cells, and decreased islet mass with ageing. Our results show that Rb is

essential in mediating the divergent actions of GLP-1 on alpha and beta cells, and together with its homologue p107, is critical in governing islet cell mass.

Methods

Mice Pancreas-specific Rb knockout mice, Pdx1- $Cre:Rb^{fl/fl}$ (p-RbKO) [18], were bred to $p107^{-/-}$ whole-body knockout mice (p107KO) (E. Zacksenhaus, Toronto, ON, Canada) [19] to generate Pdx1- $Cre:Rb^{fl/fl}/p107^{-/-}$ mice (p-DKO) and control Pdx1- $Cre:Rb^{fl/fl}/p107^{+/+}$ littermates. Mice were maintained on a mixed C57BL6;129/Sv background and housed as previously described [18]. Exendin-4 (Sigma, St Louis, MO, USA) in PBS was administrated i.p. at 09:00 hours and 17:00 hours for 3 days at a dose of 24 nmol/kg [20]. Glucose tolerance tests (GTT), insulin tolerance tests (ITT) and glucose-stimulated insulin secretion (GSIS) were performed as previously described [21]. Animal protocols were approved by the Toronto General Research Institute Animal Care Committee.

Immunohistochemistry, immunofluorescence and immunoblotting Ki67, insulin and glucagon immunostaining, TUNEL assay and immunoblotting were performed as described previously [22]. Antibodies for Rb, p107, E2F1, p53, p21, p27 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), cyclin D1, cyclin E, cleaved caspase 3, glyceraldehyde-3-phosphate dehydrogenase, p-Akt, and proliferating cell nuclear antigen (PCNA; Cell Signaling, Beverly, MA, USA) were used [22].

Cell culture, siRNA transfection, exendin-4 treatment and adenovirus infection Insulinoma cells (INS-1) and simian virus 40 T-antigen induced glucagonoma cells (alpha-TC) were cultured as previously described [18]. Cells were serum-starved for 2 h and then treated with 10 nmol/l exendin-4. Cells were transfected with Rb, p107 or Silencer Select negative control small interfering RNA (siRNA) (Ambion, Carlsbad, CA, USA) [18]. Cells were infected with recombinant adenovirus-CMV-Rb (Vector Biolabs, Philadelphia, PA) at a multiplicity of infection of 100 for 24 h. Flow cytometry was performed as described previously [18].

Quantitative PCR Human islets were provided by the ABCC Human islet distribution programme (University of Alberta, Edmonton, AB, Canada) [23, 24]. Islet donation was approved by the local institutional ethical review board. Quantitative PCR was performed as previously described [18].

Statistics Data are presented as mean \pm SEM and were analysed by two-tailed independent-sample Student's *t* test

or one-way ANOVA, as appropriate. A p value <0.05 was considered statistically significant.

Results

Critical role of Rb in mediating exendin-4 action in alpha and beta cells Activating GLP-1 signalling is a widely used therapeutic strategy for diabetes that promotes beta cell proliferation while attenuating alpha cell mass in animal models [13]. We asked whether the opposing effects of GLP-1 on alpha and beta cells were mediated by Rb. We examined the direct effects of exendin-4 on beta cell (INS-1) and alpha cell (alpha-TC) lines. Exendin-4 induced an expected increase in cyclic AMP response element-binding protein phosphorylation, confirming activation of GLP-1 signalling in these cells (electronic supplementary material [ESM] Fig. 1a, b). In both cell lines exendin-4 decreased Rb protein levels and induced E2F1 (Fig. 1a, b). Phosphorylation of Rb was also induced as previously reported (ESM Fig. 1a, b) [12]. Rb levels did not change in response to high glucose, supporting its response specifically to exendin-4. Similar exendin-4-stimulated decrease in Rb was seen in isolated mouse islets (ESM Fig. 1c, d).

Remarkably, the levels of E2F1 effectors in these two cell types were significantly different. In alpha-TC cells, cell cycle inhibitors, p53, p27 and p21 were increased, and cell cycle promoters cyclin D1 and E decreased (Fig. 1a); whereas in INS-1 cells, cell cycle inhibitors decreased with an increase in cyclin D1 and E (Fig. 1b). Accordingly, exendin-4 decreased viability in alpha-TC but increased viability in INS-1 cells (ESM Fig. 1e). To further understand the mechanism of these divergent effects of Rb, we next examined the expression of *Arf*, the E2F1 target and upstream regulator of p53. Interestingly, *Arf* was induced by exendin-4 in both cell types after 6 h but this induction was transient in beta cells. In alpha cells, *Arf* remained elevated at 24 h, potentially contributing to opposing p53 levels in the two cell types (Fig. 1c).

In order to assess whether or not Rb suppression was the central mechanism through which exendin-4 exerted its effects, we overexpressed Rb in both cell lines. Indeed, the effects on E2F1, cyclin D1 and E observed in both cells lines in response to exendin-4 were abolished with sustained Rb expression. In INS-1 cells with Rb overexpression, decreases in p53 and p21 were abrogated, and in alpha-TC cells with Rb overexpression, induction of cell cycle inhibitors by exendin was significantly attenuated. Attenuation of *Arf* induction in response to exendin-4 was also seen after Rb overexpression, supporting the important role of ADP-ribosylation factor (ARF) in mediating effects of Rb regulation. Overall, these data indicate the essential role of Rb suppression in the opposing biological effects of exendin-4 in these cell types (Fig. 1d, e).

To determine whether or not Rb is essential for GLP-1 effects in vivo, we next administered exendin-4 to mice with Rb deficiency specifically in the pancreas. We recently showed that Pdx1- $Cre^+Rb^{fl/fl}$ mice (henceforth referred to as p-RbKO) with Rb deletion in pancreatic progenitors exhibit increased beta cell proliferation under basal conditions (Fig. 1f) [18]. As expected, exendin-4 treatment in control mice led to beta cell proliferation (Fig. 1f). By contrast, further induction of proliferation was not seen in p-RbKO mice (Fig. 1f), supporting the importance of Rb in GLP-1 action in vivo.

We next assessed the role of Rb homologue, p107, on exendin-4 response using whole-body p107KO mice (ESM Fig. 2a) given exendin-4. In contrast to p-RbKO, p107KO mice showed an increase in proliferation in response to exendin-4 similar to control mice (Fig. 1f). Furthermore, islets of mice with double deletion of Rb and p107 (p-DKO) showed similar lack of additional proliferative response to exendin-4, indicating that Rb but not p107 suppression was required for exendin-4 effects on islet cell proliferation (Fig. 1f).

Reduced Rb but not p107 expression in islets of humans with diabetes Individuals with diabetes undergo adaptive islet cell proliferation to overcome insulin resistance [25]. Accordingly, a recent report showed upregulation of cell cycle genes CCND1 (encoding cyclin D1) and CDK4 (encoding cyclin-dependent kinase 4) in islets of humans with type 2 diabetes [26]. We, therefore, investigated whether Rb and p107 levels were altered with diabetes and found reduced *RB* expression in islets from individuals with diabetes compared with controls (Fig. 1g). Reduction of p107 was not statistically significant (Fig. 1g). Thus, Rb but not p107 is likely to be a critical negative regulator of adaptive beta cell proliferation.

Unique role of p107 in potentiating apoptosis in Rb-deficient islets To better understand the role of Rb and p107 in islets, we assessed whether these proteins are essential for glucose homeostasis under basal conditions. We previously showed that p-RbKO mice have improved glucose tolerance and increased beta cell mass [18]. By contrast, p107KO mice had normal glucose tolerance, similar to controls, and p-DKO mice showed improved glucose tolerance similar to p-RbKO mice at 4-8 weeks of age (Fig. 2a). Interestingly, despite improved glucose tolerance, p-DKO mice did not have increased beta cell mass present in p-RbKO mice (Fig. 2b). While proliferation was similar to p-RbKO mice (Fig. 1f), there was a concomitant increase in beta cell apoptosis in p-DKO mice, as shown by TUNEL and cleaved caspase 3 in islet lysates (Fig. 2c, d). Therefore, increased apoptosis may explain the lack of increase in beta cell mass in p-DKO mice (Fig. 2b). Interestingly, beta cell function, as evidenced by GSIS, was enhanced in p-DKO mice (Fig. 2e), and

Fig. 1 Dichotomous role of Rb in islet cycle. Western blots with quantification presented as fold vs control in (a) alpha-TC and (b) INS-1 cells after exendin-4 (EX); n=3. (c) Arf mRNA levels fold vs control; n=3. White bars, 0 h; grey bars, 6 h; black bars, 24 h. mRNA expression fold vs control in (d) Rb adenovirus (Ad-Rb)infected alpha-TC and (e) INS-1 cells with 24 h EX; n=3. White bars, control; grey bars, Ad-*Rb*; black bars, Ad-Rb+EX. (f) Ki67 positivity in 4-8-week-old mice; n = -1,000 islet cells per animal, 3-5 mice. White bars, control; dark grey bars, RbKO; light grey bars, p107KO; black bars, p-DKO. **p*<0.05, ***p*<0.01, ***p < 0.001 vs control in same treatment group by Student's t test; $^{\dagger\dagger\dagger}p < 0.001$ vs same genotype group without EX by Student's t test. (g) Human islet RB mRNA levels presented as fold vs control; n=8 non-diabetic group (white bars) and n=3 type 2 diabetic group (black bars). ***p<0.001 between groups by Student's t test. CCND1, cyclin D1; CCNE, Cyclin E; GAPDH, glyceraldehyde-3-phosphate dehydrogenase



significantly more so than in p-RbKO mice, which were previously shown to have increased beta cell function. This improved glucose tolerance in p-DKO mice was not due to changes in insulin sensitivity as we observed similar body weights and response to ITT compared with controls (ESM Fig. 2b, c). Therefore, the enhanced beta cell function in p-DKO mice likely contributed to the improved glucose tolerance despite lower beta cell mass.

Interestingly, as p-DKO mice aged they no longer exhibited enhanced glucose tolerance, whereas p-RbKO mice maintained better glycaemic control (18–22 weeks; Fig. 3a, b). This loss of improved glucose homeostasis in older p-DKO mice correlated with reduced beta cell mass (Fig. 3c) and increased beta cell apoptosis, similar to that seen in younger mice (4–8 weeks). However, the increased proliferation present in younger p-DKO mice was absent in older mice. Thus the combined increase in apoptosis and a decline in beta cell proliferation likely contributed to the overall decrease in beta cell mass in these mice with ageing and decreased insulin levels during GSIS (Fig. 3d–f, ESM Fig. 2d). On the other hand, p107KO mice had no change in beta cell proliferation or apoptosis at both ages (Figs 1f, 2d, and 3d), suggesting that p107 is not essential in beta cell homeostasis. However, p107 potentiates apoptosis in beta cells when combined with Rb deficiency.

We next assessed the role of p107 in alpha cells. We previously showed that Rb deficiency in islet progenitors lowered alpha cell mass. In p-DKO mice, there was a significant further reduction in alpha cell mass in both age groups compared with p-RbKO mice (Fig. 4a, b), which was associated with increased apoptosis, evident from TUNEL of glucagon-expressing cells (Fig. 4c). We previously showed



Fig. 2 Rb/p107 deficiency in islets improves glucose tolerance in young (4–8-week-old) mice. (a) GTT; n=8. (b) Beta cell area; n=5. (c) Pancreas TUNEL/insulin co-staining. Arrowheads, TUNEL-positive beta cells; n=~1000 beta cells per animal, 5 mice. (d) Protein levels presented as fold vs control of cleaved caspase 3 in islets; n=3. (e) GSIS; n=8. White circles, control; white diamonds, RbKO; grey circles, p107KO; black circles, p-DKO. White bars, control; dark grey bars, RbKO; light grey bars, p107KO; black bars, p-DKO. *p<0.05, **p<0.01, ***p<0.001 p-RbKO vs controls by Student's *t* test; $^{\dagger}p<0.05$, $^{\dagger\dagger}p<0.01$ p-DKO vs controls by Student's *t* test. Scale bar, 40 µm

that Rb controls alpha cell development through regulation of the key transcription factor *Arx*. While *Arx* was not changed in p107 deficient islets, its expression was further reduced in p-DKO compared with Rb-deficient islets (Fig. 4d). These changes in alpha cells were in line with a significant reduction in fasting serum glucagon levels in p-DKO mice (Fig. 4e). The reduction in alpha cells could also contribute to improved glucose tolerance in the young mice, as well as to sustained normal glucose tolerance despite low beta cell mass in the older p-DKO mice (Figs 2a and 3b). Therefore, while loss of p107 alone does not alter islet homeostasis, likely due to compensation by Rb, when combined with Rb deletion, it renders both alpha and beta cells more susceptible to apoptosis, ultimately resulting in a decline in islet mass and glucose intolerance.

Disruption of Rb and p107 in alpha and beta cells leads to deregulation of E2F E2F members have a dose-dependent effect on cell fate, leading to either proliferation or apoptosis [27–30]. Indeed, at 4–8 weeks of age, p-DKO islets expressed much higher levels of *E2f1*, 4 and 5 compared with their single knockout counterparts (Fig. 5a). This finding was associated not only with an increase in pro-survival and proliferative signalling, p-Akt, cyclin E and PCNA, but also with a concomitant increase in cell cycle inhibitors p53, p27 and p21 (Fig. 5b), which was not seen in the p-RbKO mice (ESM Fig. 2e) [18]. Furthermore, E2F1 is required for the divergent effects of exendin-4 on alpha and beta cell lines, since siRNA knockdown of E2F1 abolished the changes in expression of cell cycle regulatory genes seen with exendin-4 (ESM Fig. 3a, b).

The increased p53 levels seen in islets from the p-DKO mice but not from single knockout mice were associated with induction of its pro-death targets, Puma (also known as Bbc3) and Noxa (also known as Pmaip1) (Fig. 5c). Moreover, in contrast to the single knockout mice, p-DKO mouse islets had decreased expression of the anti-apoptotic $Bcl-X_L$ (also known as Bcl2l1) gene as well as a decrease in P16ink4a (also known as Cdkn2a), involved in beta cell regeneration [31]. These findings suggest that combined Rb and p107 deficiency further alters cell survival and proliferation. Overall, both alpha and beta cell apoptosis were increased (Figs 2c and 3e), in addition to an increase in proliferation in p-DKO islets, resulting in similar islet mass as controls. By contrast, p-RbKO islets with lower levels of E2Fs compared with p-DKO islets showed reduced Puma and Noxa mRNA levels, and an increase in Bcl-XL mRNA, which encodes an antiapoptotic protein (Fig. 5c).

We next assessed the cell-autonomous role of p107 either alone or in combination with Rb using siRNA in alpha and beta cell lines. Consistent with the in vivo data, knockdown of p107 in alpha-TC cells did not induce p53 (Fig. 6a). However, when p107 and Rb were both knocked down, p53 was increased (Fig. 6a), associated with even higher apoptotic SubG1 fraction compared with Rb knockdown alone (Fig. 6b).

In INS-1 cells, combined knockdown of Rb and p107 induced p53 to a much greater extent than with single-gene knockdown (Fig. 6c), substantially increasing apoptotic SubG1 fraction (Fig. 6d), while knockdown of Rb alone led to p53 suppression without significant changes in apoptosis (Fig. 6d). Interestingly, *Arf* expression increased in both alpha and beta cells after combined Rb and p107 knockdown (Fig. 6e). Consistent with this, we observed increased *Arf*



Fig. 3 Loss of beta cell mass in aged (18–22 weeks) Rb/p107-deficient mice. (a) Blood glucose levels; n=10. (b) GTT; n=9. (c) Beta cell area; n=5. (d) Islet Ki67 positivity; n=5. (e) Pancreas TUNEL/insulin co-staining. Arrowheads, TUNEL-positive beta cells; $n=\sim1000$ beta cells per animal, 5 mice. (f) GSIS; n=5. White circles, control; white

diamonds, RbKO; grey circles, p107KO; black circles, p-DKO. White bars, control; dark grey bars, RbKO; light grey bars, p107KO; black bars, p-DKO. *p<0.05, ***p<0.001 vs control by Student's *t* test; [†]p<0.05, ^{††}p<0.01 p-RbKO vs controls by Student's *t* test. Scale bar, 40 µm

expression and apoptosis in islets of p-DKO mice (Fig. 6f). We also observed increases in *Kir6.2* (also known as *Kcnj11*) expression in p-Rb and p-DKO mice, which is well known for regulation in insulin secretion and has also been implicated in beta cell proliferation, consistent with its regulation by E2F1 (ESM Fig. 3c) [32, 33]. These results show intricate regulation of p53 by Rb family proteins and the fine-tuning of intracellular signalling that is potentiated by Rb and p107.

Discussion

Dysregulation of pancreatic islet cell mass is at the crux of diabetes mellitus. Thus regenerating islets with proper proportions of individual islet cell types would be an ideal goal for successful treatment of diabetes. In this study, we observed that Rb levels were decreased in islets of humans with type 2 diabetes, suggesting that Rb is important in compensatory beta cell proliferation. Interestingly, exendin-4 treatment of beta cells also suppressed Rb, an effect necessary for the proliferative effects of this agent. Exendin-4 treatment of alpha cells similarly reduced Rb levels but this led to cell cycle arrest, which may have further contributed to metabolically favourable effects of exendin-4. Exendin-4 suppressed Rb through two complementary mechanisms: downregulation of Rb mRNA and increased Rb phosphorylation. While Rb

hyperphosphorylation may be driven through exendin 4-dependent induction of cyclin D1 [34], the mechanism by which this GLP-1R agonist inhibits *Rb* mRNA is yet to be established. The predominant Rb family member expressed in cycling cells, p107, showed a limited role in adult beta cell cycle control. However, combined p107 and Rb deficiency in islet progenitors drove beta cells from a quiescent state back into cell cycle; but this effect was overcome by an increase in apoptosis with ageing. These results show intricate roles of the individual and combined Rb family members in regulating islet cell cycle and survival (Fig. 7).

Rb is thought to be dispensable in mature beta cells, possibly due to compensation by p130 [17, 35]. However, deletion of Rb in proliferating pancreatic and duodenal homeobox 1 (PDX1)-positive pancreatic progenitors improved glucose tolerance by persistently increasing neurogenin 3-positive cells that were associated with enhanced beta cell proliferation and differentiation, but disrupted alpha cell differentiation and survival [18]. We show that combined deletion of Rb and p107 in proliferating islets does not exert additional proliferative effects compared with loss of Rb alone in beta cells; however, ageing increases beta cell apoptosis, leading to loss of beta cell mass and abolition of enhanced glucose homeostasis. These results demonstrate a unique role of p107 deletion in potentiating islet cell apoptosis in Rb-deficient islets through induction of E2F members and p53, thereby resulting in a decline of both alpha and beta cell mass.

Fig. 4 Loss of alpha cell mass in Rb/p107-deficient mice. (a) Pancreas insulin/glucagon co-staining: n=3. (b) alpha cell area; n=5. (c) Pancreas TUNEL/glucagon co-staining. Arrowheads, TUNEL-positive alpha cells: $n = \sim 100$ alpha cells per animal, 3–5 mice. (d) Islet Arx mRNA levels presented as fold vs control; n=3. (e) Fasting serum glucagon; n=5. White bars, control; dark grey bars, RbKO; light grey bars, p107KO; black bars, p-DKO. *p<0.05, **p<0.01, ***p<0.001 vs control by Student's t test; $p^{\dagger} = 0.05$, $p^{\dagger} = 0.01$ p-DKO vs p-RbKO mice by Student's t test. Scale bar, 40 µm



Rb and p107 may compensate for each other through two major mechanisms. First, in the absence of Rb, p107 may interact with activating E2Fs (E2F1–3) and suppress genes normally regulated by Rb. Thus, combined inactivation of both pocket proteins is required to deregulate E2F1–3-responsive genes and promote cell cycle progression. Second, the spacer domain of p107 (but not Rb) acts as a CDK2 inhibitor [36]. Indeed, deletion of p107 has a similar effect as deletion of the CDK inhibitor p27 on retinoblastoma formation in murine models [37]. Deletion of Rb and p107 in some contexts leads to enhanced proliferation and cancer such as retinoblastoma in mice, but may also lead to more severe differentiation defects in muscle [38] or, as shown here, to increased apoptosis in pancreatic islet cells.

The distinct biological consequences of the loss of specific Rb family members can be due to differential regulation of E2F family proteins [10, 39]. For example, in alpha cells, Rb knockdown led to an approximately fivefold increase in E2F1 levels, which was associated with p53 induction and an increase in apoptosis. By contrast, a less dramatic twofold induction of E2F1 after a similarly efficient knockdown of Rb in beta cells resulted in a decrease in p53 with an increase in cell proliferation [18]. Similarly, a mild elevation of E2F1 levels in fibroblasts resulted in increased cell proliferation, but



p<0.01, *p<0.001 vs control by Student's *t* test; ^{††}p<0.01 vs RbKO by Student's *t* test; [‡]p<0.05, ^{‡‡}p<0.01 vs p107KO by Student's *t* test. CCNE, cyclin E



Fig. 6 Knockdown of Rb and p107 increases apoptosis. Protein levels presented as fold vs control in (**a**) alpha-TC and (**c**) INS-1 cells; n=3. Cell cycle analyses of (**b**) alpha-TC and (**d**) INS-1 cells by flow cytometry; n=3. (**e**) *Arf* and *E2f1* mRNA levels presented as fold vs control in siRNA-treated cells; n=3. White bars, control; dark grey bars, scramble siRNA; striped bars, *Rb* siRNA; dark grey bars, p107 siRNA; black bars, *Rb/p107*

siRNA. (f) Islet *Arf* mRNA level; n=3. White bars, control; dark grey bars, RbKO; light grey bars, p107KO; black bars, p-DKO. *p<0.05, **p<0.01 vs control by Student's *t* test; [†]p<0.05 vs p107KO by Student's *t* test. FL2-A, area; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; PI, propidium iodide

an excessive increase in E2F1 led to apoptosis through activation of p53-dependent caspase signalling [27]. These

findings suggest that E2F1 may have a dose-dependent effect on cell fate. Accordingly, we show that combined deletion of 0 <u>\$%</u>





Fig. 7 Summary of the role of Rb and p107 in alpha (α) and beta (β) cell cycle control

Rb and p107 in beta cells led to a greater increase in E2F1 expression compared with loss of Rb alone, which not only increased proliferation but also apoptosis. Indeed, E2F1 is considered unique from other E2F members because of its effect in promoting pro-apoptotic activity [29, 30]. Persistently increased apoptosis with a concomitant reduction in proliferation resulted in net loss of beta cell mass in p-DKO mice with ageing, leading to the loss of improved glucose homeostasis observed in young p-DKO mice. Moreover, E2F1 has previously been shown to be involved in early pancreas development [40], insulin secretion [33, 41] and proliferation [41-44]. These data show the importance of the precise regulation of E2F in determining the various biological outcomes of islets.

The differential induction of E2F1 can in turn lead to specific regulation of Arf, which could contribute to divergent cell fate. Arf was transiently induced in exendin-4-treated beta cells, returning to baseline levels after 24 h, whereas high Arf levels persisted in alpha cells following treatment, and these inductions were attenuated with Rb overexpression. These results show a distinct dynamic response of Arf in alpha and beta cells, which may contribute to dose-dependent effects of E2F1 on islet cell fate. While E2F1 is perhaps best recognised as a major target of Rb regulation in cell cycle, further work is required to determine the potential roles of other E2Fs, which have increasingly been shown to play a role in cell survival and cycle regulation [45], including E2F3a and E2F3b which have been implicated in cell survival and Arf regulation [46, 47].

In addition, we found that combined loss of Rb and p107 in alpha cells led to an even greater increase in apoptosis, as evidenced by an approximately twofold increase in alpha cell apoptosis in p-DKO vs p-RbKO mice. We showed previously that E2F1 can bind directly to the promoter regions of Arx, a key alpha cell transcription factor, and likely represses gene transcription. As such, Rb-deficient mice exhibit low alpha cell mass [18]. The more significant loss in alpha cell mass in

p-DKO mice suggests that the combined loss of Rb family proteins potentiates Arx repression and alpha cell death. The profound reduction in alpha cell mass in p-DKO mice likely contributed to improved glucose homeostasis in young mice with normal beta cell mass. Moreover, the reduced alpha cell mass is also likely to have contributed to normal glucose tolerance in aged p-DKO mice with decreased beta cell mass.

As the gatekeeper of cell cycle entry, Rb proteins play a critical role in determining the transition between proliferation, differentiation and apoptosis [16, 48]. A recent report has demonstrated that another typically non-proliferative and post-mitotic cell type, muscle cells, can become regenerative by inactivating Rb and ARF [49]. Moreover, expansion of stem cell populations have also been shown to be restricted by the Rb pathway [50]. Combined with our results in human and mouse islets, these lines of evidence further support the notion that differentiated mammalian cells still retain the capacity to re-enter cell cycle and this regenerative ability may be largely controlled by the activities of Rb proteins.

The results of the present study demonstrate that Rb family proteins have unique and opposing effects on alpha and beta cells that provide a unifying mechanism for the divergent role of GLP-1 in these islet cell types. In contrast to the opposing effects of Rb loss alone, the Rb homologue p107, while not essential by itself, augments apoptosis in both alpha and beta cells in the setting of combined Rb and p107 loss. Given that a decline in beta cells and concomitant increase in alpha cells are core pathologies in diabetes, our findings on the dichotomous effects of Rb in alpha and beta cells provide valuable insight towards novel therapeutic strategies.

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